

President's Message

Happy 2018!

Team VDHA has been making a difference since September. We had our first annual leadership workshop "Ignite!" on October 28, 2017 in Charlottesville. Find the details of this exciting event on a separate page of this newsletter.

VDHA held its first Zoom online quarterly board meeting on January 20, 2018. ADHA District III Trustee, Dawn Ann Dean, brought greetings and attended the meeting. Thank you, Kelly Tanner Williams for convincing us to utilize this great online platform, training us, and being the facilitator. I am happy to report that the EB unanimously voted to hire Organization Management Group (OMG) to manage VDHA, starting March 1, 2018. Their tasks will be managing our website and event planning beside helping in the daily operation of our Association. OMG is not a stranger to us. April Rodgers, OMG's Executive Director been training components how to utilize the features of our website.

With a heavy heart, we say goodbye to VDHA Executive Director, Susan Motley, who realized that VDHA outgrown her one-person services and recommended hiring OMG. Susan, you were invaluable to us. We really appreciate your guidance and wisdom! We will miss you!

We are closely watching HB793 introduced by the Virginia Council of Nurse Practitioners. "The legislation is drafted in a way that would permanently end, after a designated period of post licensure practice hours, the current requirement for a NP to have a "practice agreement" with a designated physician, which has been shown to adversely impact patient access to care and eliminate NP jobs, in some cases. This practice agreement is now required for the duration of the NPs career, which is one of the reasons why Virginia is considered as having one of the most restrictive practice statutes in the country, needing to be modernized."

Please join us at Scientific Session in Richmond on March 23-25. You can earn 17 CEs and meet and listen to Mary Otto, author of "Teeth".

Welcome new Vice President Tracey Martin! She is replacing Marlana Thomas who took a position as a new faculty member at WVU! Good luck Marlana in your new endeavours!

Mimi Magyar, RDH
President, 2017-2018



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Upcoming Events

Spring Scientific Session 2018

We are, again, presenting another exciting continuing education meeting, 23-25 March at the luxurious Hilton Hotel and Spa. The courses are listed on the next page. We have a wonderful time AND this year you get an extra credit hour on Saturday! So, if you come to it all you all will have a whole year's worth of credits and ample time to visit and enjoy each other as well. We have a wonderful reception on Friday night with VHyPac as hosts and we will have a Bingo Game and prizes and food!!! We are encouraging those that are not members at this time to join VDHA. Your voice and support are important to this association and we need all of you. You receive a lot of member benefits as well. You can also pay in installments. VDHA WANTS YOU! Again, please come and learn, enjoy and be a part of something really great!

Sheila B. Sheats, RDH
Continuing Education Chair

2018 Scientific Session March 23-25, 2018 [REGISTER HERE](#)



Lodging

Hilton Richmond Hotel and Spa/Short Pump
12042 West Broad Street
Richmond, VA 23233
804-364-3600

ROOM BLOCK DEADLINE - March 10, 2018 by 5pm

Single/Double Occupancy \$139.00 + tax/night

[Online Reservations Link](#)



Join us on Facebook!

[https://www.facebook.com/groups/vdha.net /](https://www.facebook.com/groups/vdha.net/)

2018 Scientific Session
March 23-25, 2018
Hilton Richmond Hotel and Spa
Short Pump
[REGISTER HERE](#)

2018 Preliminary Schedule

Thursday, March 22, 2018

- **Sleeping rooms are available for Thurs eve
- **Registration will begin on Friday AM as well as courses.

Friday, March 23, 2018

- 7:30-10:00AM** Registration
- 8:00-9:30AM** Continental Breakfast
- 8:30- 9:30AM** Teeth: The Story of Beauty, Inequity and the Struggle of Oral Health in America 1 CE
Mary Otto
- 10:00-1:00 PM** Forensic Dentistry: The Role of the Dental Professional
Winnie Furnari, RDH, MS, FAADH 3 CE
- 1:00-2:00 PM** Lunch
- 2:15-5:15 PM** More Things You Didn't Learn in Dental/Dental Hygiene School
James Lichon RPh, DDS, NCCM 3 CE
- 5:15-7:15 PM** VHyPAC Fundraising Reception – **JOIN US FOR BINGO NIGHT!**

Saturday, March 24, 2018

- 7:00-8:00 AM** Continental Breakfast and Registration **UPDATED TIMES**
- 8:00-12:00 PM** Advanced Periodontal Instrumentation With **UPDATED START TIME**
- 2:00– 5:00PM** New Advanced Techniques Videos (all day course)
Anna Matsuishi Pattison RDH, MS 7 CE
- 10:00-3:00 PM** Dental Hygiene Show (Exhibits)
- 12:00-2:00 PM** Marketplace, Lunch and Product Evaluation 1 CE

Sunday, March 25, 2018

- 7:30-8:30 AM** Continental Breakfast and Registration
- 8:30-11:30 AM** Documenting Your Best-Protecting / Presenting Your Career ! 3 CE
Ann-Marie C. DePalma, CDA, RDH, MEd, FADAA

Lodging

Hilton Richmond Hotel and Spa/Short Pump
12042 West Broad Street
Richmond, VA 23233
804-364-3600

ROOM BLOCK DEADLINE - March 10, 2018 by 5pm

Single/Double Occupancy \$139.00 + tax/night

[Online Reservations Link](#)

Register by March 1, 2018
registration fees increase after that date!
****Online registration closes March 10, 2018****

Component News & Reports

Greater Richmond Component

Greater Richmond Component contacts

Katie Maurer- Co Chair of GRDH Component-- katie.maurer81@gmail.com

Danielle Nogle- Co Chair of GRDH Component-- daniellenogle@gmail.com

Heather Tuthill- Financial Person and Secretary-- herrerahm29@gmail.com

Susan Reid-Carr- Trustee/Liaison-- susanreidcarr@gmail.com

Natalie Cavalieri- CE Coordinator-- NCavalieriRDH@gmail.com

Activities of the Greater Richmond Component

- Dr. Damon Omar Watson presented Medical Emergencies Monday October 23, 2017. We had to pull in some extra chairs!
- Susan Pharr RDH, MPH presented "Remote Supervision: Legislative Update" Monday November 13, 2017 we had a great turnout of 43 hygienists.
- Dr. Graham Gardner presented a CE Course January 16th, "Decalcification, Plan of Attack", we had a full capacity turnout.

Our next CE Course will be offered February 6th, 6:00, "Sterilization and Protecting your patients during Prophylaxis", Lisa Williams, RDH

- Next Board Meeting of GRDH component: April 30th, 6:30, Short Pump Wegmans, **Come Join Us!**

Greater Richmond Dental Hygienists and VCU Class of 2019 students met with legislators and delivered the book "Teeth" by Mary Otto on Friday January 26th. To begin the day, Cal Whitehead briefed the students before their mission to meet and thank legislators.

GRDH members Emilie Bonovitch, Heather Tuthill, Melanie Bartlam, and Susan Reid-Carr mentored students as our groups made our way through the Pocahontas building.

VCU Students participating were Linda Blackburn, Madison Browder, Barbara Brown, Katlin Cannon, Nicolle Conry, Meg Dean, Rebecca Fields, Hannah Fritz, Rita-Marie Ferguson, Leira Jimenez, Bella Muzo, Brooke Ryan, Maegan Simms, Sydney Smith, Missy Stowe, and Mary Tran. We were able to meet with many legislators this year before their Friday session.



Group photo at the Capitol



Emilie's group with Senator Creigh Deeds



Melanie and Susan's group with Senator Amanda Chase and with new Delegate John McGuire
Submitted by Susan Reid-Carr, Trustee 02



Monticello Component



Monticello Dental Hygienist Association November 16, 2017 Business Meeting, right to left: Betsey Soulsby-Membership, Sheri Moore-Financial Administrator, Evelyn Grant-Trustee, Paula Knight-Secretary, Christina Morris-Chair, not pictured Nicole Fischer Wells-Website Coordinator



Loni Conner, left, receiving Monticello Recognition Award, Evelyn Grant, right, Trustee 06

Northern Virginia Component

NVDHA has had a full calendar providing continuing education courses for members.

November- 8th, Rick Fleming, P & G Territory Manager, reviewed the properties of the electric toothbrush. (Protecting Your Investment)

January 18th Bonnie Foster, DDS presented a 2-hour CE. The Apple Doesn't Fall Far From the Tree – A Look at Sleep Apnea in children.

February 21st , Charles Fields, DDS will discuss the Peri-implant Disease/Donor Grafting

April 14th – NVDHA will host Jim Overbay in which he will provide 4 CE's Biolase Laser certification.

Please contact Betsy DiSilvio for additional information. Or go to the VDHA wildapricot website.

Respectfully Submitted, Julie Simms, Trustee

Northwest Virginia Component

Well it has been sometime since we have offered a Continuing Education Seminar but finally we have one set up for April 28th. The topic is Sleep Apnea and presenter will be Dr. Bonnie Foster. We will also have Dr. Scott Slagle present "Acteon Intraoral Camera". Save the date! Details to follow!

The Valley Community Health Wellness festival will be held again at Appleblossom Mall in Winchester on February 24th and the component is funding the tables and toothbrushes for the Lord Fairfax Community College Dental Hygiene students to present Oral Health Education and of course the ever popular Tooth Fairy will be in attendance.

Lord Fairfax is sending a team consisting of Dana McAnallen, Uswa Arain, Heidi Kaus, Carly Piercy and Dane Hooser to "It's Hygienic" this year at Virginia Commonwealth University and we want to wish them well! This is a competition that the dental hygiene programs have now that showcases the students' knowledge of dental hygiene and the sciences required to complete dental hygiene care. Similar to the popular "Jeopardy" show you find on television.

Kate Hoffman and Megan Hill will be talking to the Lord Fairfax students in April about the benefits of being a member of the ADHA after graduation. (We are considering a Meet and Greet Wine tasting in May or June to encourage the newest members of our profession to stay active.)

Submitted,

Linda Gill

Trustee Northwest Component 10

Peninsula Component



Amy Rankin, flashing the Teeth book excited to be delivering the book to her newly elected Delegate Emily M. Brewer.



Left to right: Amy Rankin, Julie Martin, CE Coordinator, and Marge Green, "Remote Supervision: Guidelines for Practice" course CE speaker.



Jan. 13th four-hour CE event attendees: members, potential members and TNCC student dental hygienists and speakers: Marge Green and Kelly Williams, Philips 2 hr. course on "Womb to Grow"

Piedmont Component

No Submission at this time

Southwest Virginia Component

No Submission at this time

Tidewater Component

Warm winter wishes from the Tidewater Dental Hygienists' Association Component 03! Currently, all are busy keeping warm and striving to remain connected.

Several of our members attended September's House of Delegates as well as October's VDHA's Professional Development *Ignite Your Potential* Workshop held in Charlottesville.

Recent activities include:

- 2 CE Virginia Dental Hygienists and Remote Supervision Jan 24, 2018
- 2 CE Prevention: Oral Health for Life Nov 9, 2017
- Meet and Greet Social Oct 5, 2017

Upcoming activities in 2018 include:

- Back by popular demand...Ergonomics! Next episode will be applying yoga/barre for body health.
- New Graduate Celebration

Let's support our profession and the mission of VDHA: to improve the public's total health and advance the science and practice of dental hygiene. Our grassroots efforts will improve our profession and provide stability for future job opportunities.

If you are not yet a member of ADHA, I would like to encourage you to join today. If you would like to become active at the local level or you have any questions, contact me at meglemaster92@gmail.com.

Join our Facebook page for more information <https://www.facebook.com/groups/tdha03/>. If you would like to be on the email list for TDHA information, let us know.

2017-2018 TDHA Committee

Chair: Emily Ludwig

Trustee: Meg Lemaster

Events Coordinator: Tracey Martin

Membership Chair: Kelly Fox

Delegates: Tracey Martin, Mary Gray, Taylor Cain, Amanda Kimball

TDHA leadership strives to positively impact fellow dental hygienists and student dental hygienists. Join our Facebook page to stay connected <https://www.facebook.com/groups/tdha03/>

We look forward to meeting new and seasoned dental hygienists in 2018!

Meg Lemaster

Trustee 03

Membership News

Hello and Happy Winter! **Winter Cycle Members-You can still Renew your Membership Today, it is not too late!** The ADHA even offers a quarterly payment plan! Please take advantage of this great opportunity (312-440-8900- membership services). The quarterly payment plan allows the convenience of paying every 4 months versus the full amount at the time of renewal. It also automatically renews, which means you never have to worry about missing the deadline!



VDHA members and especially, non-members, please consider attending Old Dominion University's Dental Hygiene Winter Weekend (Feb. 23-25). As part of the ADHA's 10 State Membership Initiative (along with the VDHA) and to show their pride in dental hygienists and in the American Dental Hygienists' Association, Crest + Oral-B will subsidize 50% of your first year's VDHA/ADHA dues for the first 50 professionals who attend and sign up for membership! Please visit <https://www.odu.edu/cepd/dental-hygiene/winter-weekend> for more information and to sign up for a great weekend of networking and CE!

If you have any questions regarding membership do not hesitate to contact Emily Ludwig at eludw003@odu.edu.

Best,
Emily Ludwig, BSDH, MSDH
VDHA Membership

VHyPAC News



Join us for the VHyPAC Fund Raiser at Scientific Session

What's up: We will have a BINGO night fund-raiser for VHyPAC!! It's a great way to unwind and have fun with your colleagues and move your profession forward.

When: At our Scientific Session, Friday, March 23, 2018@ 5:15 pm-7:15 pm at the Hilton Richmond Hotel and Spa.

This will be held following our enlightening day of CE courses!

We will have prizes, a cash bar and heavy hors d'oeuvres. We look forward to seeing you there!

Particulars: Your membership (\$25, \$50, \$100...) will get you Bingo cards as you enter the event. We will accept cash, checks and will have a "square" for debit and credit cards.

Our directors will be on board to help with this evening's fun! They are: Maureen McCann, chair, Jessica Elmore, director, Tracey Martin, director, Rhea Rossi, director, Stacia Brooks, director and Tammy Goswick, director.



Public Health, Education & Professional Affairs Council News

VDHA Speaks Out Against Anti-Fluoridation Activity in Spotsylvania County

Submitted by Susan Pharr

As dental hygienists, we are occasionally called to step out of our weekday professional roles and advocate for specific purposes or causes. We advocate for our profession, our patients and the public at large when we participate in the legislative process on Rally Day. VDHA supports dental hygienists as advocates for our profession and ‘related issues’. In January, VDHA leadership was notified by ADHA of anti-water fluoridation activity in Spotsylvania County. As many of you are aware, over the past several years, anti-fluoridationists have surfaced around the country, including Virginia, to voice opposition to community water fluoridation (CWF). On January 23, the Spotsylvania County Board of Supervisors held a meeting to hear public comments on the pros and cons of water fluoridation, despite the fact that they have been fluoridating their water system for many years. The continuation of adding fluoride to the community water was being threatened because of one vocal person within that county who voiced concern about the safety of water fluoridation.

Upon hearing from ADHA, we notified local component members and [sent a letter](#) to each member of the Spotsylvania Board of Supervisors, clearly stating VDHA’s position supporting water fluoridation. This was a great example of a coordinated effort by our national, state, and local level organization to mobilize members to advocate for a highly successful public health prevention strategy.

The Virginia Department of Health’s (VDH) Community Water Fluoridation Coordinator, Jeanette Bowman, took the lead to spread the word about the need for, not only speakers, but for ‘warm bodies’ to attend this meeting. It was a shining moment for dental professionals, as there were approximately 20 people, mostly dentists and hygienists, who spoke in favor of continuing water fluoridation; and two people who spoke against continuation of the program. On behalf of VDHA, I spoke in support of the continuation of water fluoridation in Spotsylvania County. As of this submission date, there has been no official action taken.

If you hear of any similar opposition in your area, please don’t hesitate to contact VDHA leadership for guidance. You are an expert in the prevention of dental caries, and can be an impactful voice to help educate local authorities with accurate, evidence based information.

For more information, go to the VDHA website: <https://vdha.wildapricot.org/>
Go to the Advocacy/Public Health page.

Virginia Dental Hygienists’ Association Rally Day 2018

Submitted by Regulation and Practice Chair, Heather Tuthill, MPH, BSDH, RDH

The Virginia General Assembly has relocated all legislative offices to the Pocahontas Building this year. The renovation did not stop the Virginia Dental Hygienists’ Association from advocating for our profession. It simply called for us to renovate our own Rally Day. Instead of one large action day, it was reorganized to expand on our grassroots efforts within Virginia. Virginia Dental Hygienists’ Association (VDHA) and the Virginia Dental Hygienists’ Association Foundation offered “Teeth” by Mary Otto along with a fact card and talking points about Remote Supervision to each legislator.

Both VCU and ODU dental hygiene students were presented with an Advocacy lecture. This included lecture material on Virginia Dental Hygienists’ Association’s history on obtaining Remote Supervision,

Public Health, Education & Professional Affairs Council News (continued)

legislative process, history of the Association's successful advocacy and a range of coalition activities engaged by the Association.

The Peninsula Component has personally distributed the books to their local legislators. They have been able to meet with the legislator and exchange words about remote supervision. It was nice to personally thank the legislators for their support of our previous legislation.

The Northern Virginia and Monticello Components will be attending the Capitol in February to deliver books to their legislators. They plan on making personal appointments while the legislators are in session to personally thank them for their efforts and support.

The Greater Richmond Component and VCU DH 2019 students attended a "mini-rally day" on January 26, 2018. They distributed books to both Richmond and Piedmont area legislators. It was a record year, in that we were able to have over half of the legislators speak with the students and dental hygienists! Both students and legislators appreciated the time together. The students felt fully prepared and took pride in distributing the books and explain the history of Remote Supervision.

With recent election changes and weather concerns, other components are still in the works on delivering the books. If you would like to participate and connect with your legislators, then please e-mail Regulation and Practice Chair, Heather Tuthill, MPH, BSDH, RDH at herrerahm29@gmail.com.



VDHA Foundation



VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION HONOR ROLL REPORT OF GIFTS WILL BE POSTED IN THE SPRING CURET

All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143

Words of Gratitude from Grant Recipient, Lindsey Bieligm, RDH

I thank the Virginia Dental Hygienists' Association Foundation for the generous grant I received to implement my public health program in November 2017. I was able to successfully execute four presentations to at risk title-1 elementary students in Fairfax Virginia. This program was targeted to the third grade students that can synthesize complex concepts of dental health, and several activities were included in the program that engaged students and reinforced the presence of dental hygienists in the community. I was able to successfully bridge the emerging dental hygienists from Northern Virginia Community College into the community of which they will practice within Fairfax County, and reinforce the roles of the dental hygienist beyond clinical dental hygiene. To complete the project, we used the funds from the Foundation to sponsor an original art coloring contest that could gauge the students level of synthesis following the presentation. Among the four schools I distributed awards in the form of gift cards to both GameStop and ToysRUs, which encouraged participation and improved learning outcomes. I was able to offer the prizes to the students thanks to the generous funding from the Foundation, which motivated students to pay attention and synthesize the information they obtained during the 30 minute presentation. This type of program would not be possible into this community without the generous support of the Virginia Dental Hygienists' Association Foundation and I look forward to the ability to reach out into the community again with the help of the foundation's grant allocated towards these important community programs.

Lindsey Bieligm, RDH

Member, Northern Virginia Dental Hygienists' Component



ADHA Institute for Oral Health
LIAISON, Catherine A. Berard, BSDH, RDH



Greetings!

Together each of us plays an important role raising critical funds for the Institute and promoting its programs -- and *your* foundation is launching new exciting initiatives *for you* this year!

In Motion 5K: Run, Walk, Fun (now entering its 3rd year as the premier national fundraising event for the Institute) is a fun and easy way to gain support inside and outside the dental hygiene community. Please visit the District 3 Red Hot Chili Steppers page to donate, any donation that you make to one of the Virginia members on that page will count toward the Virginia assigned goal. This is the link to my name on the team-- any donations made are credited toward Virginia's goal:

<https://www.crowdrise.com/o/en/campaign/D3-Red-Hot-Chili-Steppers/cathyberard>

Other Virginia members who will probably be on this team are: Mimi Magyar, Emilie Bonavitch, Trish MacDougall, Heather Tuthill, Tracey Martin, Emily Ludwig, Keith Duron and Marge Green so please look for their names too.

We raised \$180 in the Fall Giving Campaign, thank you so much for your support of the bracelet raffle at the first annual Ignite event and \$25 so far on the 5K site!

Our VDHA assigned goal for 2018 is \$5,472 so our remaining goal is: \$5,267.00.

Please contact me if you have any questions, and thank you so much for your continued support of IOH!
Cathy Berard, 703-901-6983 (cberard1@msn.com)

PS- You can donate directly to ADHA IOH via the ADHA website or VDHA website:

VISIT <http://www.adha.org/institute-for-oral-health> to learn more!

Student Chapter News Danville and Virginia Western Community Colleges



Thirteen students from Danville Community College and seventeen students from Virginia Western Community College participated in the Dental Hygiene White Coat Ceremony in January. This professional recognition is an example of the matriculation of these students from the pre-clinical setting to the actual patient treatment phase of their educational experience. The significance of the white coat is two-fold. First, white symbolizes purity. It has long been associated with noble causes and good works. Secondly, the outer garment worn by a member of a healthcare profession is symbolic of a profession dedicated to caring and service. These rising professionals are committing themselves to a profession dedicated to optimal oral health. They are not only representing themselves, but are also representing the profession of dental hygiene and the Danville Community College/Virginia Western Community College Joint Venture Dental Hygiene Program. We applaud their accomplishments and wish them great success in their academic pursuits.

Lord Fairfax, Northern Virginia and Virginia Western Community Colleges



Second year students from Lord Fairfax, Northern Virginia, and Virginia Western Community College attended the Jane Weiner Dental Hygiene National Board Review course at Virginia Western Community College in December to jumpstart their studying for this comprehensive examination. The threat of a sudden winter ice storm resulted in moving the course from the College to Roanoke Memorial Hospital however, all students pleasantly adjusted to the change. It was a long, full weekend and the students left with an approach for studying and the realization that their dental hygiene educational programs had prepared them well.



Germanna Community College

Germanna Update

The Spring 2018 semester launched on January 10th. There are currently 6 junior level students in the program. They are just beginning to treat patients at the Lloyd F. Moss Free Clinic. The students are super excited about their future careers and look forward to actually seeing and removing calculus.

Locally, the County of Spotsylvania has been having hearings to remove fluoride from the community water supply. Students have been able to witness these hearings and see the importance of local community professional involvement and testimony.

Dental hygiene students at GCC are now members of both ADHA as well as an interdisciplinary health council at the school. This council consists of members of all health professional programs taught at GCC. The council is in very infant stages and is adopting a bylaws. The goal is that by pooling resources and expertise, students will have more opportunities for service and learning at state and national levels.

GCC is pleased to report that for calendar year 2017, their partnership with the Lloyd F. Moss Free Clinic provided a little over \$625,000 worth of free care to the area. The partnership provides for the delivery of preventive and therapeutic dental hygiene services as well as restorative dental care. This is a wonderful opportunity for both dental hygiene and dental assisting students to be a part of comprehensive dental care within a primary medical clinic.

Due to faculty vacancies, GCC is unable to participate in Give Kids a Smile and other community service projects this semester. We look forward to being more active this summer and fall.

Respectfully submitted,
Misty L. Mesimer, RDH, MSCH
Local Coordinator

Lord Fairfax Community College

Lord Fairfax Dental Hygiene students collaborated with the Children's Museum in Winchester, VA to provide children with fun and interactive learning activities about oral hygiene. The Children's Museum scheduled the dental hygiene students to come on days that local public-school classes would also be attending the museum. Dental hygiene students paired up and worked together to create a learning activity that was age-appropriate for the school group. Using playdough and egg cartons, the school children learned how to floss teeth. The dental hygiene students also showed the children how to brush their teeth.



Northern VA Community College

Dental hygiene students from Northern Virginia Community College (NVCC) are proud to play an integral part of the dental public health efforts of Northern Virginia. Throughout their last semester, these students have an opportunity to participate in multiple public health events – such as clinical rotations to underserved communities, providing a local elementary school with free dental care, and the ADA Give Kids a Smile event. Aside from their public health efforts, the students of NVCC are proud to announce that they will be competing in the “It’s Hygienic!” competition in mid-February.

The two main clinical rotations that our senior students participate in take place at The Lamb Center (a local homeless day center with a portable dental unit) and at the Northern Virginia Dental Clinic (serving those in need throughout Northern Virginia). The students feel proud to reach such a wide variety of patients in need and are grateful for the opportunity to gain critical experience with all types of patients.

Due to the continuous effort of the dental hygiene faculty at NVCC, the students will get the opportunity to help children of a local elementary school with free dental care. These elementary school students will receive a free trip to the NVCC dental hygiene clinic and will be provided with dental hygiene care. Students at NVCC feel proud to be making a difference in their local community and are looking forward to providing these children with preventative care that they may not have access to otherwise.

The students of NVCC feel proud to be a part of the national effort to provide children with the dental care they deserve. GKAS is held annually at the NVCC Medical Education Campus. Along with getting free dental care, these children will also receive hands on oral health education – something that the students of NVCC are very passionate about. Prevention is key!

In addition to their public health efforts, the NVCC dental hygiene students will be competing in the “It’s Hygienic!” competition in Richmond, VA, in mid-February. Eight teams from Virginia complete as a fun way to review for our National Dental Hygiene Board Examination. Each year, the winning team is presented with a trophy and, of course, bragging rights for the year! Our team, also known as the “NVCC Hygieniuses,” is excited to participate in this event and will have several classmates, instructors, and/or spouses cheering us on from the crowd.

The dental hygiene students at NVCC will continue their public health efforts and will enjoy helping the community every step of the way. By having clinical rotations, volunteering to help the children of local elementary schools and local children of the community, these students are giving back to their community one volunteer event at a time. In addition to giving back to our community, these students are proud to represent NVCC at the “It’s Hygienic!” competition.

Submitted by: Allison Bonifant, Second Year Student



Give Kids a Smile



Give Kids a Smile



Sweet 16 Party – 16 Weeks of Classes

Old Dominion University

No Submission at this time

Thomas Nelson Community College

No Submission at this time

Virginia Commonwealth University

Greetings from Virginia Commonwealth University

With the new year in full swing, Virginia Commonwealth University SCADHA chapter is ready to tackle this semester! Last fall, junior and senior dental hygiene students provided oral cancer screenings in Richmond, VA at the local Salvation Army. These patients were screened and referred to the Project Homeless Connect (MOM project) in Richmond. The junior hygiene class will be attending Rally Day on January 26, 2018 to promote our dental hygiene profession to our current delegates and senators. Along with these events, VCU SCADHA is working diligently on fundraising this semester to send several students to the ADHA Annual Session in Columbus, Ohio in June!



Mackenzie Blackwell
Senior Dental Hygiene Student
SCADHA President
Virginia Commonwealth University

Wytheville Community College

The Dental Hygiene Class of 2018 of Wytheville Community College attended the Dental Hygiene Seminars, Inc. in Birmingham, Alabama on January 12-14, 2018. They are preparing to take the National Boards soon. The students enjoyed a great seminar!



Additional News



IGNITE!

VDHA held its first annual leadership workshop “Ignite!” on October 28, 2017 in Charlottesville. Featured speaker was Jan Bazow of Fortis Group from Richmond. She coached us in how to close multigenerational gaps and how to work together despite our differences. In the afternoon, a discussion panel consisting of Misty Mesimer, RDH MS, Kelly Tanner Williams, RDH, MS, PhD (c), Sheri Moore, RDH, BS, Marge Green, RDH, MS, and Emilie Bonovitch, RDH, BS talked about their leadership journey and answered questions from the audience. Participants came from 6 components and 6 dental hygiene programs. We are very proud of all of you, especially the 11 students who took time out of their busy schedule and attended: Uswa Arrain and Christin Yokiel from LFCC, Chelsea Broce and Katharyn Seay from VWCC, Matt Brewer and Mackenzie Blackwell from VCU, Medalaine Hernandez and Samantha Spain from TNCC, Allison Bonifant and Indrid Caranzo from NVCC, and Kelly Miller from ODU. I hope you will utilize what you learned and become active members of VDHA. A big thank you goes to Susan Motley, who came up with the name “Ignite” and helped to find our excellent speaker. Also thank you to VDHA Leadership Committee for organizing the afternoon panel discussion.

Mimi Magyar, VDHA President





JOIN OUR VDHA FAMILY

A SPECIAL NEW MEMBER OFFER FROM Crest® + Oral-B®

Your patients achieve their best oral health when you get the best training, resources and information. That's why Crest® + Oral-B® are teaming up with the American Dental Hygienists' Association to make you a special offer.

To show their pride in dental hygienists and in the American Dental Hygienists' Association, Crest + Oral-B will subsidize 50% of your first year's VDHA/ADHA dues for the first 50 professionals who attend and sign up for membership at [Old Dominion University's Dental Hygiene Winter Weekend](#) (Feb. 23-25).

Be the best dental hygienist you can be with VDHA:

- Network and socialize with dental hygiene colleagues from across the state
- Gain insights on public policy and see the latest products and instrumentation
- Receive multiple credits towards your CE requirements
- Help increase access to care and advance the dental hygiene profession
- Make lifelong friends as we volunteer, work, and lead...together!

Your VDHA membership includes great national ADHA benefits like **FREE** career webinars, affordable online CE courses, exclusive member discounts and more!

REGISTER NOW

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2017 – 2018 Officers, Councils & Committee Chairs and ADHA Delegates

President: Mimi Magyar	Administrative Council: (President Elect) Chair: Emile Bonovitch Budget and Finance: Co-chairs: Sherri Moore & Jackie Perry Vice President: Tracey Martin Policy, Bylaws and Resolution chair: Julie Simms Committee member: Irene Connolly Scopes Manual: Julie Simms Corresponding Secretary: Stephanie Bettis Recording Secretary: Kate Hoffman A.H. Williams Fund: Pam Kitner
President Elect: Emilie Bonovitch	
Immediate Past President: Patricia MacDougall	
Vice President: Tracey Martin	
Treasurer: Sheri Moore	
Recording Secretary: Kate Hoffman	
Corresponding Secretary: Stephanie Bettis	
Speaker of the House: Nicole Fisher Wells	
Alternate Speaker of the House: Emily Ludwig	
Trustees:	
01-Northern Virginia: Julie Simms	
02-Greater Richmond: Susan Reid-Carr	
03-Tidewater: Meg Lemaster	
05-Piedmont: Vacant	
06-Monticello: Evelyn Grant	
07-Peninsula: Marge Green	
09-Southwest Virginia: Sharon Kennedy	
10-Northwest: Linda Gill	
2018 ADHA Delegates	Public Health, Education, and Professional Affairs Council: Co-Chairs: Susan Pharr & Cathy Berard Regulation and Practice: Heather Tuthill Board of Dentistry Liaison: Cal Whitehead Lobbyists: Cal Whitehead VHy-PAC Directors' chair: Maureen McCann Vhy-Pac Director (appointed): Tammy Goswick Vhy-Pac Director: Tracey Martin Vhy-Pac Director: Rhea Rossi Vhy-Pac Director: Stacia Brooks Vhy-Pac Director: Jessica Elmore Public Health Committee: Susan Pharr VA Health Workforce Dev. Authority Liaison: Marty Sullivan VA Oral Health Coalition: Dr. Denise Claiborne Free Clinic Liaison: Catherine Johnson & Erin Fox Head Start Liaison: Deirdre Kane VA Rural Health Association Liaison: Dr. Rita Phillips Education committee chair: Meg Lemaster DH Educators' consortium liaison: Michelle McGregor VA Department of Health Liaison: Tiffany Wright Ad Hoc Committee Remote Supervision CE: Susan Pharr, Marge Green, Marty Sullivan, & Meg Lemaster
Trish MacDougall	
Mimi Magyar	
Cathy Berard	
Keith Duron	
Heather Tuthill	
Tracey Martin	
Emily Ludwig	
Member Services Council	
Chair - vacant	
Membership Committee: Emily Ludwig	
Committee member: Kelly Fox	
VA Student DH Committee Co-Chairs: Inactive	
ADHA Educ. Network Liaison: Michelle McGregor	
Directory: Betsy DiSilvio	
Newsletter Editor: Moe Thompson	
Awards: Evelyn Grant	
Historian: Julie Martin	
Website Manager:	
ADHA IOH Liaison: Cathy Berard	
Leadership Committee	
Chair: Kelly Tanner Williams	
Members: Sheri Moore, Misty Mesimer	

VDHA 2017-2018 Calendar

Spring Scientific Session

2018 March 22-25 Hilton Richmond Hotel, Short Pump

2019 March TBD

HOD and Professional Development Workshop

2018 October 12-14 Four Points by Sheraton Richmond

Executive Board Meetings

January 20, 2018 Zoom
April 21, 2018 Zoom
July 28, 2018 Charlottesville
October 14, 2018 Richmond

Ignite VDHA Leadership Workshop

2018 TBD

Quarterly Reports Deadline (two weeks prior to E.B. Meetings)

January 6, 2018
April 7, 2018
July 14, 2018
September 29, 2018 (if something to report, otherwise year end reports will take its place on Aug. 25, '18)

HOD Reports/Year End Reports

August 25, 2018

Awards Nominations

July 21, 2018

Curet Deadline (two weeks following Executive Board Meetings)

February 3, 2018
May 5, 2018
August 11, 2018
October 27, 2018

Council Meetings: Council meetings should take place online and reports sent **two weeks prior** to the executive board meetings.

VDHA Foundation

January 26, 2018
April 20, 2018
July 27, 2018

ADHA Center for Lifelong Learning & Annual Session:

2018 June 20-26 Columbus, Ohio

ADHA District III Meetings:

- *Sunday, February 18, 2018, 2-4 pm ADHA District III Delegate Orientation Winter ZOOM Meeting*
- *Friday, June 1, 2018, 7-8:30 pm ADHA District III Reference Committee A ZOOM Meeting*
- *Sunday, June 3, 2018, 2-3:30 pm ADHA District III Reference Committee B ZOOM Meeting*
- *Sunday, June 3, 4:30-6 pm ADHA District III Reference Committee C ZOOM Meeting*
- *Friday, June 8, 2018, 7:30-9:30 pm ADHA District III Delegate-Alternate Delegate Workshop ZOOM Meeting*

ADHA Executive Board Meetings:

March 23-25, 2018 ZOOM

VOHC Summit

November 2018

Unleashing Your Potential Weekend

2018 November TBA

Virginia Board of Dentistry-Regular Board Meetings:

March 9th, 2018 Richmond
June 8th, 2018 Richmond
September 14th, 2018 Richmond
December 14th, 2018 Richmond

2017-2018 MOM Project Weekends- VDAF.org for details

Portsmouth Project April 28, 2018
Special Olympics Project June 9, 2018
Wise Project July 20-22, 2018
Grundy Project October 6-7, 2018
Homeless Connect November 13, 2018

International Federation of Dental Hygienists

2019 Seoul, Korea

Our Mission

Lead the transformation of the dental hygiene profession
to improve the public's oral and overall health
and advance the science and practice of dental hygiene.

Our Vision

Dental hygienists are integrated into the healthcare delivery system as essential primary care
providers to expand access to oral health care.

Thank you to all who contributed information for this issue of the Curet.

Deadline for submission for Spring Curet is May 5, 2018.

You may send submissions to moethompson@gmail.com

Contributions are requested to be no more than 1 page in length,
including photos and sent as an attachment in word doc, 12 pt Times New Roman font.