



Virginia

Dental Hygienists' Association

The Curet Summer 2016

President's Message What's Going On?

As I write my last article as VDHA President I thought I would give an overview of what's going on with VDHA. I knew my term would be filled with change and I encouraged all of us to "Be the Change" we wished to see in VDHA.

We continued work on a Remote Supervision bill that began during Michelle McGregor's term as President. Working with the VDA and coming to the best consensus we could get to pass this bill, it is now law. The regulations are currently being written for Remote Supervision. The Governor signed the bill March 25, 2016 the emergency regulation goes into effect 280 days from that date. We will continue our work to improve this bill so it will fully benefit those in need and work in all settings.

During this past year we have been working on transitions and Charter Agreements with ADHA. The VDHA has sent documentation to ADHA to establish that we are fully in compliance with all the Constituent Charter Agreements we have been asked to provide to date. We have started work on the next step of developing Charter agreements between our state and our components. A workgroup has been established to look at all options and make recommendations to our Executive Board about how our component structure might work best. There are many things to consider as we move forward. There are many things to consider, manpower, volunteer commitments, financial and legal responsibilities. VDHA will need to determine if components might be incorporated or unincorporated. We will have until the Spring of 2018 to complete this process.

President's Message (continued)

An incorporated component will have all same responsibilities the state has. They will have officers. They will need a letter of incorporation and will need to purchase insurance for protection of those officers and participants at any event held by the component. They will be required to file all the necessary tax and incorporation documents yearly.

Unincorporated components will not have officers or a Board but may have a council with a Chairperson for example. The unincorporated components will have their funds in a VDHA account and may request monies as needed for events of the component. They would fall under the umbrella of the VDHA insurance, as they would not be considered a separate entity.

One of my goals this year was to work with our Executive Associate Susan Motley and make changes to create a more streamlined VDHA. Work smarter not harder is definitely the way to go. We have been using a consent agenda at our Executive Board meetings and incorporating an hour of leadership development into each meeting. My hope is not only do we get our work done but we learn something too. We are moving ahead with a new Association Management tool that will allow us to provide new ways for members to stay connected and participate even more with YOUR professional organization. There will soon be a new website with new features. We hope that these new features will take VDHA to a new level of service to our members.

June 30th marked the completion of their term on the Board of Dentistry for VDHA members Tammy Swecker, BSDH, RDH, MSed and Melanie Swain, BSDH, RDH. We take this opportunity to thank them for a job well done and representing our profession honorably. Their commitment and sacrifice is to be commended.

We are also pleased to announce that there will be two VDHA members filling those appointed positions, Patricia B. Bonwell, RDH, BSDH, MSG, PhD and Tammy Cahoon Ridout, BSDH, RDH. Thank you to these professionals who bring expertise and willingness to serve the people of Virginia.

Finally, I would like to take these accomplishments full circle back to our national meeting in Pittsburgh. ADHA Annual Session provided many opportunities for Delegates and Alternate Delegates representing VDHA to attend workshops and information sessions on a variety of topics. We have brought back information to Virginia that will help guide us into the future. There were discussions of new Governance models being proposed at ADHA. We were shown examples of some states that govern with a General Assembly versus a House of Delegates. Information on advocacy that takes place in Washington, D.C. by ADHA representatives was shared. States that have had success at expanding their Scope of Dental Hygiene practice shared how they accomplished those changes.

President's Message (continued)

I hope that my term as President will be remembered for the changes we made that will make VDHA more accessible for all dental hygienists and oral health care accessible to all Virginians. I look forward to the coming year and continuing this journey with our next VDHA President, Trish MacDougal, RDH. She will be an excellent leader as we move forward. It has been an honor and a pleasure to have Trish and Michelle by my side this past year.

"Be the change you wish to see in VDHA."

Susan Reid-Carr, BS, RDH
VDHA President 2015-2016



2016 VDHA Professional Development Workshop in Conjunction with VDHA House of Delegates

Do you want to become re-energized and empowered? Come meet your legislators and acquire tools to become a better leader. Mark your calendars for the 2016 VDHA Professional Development Workshop and the VDHA House of Delegates to be held September 15-18, 2016.

The Four Points Sheraton Richmond is located at 9901 Midlothian Turnpike, Richmond, 23235. The weekend will include meal package options and dinner will be on your own Friday and Saturday so that you can enjoy spending time with your colleagues and our amazing students. [Click here](#) for the link to register.

The VDHA Planning and Development Council with the House of Delegates Chair under the VDHA executive Board's guidance have been working diligently so that you will have a memorable and positive event.

Event Schedule:

Thursday, 9/15/2016

5:30 pm–6:30 pm

Registration

6:30 pm–10:00 pm

Pre-Session Executive Board Meeting

Includes dinner

Friday, 9/16/2016

8:00 am- 9:00 am

Registration and Continental Breakfast

9:00 am-10: 00 am

Opening Session and Keynote Address**

10:00 am-12: 00 pm

1st House of Delegates**

Reference Committee Hearings**

12:00 pm-1:00 pm

Candidates Forum**

1:00 pm–3:00 pm

President's Luncheon and Awards**

3:00 pm until 5:00pm

Reference Committee Meetings**

Saturday, 9/17/2016

8:00 am-9:00 am

Registration and Continental Breakfast

9:00 am-11:00 am

Professional Development Workshop

11:30 am-12:30 pm Lunch

12:30 pm-1:30 pm Caucus

2:00 pm – 5:00 pm

2nd House of Delegates**

(time approximate)

3rd House of Delegates / Installation

** (Open to all-Immediately following 2nd House)

Sunday, 9/18/2016

8:00-9:00 am

Continental Breakfast

8:30-11:30 am

Post Session Executive Board Meeting (time approximate)

** Denotes Mandatory Trustee, Delegate
and Student Delegate Attendance

Registration information will be sent via e-mail through the VDHA Cvent site. Check for updates at www.vdha.net.

We look forward to seeing you there.

Be the change you wish to see!

Respectfully,

Melanie Bartlam, RDH

VDHA Planning & Development Council Chair

Upcoming Calendar Dates:

VDHA HOD and Professional Development Workshop

September 15 to 18, 2016, at the Four Points Sheraton, Richmond, VA

VDHA Rally Day

Friday, January 27, 2017, Richmond, VA
SNOW DATE: Friday, February 10, 2017

2017 Spring Scientific Session

March 24 to 26, Marriott Westfields,
Chantilly, VA



Join us on Facebook!

<https://www.facebook.com/groups/vdha.net/>

Update of Senate Bill 712 and Dental Hygienists Working Under Remote Supervision

As you know, the Virginia Dental Hygienists' Association (VDHA) and the Virginia Dental Association (VDA), worked together during the 2016 Virginia General Assembly session to pass consensus legislation expanding the settings where dental hygienists may practice under remote supervision. This bill was signed into law by Governor McAuliffe and technically goes into effect on July 1.

However, the bill is currently working its way through the Board of Dentistry regulatory process. It will not practically be in effect until the fall after the Board of Dentistry has promulgated appropriate regulations. The VDHA is actively engaged in the regulatory process on behalf of dental hygienists and will keep you posted on these new regulations. Should you have questions please contact VDHA President Susan Reid-Carr, RDH, at president@vdha.net.



Component Reports:

Thanks to all of the component leaders who have sent in reports on the activities in your area! We appreciate your leadership in VDHA! The following reports and photos were submitted by the components. If you have information you would like to include in the next issue of The Curet, please email it to smotley01@gmail.com.

Component 01

NVDHA would like to congratulate the newly elected officers:

President-Rhea Rossi
President Elect- Kathleen Sloan
Immediate Past President- Dana Lumpkin
Vice President- Betsy DiSilvio
Secretary- Lindsey Bielick
Treasurer— Jennifer Zimmerman
Member at Large—Cathy Berard
Membership—Lucy McFaul
Trustee— Julie Simms
Legislation- Cathy Berard

Delegates:

Betsy Disilvio
Rhea Rossi
Kathleen Sloan
Dana Lumpkin
Cathy Berard
Tammy Goswick
Nancy Martin
Catherine Johnson

In February Diana L Corbin presented a continuing education on Oral Cancer-HPV connection. We would like to thank-you for keeping us updated on the latest with oral cancer and taking hygiene to the next level. We also had a dynamic speaker on Process of Care with Carol Jahn. Thank-you for educating us on everything we need to know about how to reach our fullest potential.

Component 1 (continued)

We would like to thank the elected officers and delegates for their hard work and volunteering for the association. It is a selfless way to give back to your profession and help advance it in the right direction. All of your time and energy is greatly appreciated. We had a fantastic year and looking forward to a new year with new leadership.



Tidewater Component 03

Summer 2016

Sunny greetings from the Tidewater Dental Hygienists' Association Component 03!

Our June general meeting and social was held at Cheeseburger in Paradise Restaurant in Virginia Beach. As a new member initiative, not-yet members were invited to the June meeting and participated in a wine glass painting class.



Component 3 (continued)

We also held elections at the June meeting and installation will be held in September.

2015-2016 TDHA Officers:

- President: Tracey Martin
- President Elect: Emily Ludwig
- Vice President: Lauren Kilmon
- Immediate Past President: Amanda Kimball
- Secretary: Amanda Kimball
- Treasurer: Tracee Dahm
- Membership Chair: Kelly Fox
- VDHA Foundation Component Liaison: Irene Connolly
- Member at Large: Joan Katabian
- Legislative Chair: Emily Ludwig/Tracey Martin
- Trustee: Meg Lemaster

If you are not yet a member of ADHA, I would like to encourage you to join today. If you would like to become active at the local level or you have any questions, contact me at meglemaster92@gmail.com.

TDHA leadership strives to positively impact fellow dental hygienists and student dental hygienists. We welcome new members to join us at our next meeting in September - time and place to be announced. Join our Facebook page for more information <https://www.facebook.com/groups/tdha03/>

Stay cool!

Meg Lemaster
Trustee 03

Peninsula DHA 07

Marge Green, RDH, MS

While the PDHA remains on summer break, the Executive Board sponsored a Farewell Dinner Party for our Immediate Past President, Jessica Suedbeck, RDH, MSDH on July 28th.



PDHA Executive Board: Left to right, top row: Denise Claiborne, Marge Green, Rachel Royal, Julie Martin, Seated: left to right: Keith Duron, Jessica Suedbeck
Absent: Nate` Howar

It was a bitter sweet event, as collectively, we are happy for Jess' big step in heading West for her full time employment as a dental hygiene educator at Hawkeye Community College in Waterloo, Iowa, but sad for our loss of a exemplary servant leader. The good news is that Jess excelled in mentoring her colleagues, and departs the PDHA's 2016-17 Leadership Team with it being in great hands having President, Keith Duron, CRDH, AS at the helm.

Component 7 (continued)

The fall calendar for 2016 provides for:

- August 30 Executive Board meeting
- September 6 Executive Board meeting
- September 21 CE: Ergonomics
- October 13 CE: Telehealth
- November 7 CE: TBA
- December 6 Winter Social and Cookie Exchange



PDHA President, Keith Duron in toothpaste costume volunteering his time to help with physical exam day.

Component 10 Whitney March

The Northwest Component is 34 strong!

- The annual Apple Blossom Wellness Festival was held at the Winchester Mall on February 29th. Component 10 donated \$500 to go towards child and adult toothbrushes which were handed out at the event.
- Students from Lord Fairfax Community College participated in the Warren County Health Fair held at Warren County High School on April 16, 2016 educating the public and handing out oral hygiene products.
- Ten LFCC dental hygiene students attended the Scientific Session this March and the Northwest component contributed \$25 per student for their registration fee. It's encouraging to see so many rising stars taking a higher interest in their profession.
- NWVDHA Component provided the LFCC graduating class of 2016 with a gift bag and a frame for their licenses which will be handed out at their ceremony. We are very proud of our graduates especially due to the high number of graduates this year. We are already preparing for the new round of hungry dental hygiene students this August for the Class of 2018!!
- For the officers eligible for elections, component members voted all officer positions will remain the same.

UPCOMING EVENTS

- NWVDHA will provide refreshments of pizza, water, and desserts for the LFCC dental hygiene program new student orientation. Orientation date is August 18, 2016 @ 6:00 pm.
- The Student Chapter donated \$500 in student scholarships to send three LFCC students to the 2016 VDHA HOD.
- Component 10 will sponsor a CE course on lasers and vaping at LFCC. The vaping course is tentatively set for November 19th, 2016. The laser course is still TBD.
- Component 10 meetings are held at Sal's Italian Bistro in Edinburg, VA every 3rd Thursday of the month. Come at 6:30 to enjoy a delicious meal or 7pm for the meeting. Our next meeting will be held August 25th due to the new student orientation at LFCC falling on that 3rd Thursday in August.

Respectfully Submitted,
Whitney March, RDH
Trustee Component #10



VDHA Foundation Annual Report 2015-2016

Foundation Board of Directors:

Chair: Michelle McGregor, M.Ed., RDH

Chair-Elect: Susan Reid-Carr, B.S., RDH

Treasurer: Marge Green, M.S., RDH

Secretary: Cathy Berard, B.S.D.H., RDH

Directors: Irene Connolly, M.S.D.H., RDH; Sheila Sheats, RDH; Karen Avey, M.S.D.H., RDH; Trish MacDougall, RDH; Jackie Perry, M.S.D.H., RDH

This was a busy year for the VDHA Foundation! The purpose of the VDHA Foundation is to work with the VDHA to impact the educational and professional development opportunities available to dental hygienists. By administering the Alice Hinchcliffe Williams Continuing Education Fund, the VDHA Foundation was able to deliver VDHA approved CE courses throughout the Commonwealth.

The VDHA Foundation is committed to supporting the leadership development of dental hygiene students and offers sponsorship of two senior students from each Virginia school/program to serve as Student Delegates as well as funding for two students each of the nine dental hygiene programs to the Professional Development workshop. Interested? Contact Irene Connolly via email at iconnoll@odu.edu.

Respectfully submitted,

Michelle McGregor, M.Ed., RDH, VDHA Foundation Chair



INSTITUTE FOR ORAL HEALTH

CONGRATULATIONS!

The Virginia Dental Hygienists' Association was selected as the 2016 winner of the IOH Award for:

ADHA Constituent with the Highest Percentage of
Members as Donors
Category I

Cathy Berard accepted the award on behalf of Virginia on June 11 at ADHA's 2016 CLL at the 93rd Annual Session during Saturday's Plenary Session.

Virginia fundraising goals for 2015-2016 was set at \$4,908.20. VDHA surpassed that amount and donated a total of \$5,521.00. Kudos to VDHA!

For additional information on the Institute, please visit the website at www.adha.org/institute-for-oral-health

Rita A. Phillips, BSDH, RDH, PhD
Virginia Dental Hygienists' Association IOH Liaison



VDHA FOUNDATION SCHOLARSHIP

Alice Hinchcliffe Williams, RDH, MS Merit Scholarship for Post Licensure or Graduate Degree

There is a scholarship available funded by the Virginia Dental Hygienists' Association Foundation to honor their deceased colleague and benefactor who enabled establishment of the VDHA Foundation. The scholarship supports the part-time or full-time student pursuing a baccalaureate or graduate degree in Dental Hygiene or in accredited studies related to the professional roles of the dental hygienist. While the applicant must possess an active DH license and Virginia residency, the degree seeking endeavor does not require the applicant to attend school within Virginia.

For more information, please visit the Institute of Oral Health:

<http://www.adha.org/ioh-graduate-scholarships>

Water First: A Toolkit for Promoting Water Intake in Community Settings

A new toolkit, [Water First: A Toolkit for Promoting Water Intake in Community Settings](#), provides evidence-based strategies to help communities promote the consumption of water instead of sugary drinks in schools, child care facilities, parks, clinics, and other community-based sites. When schools and community organizations promote the intake of water as an alternative to sugary beverages, they can help prevent obesity and tooth decay and improve overall well-being. A related [Fact Sheet](#) is available to assist with program implementation.