

Dear colleagues, The word collaborate stems from the Latin word collaborates meaning to labor together. My mother always said, "It takes a village." As sappy as it sounds, this message is as simple as when we tell our children "there is no "I" in team." We achieve more by sharing our talent, effort, and resources.

In my last letter, I provided information on activities that VDHA had been participating in with stakeholders that impact oral health care delivery. This included continual communication and involvement with the Virginia Department of Health Professions (VDHP), the Virginia Oral Health Coalition (VaOHC), the Virginia Dental Association (VDA), the Board of Dentistry, the Virginia Department of Health (VDH), as well as educational programs and member activities.

This outreach is vital. As the consumption and delivery of health care rapidly changes, and the role of dental hygiene continues to evolve, we must be mindful of our mission. The goal is to improve oral health, reduce costs and emergency room visits, and expand access to services to all. We have seen the statistics on the lack of care in our underserved communities. The need for action to improve this situation is great.

Across the country, many new workforce models are being examined to identify the impact on improving oral health outcomes. However, we must focus on the best answer for Virginia. The need for care is much greater than our current resources and our ability to serve. As we look to meet these needs, there is a job for everyone, and it will require all hands on deck! Does it really matter how the role is labeled: dentist, oral surgeon, physician, assistant, assistant II, dental hygienist, dental therapist, advanced dental therapist, community dental health coordinator?

We must collaborate; labor together, at all levels for the good of our communities. All professions should be working at the top of their scope in any setting. If we want other disciplines to be receptive to the transformation of dental hygiene, we must be amenable to understanding the issues and concerns of our professional colleagues.

It is vital to speak with one voice! Get involved and be a productive part of the change, choose to be a member of your professional organization and collaborate with your colleagues. Together we will Transform, Inspire, Educate and Diversify the dental hygiene profession in Virginia.

Sincerely,

A handwritten signature in black ink that reads "Michelle McGregor". The signature is written in a cursive, flowing style.

Michelle McGregor, RDH, BS, M. Ed

VDHA President 2014-2015



OUR MISSION

Lead the transformation of the dental hygiene profession to improve the public's oral and overall health and advance the science and practice of dental hygiene.



OUR VISION

Dental hygienists are integrated into the healthcare delivery system as essential primary care providers to expand access to oral health care.

Calendar

Spring Scientific Session

March 12-15, 2015 Westfields Marriott, Chantilly, VA
March 17-20, 2016 Hilton Hotel and Spa, Richmond

HOD and Professional Development Workshop

October 1-3, 2015 Hilton Hotel and Spa, Richmond

Executive Board Meetings

January 10, 2015 Holiday Inn Monticello
July 18, 2015 TBD
October 2, 2015 Hilton Hotel and Spa, Richmond
January 9, 2016 TBD

Rally Day

Friday, January 30, 2015 Richmond
Friday, February 13, 2015 Snow date

Please go to our website for a complete Calendar update

www.vdha.net



2014-15 VDHA Council and Committee Chairs

President: Michelle McGregor president@vdha.net	Administrative Council: Susan Reid- Carr -Chair	
President Elect: Susan Reid- Carr susanreidcarr@gmail.com	Budget and Finance: Cathy Berard- Chair Michelle McGregor, Moe Thompson, Jackie Perry, Trish MacDougall, Rita Phillips, Mimi Maguire Vice President: Nicole Fischer Bylaws: Julie Simms Scopes Manual: Julie Simms Nominations and Policy Manual: Maureen Thompson Corresponding Secretary: Meg LeMaster and Jessica Elmore Recording Secretary: Jessica Suedbeck HOD Secretary: Irene Connolly A.H. Williams Fund: Jackie Perry	
Immediate Past President: Moe Thompson immediatepastpresident@vdha.net		
Vice President: Nicole Fischer vicepresident@vdha.net		
Treasurer: Patricia MacDougall treasurer@vdha.net		
Recording Secretary: Jessica Suedbeck recordingsecretary@vdha.net	Planning and Development Council: Bonnie Perry- Chair	
Corresponding Secretary: Meg Lemaster - correspondingsecretary@vdha.net	Spring Scientific Session Planning Chair: Karen Avey Continuing Education: Sheila Sheats Ways and Means: Karen Avey House of Delegates: Rita Phillips Foundation Appointee: Irene Connolly Foundation Secretary: Cathy Berard	
Speaker of the House: Julie Simms speakerofthehouse@vdha.net		
Alternate Speaker of the House: Jackie Harrison (mentor- Pam Kitner)		
Trustees:		
01-Northern Virginia: Julie Simms- kringlesimms@cox.net	Public Health, Education, and Professional Affairs Council: Cathy Berard & Susan Pharr - Chair	
02-Greater Richmond: Melanie Bartlam- rdhmel@aol.com	Regulation and Practice Chair: Heather Herrera Board of Dentistry Consultants: Sherri Moore Lobbyists: Cal Whitehead and Ralston King Contract Review: Chair- Susan Reid-Carr, Michelle McGregor, Trish MacDougall, Cathy Berard, Heather Herrera, Karen Avery, Marge Green (appointed) and Moe Thompson (appointed) Vhy-Pac Directors: Chair- Maureen McCann, Heather Herrera, Jennifer Zimmerman, Kim May, Megan Wilson (appointed) and Joyce Flores (appointed) Public Health Committee: Susan Pharr Virginia Health Workforce Development Authority Liaison: Marty Sullivan VOHC(VA Oral Health Coalition): Denise Claiborne Virginia Association of Free Clinics Liasion: Catherine Johnson Dental Hygiene Consortium Liaison: Marty Sullivan Virginia Rural Health Association Liaison: Rita Phillips Virginia Head Start Health Advisory Committee Liaison: Heather Herrera Virginia Board for People with Disabilities Liaison: Joyce Flores	
03-Tidewater: Jackie Perry- jsp3@juno.com		
05-Piedmont: Bonnie Perry- denprotemps@aol.com		
06-Monticello: Evelyn Grant- edg5u@virginia.edu		
07-Peninsula: Marge Green- mgreenrdh@gmail.com		
09-Southwest Virginia: Kara Davis- kscooby04@hotmail.com		
10-Northwest: Whitney March- marchwm@gmail.com		
		Member Services Council: Rita Phillips- Chair Membership Committee: Denise Claiborne VA Student Dental Hygiene Committee Co- Chairs: Pam Kitner and Marlana Thomas Membership Directory: Betsey DiSilvio Newsletter Editor: Amanda Pearson Awards: Evelyn Grant Historian: Kara Davis Webmistress: Morgan Hinson and Jessica Suedbeck (mentor Susan Reid- Carr)

Technology and the Dental Hygienist
Susan Reid-Carr, RDH, BSDH
VDHA President Elect 2014-2015

First of all Michelle and I would like to thank everyone involved for making our March Scientific Session a success. Westfields Hotel and Conference Center was excellent as were the speakers and courses that were provided. We appreciate the time, energy, and dedication it takes to provide our community with this opportunity.

As we seem to be speeding through the 21st century it's easy to feel left behind. A lot of us are using technology every day but I would like to address a few things that may not be used daily but can help hygienists stay connected in a busy world.

There are tools out there to facilitate online meetings. We can now share files and documents in one place and only those invited will have access to that information. Social media and other platforms are places to share ideas and get crowd sourced answers to questions.

Many of our VDHA Council and Committee meetings now take place online. This frees up time at quarterly meetings and allows information to be gathered ahead of time for our Board meetings. These meetings may be useful to any hygienist who wants to meet with others and exchange information and ideas. There are many options but I want to encourage anyone interested to check out some options that are available. I have used www.anymeeting.com and found it easy to use. I have participated in www.gotomeeting.com and this also seemed work well. I have also participated in a meeting using www.webex.com this to me, was the least user friendly of the three. All of them offer free usage or free trials but to move up in services you will pay a fee. Based on research I have done AnyMeeting has the least restrictive use of free services.

Sharing files and documents is another way to stay connected and informed. Once again many options exist but I would like to share a few ideas. VDHA and GRDHA, where I share most of my information, use www.dropbox.com, which is probably the most widely used file sharing service. There is usually plenty of free storage space but you can pay for additional storage space. There are other services out there including www.copy.com and www.box.com, which I would encourage you to explore when looking for a file sharing service.

Last but maybe most familiar are social media and other communication platforms. Facebook Groups that can be set up through your homepage at www.Facebook.com provide a dedicated space where you can share updates, photos, or documents and message other group members. VDHA has a Facebook Group you can join. Listserv groups are informal groups connected by email to exchange ideas and have questions answered. Listserv groups require proper etiquette and realize that in an open group "anything could happen". ADHA has a number of listserv groups you may be interested in joining www.adha.org/adha-listserv. Another communication platform is Google Groups groups.google.com, it is similar to Facebook Groups so it can be a group preference choice. Wrapping up this section would be Skype www.skype.com. I communicate frequently using this platform. It can be used for voice messaging, text only real time messaging, or real time video messaging.

I hope I have shared something you might find new and useful for your technology tool kit. If we can make meetings, sharing of ideas and documents, and communication easier we will be "Better Together".

Component 1

NVDHA would like to congratulate the newly elected officers. President-Dana Lumpkin, President Elect- Denise Elliott, Vice President- Rhea Rossi, Secretary- Lindsey Bieligk, Treasurer-Jennifer Zimmerman, Member at Large-Cathy Berard and Trustee- Julie Simms. The following members are NVDHA delegates: Dawn Southerly, Denise Elliot, Betsy DiSilvio, Dana Lumpkin, Cathy Berard , Jennifer Zimmerman, Catherine Johnson and Sheila Richards.

Installation will take place on April 24th at Trish MacDougall's house. Please contact Trish for details at patrdh13219@aol.com

Thank you to all that volunteered at M.O.M. in March. Special thanks goes to Catherine Johnson, NVHDA's free clinic liaison. She has also organized a Leadership day at the Free Clinics in Northern Virginia, May 2, 2015. IF you are able to volunteer, please contact Catherine Johnson at toothycathy@aol.com.

A big thank you to Sheila Sheats and Karen Avey for a very successful Scientific Session held at the Westfield's Marriott.

The NVDHA Executive Board will meet again in August to plan for the upcoming year.

Respectfully submitted,
Julie Simms, Trustee 01

Component 2

Greater Richmond hygienists participated in the VDHA Scientific Session in Chantilly where they were able to fulfill the annual requirements for continuing education in the Commonwealth. These well-planned weekends include excellent speakers, vendors with an ever-abundant supply of the latest hygiene products and tools, and great conversations with our colleagues about the trials and victories we share in our variety of practice settings.

A fun time was had by all at the VDHA Foundation Hoedown fundraiser. Many of our GRDHA members joined in on the line dancing with our hygiene sisters from across the state. A select few performed for the group during a Karaoke fundraiser, with a twist. The attendees donated money to the Foundation for the “artists” to stop singing!



VDHA Rally Day in January was a huge success. The day was kicked off with our lobbyists, Ralston King and Cal Whitehead, VDHA President Michelle McGregor, & VDHA Regulations and Practice chair, Heather Herrera, each making introductions and briefing the participants on the events of the day. Talking points were prepared ahead by the Public Health, Education and Professional Affairs Council under the direction of Chair, Cathy Berard and distributed with oral health kits to the delegates and senators. Each group conveyed the importance of joining with the VDHA, the Oral Health Coalition, and combined stakeholders to support the funding for oral health services for pregnant women who qualified for Medicaid provisions.



Give Kids a Smile Day, a national event, was held on February 6th. Local hygienists, dentists, assistants, administrative team members, and VCU students volunteered providing preventive and educational services to the children. Nutsy was a popular visitor with the kids. Some hygienists and students had the opportunity to share with First Lady Dorothy McAuliffe the need to address the current situation of lack of oral health care for residents of long-term care facilities. The preventive and therapeutic services a registered dental hygienist is trained to provide through college education is an ideal solution to address this need. The VDA pilot program mission is to gain information to document the extreme need. The hygienist selected for this one-year project will serve as coordinator, and will work with the assistant to gather and document the research as well as provide preventive services.



GRDHA held a CE/meeting March 19 at Henry Schein. We are grateful to our CE chair Natalie Cavalieri, as well as the folks at Schein who donate their services and assist in making our meetings a success. Mary Ellen Butler with Premier presented an up date on whitening and also scientific data on the new Enamelon. Each person attending received information and large samples of the products.

Elections will be held at the April 15th meeting. There are still positions available. If you think you might be interested in getting involved, please contact President Megan Wilson or me for more information. GRDHA won't leave you hanging, a description of the responsibilities involved is provided as well as a "coach" to help you.

Student liaisons, Megan Wilson and Heather Herrera have been busy planning our 3rd Annual Student Happy Hour for the VCU graduates that will be held April 2nd at the Garden Grove Brewery at 5:30. Plan to come and celebrate the right of passage from school to the real world!

Keep Smiling!

Melanie Bartlam, RDH
VDHA Trustee, Greater Richmond

Component 3

Tidewater Dental Hygienists' Association

Officers:

President-Tracey Martin
VP/CE Coordinator- Erin Simmons
Secretary-Lauren Kilmon
Trustee -Jackie Perry
Member-at-Large- Joan Ignacio

President Elect-Vacant
Immediate Past President-Amanda Kimball
Treasurer- Tracee Sokolik Dahm
Legislative – Meg LeMaster/ Jackie Perry
Membership-Jonathan Carter

Delegates: Meg LeMaster, Tracey Martin, Joyce Flores, Erin Simmons, Pamela Pinkston (ODU student delegate)

Membership: 104 Reported by Jonathan Carter (new membership chair)

Scheduled Meetings: Vice President: Erin Simmons – Has spoken with Lisa Stillman, in regards to presenting CE course on Xylitol for April 15th.

Activities:

VHY PAC Donation was a Necklace donated by President Tracey Martin. TDHA made a donation to the Michele Darby Scholarship and has already made a donation to ADHA IOH. Elections will be held in May. TDHA will donate to the living memorial, a tree, for Michele Darby. Also, we will donate to the VDHA Foundation.

Respectively Submitted,
Trustee 03

Jackie S Perry, RDH, BSDH, MSDH

Component 6



Monticello Dental Hygienists' Association Component 06 April 2015 Curet Submission

Officers:

President/Trustee: Evelyn D. Grant
Vice President/CE Chair: Mimi Magyar
Treasurer: Sheri Moore
Secretary: Paula Knight
Legislative Chair: Christina Morris
Membership: Evelyn D. Grant (Interim)
Communication Coordinator: Nicole Fischer

Calendar Update:

February 20, 2015 – 6 hour CE – Aligning Your Instrumentation Skills in Preserving Your Professional Career (AM), The Mystique in Changing Patients' Behaviors: Fifty Shades of Grey, presented by Lillian Caperila, RDH, BSDH, M. Ed.
March 24, 2015 Business Meeting (Elections), 6:00 PM, CDHP
July 28, 2015 – Business Meeting, 6:00 PM, CDHP and Online Meeting
September 22, 2015 – PBy and PR review meeting
October 2015 – CE- TBD
October 13, 2015 – Business Meeting 6:00 PM, Online Meeting

Please note new e-mail address: MDHA.RDH@gmail.com

Our February 2015 CE was fully sponsored by Premier

Respectfully Submitted,
Evelyn D. Grant, RDH, MBA
Component 06 Trustee

11 Spring 2015

1st Photo – February 20, 2015 CE presented by Lillian Caperila

2nd Photo – Sheri Moore, Christina Morris, Paula Knight, Evelyn Grant, Michelle McGregor, Mimi Magyar (February 2015 CE)

3rd Photo – Component 06 Monticello attendance at VDHA Scientific Session-Marilyn Duling, Michelle Law, Loni Connor, Evelyn Grant, Sheri Moore, Mimi Magyar, Betsey Soulsby (not pictured)



Component 7



Peninsula Dental Hygienists' Association Trustee Quarterly Update – March 2015

“Springing” forward into the new season, the Peninsula Dental Hygienists’ Association (07) will collectively blossom from the following series of professional development programs orchestrated by Vice President, Keith Duron, AS, CRDH:

- March 23: Dr. Trent Buehler - *Management of the High Caries Risk Patient*
- April 21: Lynette Cipolla, RDH - *Healthy Mouth = Healthy Body*
Election of PDHA Officers
- May 21: Dr. Scott Mackey - *Periodontitis and Systemic Diseases - Do they relate?*
- VDHA President, Michelle McGregor: ***Installation of Elected Officials***
- September 23: Dr. Corey Anderson - *Concepts of Collaboration in Periodontal Care*

Fundraising profits have supported donations made to the VDHA Foundation, ADHA Institute for Oral Health, Michele Leonardi Darby Global Oral Health Award and VHyPAC dues and silent auction basket.

The Executive Board meeting of March 23rd focused on the strategic plan of submitting grant applications for the VDHA Membership Initiative and the VDHA Foundation Speaker Sponsorship. The nomination process is being marketed electronically to advance inclusivity and leadership depth for April 21st elections.

March 26th PDHA exhibited freely as a vendor with display of Brand banner and Marketplace items and distributed post card sized handouts of the “*PDHA Continuing Education Schedule*” (April – Oct) to an audience of approximately 130 RDHs at the 2nd Annual Dental Hygiene Banquet and Prevention Seminar sponsored by Parks Orthodontics.

PDHA will present the *Future Leader Award* and RDH pins (gifted) to graduates of TNCC on May 12th. The *Future Leader Award* will be presented at the ODU graduation ceremony on April 26th.

The servant leadership of PDHA remains highly committed to making a positive difference in the lives of RDHs, student dental hygienists’ and the public being served. We are most grateful to the VDHA Foundation for the beautiful gift of the component’s banner that is displayed everywhere our President or designee is seen advancing our Brand!

Submitted by: Marge Green, RDH, MS
PDHA Trustee

Component 10



Northwest Component #10

Trustee Report

Happy Spring dental hygienists! Hope the warmer weather is rejuvenating and energizing everyone. Our Spring Scientific Session held in Chantilly, Virginia had a great turnout with over 200 hygienists in attendance. Lord Fairfax Community College alone had 11 students who attended the event. A huge thanks to Lori Ellington, their instructor, who helped obtain funds so they could participate.

Component 10 should be very proud of it's members who are so heavily involved in the VDHA. Karen Avey is on the Planning and Development Council which puts together our meetings and organized the Scientific Session; Maureen McCann is the Chair of the VHyPAC Committee and put on the Hoedown and Silent Auction fundraisers; Pam Kitner is the ADHA Institute for Oral Health liaison and is in charge of raising funds in Virginia for scholarships and research grants on the national level. All three of these fantastic members are past state Presidents.

Upcoming Events:

MARCH 31 - Please join the ADHA Government Affairs team for a webinar built around the actual implementation of the Advanced Dental Therapist in Minnesota. This Workforce WebEx will begin at 3pm Central Standard Time. To RSVP, visit <http://bit.ly/ADHAGovAffairs>.

APRIL 16 - Come join us at our next Component meeting held at Sals in Edinburg. To order dinner arrive by 6:30pm, meeting starts at 7.

APRIL 18 - LFCC is hosting a 4 hr CE from 8:30am - 12:30pm. Topics include *Forensic Odontology in the 21st Century*, *Oral Pathology Lesions*, and *Providing Palliative Care for the Oncology and Terminally Ill Patient*. For more information or to sign up, go to www.nwvdha.org. Part of the proceeds will go towards the LFCC student licensing boards.

Respectfully Submitted,
Whitney March, RDH, BS
Trustee #10

Curet Jan 2105

Scientific Session: 12-15 March 2015

Hello everyone! Well, it's here again-time for our Scientific Session. It rolls around faster than we think and this year is going to be so awesome. We are fortunate to have Betsy Reynolds, RDH, MS for all day Friday. She will present "Exploring How Oral Health Affects Women's Systemic Well Being" And her afternoon course is: "The Bitter Side of Sweets: Understanding Dietary Sweeteners". Her presentation is informative and she is so very entertaining. For those who haven't heard her, you will enjoy every minute. On Saturday Judy Zack Bendit, RDH, BS will let us in on "The Myths, Legends and Realities of OTC Products". This course was recommended by others in the commonwealth and Judy is a fabulous speaker for us to enjoy. Our District III Trustee, Michele Braerman, RDH, BSDH will tell us about the "American Dental Hygienists' Association Update" as will Ralston King on what's happening for us as our lobbyist for a brief overview. Our CE will be Dr. Hani Thariani, DDS, MMSc, PC speaking on "Recognition and Benefits of Early Interceptive Orthodontic Treatment". He is new to us and am looking forward to that course.

Lastly, back by popular demand is Garrett Gouldin, DDS, MS, PC, a local periodontist and he will share his knowledge about "Understanding Current Hard and Soft Tissue Strategies in Periodontal Treatment". He will also give an overview of the "pin hole procedure".

As you can see, the weekend will be fully packed and at an absolutely lovely, first rate hotel. Please join us for another opportunity to network, renew friendships and make new ones and learn, learn, learn!

Sheila B. Sheats, RDH
Continuing Education Chair

VHyPAC

Virginia Hygiene Political Action Committee

Greetings from VHyPAC

All of the directors want to thank you all for a very fruitful weekend at the Scientific Session. Through the generosity of the VDHA Foundation (who paid for the reception room, the food and gave us a reception budget), the PAC was able to hold an evening reception at the Scientific Session on March 13, 2015. We had the theme of a “The Hoe-Down” in honor of the ADHA CLL being held in Nashville, Tennessee this summer. We had a great time with a dance instructor, Jacob Parrish, teaching us country line-dancing, we played Dollar-oke with the help of our director, Joyce Flores and many other bold RDHs and students. Most of our funds were raised by the attendees becoming members of the PAC at the reception, but we also had the Basket&Item Silent Auction which helped us to raise funds. The weekend made in excess of \$1600 for the PAC.

Since our last report we have raised funds in the following way:

Two components have sent in membership funds: Component 02 gave \$500 and Component 07 gave \$25.

Due to new rules of reporting, we now consider anyone who contributes, in any way to the VHyPAC, a member. This could be by being a part of our raffle, winning and paying for an item for sale or at our Silent Auction or just by becoming a member at any level. The following RDHs have given funds in one or more of these ways since our last article in the Curet:

Members giving \$10-\$49 are considered Advocates:

Heather Herrera, Angela Richwine, Sheila Sheats, Susan Reid-Carr, Melanie Bartlam, Tracey Martin, Megan Wilson, Jennifer Zimmerman, Jessica Suedbeck, Pam Minter, Tania Guerra, Tamera Gurber, Sheri Moore, Jackie Perry, Maureen McCann, Irene Connolly, Mandy Blankenship, Tammy Goswick, Susan Helwege, Evelyn Grant, Bonnie Perry, Patricia Macdougall, Cathy Berard, and Julie Allen.

Members giving \$50-99 are considered Visionaries:

Mary Morrison Littleton, Michelle McGregor, Kim May, Linda Boyd, Pam Kitner, Whitney Marsh and Moe Thompson.

Members giving \$100+ are considered Champions:

Joyce Flores, Margaret LeMaster, Julie Martin and Dawn Southerly.

We have an on-going Quilt Raffle that we will draw a winner for at the HOD in the fall.

Winner need not be present to win. The quilt was made and donated by

Meg(Margaret)LeMaster. Ask your trustees about this raffle. The tickets are \$10 each or 3 for \$25. Thanks so much for all of the recent support.

Any time anyone would like to become a member just send a check made out to VHyPAC to me, Maureen P. McCann 309 N. Pope St. Bridgewater, VA 22812. Please include your name, address, place of employment and occupation. This information is needed because we have to report contributions to the state board of elections. Thanks so much.

Respectfully submitted, Maureen P. McCann, RDH, BSDH Chair of VHyPAC



INSTITUTE FOR ORAL HEALTH

Thank you to everyone who has contributed to IOH this year! With the large donations from the VDHA Foundation Scholarship of \$1500, the VDHA Alice Hinchcliffe Williams donation of \$1000, the generous \$1000 from component 01 Northern Virginia and all of the efforts of VDHA members, we are getting very close to our goal of \$5,357.00 – only \$456 to go and I still have raffle tickets to sell! I especially want to thank the following:

Betsey Soulsby	Melanie Bartlam	Cathy Berard
Maureen McCann	Betsy Reynolds	Meg LeMaster
Kim Sydnor	Marilyn Duling	Carol Carr
Paula Knight	Michelle Law	Stephanie Adams
Tasha Crofts	Jane Durrer	Mary McComsey
Christina Morris	Hazel Pearson	Hope Pietrzyk
Carrie Rash	Ellen Schwarzenboeck	Kelli Teter
Margaret Withers	Kim Young	Ellen Radick
Mimi Magyar	Lindsey Moore	Jessica Suedbeck
Gladys Ladimir	02 Greater Richmond	Samantha Smith
Ashley Johnston	Shelly Caudill	Tammy Goswick
Maureen Thompson	Linda Boyd	C Q Johnson
Dana Lumpkin	Julie Simms	Tamera Gruber
Kayla Bumgarner	Karen Avey	Joyce Flores
Cynthia S Flowers	Linda Gill	Erica Guest
Lisa Hockman	Robin Hurley	Patricia McDougall
Malissa Kitner	Margaret Martin	Nancy Martin
Gayle McCombs	Carolyn Moore	Joan Pellegrini
Rita Phillips	Marty Robertson	Susan Selfe
Sheila Sheats	Deborah Southard	Dawn Southerly
Laura Steinmetz	Staci Thomas	Nicole Wingo
Tracy Dahm	NWVDHA component	SWVDHA component
Tidewater VDHA component		

Raffle tickets are still available until the middle of May – don't lose your chance to win \$1500!
Pam

Pamuela A. Kitner, RDH, BSDH

Virginia Dental Hygienists' Association
ADHA IOH Liaison

Membership



Spring is here!

The Membership Council is still accepting Membership Grant Proposals. The council will be accepting proposals on a rolling basis.

Remember proposals can focus on membership recruitment or retention initiatives. Funding can also be used for Fall 2015 initiatives. Each component has the opportunity to receive up to \$500. Please do not wait this is a great opportunity. If you need the guidelines for the proposal resent please contact Denise Claiborne- dclaibor@gmail.com

Congratulations to our newest member Desiree Harrington who joined the association at our Spring Scientific Session.

Respectfully Submitted,
Denise M. Claiborne, BSDH, MS
VDHA Membership Chair
PDHA Membership Chair

18 Spring 2015



SAVE THE DATE
2016 VDHA Spring Scientific Session
March 17-20, 2016

Hilton Richmond Hotel and Spa
12042 West Broad Street
Richmond, VA 23233
804-364-3600

Room rate: \$132.00 + 13% state and local taxes (approx. tax)
Online hotel reservation link will be available on the registration website.

Start Planning Now! Need to satisfy your continuing education requirements of 15 hours for the 2015-2016 renewal that ends on March 31, 2016? Or, are you ready to begin the next renewal period? You can accomplish one or both at this meeting, because you can complete the current renewal and/or carry over up to 15 hours to the renewal period that begins April 1, 2016. [18VAC60-20-50. Requirements for continuing education.](#)

**Stay tuned for email and snail mail announcements for
registration details!**



**VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION
HONOR ROLL REPORT OF GIFTS**

March 25, 2013- April 30, 2014

JEFFERSON CLUB

Northern Virginia DHA
In memory of Patricia A. Golliday, RDH

PATRIOT CLUB

Tammy Goswick
Nancy Martin
In honor of Brian Martin
Mary Morrison Littleton
Julie Simms
*In memory of Cynthia Forsberg and
in memory of Ted & Vicki Simms*
Monticello DHA
Old Dominion University Student Chapter
of ADHA
*In memory of Professor Michele Leonardi
Darby*
Tidewater DHA
In honor of Jackie Perry

DONOR CLUB

Julie Y. Allen
Karen Avey, RDH, MSDH
Melanie Bartlam
Cathy Berard
*In memory of Michele Darby and
Winnie E. Daves, mother of Lucy McFaul*
Irene Mary Connolly
Susan Daugherty
In memory of Danny Gill
Betsy Di Silvio
In memory of Judith A. Walsh
Franci Edwards
Linda Gill
In honor of Tom Smith
Evelyn D. Grant
Patricia MacDougall

Michelle McGregor
Marge Green
*In memory of Joe, Marie, and Joseph
Lappan and in memory of Hazel Green*
Mimi Magyar
In honor of Monticello DHA
Margaret Martin
In memory of Robert F. Jackson, DDS
Maureen McCann
Sheri Moore
Elaine Newland
*In memory of Winnie E. Daves,
mother of Lucy McFaul*
Bonnie Perry
Jackie Perry
Susan Pharr
Rita Phillips, RDH, PhD
Sheila B. Sheats
In honor of Linda Huntington
In honor of Bonnie Perry
Jessica Suedbeck
Moe Thompson
*In honor of the engagement of
Levi Thompson & Emily Drumsta
and in honor of Gates Dentistry*
Greater Richmond DHA
*In honor of Susan Reid-Carr,
VDHA President Elect*
Northwest Virginia DHA
Peninsula DHA
*In Honor of Outstanding PDHA Vice
President,
Keith Duron, CRDH, AS*
Piedmont DHA
Southwest Virginia DHA

All contributions enable the VDHA Foundation to continue to make a significant difference in the lives of many. We also applaud the VDHA components for achieving the goal of the 100% Participation Campaign! Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association.

If you would like to make a donation, please send it to Marge Green,
VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143.