

President's Message

I would like to provide some information regarding the changes currently taking place within the Virginia Dental Hygienists' Association. The leadership has been working together to strategize the best ways for member engagement.

From ADHA: *"Ways to maximize the impact of ADHA's tripartite structure have been discussed organizationally since 2009. In 2014, the Board of Trustees (BOT), based on House of Delegate input, developed "guiding principles" for the charter agreements. The goal was to ensure that ADHA and its constituents and components were organized to meet the needs of future members in transforming the profession of dental hygiene. The ADHA Charter Agreements were developed in collaboration with outside legal counsel with expertise in non-profit organizations. These agreements ensure that all entities of ADHA are legally compliant, create continuity and quality of member experience, and unify our collective brand across the country. ADHA understands the critical role that our constituents and components play in our core ideology to "lead the transformation of the dental hygiene profession to improve the public's oral and overall health." These agreements will foster our ongoing relationship of collaboration as we transform the profession."*

After more than a year of dialogue and deliberation with component leaders and VDHA members, the VDHA Board voted to have all VDHA components become unincorporated. This means the components will be under the VDHA umbrella legally and fiscally instead of being incorporated. Had that been the choice, the components would have been required to function independently, adding a prohibitive cost to carry their own insurance as well as additional volunteer time to implement the many requirements to maintain legal standing.

While it would have been an easier decision to have all incorporated components, or a mix of incorporated and unincorporated components, the VDHA leadership felt this would have put a strain on our volunteer resources so, we came to a unanimous agreement to have unincorporated components. This was driven by research into how similar organizations function, examination of what is working best in other states, and the resources of each component needed to maintain this structure compared to those of a more complex incorporated component structure.

We have established a Component Charter Advisory team to make this transition as seamless as possible and a member from each component will serve on this workgroup. They will provide input for the decisions that need to be made regarding the component's responsibilities and VDHA's obligations to the components so we that we will have uniformity throughout the state. We know that the components provide opportunities for community connections that enhance and enrich the VDHA member experience and our goal with this decision is to continue to support that. Hopefully, we now will have a structure that allows us to streamline our volunteer overhead and focus more on engagement opportunities.

This decision will not impact you as a member in Virginia as we will continue to have a Trustee from each component to give voice from all members of each component and to maintain communication between area hygienists and the state association. However, all component websites will be routed through the VDHA website, www.vdha.net, so please check the website for state and local news as well as upcoming events.

Thank you, and should you have any questions please contact your Trustee or me, Trish MacDougall, at president@vdha.net.

Sincerely, Trish MacDougall, RDH, VDHA President



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Upcoming Events

Executive Board Meetings

July 22, 2017 Location TBA Charlottesville

VDHA Foundation

July 21, 2017 Charlottesville

2017 HOD/Prof Development Weekend

Thursday September 21, 2017 Arrive and check in only

Friday September 22, 2017

7:00-8:00am	Registration
8:00-10:00am	Breakfast & Pre Board Meeting
10:00-11:00am	Opening Session
11:00-1:00pm	1 st House & Reference Committee Hearings
1:00-3:00pm	President's Luncheon and Awards
3:00-5:00pm	Reference Committee Meetings
5:00pm	Component and Student Interaction Time

Saturday September 23, 2017

7:00-8:00am	Registration & Breakfast
8:00-9:00am	Candidates Forum
9:00-11:00am	Professional Development Workshop
11:00-12:00pm	Component Caucus
12:00-1:00pm	Lunch
1:00-6:00pm	2 nd House & 3 rd House and Installation

Sunday September 24, 2017

8:00am-Noon	Breakfast & Post Board Meeting
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Scientific Session 2017

For those who missed the March 2017 Scientific Session, Sheila would like you know what you missed!

We are going to a lovely hotel, Westfields Marriott, once again. This is a beautiful venue for our Scientific Session here in Northern Virginia.

We are so fortunate, once again, to have such outstanding speaker. We will be learning about the new Remote Supervision provided for hygienists, aiding in access to care. Then we will have a new speaker to us, Donna Olewinsky discussing Infection Control and new CDC guidelines. Our good friend Hu-Friedy who is providing an educational grant. Lisa Dowst-Mayo will be presenting a course about HVP and Sex in Dentistry, and, Colgate is also providing a grant for us.

Saturday will feature Kami Piscitelli will share a course covering special needs patients and early child hood needs. VDHA member, our wonderful Kelly Tanner Williams, will present nutritional information and provided with educational grant from Philips Sonicare. Dr. James Lichon will provide information about cardiovascular disease and supplements. Thanks to Procter and Gamble for helping us with this program as well.

The other thing that is exciting is that on Friday after the courses WhyPac will have a casino night. The last time we had that we all had such a ball! It is a great way to socialize and network. I love seeing friends again.

Look on our website www.vdha.net and go to the “click here” to register. Early birds get a surprise too! So, hurry up!

Sheila B. Sheats, RDH,
CE Chair

Component News & Reports

Component 01 Northern Virginia

NVDHA is winding down for the year. Our April CEU was Hormones: The Oral Systemic Link with speaker Diana Corbin. We will reconvene in August for a planning meeting and start our year off in September. May 19th, we are having an end of the year celebration. Cathy Berard has organized an evening at Total Wine for wine tasting. The Executive Board would like to express their appreciation for the officers that have served and will continue to serve during the transition of VDHA in the next couple months.

We would like to thank Sheila Sheats and Karen Avey and all the volunteers for a successful Scientific Session in March. Casino Night hosted by our Vhy-Pac directors was great fun.

NVDHA would like to thank Catherine Johnson for her role in MOM. Picture includes the students that volunteered. Other pictures include the students that helped with the NVDHA Early Head Start Community project in March. And, finally the NOVA Class 2018. Congratulations.

Respectfully submitted by
Julie Simms, Trustee 01



Students at the NVDHA Early Head Start Community Project



NOVA Class of 2018
First year MEC class with faculty Jan O'Brien

Component 02 Greater Richmond

Spring 2017 Greater Richmond DH News

In February Greater Richmond hosted a CE called "Womb to Grow: Modern Health for Prenatal to Preschool Patients" by Kelly Williams of Philips at Patterson Dental. Great success and wonderful to stay informed on current children's dental needs! In addition to a CE in February, we had component members and VCU senior dental hygiene students visit elementary schools in Hanover Count Headstart programs.



In March Great Richmond hosted a CE called "The Progression of Malocclusion: What is the impact?" with Dr. Larry Scarborough at his office in the West End of Richmond. There was a great turnout and we look forward to hosting future orthodontic CE's with Dr. Scarborough!



Every year Great Richmond hosts a Celebration Hour with the VCU senior dental hygiene students, and this year was no exception. The event was held at Garden Grove Brewery, and every attendee seemed to enjoy themselves! In addition, we recently held a Mock Interview and Job Preparation event for the students so that they can be better equipped when entering the work force. The students seemed very engaged and responsive to this, and agreed that it should be continued to benefit future students as well. Congratulations to the students on their upcoming graduation!



Happy Spring everyone!

Emilie M. Bonovitch

Emilie M. Bonovitch, RDH
VDHA 02 Trustee, Greater Richmond

Component 03 Tidewater

Happy Spring from the Tidewater Dental Hygienists' Association Component 03! We have held some amazing CE's this quarter! "Health, Wealth and Happiness" CE was offered by Jake Lovelace of Ameriprise discussed personal financial strategies, retirement options and tax tips for the dental hygienist. Additionally, Cathy Bowers, a certified nutritionist, shared nutritional practices to achieve long term wellness. Dr. Nick Ilchyshyn, a periodontist and clinical instructor at ODU presented case studies on periodontal therapies.

Erin Groth, a dental hygienist and certified personal trainer, presented "Ergonomics: Sitting is the New Smoking." Erin provided hands-on practical information to prevent injury while working.

In keeping with the new structuring of ADHA, the Tidewater component is also restructuring. Instead of holding elections for traditional officer positions, we will be streamlining duties to better serve our local hygienists. We will continue to offer quality CE opportunities, mentoring, networking, etc., however, we will have a more relaxed format. We would love to hear from you! The Tidewater component belongs to us all. How can we make our association better? How can we help you meet your professional needs?

TDHA leadership strives to positively impact fellow dental hygienists and student dental hygienists. We welcome new members to join us. Lots of events are in the works! This summer, a "Family Day" is planned at one of the area's city parks. Check out our Facebook page often for more information and updates at <https://www.facebook.com/groups/tdha03/>. If you would like to be on the email list for TDHA information, let us know.

TDHA Chair: Emily Ludwig

Other component volunteers: VDHA Foundation Component Liaison: Irene Connolly; Trustee to VDHA: Meg Lemaster; Tracey Martin; Lauren Thomas; Amanda Kimball; Miranda Beeson; Tracee Dahm; Kelly Fox; Joan Katabian

Meg Lemaster, Trustee 03
meglemaster92@gmail.com.



Component 06 Monticello

No submission at this time

Component 07 Peninsula

Julie Martin, PDHA Fundraising Chair excelled in marketing her charitably donated, beautifully handmade pottery during the VDHA's March SS Marketplace. Trustee, Marge Green enjoyed working alongside Julie in making a variety of sales to raise funds for PDHA.

PDHA's April 22nd CE – 1.5 hour: “*Expanding Your Career as a Dental Hygienist: Seven Professional Roles*” conducted at TNCC Williamsburg Campus was a tremendous success engaging the participation of both classes. A panel of seven DH professionals recognized for their expertise in one of the professional roles addressed a specific set of questions, followed by a Q & A session. PDHA members and panelists were highly impressed with the students' thought provoking and forward thinking questions. We are contemplating making this an annual program preceding graduation and the pinning ceremony. PDHA is most grateful for VDHA grant funding enabling this CE event, awarding of RDH pins on May 9th and delivery of the *Remote Supervision* 1 hour CE on May 31st.

May 9th shall bring us all together to celebrate the graduating Class of 2017. VDHA President, Trish MacDougall shall present the VDHA Award and Dental Hygiene Oath, Keith Duron, PDHA President will deliver the Keynote Address and present PDHA's *Future Leader Award*, Marge Green, ADHA Past President and Julie Martin, PDHA

Past President will conduct the Pinning Ceremony. PDHA delights in sponsoring the Pinning Ceremony, as the importance of transitioning from student to professional status in ADHA, VDHA and Peninsula Component is enthusiastically emphasized to graduates, faculty, college administrators, friends and family.

May 2nd CE – 1 hour: “*Understanding the Gingivitis Code D4346*” was appreciated by many as new, useful, well organized information was provided by the PPT designed and delivered by President, Keith Duron. Our group enjoyed networking, appetizers and dinner at Vintner's Vineyard restaurant.

May 31st CE - 1 hour: “*Remote Supervision Competencies for the Licensed Virginia Dental Hygienist*” will be presented by Marge Green, PDHA Trustee in addition to narrating an *Evening of Appreciation for the 2016-2017 Leadership Team*. The event includes appetizers and dessert.

Community Activity

Keith Duron, PDHA President organized a Dental booth at a health fair earlier in the month serving 200 children and on April 26th, along with Langley Air Force Base Dental Clinic, participated at a "Month of the Military Child" dental event at the NASA Child Development Center, once again, educating 200 children.



PDHA's Gifts of Celebration with TNCC

Component 09 Southwest Virginia

Trustee – Margaret Martin

Successful Spring Continuing Education Courses were held March 31st, 2017. Kelly Williams presented “In Pursuit of Health: Care to Take the Journey” and “Eat, Drink and be Wary: You Are What You Eat”.

At the regular Carroll County Board of Supervisors meeting in April, Margaret Martin, (representing SWVDHA), spoke in support of continuing the fluoridation of the county public water supply. Carroll County will continue its fluoridation of public water.

We are looking forward to another successful RAM Smyth County clinic in 2017! To guarantee success, we need dental volunteers to participate this year. Please plan on volunteering to support and provide free dental care to the underserved in our community. The 2017 RAM Smyth County clinic will be held on May 5, 6, and 7 at the Mountain Empire Regional Airport in Rural Retreat, VA.

Margaret Martin
09 Trustee



Carter Williams with Speaker Kelly Williams
(Take your daughter to work day!)



Kara Davis, Margaret Martin,
Kelly Williams & Moe Thompson

Component 10 Northwest Virginia

The VDHA IOH Angel is traveling around Northwest VA looking for donations to the Institute of Oral Health Red Hot Chili Steppers. Who knows where she might go next! If she comes to your house, make your donation and then pass her on to the next lucky VDHA member!



Membership News

Hello, the flowers are blooming and we are on the way to summer!

ADHA summer enrollment runs from April 1st-September 30th!

Please take advantage of their quarterly payment plan, what a great way to start the summer!
(312-440-8900- membership services).



Congratulations to all the recent and upcoming graduates! We look forward to a great relationship as you transition your careers from student dental hygienists to registered dental hygienists. Don't forget to also transition your student ADHA memberships, refer to the above information!

If you have any questions regarding membership do not hesitate to contact Emily Ludwig at eludw003@odu.edu.

Best,

Emily Ludwig, BSDH, MSDH

VDHA Membership

VHyPAC News

VHyPAC Fundraiser

We had an amazing Casino Night at our Scientific Session, at the Westfields Marriott in Chantilly, VA. The event was held following the CE courses on Friday, March 24, 2017. We had had tables to play games, lively music and a fun time for all. Heavy hors-d'oeuvres and a cash bar set the tone for another great fundraiser for VHyPAC. All of the components and many individuals contributed items for door prizes at the Casino Night. This event was made possible by a grant from the VDHA Foundation, who provided us with the seed money for the evening, paid for the room and the food. This is our major fund raising event of the year and we look forward to seeing you all for future fundraisers at Scientific Sessions. Themes to be decided and look for information in the Curet and in your next year registration. We always need a head count for planning. For those of you who do not know what the VHyPAC is: it is a group of politically active members of the VDHA who voluntarily pool their resources, through financial contributions and grassroots involvement, to support candidates for offices in the Commonwealth of Virginia who are well-placed to support the professional interests of dental hygienists and the patients they serve.

It is made up of appointed and elected directors:

Maureen McCann, Chair/Director

Jennifer Zimmerman, Director

Tracey Martin, Director

Jessica Elmore, Director

Stacia Brooks, Director

All gave graciously of their time to make our event a great one!!



Public Health, Education & Professional Affairs Council News

Exciting News! Governor Signs Remote Supervision Bill into Law.

On March 13th, Governor McAuliffe signed the revised 'remote supervision' bill, HB1474 following its unanimous passage in the Virginia House and Senate. This law shall enable new employment opportunities and improvements in the public's direct access to the dental hygienist. The law is enacted and 'in the books' on July 1; however, take note that the Board of Dentistry (BOD) needs to promulgate regulations related to the revised law before it is actually in effect. The VDHA will be actively supporting the BOD in this regulatory task, which by law must be completed within 280 days. As a licensed professional, it is essential to maintain an updated knowledge of these undertakings to ensure you remain in compliance

In the meantime, this is a great time to explore some ideas for utilizing this new way to practice in the appropriate settings as stated in the current law. Please refer to the Board of Dentistry website for the **current** remote supervision law, and refer to this link below for the changes that were made with **this year's remote supervision law**:

<http://lis.virginia.gov/cgi-bin/legp604.exe?171+sum+HB1474>

Thanks again to all who made our Rally Day efforts so successful. Join the VDHA in continuing to advocate for the public and profession's well-being.

For questions or ideas, feel free to contact:

Susan Pharr, BSDH, MPH

VDHA Practice and Regulations Chair

shpharr@gmail.com

ADHA Institute for Oral Health

LIAISON, Catherine A. Berard, BSDH, RDH

Many thanks to all of you who have already donated this year to the ADHA Institute for Oral Health! Continued donations via both ADHA and VDHA websites are still being sought. You can just click on the IOH icon on the VDHA website to make your donation.

ADHA CLL/HOD, Jacksonville, Florida will be home to the 2nd Annual IOH 5K-Fun Run/Walk event on June 15th. Last year, our Virginia team raised money via personal and sponsor donations. Thanks to the generosity of many donors, this highly successful model will again be used for the 2017 efforts. Please visit the VDHA website to donate to any member of our Virginia team that consists of: VDHA President Patricia MacDougall, IPP Susan Reid- Carr, PE Mimi Magyar, Delegates Cathy Berard, Emilie Bonovitch, Emily Ludwig, Tracey Martin, Julie Simms as well as past ADHA/VDHA President Marge Green. We are once again part of the District 3 Red Hot Chili Steppers fundraising team!

Last year, Virginia was able to reach our state goal and our District 3 (“The Red Hot Chili Steppers”) was recognized as the top fundraiser for the event! Donations made to the ADHA IOH via the 5K Fun Run will be counted toward the VDHA goal as well as counting toward the District 3 goal. Please help us to be the top fundraisers for the event again this year!

Our VDHA assigned goal is \$6,073.10 for 2017; so far, counting pledges and actual donations received to date, we have raised close to \$3,000. Many thanks to the following individual members and components who have already made their donations:

Catherine A. Berard, BSDH, RDH

Keith Duron, RDH

James Forsberg

Tammy Goswick, RDH

Marge Green, RDH, MS

Desiree Harrington, RDH

Donna D. Kirley, RDH

Pamuela Ann Kitner, RDH, BSDH

Catherine D. Lester, RDH

Emily Anne Ludwig, MSDH, RDH

Diane K. Lum, RDH, BS

Patricia MacDougall, RDH

Mimi Magyar, RDH

Julie Martin, RDH

Nancy Martin, RDH, MS

Tracey Curtis Martin, RDH, BSDH

Michelle McGregor, RDH, MS

Amy Rankin, RDH

Tammy Cahoon Ridout, RDH, BSDH

Patricia K. Shand, RDH

Julie F. Simms, RDH, BS

Moe Thompson, BSDH, RDH

Peninsula DHA

Southwest DHA

VDHA, Northern Virginia DHA and the VDHA Foundation have made pledges.

Donations can be made by components; it should be noted that most of our components generously donate annually.

As you know, the VDHA Foundation annually funds a scholarship in memory of Alice Hinchcliffe Williams that is administered by the IOH. You will find an article about the 2017 recipient of the Alice Hinchcliffe Williams, RDH, MS Merit Scholarship for Post Licensure or Graduate Degree, Jennifer Soutar, written by Marge Green in another section of this Curet.

Please contact me if you have any questions, thank you so much and looking forward to reporting to you when Virginia meets our goal of \$6,073.10 we are already halfway there!

You can donate directly to ADHA IOH via the ADHA website:

https://mymembership.adha.org/Members/Fundraising/Give_Now.aspx?ItemId=GREATEST_NEED

Or you can donate via the VDHA website:

<https://www.crowdrise.com/team-district-3-red-hot-chili-steppers/fundraiser/dawndean>

VDHA Foundation



VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION HONOR ROLL REPORT OF GIFTS

March 5, 2016 through May 6, 2017

MADISON CLUB

Northern Virginia Dental Hygienists' Association
In memory of Patricia Ann Golliday, RDH

PATRIOT CLUB

James Forsbergh
In celebration of my daughter, Julie Simms, birthday October 13th
Nancy Martin
In honor of Brian Martin
Julie Simms
In honor of my Dad, Jim Forsbergh and
In memory of my mom, Cynthia Forsbergh
Sheila Sheats
In honor of all who helped at 2017 VDHA Scientific Session
Dawn Southerly
In memory of Thomas Wilson Smith
Monticello Dental Hygienists' Association
Tidewater Dental Hygienists' Association

DONOR CLUB

Julie Y. Allen
Karen Avey
Melanie Bartlam
Catherine Berard
Ahlon Conner
Irene Mary Connolly, RDH, BS, MS
In honor of Jackie Perry, RDH, BS, MS
Elizabeth Di Silvio
In memory of Judith A. Walsh
Evelyn D. Grant
Marge Green, RDH, MS
In honor of Jessica Suedbeck, PDHA Immediate Past President
Catherine Johnson
Joyce Kwiatkowski-Spieler
In memory of Esther Wilkins
Michelle Law
Patricia MacDougall

Mimi Magyar
Julie Martin
Mimi Magyar

DONOR CLUB (continued)

Julie Martin
Margaret Martin
In memory of Robert F. Jackson, DDS
Tracey Martin, RDH, BSDH
Michelle McGregor
Sheri Moore
Jackie S. Perry, RDH, MSDH
Evelyn Phan
Susan H. Pharr, BSDH, MPH
Susan Reid-Carr, BS, RDH
In memory of Jesse W. Reid, Jr.
Angela Richwine
Patricia Shand
In honor of Daniel Gallagher
Kathleen Sloan
In honor of Lynn Boland
Moe Thompson
In honor of the recent weddings of my children
In honor of all kind-hearted souls & my dental hygiene colleagues
Deanne Watson

Greater Richmond Dental Hygienists' Association
Northwest Dental Hygienists' Association
Peninsula Dental Hygienists' Association
Southwest Virginia Dental Hygienists' Association

All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143

VDHAF: Alice Hinchcliffe Williams RDH, MS Merit Scholarship Recipient for 2017

The Board of Directors of the VDHA Foundation is delighted to announce the \$1500 scholarship recipient selected by ADHA's Institute for Oral Health is Jennifer Soutar, RDH, BSDH, a Hampton, VA resident and licensed dental hygienist currently pursuing the Masters of Dental Hygiene Degree at Old Dominion University. In addition to part-time graduate studies, Jennifer practices full time as a clinician.

A brief bio shared by Jennifer reads as follows:

I have been a Registered Dental Hygienist for 26 years. I graduated in 1991 from the University of Vermont with my Associate in Science and a Certificate in Dental Hygiene. I moved to Hawaii, obtained Local Anesthesia and worked in private practice. I volunteered in not-for-profit dental clinics two days per week. In 1996, I moved to Virginia and in 1998, I decided to return to school at Old Dominion University for Degree Completion. This was put on hold in 2000, as I had my first (of 3 children). I finally had the stability to return to school and was awarded my B.S.D.H. I am currently enrolled in the M.S.D.H. program at ODU and hope to pursue a PhD in Health Science after.

I work full time in a private practice caring for patient's I have known for 18.5 years.

I would like to focus on the extremes of the ages: the young and the elderly in proper education that helps set the stage for excellent oral health development, and also providing instruction for the aging population especially those in long-term care / assisted living facilities.

As recipient of the *Alice Hinchcliffe Williams RDH, MS Merit Scholarship*, she stated:

"I am honored to have been chosen as the recipient of this Scholarship. I am grateful for the financial assistance this scholarship will provide and as such, make my educational advancement a little easier. Juggling a full time career, 3 children and their activities, and school is a challenge, but a worthwhile endeavor. I am a firm believer that we must advance if we want to advance our profession."



Student Chapter News

Lord Fairfax Community College

Intro to LFCC DH

The Lord Fairfax Dental Hygiene program is a joint venture through Virginia Western Community College, located in Roanoke Virginia. VWCC faculty deliver most of the curriculum through real-time video lectures to the 18 students enrolled at Lord Fairfax while the labs and clinical experience takes place at LFCC's campus. The Middletown campus is fortunate to have a state of the art 10-operatory dental hygiene clinic, where all services provided to patients are free. Upon graduation and completion of board exams, students are licensed to perform such tasks as cleanings, sealant placement, x-rays, laser treatments and local anesthesia administration. In May, the class of 2016-2018 will graduate and begin their careers.

Give kids a smile Feb 4

The Lord Fairfax Dental Hygiene department was proud to host Give Kids a Smile February 4th, 2017. This is a national event that offers free dental cleanings, x-rays, and fluoride to children and special needs members of the community. In conjunction with Valley Pediatric Dentistry, students made great connections with local families, and invited patients to return for free cleanings in six months. The children were excited to attend, and even more excited to meet the Tooth Fairy and Mr. Molar! It was an excellent first opportunity for many children to receive dental care and instruction, and a positive experience for children who were not new to dental care. It was also an invaluable opportunity to remind families of the importance of daily brushing and flossing at home. LFCC looks forward to continued participation in Give Kids a Smile, and to potentially surpassing this year's outcome: providing \$20,000 of care to over 90 children!



Be sure to read the Summer Curet for photo & information about the White Coat Ceremony!!!

Old Dominion University



Old Dominion University School of Dental Hygiene Class of 2017.

The Old Dominion University (ODU) American Dental Hygienists' Association (ADHA) Student Chapter has participated in multiple community outreach and advocating events throughout the 2016 - 2017 school year. The Chapter has worked to positively impact the public's total health, increase oral health literacy, and promote oral health awareness throughout the Hampton Roads area.

During the month of September, student members of the association hosted a two-week Diaper Drive in the Health Science building to benefit the Hampton Roads Diaper Bank. In total, 1,247 diapers and 504 wipes were collected and contributed to local families in need. In October, National Dental Hygiene month, the student chapter conducted a free raffle for an electric toothbrush, which was held in the ODU Dental Hygiene Care Facility. On November 3rd, senior dental hygiene students worked interprofessionally with nursing students at the Fall Health Fair in Webb Center on campus. Services provided at this event included extraoral cancer screenings, caries risk assessments, oral hygiene instructions, hypertension screenings, and nutritional counseling. A second Health Fair will take place in the Spring of 2017. On November 12th, members of the student chapter organized and participated in the annual Dental Hygiene Access Day at Chesapeake Care Dental Clinic. More than \$4,400 in preventive dental hygiene services was provided during the eight-hour community event. On January 27th, senior dental hygiene students provided over \$9,000 in services of oral cancer screenings and dental cleanings to individuals experiencing homelessness in the Hampton Roads area at the Homeless Connect in Norfolk, VA. The final activity of the school year will be participating in the ODU Relay for Life Fundraising event at the Student Recreation Center



Senior dental hygiene students participating in Homeless Connect. (Left to right) Jamie Haith, Bernadette Manga, Stephanie MacKenzie, Amber Meadows. and Erin Kent.

Advocating events included the 2016 ODU Homecoming parade on September 24th, where the students distributed complimentary toothpaste and floss. Students also participated in the Virginia Dental Hygienists' Association's Rally Day in Richmond, Virginia in support of HB 1474 (remote supervision for dental hygienists in Virginia). For many senior students, this experience cultivated a valuable understanding of the advocacy role in dental hygiene. Student membership in ADHA provides an enlightening and inspiring preview to what students will experience after converting to professional membership after graduation.

Jamie Curley, SADHA Vice President
Taylor Cain, SADHA Secretary

Thomas Nelson Community College

A Year End Message from TNCC Student Chapter President Michelle Polk

A little over two years ago nine young women received their acceptance letters into the Thomas Nelson Dental Hygiene Program. Entering orientation, we did not know each other nor did we know what we were up against. Dental Hygiene school brought us many tears and laughs but most importantly it brought us sisterhood and a bright future.

To our faculty and staff, words cannot express our extreme gratitude for your continued dedication to our class over the past two years. There have been many struggles along the way but you were always committed to our success in this program. We are honored to have learned from your profound knowledge and irreplaceable experience. Without your time, dedication, and guidance, we would not be the professionals we are today. Thank you for helping us become passionate and skillful dental hygienists who will be nothing but successful because of you.

We would also like to thank the Virginia Dental Hygienists' Association, with special consideration to the Peninsula component. Without your continued support these past two years, I feel our class might have lost insight. You reminded us monthly, that Dental Hygiene school would end and we would eventually join a wonderful group of Dental professionals. Thank you for supporting us in our journey and believing in us along the way.

Lastly, I would like to thank the Class of 2017. We supported each other through difficult times, taught each other during difficult classes, and loved each other through difficult days. Even though we prepare to go our separate ways, you eight will always hold a special place in my life.

TNCC Dental Hygiene Class of 2017



Virginia Commonwealth University

SCADHA members at VCU's Dental Hygiene Program have been providing services for the Salvation Army residents since August of 2007. Under the faculty guidance of Tammy Swecker, RDH and Anjum Shah, RDH, SCADHA members have provided oral cancer screenings, dental screenings, oral health education, tobacco cessation and dietary counseling for the Salvation Army residents for the last 10 years. Oral health education pamphlets and basic oral health supplies are distributed to each resident as well.

The Salvation Army residents have faced numerous issues such as substance abuse, relational conflicts, homelessness, and unemployment which restrict them from receiving oral health services. These individuals present with several unmet dental needs including but not limited to dental cleaning, broken teeth, cavities and tooth abscesses.

SCADHA members at VCU's Dental Hygiene Program fundraise each year through a unique activity called "Prisoners of Love", where students lock up VCU School of Dentistry students and faculty members. All the funds collected fund oral hygiene bags and dental care for the Salvation Army's residents.

Since the beginning of the Salvation Army Dental Outreach program, SCADHA resources have provided 352 oral screenings and supported 94 extractions, 7 restorations and 20 periodontal therapies. Due to the inability to fund all the unmet dental needs of the Salvation Army residents, SCADHA started an ongoing collaboration with Project Homeless Connect in the fall of 2010 to increase the ability to meet needs of the community.

The Salvation Army Dental Outreach Program emulates a model of community involvement and professional responsibility to be continued throughout the career of the dental hygienist. The SCADHA members at VCU's Dental Hygiene Program participate in an organized service activity that meets a community identified need. The students witness the greater need in the community and their ability to assist while the Salvation Army residents receive access to oral care and oral hygiene products, tobacco cessation, dietary counseling and oral health education that will last a lifetime.



From left to right, top to bottom; Syrous Behmand, Matt Brewer, Darian Moore, Erin Lewis, Jenny Caine, Switu Patel, Kazzie Caasi, Rita-Marie Ferguson, Soojin Hong, Christian Waterman, Amber Wilczynski, Alex Manson, Vi Tran, and Courtney Manois (Some of the Fall 2016 Salvation Army Outreach VCU Dental Hygiene SCADHA volunteers)

By: Christian Waterman and Mackenzie Blackwell



Golby Galali (DH student providing oral health screening for a Salvation Army resident)



Jennifer Marable (DH student providing oral health screening for a Salvation Army Resident)

Germanna Community College No submission at this time
Northern VA Community College No submission at this time
Virginia Western Community College No submission at this time
Wytheville Community College No submission at this time

****Next Deadline for Curet Submissions August 12, 2017****

Additional News

VaAware.com offers resources for combating RX drug and heroin abuse

Prescription drug and heroin abuse throughout the Commonwealth has reached epidemic proportions, with annual drug overdose deaths outnumbering deaths caused by car accidents.

In response to this crisis of addiction, Governor Terry McAuliffe's Task Force on Rx Drug and Heroin Abuse in Virginia recommended that state agencies create a comprehensive website. VaAware.com is an online resource developed as an informational tool for all citizens of Virginia.

The site features specific pages for parents, educators, licensed practitioners, law enforcement officers and drug dependents, and offers best practices for recognizing, preventing, diagnosing, treating, and recovering from opioid/heroin abuse.

New Website with Members Only Section!!

<https://vdha.wildapricot.org/>



Join us on Facebook!

[https://www.facebook.com/groups/vdha.net /](https://www.facebook.com/groups/vdha.net/)

Our Mission

Lead the transformation of the dental hygiene profession
to improve the public's oral and overall health
and advance the science and practice of dental hygiene.

Our Vision

Dental hygienists are integrated into the healthcare delivery system as essential primary care providers to expand access to oral health care.

2016 – 2017 Officers, Councils & Committee Chairs

President: Trish MacDougall	Administrative Council: (President Elect) Chair: Mimi Magyar	
President Elect: Mimi Magyar	Budget and Finance: Sherri Moore Vice President: Marlana Thomas Bylaws: Julie Simms Scopes Manual: Julie Simms Nominations and Policy Manual: Susan Reid-Carr- Corresponding Secretary: Megan Wilson Recording Secretary: Kate Hoffman A.H. Williams Fund: Pam Kitner	
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Vice President: Marlana Thomas		
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05-Piedmont: Vacant		
06-Monitcello: Evelyn Grant		
07-Peninsula: Marge Green		
09-Southwest Virginia: Margaret Martin		
10-Northwest: Whitney March		
		Member Services Council: Chair: Denise Claiborne
		Membership Committee: Emily Ludwig VA Student DH Committee Co-Chairs: Inactive ADHA Education Network Liaison: Michelle McGregor Directory: Betsy DiSilvio Newsletter Editor: Moe Thompson Awards: vacant Historian: Julie Martin Website Manager: Susan Motley- smotley01@gmail.com ADHA IOH Liaison: Cathy Berard

2017 April VDHA Calendar

Spring Scientific Session

March 22-25, 2018 Hilton Richmond Hotel, Short Pump

HOD and Professional Development Workshop

September 21-24, 2017 Four Points Sheraton, Richmond

Executive Board Meetings

April 22, 2017 Charlottesville
July 29, 2017 Charlottesville
September 24, 2017 Richmond

Quarterly Reports Deadline (two weeks prior to E.B. Meetings)

April 8, 2017
July 15, 2017

HOD Reports

July 29, 2017

Year End Reports

September 7, 2017

Awards Nominations

July 23, 2017

Curet Deadline (two weeks following Executive Board Meetings)

May 7, 2017
August 12, 2017

Council Meetings:

Council meetings should take place online and reports sent **2 weeks prior** to the executive board meetings.

Administrative Council, PHEPA, Member Services Council, Planning and Development Council, Admin. Council:
July 2017 TBD

VDHA Foundation

July 28, 2017 Charlottesville, VA

ADHA Center for Lifelong Learning & Annual Session:

June 14-20, 2017 Jacksonville, FL
Osborne Conv Center
June 2018 Columbus, Ohio

ADHA District III Meetings:

June 2, 2017-Zoom online meeting

VOHC Summit

November 2, 2017

Unleashing Your Potential Weekend

2017 TBA

Virginia Board of Dentistry-Regular Board Meetings:

June 9, 2017 Richmond
September 15, 2017 Richmond
December 15, 2017 Richmond

2017 MOM Project Weekends- VDAF.org for details

Special Olympics Project	June 9-10, 2017
Wise Project	July 21-23, 2017
Grundy Project	October 7-8, 2017
Richmond Homeless Connect Project	November 14, 2017

2017 RAM Project

May 5-7, 2017
Mountain Empire Airport, 8223 Lee Hwy, Rural Retreat, VA 24368

VDA Meeting:

September 13-17, 2017 The Omni Homestead Resort, Warm Spring, VA

ADA and ADAA Annual Session

ADA-October 19-23, 2017	Atlanta, GA
ADAA-April 1-4, 2017	Virtual meeting

International Federation of Dental Hygienists

2019: Seoul, Korea