

President's Message

Dear Colleagues,

As I near the close of my tenure as your VDHA President, I would like to extend my thanks to all those who continue to volunteer their precious time and expertise in the many roles that VDHA is responsible. I especially thank each of you for membership in your professional organization because when we stand together, we do make a difference.

The landscape of health care is changing and the profession of dental hygiene is a part of this transformation. We must remain a collective force to guide the future of our profession. The various needs of our citizens in the Commonwealth will demand that we change the way we practice. Our future requires us to position ourselves as collaborators with other health care professionals and our strategic partners. The VDHA continues to focus our knowledge, experience and resources to make certain that our profession will be at the forefront of innovation. This time of "transformation" or change will be both exciting and frightening as we channel into uncharted waters. It is imperative that you remain actively involved in supporting the opportunities that are forthcoming.

Congratulations to our new graduates! I encourage you to transition your membership. Please contact Denise Claiborne (dclaibor@gmail.com) for information on how to transition your membership. Be sure to add president@vdha.net to your email contacts so that you receive MailChimp emails, which include the Curet Newsletter and important VDHA updates and information. Both old and new members are welcome to participate in your component and constituent levels. If you have any questions or comments, you may contact me at the above email.

Recent news and activities include: ADHA's new vision statement and goals; letter writing campaign for legislative effort to remove the restriction of age requirement to administer local anesthesia; continued support of teledentistry models; monitoring of regulation and legislation committee of the board of dentistry regarding billing of periodic exam by dental hygienists under general supervision; transition of council & committee meetings to embrace online technology; preparations for our September 26th-27th HOD and Spring Scientific Session March 12th -15th; VDHA delegation attendance at ADHA's Annual Session & HOD; plans to exhibit at the VA Community Healthcare Association Training event in October 2014; need for components to adopt Headstart Programs due to loss of dental services within Virginia communities; continued liaison activity with the VRHA (Virginia Rural Health Association) and the VOHC (VA Oral Health Coalition); and VDHA response to Costco's Fluoride debate.

VDHA is diligently at work for you. When someone asks, "What has ADHA/VDHA done for me?" I suggest you reply back with "What hasn't ADHA/VDHA done for you?"

All the best, Moe

President VDHA 2013-2014



President Elect's Message

Greetings,

Summer is off to a great start and hopefully everyone has been able to soak in a few luxuries of the season such as toes in the sand, smell of barbeque on the grill, children laughing at the playground, fireworks, or a quiet afternoon nap on a hammock. Take a moment to appreciate the things that rejuvenate your spirit.

Those at the ADHA Annual Session were rejuvenated while attending workshops, legislative meetings, continuing education courses, as well as socializing with peers. During one of the plenary sessions, the audience was entertained and inspired by Juliet Funt, daughter of the late Allen Funt from the hit show *Candid Camera*. Juliet shared her concept of whitespace, describing it as a time to disconnect, be calm and give our minds time for creativity. Juliet asks the questions, "are we productive or just active, are we engaged or just present and do we allow time for creativity and new ideas." She challenges us to become engaged in our lives, our work and the world around us. Juliet's words resonated with me and with many in the audience. The health care system is rapidly transforming across the country and this is affecting delivery of oral health care. Change causes anxiety and can be difficult to accept. We need creativity and new ways of thinking during these turbulent times. Many stakeholders, including ADHA and VDHA, are engaged in promoting oral health care and in your future. Allied professionals must be imaginative in order to implement new ideas that are fiscally beneficial and improve health outcomes. Many states are already being creative and the VDHA is in support of these expanded access efforts, tele-dentistry models and new workforce exemplars.

Your membership and your involvement make a difference. Ask yourself, are you engaged in your profession or just present. Take some time to reflect in whitespace, and let your creativity soar!

Sincerely,
McGregor, RDH, BS, M.Ed
VDHA, President Elect



OUR MISSION

Lead the transformation of the dental hygiene profession to improve the public's oral and overall health and advance the science and practice of dental hygiene.



OUR VISION

Dental hygienists are integrated into the healthcare delivery system as essential primary care providers to expand access to oral health care.

Calendar

Spring Scientific Session

March 13-15, 2015

Westfields Marriott, Chantilly, VA

HOD and Professional Development Workshop

September 25-27, 2014

Sheraton Park South, Richmond

Executive Board Meetings

September 25, 2014

Sheraton Park South, Richmond

January 10, 2015

Holiday Inn Monticello

Curet Deadline:

October 10th, 2014

e-mail submissions to: **TBA**

VDHA Foundation

January 9, 2015

Holiday Inn Monticello

ADHA Center for Lifelong Learning & Annual Session:

June 17-23, 2015

Nashville, TN- Music City Center

Rally Day

Friday, January 30, 2015

Richmond

Friday, February 13, 2015

Snow Date

Please go to our website for a complete Calendar update

www.vdha.net



2013-14 VDHA Officer Councils and Committee Chairs

President: Moe Thompson president@vdha.net	Administrative Council: Michelle McGregor (President Elect) Chair	
President Elect: Michelle McGregor presidentelect@vdha.net	Budget and Finance: Cathy Berard- Chair Vice President: Nicole Fischer Bylaws: Julie Simms Scopes Manual: Julie Simms Nominations and Policy Manual: Pam Kitner Corresponding Secretary: Meg LeMaster & Jessica Elmore Recording Secretary: Amanda Haddix A.H. Williams Fund: Jackie Perry	
Immediate Past President: Pam Kitner immediatepastpresident@vdha.net		
Vice President: Nicole Fischer vicepresident@vdha.net		
Treasurer: Patricia MacDougall treasurer@vdha.net		
Recording Secretary: Amanda Haddix recordingsecretary@vdha.net	Planning and Development Council: Bonnie Perry- Chair	
Corresponding Secretary: Meg LeMaster correspondingsecretary@vdha.net	Spring Scientific Session Planning: Melanie Bartlam Continuing Education: Sheila Sheats Ways and Means: Karen Avey House of Delegates: Rita Phillips Foundation Director: Pam Kitner- Chair Foundation Appointee: Jackie Perry Foundation Secretary: Cathy Berard ADHA IOH Liaison: Pam Kitner	
Speaker of the House: Julie Simms speakerofthehouse@vdha.net		
Alternate Speaker of the House: Dana Hampel		
Trustees:		
01-Northern Virginia: Julie Simms- trustee01@vdha.net	Public Health, Education & Governmental Affairs Council: Co-Chairs Cathy Berard & Susan Pharr	
02-Greater Richmond: Jen Stevens- trustee02@vdha.net	Regulation and Practice: Heather Herrera & Jen Stevens Board of Dentistry Consultants: Kelly Williams, Melanie Bartlam Lobbyists: Cal Whitehead & Ralston King Contract Review: Michelle McGregor- Chair VHy-PAC Director: Maureen McCann- Chair Public Health Committee: Susan Pharr AHEC Coordinator : Marty Sullivan Education and DH Consortium Liaison: Marty Sullivan VA Oral Health Coalition: Denise Claiborne Free Clinic Liaison: Catherine Johnson Head Start Liaison: Heather Herrera VA Rural Health Association Liaison: Rita Phillips Tobacco Intervention Initiative – Jackie Moran VA Board for People w/ Disabilities: Joyce Flores	
03-Tidewater: Jackie Perry- trustee03@vdha.net		
05-Piedmont: Bonnie Perry- trustee05@vdha.net		
06-Monitcello: Evelyn Grant- trustee06@vdha.net		
07-Peninsula: Marge Green- trustee07@vdha.net		
09-Southwest Virginia: Kara Davis- trustee09@vdha.net		
10-Northwest: Maureen McCann- trustee10@vdha.net		
		Member Services Council: Rita Phillips (Chair)
		Membership Committee: Denise Claiborne Membership/Student Chapter of ADHA Liaison: Dawn Southerly ADHA Education Network Liaison: Denise Claiborne Membership Directory: Betsey DiSilvio Newsletter Editor: April Prest & Jacqueline Harrison Awards: Evelyn Grant Historian: Kara Davis Web Mistress: Susan Reid-Carr



Institute For Oral Health

Congratulations Virginia for winning the Award for the Largest Constituent Donation at the ADHA Center for Lifelong Learning in Las Vegas on June 21, 2014 - what a great accomplishment! Many thanks go out to all of you who donated your time and resources to make this happen.

The winners of this year's raffle were Marlene Smith of Pennsylvania - \$1500, Wendi Gray of West Virginia - \$1000, and our own Virginia winner Melanie Swain - \$500. Congratulations to the east coast winners who did very well in this national fundraiser!

We have another exciting fundraiser already in motion, especially for all the photo buffs out there – a “Dental Geek Selfie Campaign! The goal is to raise money and awareness for the IOH while providing a fun activity for dental professionals to partake in. Lanmark 360 will donate \$1 for each selfie uploaded to www.thedentalgeek.com/selfie up to \$5,000! All participants must work in the dental industry as well as provide a valid email address for submission of the photograph and can continue to submit selfies until September 16, 2014 **and there's a PRIZE!** All dental practice groups that submit a photo will be entered to win a professional photography session for their dental practice. The photography session will provide photos and headshots to be used in marketing and sales materials. Everyone should take advantage of this opportunity to share knowledge of IOH and get your office teams involved in the fun – start shooting those pix!

Let's make this another successful year for Virginia and start sending our pledges to ADHA Institute for Oral Health or donate online at the IOH website.

Thank you!

Pam

Pamuela A. Kitner, RDH, BSDH

Virginia Dental Hygienists' Association

Immediate Past President/ADHA IOH Liaison

IPP@vdha.net

VDHA LIASON ATTENDS MINI MOM

VDHA member, Trish Bonwell, volunteered her time at a Mini Mom Project, “Give Seniors a Smile”, held at Envoy of Westover Hills on June 20, 2014. Trish states, “The project provided me an opportunity to collaborate with a great group of people as we all worked toward the goal of improving oral health care for members of a long term care facility. Dental hygienists play an important role in preventative care for this population. This is an underserved population whose access to oral health care must be improved. Through a collaborative approach to the provision of oral health care, positive changes can be implemented that will benefit not just oral health, but overall health and quality of life for residents of long term care facilities.”

Some stats from the event are provided below.

20 volunteers (7 dentists, 2 RDHs, 2 assistants, 1 dental student and 8 volunteers)

52 patients

47 exams performed

6 cleanings/gross debridements

4 extractions completed on-site

6 denture relines completed on-site

Goody bags with toothbrush, tooth paste and floss to all residents (~170)

Referrals: Residents needing further oral-care treatment will be coordinated with VDA dentists.

She hopes this project will serve as a start in developing a model, which dental hygienists will be greatly involved, for improving the provision of oral health care to residents in long term care facilities.



Trish Bonwell, VDHA member, pictured along with other project volunteers, Dr. Lanny Levenson and Dr. Cassidy Turner

2014-2015 ADHA Presidential Council & Committee Appointments

Sheri Moore- Chair of Council on Policy and Bylaws
Kelly Williams- Chair of Council on Public Relations
Marge Green - Awards for Excellence Committee

Kudos to all our strong leaders!! YOU MAKE US PROUD!!

Congratulations

Michelle McGregor (M.Ed. '11), director,
VCU Dental Hygiene Program, awarded the 2014
Women in Science, Dentistry & Medicine
(WISDM) Professional Achievement Award.



Jen & Dan Stevens' twins. Norah & Wyatt born July 11, 2014.
Jen is a member of Greater Richmond Component 02.





Virginia Dental Hygienists' Association Foundation
HONOR ROLL REPORT OF GIFTS
March 25, 2013-April 30, 2014

JEFFERSON CLUB

Northern Virginia DHA
In memory of Patricia A. Golliday, RDH
In memory of Judy Walsh, RDH

MONROE CLUB

Monticello DHA

PATRIOT CLUB

James Forsberg
In honor of Julie Simms
 Mary Morrison Littleton
In memory of Agnes S. Morrison
 Nancy Martin
In honor of Brian Martin
 Elaine Newland
In loving memory of Judy Walsh
 Dawn Southerly
In memory of Mr. Thomas Wilson Smith
 Rita Phillips, BSDH, RDH, PhD
In memory of Ralph Atwell
 Moe Thompson, BSDH, RDH
In honor of our Dedicated VDHA Executive Board
In honor of Barbara Morris,
Kathleen Albert and Doe Wills
 ADHA Student Chapter,
 Old Dominion University
 School of Dental Hygiene
In honor of Irene Connolly, RDH, MSDH
 ADHA Student Chapter,
 Virginia Commonwealth University
 School of Dental Hygiene

DONOR CLUB

Julie Y. Allen
 Karen Avey, RDH, MSDH
In memory of Judy Walsh
 Melanie Bartlam
 Cathy Berard
In memory of Judy Walsh
 Dr. Patricia Bonwell
 Linda Boyd
 Stacia Brooks
 Mary Ann Dallas
 Irene Mary Connolly, RDH, MS
In honor of Michele Darby
 Kara Davis

Betsy DiSilvio
 Linda Gill
 Evelyn Grant
 Marge Green
In honor of Gene W. Hirschfeld
School of Dental Hygiene
 Amanda Haddix
 Susan Helwege
In memory of Judy Walsh
 Heather Herrera
 Raynelle Herrin
 Kimberly Hickman-Bowen
 Trudy Hogg
 Linda Huntington
In memory of Judy Walsh
 Catherine Q. Johnson
 Connie Keplinger-Vetter
 Pam Kitner, RDH
 Joyce Kwiatowski-Spieler, the Spieler Family
 Michelle Law
 Trish MacDougall
 Mimi Magyar
In honor of Monticello DHA
 Margaret Martin
In Memory of Robert F Jackson, DDS
 Maureen McCann
 Bonnie Perry
 Jackie D. Perry, RDH, MSDH
 Susan Pharr
 Hannah Pope
 Susan Reid-Carr
 Anya Rentsch
 Elizabeth Sadler
 Mary Semancik
 Sheila B. Sheats
In memory of Judy Walsh
In memory of Robert J. McCormick, Col. USAF,
Retired
 Julie Simms, RDH
 Betsy Soulsby
 Jenifer Spencer
 Melanie Swain
 Jennifer Trabosh-Wolfinger
 Jennifer Zimmerman

Peninsula DHA
In honor of PDHA President, Julie Martin
 Northwest Virginia DHA
 Southwest Virginia DHA

Statement in Support of Community Water Fluoridation Virginia Dental Hygienists' Association

This letter is in response to the Costco Connection June 2014 article, "Should Community Drinking Water Be Fluoridated?" The Virginia Dental Hygienists' Association (VDHA) supports community water fluoridation as a safe and effective public health strategy to prevent tooth decay in children and adults. VDHA policy advocates evidence-based practice modalities, including fluoride therapies, for the prevention of disease for the public that we serve. The American Dental Hygienists' Association supports education of the public and other health professionals regarding the preventive and therapeutic benefits of fluoride.

In Virginia, more than 5.8 million citizens consume water that has been adjusted with fluoride to the optimal level. Optimal level standards are set by the Environmental Protection Agency under the federal Safe Drinking Water Act. The Virginia Board of Health recommends that all public water systems in Virginia be optimally fluoridated. (1)

Fluoride, both systemic and topical, is a well-known preventive strategy to prevent tooth decay. It is shown to prevent the formation of cavities, slow the progression of cavities, and reverse the progression of the initial stages of cavity formation. Fluoridated water provides added protection against tooth decay in children, despite the widespread use of fluoride toothpaste. (2) (3). It is the most effective public health measure to prevent costly tooth decay, resulting in up to a 40% reduction in decay rates.

The most effective way to reduce the gap in tooth decay rates between income groups is water fluoridation. Water fluoridation benefits children and adults regardless of income level or insurance status. (4) Additionally, the cost savings on future dental care are significant. For every \$1 spent on water fluoridation, \$38 is saved in dental treatment costs. (5)

Claims of potential toxicity from fluoridated water have not been supported by studies of scientific merit. (6)

VDHA appreciates the opportunity to comment on this very important topic.

1. Policy Statement Regarding Community Water Fluoridation. Virginia State Board of Health, July 18, 2008.
2. "Preventing Dental Caries" Community Water Fluoridation," U.S. Task Force on Community Preventive Services (2000).
3. Singh KA, et al. "Relative Effects of Pre- and Post-eruption Water Fluoride on Caries Experience of Permanent First Molars," Journal of Public Health Dentistry, 63:1, winter 2003.
4. Burt BA. "Fluoridation and Social Equity", Journal of Public Health Dentistry, 2002, 62:4;195-255.
5. "Cost Savings for Community Water Fluoridation", Centers for Disease Control.
6. "Community Water Fluoridation in the United States", Policy Statement. American Public Health Association, 2008.

The Virginia Dental Hygienists' Association
<http://vdha.net/>

You may contact VDHA President for more information
president@vdha.net or 1-888-734-8342



SAVE THE DATE
2015 VDHA Spring Scientific Session
March 12-15, 2015

Westfields Marriott Washington Dulles
14750 Conference Center Drive, Chantilly VA 20151
703-818-0300

Room rate: \$109.00 + 12% state and local taxes
Online hotel reservation link will be available on the Cvent website.

Start Planning Now! Need to satisfy your continuing education requirements of 15 hours for the 2014-2015 renewal that ends on March 31, 2015? Or, are you ready to begin the next renewal period? You can accomplish one or both at this meeting, because you can complete the current renewal and/or carry over up to 15 hours to the renewal period that begins April 1, 2015. [18VAC60-20-50. Requirements for continuing education.](#)

Continuing Education Courses
VDHA Foundation Annual Fundraising Reception
Stay tuned for email and snail mail announcements for
registration details!

VhyPAC Report

At the fall HOD we had a silent auction with items donated by components: \$793.00. We had members join the PAC in the fall: \$335. In the spring at our Scientific Session we held our basket auction: \$824.00. With component donations and individual memberships we have raised another: \$735. Components (01, 06, 07 and 09) have contributed a combined effort of \$3165. So our yearly fund raising ended with a balance of over \$5000. This is a very good year, however, Ralston King, our lobbyist, has challenged us to double our contributions this year.

This means our PAC is challenged to raise another \$5000 by October 1st, 2014. This can only be met if we have all components take part in the fund-raising. A good ballpark figure per component is to take the membership number and multiply it by \$25(fee to belong to the PAC). An example would be my component, which has 36 members x \$25, so my component should try to reach the goal of contributing \$900 to our PAC. This could be done by donating a portion of a CE's proceeds or by making the PAC a budget item. If a component makes a contribution from their bank account or from a CE we would need the name of all members of the component, their addresses and place of employment for reporting the contributions. We can do this and I am counting on all of you to help to make it happen!

In the fall at our HOD, September 25-27, 2014 at the Sheraton Park in Richmond, VA, we will hold a silent auction with donations from all components. It will be the new calendar year for becoming a member of the VHyPAC. I look forward to seeing you and having you join us! We will kick off our yearlong raffle of a beautiful hand-sewn quilt donated by member, Meg LeMaster. We will sell tickets at the HOD and online from our website and Facebook page. All legislative chairs will have tickets to sell at their component meetings too.

Sincerely,

Maureen P. McCann, RDH, BSDH /Chair of VHyPAC

Report on members 2012-14

Champions: \$100+

Northern VDHA: \$7528.12(donated from dissolving their PAC and CE)	
Monticello VDHA: \$550(donated from CE/budget item)	
Susan Pharr(\$150)	Rita Phillips(\$125)
Cathy Berard(\$105.50)	Meg LeMaster(\$100 +donated a quilt for raffle)
Michelle McGregor(\$125)	Sherry Hearne(\$100)

Visionaries: \$50-99

Peninsula VDHA(\$50)	Heather Herrera(\$60)
Southwest VDHA(\$65)	Franci Edwards(\$50)
Pam Kitner(\$75)	Moe Thompson(\$75)
Karen Avey(\$75)	Kara Davis(\$50)
Melanie Bartlam (\$50)	Jen Zimmerman (\$50)

WhyPAC Report Continued

Advocates: \$10-49

Marge Green(\$25)	Beth Sadler(\$25)
Kim May(\$25)	Michelle Law(\$40)
Susan Reid-Carr(\$25)	Trish MacDougale(\$25)
Keith Duron(\$25)	Jackie Perry(\$25)
Maureen McCann(\$25)	Julie Simms(\$25)
Joyce Flores(\$25)	Betsy Soulsby(\$25)
Meg Mason(\$25)	Melanie Swank(\$25)
Shelly Caudill(\$25)	Patricia Farmer(\$25)
Linda Gill(\$25)	Lisa Noble(\$25)
Dawn Southerly(\$25)	Julie Allen(\$15)

Thanks one and all! Just think of the funds we would have if every registered dental hygienist who holds a license to practice in the Commonwealth of VA would become a member(\$25). VHyPAC is working hard to protect the integrity of our profession.

MEMBERSHIP

Dear Colleagues,

So many great accomplishments have occurred this summer regarding our students. Some of these accomplishments were graduating from dental hygiene school, passing of national and clinical dental hygiene board examinations and transitioning student membership to professional membership. Two schools from District III won the 2014 ADHA Graduate Transition Award- Thomas Nelson Community College Williamsburg, VA and Baltimore City Community College Fortis College Landover, MD.

As VDHA members we strive in mentoring our students to become professional leaders. Jessica Suedbeck and Amanda Pearson, recent graduates share their experiences as student members in the association.

As a student member of ADHA, I had the pleasure of attending annual sessions in both Boston as a student alternate delegate and Las Vegas as a member. It has been such a pleasure meeting so many influential and passionate dental hygienists through these events and they have inspired me to help make a difference! Since graduating, I have now taken on some roles for VDHA and I love being so involved in my constituent. This association has taught me so much and I am grateful to have the opportunity to work with such strong leaders and shape a better future for our profession.

-Jessica Suedbeck, RDH, BSDH, Old Dominion University Alumni

I went to annual session in Las Vegas this past year and I was so excited to become involved in the legislative part of dental hygiene. The main reason that I decided to go to this years annual session was because of a student that went to the annual session in Boston last year. She came home with such enthusiasm for dental hygiene, I knew that I was in the right place. I decided to go to Las Vegas and I am so glad that I did. I will be going to as many annual sessions as I can. I am planning on going to Nashville for the 2015 annual session. It's great that we can make an impact on how dental hygiene progresses into the future. I'm working on becoming a member of the Virginia Dental Hygienists' Association then working to become a member at the national level. I love what I do everyday, and I'm glad I can make an impact in peoples lives daily!

-Amanda Pearson, RDH, BSDH, Old Dominion University Alumni

Recent graduates remember to transition your membership and take advantage of membership benefits at no cost. Call ADHA Membership Services today!

Respectfully Submitted,

Denise M. Claiborne, BSDH, MS

VDHA Membership Chair

PDHA Membership Chair

State Educator Network Representative

Board of Directors, VA Oral Health Coalition

* *Congratulations to May 2014 graduates in achieving your goals!
Full list follows at the end of this Curet Edition.

Component 01

- Congratulations to our newly installed officers. Dawn Southerly -President, Dana Lumpkin- President elect. Rhea Rossi- Vice President, Lindsay Sullivan- Secretary, and Jennifer Zimmerman- Treasurer.
- May 2, 2014 NVDHA officers volunteered at two local free dental clinics, Falls Church and Ashburn locations. Catherine Johnson was instrumental in organizing.
- September 11, 2014 will be NVDHA's Kick off meeting. Our speaker will be Mary (Sponsor GSK- Sensodyne) VDHA President Moe Thompson will be attending.
- Annual OSHA course will be in October. The date TBA.
- November 11, 2014 Speaker Lewis Meyers- "XP Technology" What exactly is it? Everyone who registers will be getting a free scaler. Our lobbyist, Ralston King will give greetings.

Respectfully Submitted,
Julie Simms, RDH, BSDH
Trustee 01

Component 06**Monticello Dental Hygienists' Association****Officers:**

President/Trustee: Evelyn D. Grant
Magyar

Delegates: Mimi

Vice President/CE Chair: Mimi Magyar
Nicole Fischer

Treasurer: Sheri Moore

Secretary: Paula Knight

Legislative Chair: Christina Morris

Membership: Betsey Soulsby

Communication Coordinator: Nicole Fischer

Sheri Moore is the ADHA Chair of Council on Policy and Bylaws.

Charlottesville Dental Health Partners was awarded the Stridemaker Award for their partnership with MDHA Upcycling Project at the Better World Business Challenge awards night. Betsey Soulsby and Paula Knight are employed at Charlottesville Dental Health Partners.

Respectfully Submitted,
Evelyn D. Grant, RDH, MBA

Component 07

Peninsula Dental Hygienists' Association

Elections held in April culminated in congratulations being extended to:

Julie Martin, President
Keith Duron, Vice President
Terri Hoffeditz, Secretary
A Rachel Royal, Treasurer

Terms of service to be continued in 2014-2015 include previously elected:
Amy Rankin, Immediate Past President and Marge Green, Trustee

Delegates for 2014 HOD are: Julie Martin, Amy Rankin, Cynthia Flowers

In addition to sponsoring three hours of continuing education between March and April, the component co-sponsored with TDHA (03) the ODU School of Dental Hygiene Pinning Ceremony and sponsored the Pinning Event for the Thomas Nelson Community College's Dental Hygiene Program. The *PDHA Future Leader Award*, which also provides one half of national dues, was granted to a single graduate of each program.

Following time off since June, the Executive Board will meet in August to reaffirm plans for the 2014-2015 calendar of events and Trustee Green will conduct a Delegates' Briefing.

On September 4th, President Martin or PDHA designee will participate in the ODU, School of Dental Hygiene's Accreditation Site Visit. September 9th will provide a 1.5 hour CE event with Susan Pharr, BSDH, MPH speaking on "*Age One Dental Visit Review and Head Start 1010 Update.*" A general business meeting will also be conducted.

A future CE monthly event will be designated as a VhyPac fundraiser to support the component's annual dues and donor level.

Please visit PDHA's website www.pdha.net for additional information. Our invitation to participate in any PDHA events shall always remain open to our colleagues and student dental hygienists. Should you wish for a direct, personal conversation, please feel free to contact Trustee, Marge Green at 757-503-1516 or mgreenrdh@gmail.com

Marge Green, RDH, MS
PDHA Trustee

Component 09

Warm Welcome!! SWVDHA just held our annual elections for officers. Congratulations to:

President: Kara Davis

Vice President: Amber Shuler

Treasurer: Margaret Martin

Secretary: Nicole Shumate

Trustee: Amber Shuler

The following members will serve as Delegates for the HOD 2014: Amber Shuler and Margaret Martin.

Upcoming Events:

SWVDHA Members will be hosting a breakfast meet and greet with Wytheville Community College Dental Hygiene students on Friday, August 29, 2014 at the Snyder Auditorium (WCC Campus) starting at 9:00 am. All members are encouraged to join.

6 CEU scheduled for Friday, Oct. 3, 2014 at the Wytheville Meeting Center. Course will be sponsored by Oraspa. Speaker is Debra Grant, RDH, MA on "The Distinguished Hygienist" and TranZENdental Hygiene: An Introduction to Integrative Dentistry".

A Call to Action: Have DDS write letters in support to eliminate the age restriction for dental hygienist to administer local anesthesia.

We hope to see you at our next local component meeting or CE event. Please go to our state website: www.vdha.net to download our next CE registration.

Any questions please contact any of the officers or your President, Kara Davis at 276-781-6116 or via email kscooby04@hotmail.com

Respectfully submitted,
Kara Davis, CDA, RDH

Component 10

We meet the third Thursday of the month (August through November and then again January to May) at Sal's Italian Restaurant in Edinburg, VA. It is a dinner meeting starting at 6:30 pm or arrive by 7:00 pm for the Business Meeting. We offer CE courses a few times a year, generally using facilities at Lord Fairfax Community College. Our latest was held in May. It was a 6-hour course on a Saturday. We look forward to seeing you at our next course in the fall. Details will be posted on our website: nwvdha.org. We recently have offered to attend our component meetings online at Anytimemeeting.com. Our next meeting will be on August 21 at Sal's in Edinburg. Hope to see you there. Call me at 540-246-5991 if you have any questions about our component.

Maureen P. McCann, RDH, BS/ Trustee #10

2014 Graduates

Congratulations May 2014 graduates in achieving your goals!

**Indicates student has transitioned student membership to "professional membership" as of August 08, 2014*

Allegheny College of Maryland	
*Masih	Safi
Anne	Delusa

Fortis College - Landover	
Stephanie	Brown

Germanna Community College	
Amy	Caywood

Harcum College	
*Janelle	Morgan

Howard University	
Jennifer	Iovino
Shamoon	Sharife

Lord Fairfax Community College	
*Amy	Brinkman
*Rachel	Rock
Tatiana	Barrios
Jenna	Cohen
Mallory	Conta
Whitney	March
Megan	Nauman

West Liberty University	
April	Salyer

Wytheville Community College	
*Tristan	Davis
*Jessica	Easter
*Jessica	Ferguson
*Ashlen	Lawson
*Santana	Parks
*Lauren	Tate
*Andrea	Williams
Christina	Banasik
Amanda	Beavers

Northern Virginia Community College	
*Jessica	Dodson
*Tatyana	Hamilton
*Delainya	Hinton
*Kelly	McGinn
*Rebecca	Pomerantz
*Paula	Vilbert
Megan	Barnaby
Toni	Cantillon
Abdur	Chaudry
Vanessa	Dong
Vivien	Dong
Nicol	Elali
Fatina	Grooms
Maria	Moss
Farnaz	Shaikh
Minh Giao	Trieu

Thomas Nelson Community College	
*Kelissa	Bennett
*Audrey	Conroy
*Megan	Jennings
*Megan	Moore
*Laura	Sotack
*Kelly	Sterling
Sydney	Belle
Shannon	Keary-Brinton

Vanessa	Conley
Rachel	Evans
Shannon	Huff
Karla	Mullins
Vanessa	Parks
Laken	Price
Krista	Reynolds
Jennifer	Zantow

2014 Graduates continued

Old Dominion University	
*Ke'Annah	Austin
*Matthew	Barrick
*Chantelle	Cooper
*Jessica	Cowen
*Angela	Eddy
*Brooke	Gerardi
*Jacqueline	Harrison
*Morgan	Hinson
*Jamie	Knupp
*Emily	Ludwig
*Autumn	Orebaugh
*Ashley	Ownley
*Amanda	Pearson
*Ashley	Peterson
*Kimberly	Spigner
*Gail	Stone
*Jessica	Suedbeck
*Kirsten	Wells
*Angela	Wood
Kirstie	Burton
Rosie	Cao
Amanda	Coleman
Brianna	Coyne
Rachel Joelle	Dalida
Marie	Do
Tallie	Dunaway
Salayne	Escalante
Kerri	Graber
La Tonya	Hampton
Chelsy	Harris
Madeline	Hren
Sema'J	King
Sydney	Mazer
Carrie	McNeil
Catherine	Moore
Kala	Pollard
Jessica	Puckette
Karen	Rose
*Kirsten	Wells

Virginia Commonwealth University	
*Cynthia	Beam
*Karen	Bedall
*Emilie	Bonovitch
*Lindsey	Forte
*Elizabeth	LaRose
*Danny	Le
*Jessica	McBride
*Rachel	Seeley
*Amanda	Wawrzyniak
*Laura	Weiss
Ashley	Bushrod
Nicki	Dadashian
Chelsea	Darden
Taylor	Macey
Tabitha	Southworth

Virginia Western Community College	
*Amy	Deyerle
*Laura	Farris
*Kaitlyn	Hatcher
*Sarah	Peck
*Elizabeth	Wright
Carrie	Abston
Angela	Barker
Christina	Barton
Amanda	Campbell
Tess	Dantonio
Alyssa	Dempsey
Nicole	Diehl
Ashley	Eggleston
Samantha	Giordani
Alexia	Hammond
Rachel	Lam
Logan	Shupe
Audrey	Taylor