



Virginia

Dental Hygienists' Association

The Curet

Summer 2021

President's Message

Reconnecting

I'd like to begin by saying how excited I am to have been able to spend time with our members IN PERSON over the last few weeks! Your association has been very busy reconnecting since our last Curet edition! VDHA's Delegation participated in ADHA's House of Delegates, conducting the business of the Association virtually, but congregated in the home of Immediate Past President Emile (Bonovitch) Ellis. Thanks to Emile and her husband Kevin for their hospitality, and thank you to the Delegates, Alternate Delegates, and student Delegate from ODU, Jaclyn Vickery, who gave of their time and talents to advance our profession on the national level. Job well done!

The Executive Board held their quarterly meeting in Charlottesville in July, discussing issues and making decisions that affect all dental hygienists in the Commonwealth. Among those decisions was the approval of VDHA's Diversity, Equity, and Inclusion statement. I am proud of the work that the DEI Committee put into this, and am excited to reveal VDHA's official statement, which will follow VDHA's Mission Statement on all social media platforms, on our website landing page (www.vdha.net), as well as on all official VDHA communication to the public. Our official statement reads:

The Virginia Dental Hygienists' Association is an inclusive organization that continues to encourage diversity within the profession of dental hygiene. We will not discriminate against race, gender, sexual orientation, or religion. We will be courteous, respectful and encourage positive dialogue. We will work towards more equitable access to quality oral health care and increase public awareness of the benefits of prevention, education, and research. We will continue to embrace diversity and an inclusive environment that encourages curiosity, innovation, and accountability.

Planning for VDHA House of Delegates in October, as well as our 2022 Scientific Session continuing education weekend event is ongoing. These IN-PERSON events are shaping up to be better than ever, including compelling keynote speakers, visits from State Legislators, and nationally recognized speakers on our profession's emerging technologies, techniques, and information.

I look forward to seeing you all very soon, and as always, I am proud to represent you and all of Virginia's dental hygiene professionals and students.

Sincerely,

Tracey Martin, BSDH, RDH
VDHA President 2021-2022



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Upcoming Events

Executive Board Meetings

October 24, 2021 8 am – 12 pm Glen Allen, VA
 January 22, 2022 9 am – 1 pm Zoom

October 22-24, 2021 HOD Glen Allen, VA
 2021 House of Delegates
 and Professional Development Workshop

October 22-24



Virginia Crossings Hotel & Conference Center
 Tapestry Collection by Hilton
 1000 Virginia Center Parkway, Glen Allen, VA 23059

Registration opens soon!
 Watch for more details at
VDHA.net.

Save the Date!

Spring Scientific Session
 April 29 – May1, 2022
 Hilton Richmond Hotel & Spa, Short Pump

Virginia Health Catalyst Oral Health Summit
 October 7-8, 2021 Virtual

Component News & Reports

Greater Richmond

Greater Richmond Component Contacts

Heather Tuthill, MPH, BSDH, RDH- Trustee -- herrerahm29@gmail.com

Marlene Rhodes, BSDH, RDH- Chair – marlenerhodesrdh@gmail.com

Amber Mosby, BSDH, RDH- Financial Liaison -- amber9ski@comcast.net

Missy Stowe, BSDH, RDH—Secretary Missystowe99@gmail.com

Membership: We had our first in person component meeting since the COVID pandemic began. It was so awesome to meet and catch up with each other. We also offered a Zoom option for those unable to join in on the fun. Minutes will be going out shortly.

Events: This quarter we celebrated the graduating DH class at VCU with a professional networking event and a special token of appreciation and welcome to our profession. We are so excited to celebrate and welcome them to our profession!



Leadership

Opportunities: Greater Richmond Component has several leadership opportunities available. If you are interested, please contact Marlene Rhodes. We have opportunities for all and would love to help you grow and develop your profession.

Delegates for this year’s HOD hosted in

Richmond: The Greater Richmond Component is honored and excited to host the 2021 House of Delegates and Professional Development Workshop October 22 – 24 IN PERSON!!!

Thank you to Marlene Rhodes, Melvena Talley, LaTasha McLee and Emily Comia for volunteering to represent Greater Richmond. We appreciate your hard work preparing for this important annual meeting to move our profession forward!

Next

Meeting:
6:30 PM on
October 4th,
2021 at
Wegman’s
Short Pump
location!
JOIN US IN
PERSON!

CEs: UPDATE We will be hosting two CE courses this fall and would love to have you join us, the links will be sent out closer to the course date, and the information is as follows:

- Doctor Graham Gardner will be presenting some exciting information on orthodontic treatments and introducing his new associate.
- Our very own Heather Tuthill will be presenting information on healthy nutrition choices and how it effects the body so we can all stay young and practice for years to come!

Monticello

Congratulations to Sheri Moore, who was elected as ADHA District III Trustee

Northern Virginia

NVDHA sponsored a ZOOM course at the end of the school year for the 1st year NOVA dental hygiene students on “Test Taking Strategies for the Dental Hygiene Student” and for the 2nd year students “Test Taking Strategies for Taking the Boards”. Speaker: Nancy Cherner, RDH, MS. Owner of Educational Horizons. NVDHA plans to offer this annually.

We want to welcome our two students who will be representing NOVA at the VDHA HOD. Ary Janaty and Madina Shakhmaeva.

Graduating Class of 2021



Our member, Deidra Kane is moving to Colorado where she hopes to get involved in public health. For the past 5 years, she has been organizing Component 01 members and NOVA dental hygiene students to visit numerous Head Start programs in the Northern Virginia area. We will miss her, but wish her the best of luck.

NVDHA met “in person” at PJ Skidoos in July to appoint officers and discuss the upcoming year of CE’s.

Executive Board Meetings most likely will continue to be ZOOM.

Proudly NVDHA donated to three Free Dental clinics. The Northern Virginia Free Dental clinic, the Loudoun Clinic, and the Lloyd F. Moss Free Clinic in Fredericksburg.

NVDHA VP Betsy DiSilvio has organized CE’s for the fall.

Monday, September 20th at the Medical Education Campus. Speaker: Lt John Weinstein. Topic: Dealing with Difficult People and Becoming a Human Lie Detector (how to tell when people aren't telling the truth)

Wednesday October 20: Virtual. Speaker: Dr. Louis DePaola. Topic: Annual OSHA Update and Bloodborne Pathogens

November 8th Speaker: TBD. Annual Dinner Meeting at PJ Skidoos sponsored by Procter Gamble

January: Speaker: Linda Boyd Mullins, RDH, Topic: Drug Abuse and Narcan training

Respectfully submitted,
Julie Simms, Trustee 01

Northwest Virginia

Northwest Component #10

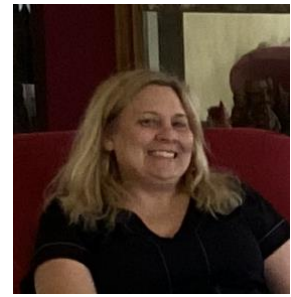
The Northwest Component met for a Hygiene Happy Hour at Muse Vineyard in Woodstock, VA on June 12th. Those in attendance were able to meet for the first time in 2021. Great wine, yummy snacks, and important hygiene matters were shared by all. Our next Hygiene Happy Hour will be held in the Fall, date and place to be determined.

The next component meeting will be held August 19 at 7pm.



Peninsula

We are pleased to report the succession of PDHC Delegate, Cynthia Saxton Flowers, BSDH, RDH, “Cindy”, to the position of PDHC Chair. Cindy has also participated in two years of *Ignite Workshop*, and currently serves on the VDHA Mentor/Mentee Program. The component is sincerely grateful to Kelly Tanner, PhD, RDH for her two-year term of service as Chair.



Future Leader Award 2021 Recipient

Ceara Alexis Welch, AAS, RDH
TNCC Class of 2021
President, SCADHA
Student Delegate to VDHA HOD

PDHC continues to be richly blessed by the transition of TNCC graduates to not only professional status in ADHA, but also by their active and influential participation as contributing members and leaders in the component. Experience as student delegates and *Future Leader Award* recipients have directly correlated with one’s confidence to step up the servant leadership ladder! Our former Secretary, and *Future Leader Award* recipient, Erika Girard, mentored Ceara Welch to empower her as the 2021-22 Secretary. Desiree Turner, BS, AAS, RDH, also a prior *Future Leader Award* recipient continues to excel as our Membership Chair.

Delegates selected to serve at the VDHA 68th HOD, Oct. 22-24 are Christina Quiros, MSDH, RDH and Cindy Flowers, BSDH, RDH. The component is looking forward to reconnecting with area colleagues at an upcoming CE to be sponsored at end of September, along with participating in Advocacy Day Training provided by VDHA

PDHC extends best wishes to member and CE Chair, Christina Quiros for a rewarding, first full academic year as Director of TNCC Dental Hygiene Program.

Cynthia Saxton Flowers, BSDH, RDH - Chair – cyn11saxton@hotmail.com
Rachel Royal, BSDH, RDH – Financial Liaison – Royalrdh@gmail.com
Marge Green, RDH, MS – Trustee – mgreenrdh@gmail.com
Ceara Welch AAS, RDH – Secretary – Erikalauren9@yahoo.com

Visit <https://www.facebook.com/groups/pdhava> to connect with PDHC. Stay safe and well.

Southwest Virginia – No report at this time

Tidewater

Tidewater Officers:

Co-Chairs: Jessica Suedbeck and Emily Ludwig

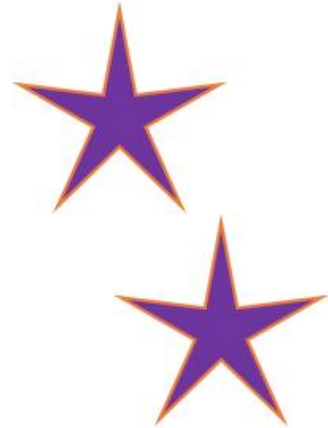
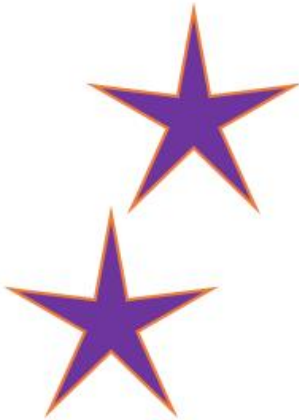
Trustee: Kelly Fox

Financial Liaison: Angela Tye

Media Management and Membership: Sam Vest

Summer time is in full swing! Hopefully everyone is enjoying the outdoors, as well as getting indoors and enjoying some air conditioning.

In June, our Trustee, Kelly Fox, represented Virginia and District III at the National level at our ADHA Annual conference as an Alternate Delegate. Kelly was also our Student Liaison for the ODU Student Delegate, Jacklyn Vickery. Kelly and Jacklyn met in Richmond, VA to conduct business with the other Delegates and Alternate Delegates.



Stay tuned. The Tidewater team has taken some time off to regroup our thoughts and ideas as we move into the fall season. We look forward to more CEs now that we can have them in person. Our component is gearing up for our August meeting with plans to revise our calendar of events and provide some wonderful and educational CEs for our members.

WANT TO GET INVOLVED! Come join your local component!!! Nervous about how to start, we've got you covered. At Tidewater we are always looking for other hygienists that share the same passion as we all do. The passion for our profession and moving it forward as well as continuous protection to our profession. If we have no members, then we have no Association. Email me at flosswithmerdh2015!@gmail.com. We would LOVE to have you!!!!!!

Membership News

Membership News

Hello Summer! Greetings from the VDHA Membership team! We hope everyone is remaining safe and relaxing during this HOT summer season!

VDHA has been working hard preparing for our upcoming House of Delegates in October which will be held in-person. We are all very excited and look forward to coming together to further the development of our constituent and our components! The membership team will make sure that all members' voices are heard! Feel free to contact myself or anyone else on the membership team for any questions, inquiries, or concerns!



From a National standpoint – ADHA held their National Annual Conference in Phoenix, Arizona back in June! There were smiles from hundreds of members all across the country and many hugs were exchanged that had been missed over the last year and a half! Stay posted throughout the rest of the year for details on next year's conference which will be held in - Louisville, Kentucky!

Be on the lookout during the upcoming summer and fall months as components get back into the swing of things after a restful summer for CE opportunities! Especially keep your eyes out from our membership team for future end of summer raffles and prizes!

From our membership team, we hope that all components and members continue to reach out to potential members at their workplaces, institutions, or even through social media! Continue using social media platforms as much as possible to stay connected with each other, share news and pictures, as well as future events! Stay safe, mask-up, and get involved!

If you have any questions regarding membership, do not hesitate to contact Samantha Vest at svest001@odu.edu

Best,
Samantha Vest BSDH, RDH
VDHA Membership Chair



Planning & Development Council News

2021 House of Delegates
and Professional Development Workshop

October 22-24



Virginia Crossings Hotel & Conference Center
Tapestry Collection by Hilton

1000 Virginia Center Parkway, Glen Allen, VA 23059

Registration opens soon!
Watch for more details at
VDHA.net.



69th Spring Scientific Session

of the Virginia Dental Hygienists' Association

April 29-May 1, 2022



Hilton Richmond Hotel & Spa/Short Pump

12042 West Broad Street, Richmond, VA

Details to follow in the mail
and also on vdha.net



Public Health, Education & Professional Affairs Council News

SAVE THE DATE!!

**Virginia Health Catalyst Oral Health Summit (VIRTUAL)
October 7 - 8, 2021**

If you have never attended this event, please consider this opportunity to expand your dental hygiene world beyond the clinical realm. Multiple practitioners and organization stakeholders from across the state and across health disciplines converge to hear the latest policy initiatives and challenges. With the current rise of COVID cases, they have very recently pivoted from in person to an online event. Be on the lookout for registration information to be released soon!

Many thanks to the VDHA Foundation for supporting this valuable event with a VDHA Contributing Sponsorship allowing our name and logo to be visible to all in the general event slideshow as well as in the virtual event program book. This visibility is critical for other stakeholders to know that VDHA is fully invested in collaborating to help insure that all Virginians have access to comprehensive and equitable health care that includes oral health.

Here is the link to access registration, once it goes live:

[Virginia Oral Health Summit – Virginia Health Catalyst \(vahealthcatalyst.org\)](https://vahealthcatalyst.org)

ADVOCACY IN VIRGINIA

VDHA is hosting a virtual Advocacy Month Kickoff this fall to orient and train you, VDHA members, on how to connect and build relationships with your state legislators. Remember that it's the state (not federal) government that has the most direct impact on your profession and patients. It's the state that regulates dentistry and dental hygiene, including licensure, education, supervision, and other areas of your practice.

The Virginia General Assembly, our state legislature, makes these laws and plays an integral role in oral health policy. In addition to our professional lobbyists in Richmond, VDHA can strengthen our advocacy efforts by building direct relationships with legislators throughout Virginia. This means you!

Our Advocacy Month Kickoff is a virtual event hosted by VDHA leadership and our professional lobbyists. The opportunity this September will provide the tools and tips you need to contact, interact, and build relationships with your representatives in the General Assembly. We'll make it easy and fun.

Then we'll encourage you to use these tools on your own (or with colleagues!) before the VDHA House of Delegates in October, where we will have time for everyone to report what you've accomplished, experienced, and learned. This will be a great exercise as we prepare for the 2022 General Assembly Regular Session.

We look forward to "seeing" you this fall!



VDHA Foundation



VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION HONOR ROLL REPORT OF GIFTS

January 1, 2021 through August 1, 2021

JEFFERSON CLUB- \$1,000 or more

Northern Virginia Hygienists' Component
In memory of Patricia A. Golliday, RDH

PATRIOT CLUB- \$100 to \$249

Irene Connolly
In honor of Trish MacDougall, VDHA Treasurer
Tracey Martin, RDH, BSDH
In memory of my Father, Robert "Buzz" Curtis and in honor of my Mother, Sara R. Curtis
Tracey Martin, RDH, BSDH
In honor of the 2020-21 Executive Board
Nancy Martin
Sheila Sheats
In memory of Delaney Rose Mortensen
Greater Richmond Dental Hygienists' Component
Monticello Dental Hygienists' Component
Southwest Dental Hygienists' Component
Tidewater Dental Hygienists' Component

DONOR CLUB- \$1.00 to \$99

Melanie Bartlam
Cathy Berard
Roya Bidarian
Laila Bonner
Elizabeth DiSilvio
In memory of Judy Walsh
Susan Dunmire
Andrea Fuller, RDH
Michelle Gillis
Evelyn Grant, RDH, MBA
Marge Green
In appreciation of all DH volunteers advancing our profession
Gudrun Harvard
Dane Hooser

Catherine Johnson
In honor of Tim E. Johnson
Deirdre Kane
Joyce Kwiatkowski-Spieler
In honor of VDHA leaders
Taylor Loper
Mimi Magyar
In honor of Tracey Martin, VDHA President
Sheryl Manion
Julie A. Martin, BSDH, RDH
Kimberly May
Maureen McCann Sawin
In honor of Martin McCann
Misty Mesimer
In honor of past and present VDHA formal and informal leaders
Susan Miller
In honor of Suzie Miller and Pat Golliday
Sheri Moore
In honor of Jackie Perry, RDH
Ethel Nativi
Lien Phan
Susan Pharr, BSDH, MPH
In honor of my VDHA colleagues
Danielle Pyer
Susan Reid-Carr, BS, RDH
Angela Richwine
Kathryn Rohr
Julie Simms
In honor of my dad, James Forsberg
Janis Slezak
Roseanne Stupar
Shiyi Yang
Northwest Dental Hygienists' Component
Peninsula Dental Hygienists' Component
In honor of Amy Sue Rankin

All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143



ADHA INSTITUTE FOR ORAL HEALTH

Liaison, Catherine A. Berard, BSDH, RDH

Many thanks to all of you who have donated to IOH this past year, the IOH fiscal year runs from July 1st through June 30th every year.

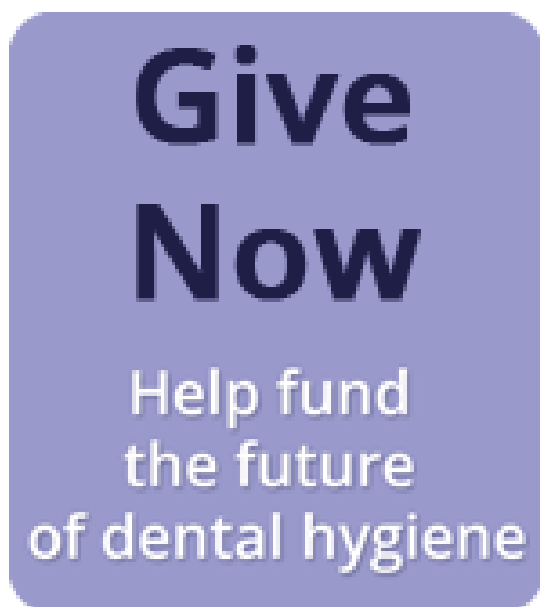
We raised about \$5,000 out of our \$7,441.68 VDHA assigned goal, final totals are still being calculated and I will report them as soon as IOH announces them.

We will be starting a new campaign during the National Dental Hygiene Month and will have more details to share soon.

You can visit the Virginia specific donation page to make your donation if you wish to do so before the end of this year: https://mymembership.adha.org/Members/Fundraising/State_Giving_Pages/Virginia_State_Giving.aspx

Please remember that there are multiple scholarships available on the IOH website, the deadline to apply for them is Feb 1st of each year. Those scholarships include one funded by the VDHA Foundation and is specific to Virginia resident applicants!

PLEASE VISIT www.adha.org/institute-for-oral-health to learn more!



Student Chapter News^[1]_{SEP}

Germanna Community College – No submission at this time due to currently does not have a cohort of students

Lord Fairfax Community College



Top Row left to right: Savannah Chrisman and Hayley Carver

Bottom Row left to right: Kristen Henry, Jennifer Fuquay, Amanda Hayes, and Therese Townsend

The dental hygiene students at the Lord Fairfax Community College/Virginia Western Community College are making plans to travel on a Rotary Club sponsored mission trip in the summer of 2022 to Negril, Jamaica. They will spend over a week in Jamaica providing free dental hygiene care and education to a patient population that ranges in age from elementary school children to the elderly. The last mission trip took place on May 15th of 2018 where four dental hygiene graduates participated. The mission trip was an enriching event for these students and provided valuable real-world experience in underserved populations.

Northern Virginia Community College

The COVID Class of 2021 graduated on schedule in May with a virtual graduation. Each student was able to be named for the entire NVCC campuses over the course of three ceremonies. While it was not a traditional graduation, at least this year they were able to be acknowledged for their accomplishments.

This year the students were forced to deal with the COVID restrictions and restructuring of the program to accommodate the limitations such as partnering with patients and radiographs. The faculty appreciates their flexibility.

One award has been given out so far: the VDHA Award for NVCC went to Kara Bowman, RDH for her leadership within the association as a student. Other awards have not been distributed as of this deadline, so names are withheld. Students have taken and passed their boards. Most are working already.

CONGRULATIONS TO ALL THE GRADUATES!



Students on last day of clinic



Students in Hallway

Rising second year students were in class/clinic this summer taking Dental Materials and Dental Hygiene III. Soft Tissue Diode Laser was introduced and will be used with patients in the fall. There were 27 students in the class with all 27 moving forward.

They look forward to being able to see each other without face masks on all the time and having the ability to finally get to know each other without all the restrictions in place. Student rotations outside of clinic will begin in the fall as well as Head Start programs.

CONGRATULATIONS TO THE SECOND-YEAR CLASS!

NVCC looks forward to welcoming 32 new students in August. We wish them and all the students entering dental hygiene programs this fall the best of luck.



Half of the 2nd year students in Dental Materials Lab

Old Dominion University

Dear Colleagues,

Happy Summer and greetings from the Old Dominion University (ODU) School of Dental Hygiene (SODH)! A huge congratulation to the Class of 2021 for overcoming major hurdles related to COVID-19 and graduating! The SODH is so proud! The rising Senior students have surely been enjoying their Summer after completing their six-week session of Summer clinic, which ended in July. Rising senior students are currently back from August 5-8th for local anesthesia and nitrous certification and competence with faculty members before starting the Fall semester.

The School of Dental Hygiene is also very excited to welcome the new Junior Class of 2023 in the Fall. Incoming students had their face to face (with masks – safety first!) orientation where they were sized for gloves and gowns, discussed the dental hygiene program requirements, were N95 able to visit vendors.



Above: School of Dental Hygiene faculty and Class of 2023 being N95 fit tested by Director of Clinical Affairs and Assistant Professor, Jessica Suedbeck

fit tested, and loupes



Above: Clinical Assistant Professor Amber Hunt checks in the Class of 2023 attendees at orientation

Many faculty have attended continuing education courses, professional development conferences, and workshops this Summer to include the ADEA Program Director's Conference (virtual) and the ADHA Annual Session in Arizona (in-person and virtually). Additionally, several faculty presented original research posters during many of the professional development conferences. The faculty of the SODH have been working diligently this Summer preparing for the new academic year.

The ODU SODH is looking forward to the 2021-2022 academic school year, and the entering Class of 2023!

Respectfully submitted,
Emily Ludwig, RDH, MS
Assistant Professor and SADHA Advisor

Ann M. Bruhn, RDH, MS
Chair and Associate Professor

Thomas Nelson Community College - No submission at this time

Virginia Commonwealth University

Summer at VCU School of Dentistry

Staying busy has been an easy feat for the Junior Dental Hygiene Class at Virginia Commonwealth University's School of Dentistry. As the first Dental Hygiene class to experience having rotations, clinic, and didactic classes during the summer months, the students have been working to build their clinical skills in preparation for Senior year. Since June, the students have had opportunities to lend their skills to clinics all across Virginia, including underserved areas such as Martinsville, Lynchburg, and the Northern Neck. Students have been participating in these rotations while also treating patients in the Student Clinic at the School of Dentistry on the MCV Campus. In the midst of the summer semester, the Junior Dental Hygiene students and the D3 students were celebrated with a long-awaited White Coat ceremony at the Greater Richmond Convention Center on June 25, 2021. With a delay, due to COVID-19, the students were overjoyed as they were able to celebrate this milestone in person and be coated by a member of their family, making the ceremony even more memorable and bittersweet. Junior Dental Hygiene student Kayla-Mae Conley remarked, "I'm so glad VCU was able to still host the White Coat ceremony . . . I'm happy I had the opportunity to share such a meaningful event with my immediate family, classmates and faculty." As summer session comes to a close, the Junior students are excited for the future and what awaits them in the Fall semester: local anesthesia lab, MOM projects, and more rotations. With less than a month left until the start of Senior year, the Juniors are anticipating utilizing their clinical skills to treat patients across the commonwealth.

- Samantha S. Smith, President, American Dental Hygienists' Association Student Chapter Virginia Commonwealth University



Pictured: Junior Dental Hygiene students at their White Coat Ceremony, held at the Greater Richmond Convention Center, photo courtesy of Kayla-Mae Conley

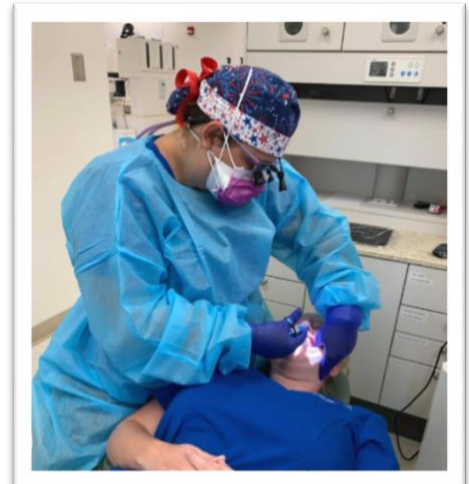
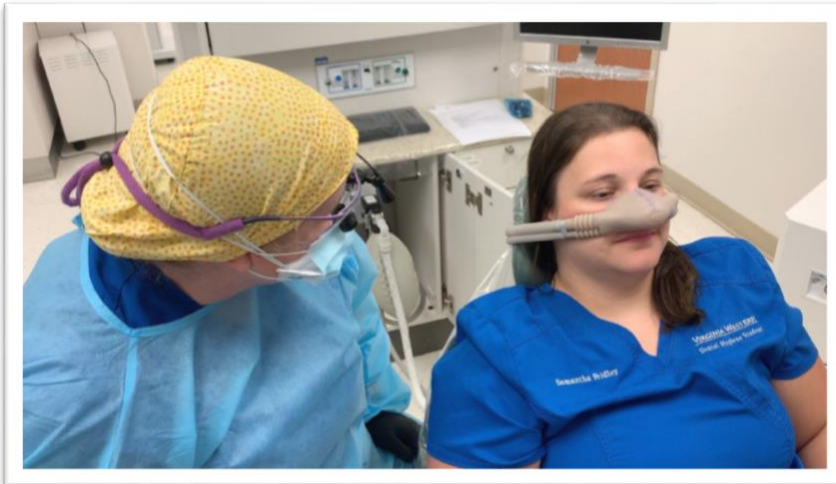
VIRGINIA WESTERN



Class of 2022 Summer Photo



**Welcome new Administrative Officer
Marlana Thomas!!**



Pain Management lab is always a favorite!

Wytheville Community College - No submission at this time

In Memoriam

Many of you in the dental hygiene community throughout Virginia have gotten to know the names Nancy Martin and Jackie Perry over the years. They have been strong advocates and voices for our profession and association. This weekend we lost these two beautiful souls to terrible illnesses. There will be a huge void to fill with them gone. Sending love and prayers to their respective families during this difficult time.



Jackie Davis Perry

Photo provided by Valerie Saunders

Jackie Davis Perry courageously completed her long struggle with ALS disease on August 7th. Her earthly departure was peaceful, as she was surrounded by family. Her immeasurable strength during her long illness was admirable.

Jackie served as VDHA President from 1999 – 2000 and received the VDHA Lifetime Achievement Award October 12, 2018. She was a director of the VDHA Foundation, served as Tidewater Trustee, VDHA & ADHA Delegate and Alternate Delegate numerous years, served on the Planning and Development Committee and Scientific Session Committee. Jackie will be sorely missed, but richly remembered for her insatiable desire to dedicate her servant leadership and advocacy to our profession of Dental Hygiene.

Plans for funeral services are in the making, but in the meantime, you can communicate your condolences to her wonderfully supportive husband, Stan and dear son, Jamie at their home address of: 5225 Lunar Drive Kitty Hawk, NC 27949

VDHA and NVDHC are sad to announce the passing of **Nancy A. Martin**. Nancy was an adjunct faculty teaching in both the Dental Hygiene and Dental Assisting programs of Northern Virginia Community College. She also taught full time at Fortis College in Maryland. Nancy supported VDHA by attending Scientific Sessions and being an alternate delegate or delegate for the VDHA House of Delegates for over 10 years. She embodied the essence of a great professional and educator. She was a warrior, always fighting and never giving up; she continued to teach for 2 semesters while receiving treatments for pancreatic cancer. Her dedication and passion for the profession and the professional associations will be missed greatly!



Nancy A Martin

Photo provided by Betsy DiSilvio

A memorial service for Nancy will be held Thursday August 12, 3:00 pm at Engleside Baptist Church, 8428 Highland Lane, Alexandria, VA 22309. Condolence cards can be sent to her son: Djan Austin, 307 Yoakum Parkway # 1817, Alexandria, VA 22304

ADHA Annual Conference Dates

ADHA 2022 Annual Conference

Location: Louisville, Kentucky
Kentucky International Convention Center

Dates:

Friday, June 24 – Sunday, June 26

Sunday, June 26 – Tuesday, June 28 (Business Meeting)

ADHA 2023 Annual Conference – 100th Anniversary

Location: Chicago, Illinois
McCormick Place

Dates:

Friday, July 7 – Sunday, July 9

Sunday, July 9 – Tuesday, July 11 (Business Meeting)



2020 – 2021 Officers, Councils & Committee Chairs

Officers	Administrative Council: Chair (President Elect): vacant Emilie Ellis (standing in temporarily)
President: Tracey Martin	Budget and Finance: Trish MacDougall Vice President: Tonya Mortensen Policy, Bylaws and Resolution chair: Julie Simms Committee member: Irene Connolly Procedure Manual: Tonya Mortensen Corresponding Secretary: Uswa Arain Recording Secretary: Janis Slezak A.H. Williams Fund: Pam Kitner Leadership Committee Chair: Kelly Tanner Nomination Committee Chair: Mimi Magyar
President Elect: vacant	
Immediate Past President: Emilie Ellis	
Vice President: Tonya Mortensen	
Treasurer: Trish MacDougall	
Recording Secretary: Janis Slezak	
Corresponding Secretary: Uswa Arain	
Speaker of the House: Kate Hoffman	
Alternate Speaker of the House: Sam Vest	
Trustees: 01-Northern Virginia: Julie Simms 02-Greater Richmond: Heather Tuthill 03-Tidewater: Kelly Fox 06-Monticello: Evelyn Grant 07-Peninsula: Marge Green 09-Southwest Virginia: Sharon Kennedy 10-Northwest: Meghan Glago	
2021 ADHA Delegates Emilie Ellis, IPP, 1 st delegate Tracey Martin, Pres, 2 nd delegate Cathy Berard, 3 rd delegate Heather Tuthill, 4 th delegate Cathy Berard, 5 th delegate PE-vacant 1 st alternate delegate Tonya Mortensen, 2 nd alternate delegate Kelly Fox, 3 rd alternate delegate Marlene Rhodes, 4 th alternate delegate	Public Health, Education, and Professional Affairs: Co-Chairs: Cathy Berard and Marge Green Regulation and Practice: Heather Tuthill Board of Dentistry Liaison: Mark Hickman- mark@commonwealthstrategy.net Lobbyists: Mark Hickman and Cal Whitehead, Commonwealth Strategy Group Public Health Committee: Susan Pharr Virginia Health Workforce Development Authority Liaison: Marty Sullivan VA Health Catalyst Liaison: Dr. Denise Claiborne Free Clinic Liaison: Sherry Basham Head Start Liaison: Deirdre Kane VA Rural Health Association Liaison: Dr. Rita Phillips Education committee chair: vacant DH Educators' consortium liaison: Misty Mesimer VA Department of Health Liaison: Brooke Crouch
Leadership Committee: Chair: Kelly Tanner Williams Members: VP - Tonya Mortensen General Member - Misty Mesimer Trustee Member – Kelly Fox Student Member: Heather Fonda Liaison: Emily Ellis, IPP	VDHA Foundation Directors: Chair: Emilie Ellis, IPP Chair Elect: Tracey Martin, VDHA President Secretary: Cathy Berard Treasurer: Marge Green VDHA Liaison: Irene Connolly Ways and Means: Karen Avey Continuing Education: Sheila Sheats VDHA Treasurer: Trish McDougall
Nomination Committee: Chair: Mimi Magyar Members: Julie Simms, VDHA Past President Kristen Greene, general member	Member Services Council Chair- vacant Membership Committee chair: Sam Vest VA SADHA Liaison: Janis Slezak ADHA Education Network Liaison: vacant Directory: Betsy Disilvio Newsletter Editor: Moe Thompson Awards: Evelyn Grant Historian: Julie Martin Website Manager: Trish MacDougall ADHA IOH Liaison: Cathy Berard

VDHA 2020-2021 Calendar

Spring Scientific Session

2021 March 26-28

2022 April 28 - May 1

HOD and Professional Development Workshop

2021 October 22-24 Glen Allen

Executive Board Meetings

2021 July 24 9am-3pm Charlottesville VA

2021 October 24 8am-12pm Richmond VA

2022 January 22 9am-1pm ZOOM

2022 April 23 9am-1pm ZOOM

2022 July 23 9am-3pm Charlottesville VA

2022 October 23 8am-12pm Richmond VA

Ignite VDHA Leadership Workshop

2021 November TBD

Quarterly Reports Deadline (two weeks prior to E.B. Meetings)

2021 January 9

2021 April 3

2021 July 10

2021 October 10

2022 January 8

2022 April 9

2022 July 9

HOD Reports/Year End Reports

2021 August 21

Awards Nominations

2021 July 17

Curet Deadline (two weeks following Executive Board Meetings)

2021 August 7

2021 Nov 6

2022 Feb 5

2022 May 7

2022 Aug 6

ADHA District III Meetings

ADHA D3 Del HOD Training April 26,2021 7:30-9pm ZOOM

ADHA D3 Ref Com [A](#) May 17, 2021 7:30-9:30pm ZOOM

ADHA D3 Ref Com B May 18,2021 7:30-9:30pm ZOOM

ADHA D3 Ref Com C May 19, 2021 7:30-9:30pm ZOOM

ADHA Executive Board Meetings:

ADHA Fall Board of Trustee Meeting On Site

ADHA Winter Board of Trustee Meeting ZOOM online

ADHA May Board of Trustee Meeting ZOOM online

ADHA Annual Conference BOT Meeting ZOOM online

VA Health Catalyst Summit (formerly VOHC)

2020 Date TBD Richmond VA

Unleashing Your Potential Weekend

Converted to a virtual Leadership Summit that took place in January 2021.

Virginia Board of Dentistry-Regular Board Meetings:

2021 March 19 9:30 Richmond VA

2021 June 11 9:00 Richmond VA

2021 September 10 9:00 Richmond VA

2021 December 10 9:00 Richmond VA

2018-2019 MOM Project Weekends- VDAF.org for details

2021 Special Olympics June TBD Richmond, VA

2021 Wise July 9-10 Wise, VA

2021 Fauquier October 2 Fauquier, VA

2021 Homeless Connect November TBD Richmond, VA

ADA Annual Session

2021 October 11-15 Las Vegas, NV

2022 October 13-17 Houston, TX

ADEA Annual Session

ADEA 2021 March 13-16 Virtual

International Federation of Dental Hygienists

2022 August 10-13 Dublin, Ireland

2024 Date TBD Seoul, Korea

Our Mission

The Mission of this Association is to improve the public's total health, and to advance the art and science of dental hygiene.

Our Vision

The vision of this Association is oral health professionals promoting total health.

Diversity, Equity, and Inclusion

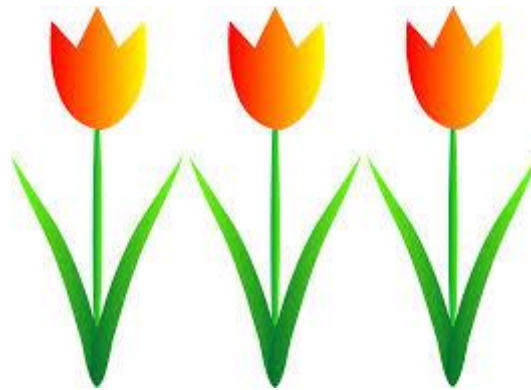
The Virginia Dental Hygienists' Association is an inclusive organization that continues to encourage diversity within the profession of dental hygiene. We will not discriminate against race, gender, sexual orientation, or religion. We will be courteous, respectful and encourage positive dialogue. We will work towards more equitable access to quality oral health care and increase public awareness of the benefits of prevention, education, and research. We will continue to embrace diversity and an inclusive environment that encourages curiosity, innovation, and accountability.

Thank you to all who contributed information for this issue of the Curet, especially those who provided tribute and photos for the Memoriam page.

Deadline for submission for the Fall Curet is NOON, November 6, 2021.

You may send submissions to moethompson@gmail.com.

Contributions are requested to be no more than 1 page in length, including photos and sent as an attachment in word docx, 12 pt Times New Roman font.



“The best way to find yourself is to lose yourself in the service of others.”
— Mahatma Gandhi.