



Virginia

Dental Hygienists' Association

The Curet

Summer 2019

Presidents Message

Come join the greatest show on earth!

Dear Members,

Boy oh boy have these summer months flown by! I'm sure all of you have had spectacular travels, projects to work on, and adventures of your own. VDHA has had adventures of their own in the last few months!

For this edition of the Curet, I want to highlight the hard work that your association leaders put into protecting and serving your profession. In June 2019, the individuals chosen to represent Virginia as delegates and alternate delegates attended ADHA's Annual Conference in Louisville, Kentucky. This meeting was packed with phenomenal classes on up-and-coming technologies and new science/research to aide dental hygienists' in their practice. In addition to these informative courses, the delegates and alternate delegates attended meetings on membership changes, nationwide legislative updates, and policy and bylaw revisions to progress our association and vocation.

Many of you may not know, but each state that is a member of ADHA is distributed into regional districts. Virginia DHA is a member of District 3 which is also comprised of Washington D.C., West Virginia, Maryland, and Delaware. Together this District meets, under the direction of an elected Trustee, numerous times prior to the annual conference to discuss upcoming policy and bylaw changes that take place at ADHA's House of Delegates. The District Trustee helps each state's delegates and alternates to assemble, discuss each topic, provide feedback, and assists in how to make necessary changes. Virginia has long been known for being effective trailblazers on the House of Delegates floor, and this year was no exception!

Aside from a vigorous ADHA House of Delegates meeting, this year marks a momentous and pivotal occasion in ADHA's history. The first male president of the American Dental Hygienists' Association, Matt Crespin, was installed. In his words, "We have some amazing things happening in our organization that we have to celebrate and must IMAGINE the possibilities that lie ahead for our future."

As this is my last Curet article as President of VDHA, I want to thank all of you for commitment to the profession and your continued support. It has been an incredible year, and my distinct pleasure to serve you all!

Remember, "Nobody ever makes a difference by being like everyone else."- PT Barnum, *The Greatest Showman*

Emilie M. Bonovitch, RDH
VDHA President 2018-2019



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Upcoming Events

Executive Board Meetings

October 27, 2019 8am-12pm Richmond, VA

HOD and Professional Development Workshop

October 25-27, 2019 Richmond, VA

Double Tree by Hilton, 1021 Krogler Center Blvd, Richmond VA

2019 House of Delegates and
Professional Development Workshop

October 25-27



DoubleTree by Hilton
Richmond Midlothian

1021 Krogler Center Blvd, Richmond, VA 23235

Book your rooms prior to 10.3.19 to take
advantage of the courtesy VDHA rate.



Registration opens soon for the House of Delegates.
Watch for more details at VDHA.net.

SAVE THE DATE!

Ignite VDHA Leadership Workshop

November 16, 2019 9 AM – 3 PM
Holiday Inn Monticello, Charlottesville, VA



Spring Scientific Session

March 27-29, 2020
Hilton Richmond Hotel & Spa/Short Pump Richmond, VA

67th Spring Scientific Session
of the Virginia Dental Hygienists' Association
March 27-29, 2020

Hilton Richmond Hotel & Spa/Short Pump
12042 West Broad Street, Richmond, VA

Learn more at vdha.net



Join us on Facebook!
<https://www.facebook.com/groups/vdha.net>

Component News & Reports

Greater Richmond

Greater Richmond Component contacts

Christian Waterman, BSDH, RDH- Chair -- watermanrdh@gmail.com
Heather Tuthill, MPH, BSDH, RDH- Trustee/Financial Liaison -- herrerahm29@gmail.com
Amber Mosby, BSDH, RDH- Secretary-- amber9ski@comcast.net



Our members have been busy this quarter! GRDHC celebrated the VCU Senior DH students and welcomed them to our profession at Garden Grove Brewery. We had several members attend ADHA's CLL in Louisville, KY, our own VDHA President Bonovitch, President-Elect Fox and Past President Reid-Carr. They met up with junior VCU students as they presented informational research posters.

We celebrated more than 15 GRDHC members at VCU's Top Nifty-Fifty Dental Hygiene Graduates of the program during the program's 50th anniversary.



Congrats to our Trustee, Heather Tuthill, on the birth of her second son, Lucas, on April 16, 2019.

Upcoming Events:

****September CE- Sept. 12th, Topic: Sleep Apnea and the Dental Hygienist by Dr. Erika Mason, DDS, 6:15pm at Henry Schein location.**

****October CE- Oct. 3rd, Topic: Implant Maintenance by Dr. Keeney, DDS, 6:15pm at Patterson Dental location.**

****November CE- Nov. 6th, Topic: Dental Hygiene Ergonomics and Self Care by Dr. Wren Blackwell, DPT, 6:15 pm at Henry Schein location. Visit the VDHA website for more information!****



Monticello

VDHA Monticello Component CE Course
“Every Day TMJ for the Dental Hygienist” presented by Hugh Teller, DDS
Reason Beer

1180 Seminole Trail Suite 290
Charlottesville, VA. 22901
Thursday, October 10, 2019

Sign in begins at 5:30 - Course starts at 6:00 - One hour CE - Doors close at 8:00
Earn 1 hour of continuing education credit socialize and network with your fellow hygienists!!

Northern Virginia

NVDHA will jump start the fall with a planning meeting August 21st at 7:00 PM at the Sunrise Fair Oaks, 3750 Joseph Siewick Dr., Fairfax.

This will be an exciting year of informative Continuing Education courses. Betsy DiSilvio has already scheduled monthly CE's for the upcoming year. Starting off the year, September 19th at 7:00, Susan Pharr will speak on Remote Supervision at the NOVA CC Medical Campus, Springfield. Wednesday, October 16th, Dr. Louis DePaola DDS, MS will speak on OSHA and Bloodborne pathogens at the University Mall Theater in Fairfax across from George Mason University. November 13th, NVDHA will have their annual dinner meeting at PJ Skidoos, Fairfax sponsored by Proctor and Gamble. Speaker TBA. A free electric toothbrush will be distributed.

Any questions or for further information, contact Betsy DiSilvio at ejdrdh@juno.com
Respectfully submitted, Julie Simms, Trustee 01

Northwest Virginia

President – Kate Hoffman
Vice President – Megan Hill
Secretary – Lori Ellington
Treasurer – Karen Avey
Trustee – Linda Gill

Continuing Education Events

A big **THANK YOU!** To **Cathy Berard** and **Linda Boyd** for presenting!

Title: **REVIVE Opioid Overdose and Naloxone Training for Virginia**

Speaker-Linda Boyd, RDH

~ and ~

Title: **2019 Virginia Legislative Update and the
Dental Hygiene Scope of Practice**

What are other possibilities to Advance the Profession and the Public's Well Being?

Speaker-Cathy Berard RDH

There will be a Continuing Education Event in October! Please check the website

<https://vdha.wildapricot.org>

We meet the third Thursday of every month at Sal's Bistro (wonderful food!) in Edinburg. Meeting starts at 7:00pm but if you would like dinner please come a little early! See you there!

Peninsula

Peninsula DHC (07) enjoyed celebrating the graduation of TNCC's Class of 2019 on May 7th. This class marked the 8th consecutive year for 100% success rate of passing national and clinical boards! All appreciated the VDHA's support enabling the pinning ceremony administered by PDHC. The PDHC's *Future Leader Award* was presented to Erika Serrano, BS, AAS, RDH.



Julie Martin, PDHC's exemplary Chair of 3+ years moves on to VDHA Member Services Council Chair and member of the 2019 ADHA Delegation Team! We love and appreciate our shining star!



Networking with ODU's School of Dental Hygiene (SODH) continues via participation on the SODH's Advisory Board. Trustee Green attended the school's April 24th meeting.

By consensus obtained electronically, we enthusiastically selected our new leadership team of:

Component Personnel:

Chair: Kelly Tanner

Financial Liaison: Rachel Royal,

Trustee: Marge Green

Delegates: Cynthia Saxton -Flowers, Julie Martin, Christina Quiros

Alternate Delegate: Rachel Royal

Appointed Positions:

Secretary: Erika Serrano

Membership: Ashley Williams

CE Events: Beckie Flowers

CE Sponsorship: Amy Rankin

Fundraising: Julie Martin

Facebook and Web Page: Julie Martin

Rapid Response Team (RRT): Denise Claiborne, Julie Martin

SC-ADHA Liaisons: TNCC – Julie Martin, Beckie Flowers

ODU, School of Dental Hygiene Advisory Board: Marge Green, Angela Kohn

Legislation: Marge Green

July 29th Zoom EC meeting facilitating transition, roles and protocol and event planning.

August 19th: Zoom EC meeting.

September 19th: 2 hour CE: Evidence based practice utilizing Xylitol.

October 8th: HOD Delegation Orientation and Briefing by Trustee

Submitted by: PDHC Trustee, Marge Green

Piedmont – No Submission at this time

Southwest Virginia

July 26, 2019 - We held a successful continuing education course CDC Latest Update & Products to Protect Yourself by Peter Martin.

August 8, 2019 – We held an online Anytime Component meeting

August 9, 2019 - We held a successful and FUN CE - Introduction to Healing Yoga presented by Suzy Sukle. Those who attended learned how yoga can be used to calm and heal our body, mind and spirit, prevent injury and integrate breathing as a calming method chairside. All expressed an interest in learning more about this subject so hopefully we will do something like this again soon.

Respectfully submitted,
Sharon Kennedy, RDH
Trustee – Component 09



Introduction to Healing Yoga



Tidewater

Happy summer! Five TDHA members representing Virginia had the pleasure of serving as delegates at ADHA Annual Conference in Louisville this past June. ADHA made many positive changes for our profession. Check out [ADHA current news](#) and [ADHA main website](#) for more information.



From left: Mary Gray, Meg Lemaster, Kelly Fox, Jessica Suedbeck, Emily Ludwig

We are also thrilled to welcome ADHA's first male president, Matt Crespin!



District III celebrated at the President's Award Dinner with Trustee Dawn Dean.

TDHA is currently planning a social get-together at the Mermaid Winery this August. Look for an email and Facebook announcement for further details. We are also busy planning our Fall CE courses line-up that include another sleep apnea course, a review of infection control, and medical marijuana. If you are not on our mailing list, let us know and we will add you.

TDHA leadership strives to positively impact fellow dental hygienists and student dental hygienists. Join our Facebook page for updates on issues that impact our profession at the local, state and national levels.

<https://www.facebook.com/groups/tdha03/>

email meglemaster@gmail.com

Meg Lemaster
Trustee 03

Membership News

Happy Summer! The membership renewal deadline is drawing near, after **August 14th** the grace period ends and memberships will lapse, so get those renewals in! Login and check your account or call ADHA membership! Don't forget, you can still opt into quarterly payments! Current members, if you know someone who has not renewed yet, or someone who may like to join, take this time to reach out personally! **(312-440-8900- membership services).**



VDHA Membership Chairs/Committees: Don't forget, many graduates have only just started their journey as new dental hygiene professionals. As Summer ends and Fall sets in, remember to reach out with support from your component! The VDHA Membership Team will continue to offer support to new graduates! The VDHA Membership team has been working hard on the VDHA Facebook page to stimulate interest and action! We have also have a new Instagram @yourVDHA! We encourage new members and hope this will be a great way to reach new professionals, current members, and not-yet members! If you have any questions regarding membership do not hesitate to contact Emily Ludwig or Jessica Suedbeck at eludw003@odu.edu or jsued07@gmail.com

Best,
Emily Ludwig, RDH, MSDH
Jessica Suedbeck, RDH, MSDH
VDHA Membership Co-Chairs

VHyPAC News

Greeting from the Virginia Hygienist' Political Action Committee

Directors: Maureen P. McCann, RDH, BSDH, Chair, Tracey Martin, RDH, BSDH, Jessica Elmore McManus, RDH, MS, Rhea Rossi, RDH, Marlene Rhodes, RDH

Lobbyist: Mark Hickman, from Commonwealth Strategy Group

Our objective is to raise funds and distribute them to politicians who support the goals of the VDHA.

We have held two successful fund-raising events. At our fall HOD and at our Executive Board meeting, the VHyPAC raised over \$900.00 and then in March at Scientific Session, we made over \$3000. We had incentive gifts for donations and felt it was critical year to raise funds as all 140 seats in the House of Delegates and the Senate are up for election.

Since Scientific Session we have had donations from: 2 hygienists: Cynthia Flowers, RDH from Seaford, VA and Cathy Berard from Great Falls, VA. This is what is needed for our funds to grow, perpetual contributions from all of our members. This year more than 50 hygienists have donated to the PAC. Thanks you one and all. Make your colleagues aware that donations can be made at any given time.

Our lobbyist made suggestions for \$2250 in campaign contributions last fall and plans to make another \$4000 in suggested donations for this year's House and Senate races. We need your help to be able to make this happen. The PAC is a valuable asset to the VDHA and helps us to move forward our goals and objectives to foster better and safer environment for oral health and dental hygiene. Political contributions allow us to target our message and connect us to important decision- and policy- makers in Richmond and statewide candidates for office who share our goals. Donations can be made at any time and sent to the following address:

Virginia Hygienist's PAC (VHyPAC)
c/o Commonwealth Strategy Group
118 North 8th St.
Richmond, VA 23219

Our Contribution form will be posted in the dropbox for VDHA and , when you make a contribution to the above address please email me at mccannlik@aol.com.

Respectfully submitted,
Maureen P. McCann, RDH, BSDH
VHyPAC Chair

Leadership News

Interested in Serving as an ADHA Delegate for 2020?

Individuals interested in running as an elected delegate representing Virginia at the national level, must run from the floor at the First House of Delegates in order to add your name to the ballot. First House of Delegates will take place on October 25, 2019.

During this time, each individual is allowed a maximum of 5 minutes to discuss their background, goals, and reason to serve VDHA in this position. The forum at the First House of Delegates allows the delegates to meet the candidates and ask pertinent questions of each candidate and to vote for qualified candidates. Elections are held at the Second House of Delegates. Questions? Contact Dr. Kelly Tanner: kellytannerwilliams@gmail.com

Still Interested in Running for an Elected Position for VDHA?

If you are interested in an elected position but missed the deadline for submission, you are able to run from the floor at the First House of Delegates October 25, 2019.

The following elected are available for 2019-2020

1. President-Elect
2. Vice-President (2019-2021)
3. Recording Secretary
4. Treasurer
5. Speaker of the House (2019-2021)
6. Alternate Speaker of the House
7. VhyPac Director (2-year term 2019-2021)
8. VDHA Foundation Treasurer

Questions? Contact Dr. Kelly Tanner: kellytannerwilliams@gmail.com



Are you interested in becoming involved in the Virginia Dental Hygienists' Association and serving our organization?

The Virginia Dental Hygienists' Association is hosting its 3rd Annual Professional Development Workshop and offering an opportunity for professional leadership development

Saturday, November 16
9 AM—3PM
Holiday Inn Monticello
Charlottesville

If you are interested in attending this event as a developing leader of VDHA, please submit your interest to the following link by October 1, 2019.

<https://forms.gle/3XHGxQCduzjjZoyf6>

This event has limited seating, so **apply early** to be considered
Chosen participants will be notified by October 11, 2019



ADHA Institute for Oral Health



This year our District 3 team theme was: Race for the Roses in Louisville, Kentucky at the 4th Annual *Institute for Oral Health In Motion 5K: Run, Walk, Fun 2019*. Once again thunder, lightening and rain accompanied the event so the actual race was called due to the weather but this did not dampen our FUNdraising.

Our strong Virginia team segment of the District 3 5K Fun Run team included: Emilie Bonovitch, Mimi Magyar, Erin Fox, Meg Lemaster, Jessica Suedbeck and her little boy Royal, Julie Martin, Cathy Berard, Kelly Fox, Mary Gray, Emily Ludwig, Sheri Moore, Tracey Martin, Marge and Dr. Barry Green. Our team wore ‘jockey’ vests, sunglasses and Kentucky Derby style hats with pool noodle ponies created and designed by Julie Martin and even baby Royal had a vest and pony!

As a group Team District 3 raised \$8,267 and VDHA raised \$5,231 of that amount!

Our VDHA assigned goal for 2018-19 was \$7,308.00, which we met and exceeded with our final total coming in at \$7,956 due to all of your help! Many thanks to each one of you.

For the 4th year in a row, collectively, we have **exceeded** our fundraising goal for *In Motion 5K: Run, Walk, Fun!* This year was our best ever!! Under ADHA Past President, Tammy Filipiak's leadership as IOH Chair and with an increased and ambitious goal of \$70,000, we raised a total of \$74,451 to support scholarship and grant programs for ADHA members! Thank you all so much for your generosity!

Please visit the IOH website to see the awards, grants and scholarships that are available to you which include the Alice Hinchcliffe Williams, RDH, MS Merit Scholarship that is funded by the Virginia Dental Hygienists' Association Foundation. Our newest recipient of the 2019-2020 Alice Hinchcliffe Williams, RDH, MS Merit Scholarship is: Samantha Vest. Please read more about Samantha in this issue of the Curet!

VISIT www.adha.org/institute-for-oral-health to learn more!



Planning & Development Council News

2019 House of Delegates and Professional Development Workshop

October 25-27



DoubleTree by Hilton
Richmond Midlothian

1021 Koger Center Blvd, Richmond, VA 23235

Book your rooms prior to 10.3.19 to take advantage of the courtesy VDHA rate.



Registration opens soon for the 2019 HOD. Check VDHA.net for details to be posted soon.

Registration opens soon for the House of Delegates. Watch for more details at VDHA.net.

Save the Date!!
CEs, Networking and much more!!

67th Spring Scientific Session

of the Virginia Dental Hygienists' Association

March 27-29, 2020



Hilton Richmond Hotel & Spa/Short Pump

12042 West Broad Street, Richmond, VA

Learn more at vdha.net



Public Health, Education & Professional Affairs Council News

Co-Chairs: Cathy Berard, BSDH, RDH and Marge Green, RDH, MS

Corrected Code of Virginia Language for Topical VI Drugs Under Remote Supervision

Effective July 1, the Code of Virginia now includes the corrected language passed in the 2019

General Assembly which allows dental hygienists practicing under remote supervision to administer certain Schedule VI topical drugs to patients of all ages. *“A dental hygienist practicing under remote supervision may ... (g) administer topical oral fluorides, topical oral anesthetics, topical and directly applied antimicrobial agents for treatment of periodontal pocket lesions, and any other Schedule VI topical drug approved by the Board of Dentistry under an oral or written order or a standing protocol issued by a dentist or a doctor of medicine or osteopathic medicine pursuant to subsection V of § [54.1-3408](#).”*

For the full text, please go to the Board of Dentistry Website:

https://www.dhp.virginia.gov/Dentistry/dentistry_laws_regs.htm#law

Community Water Fluoridation (CWF) Rapid Response Team Update

The Rapid Response Team (RRT) has had two successes in 2019 combatting anti-CWF activity in local towns: **Bedford** (pop 13,000) had unanimously voted to stop fluoridating in 2017. Members of the Rapid Response Team, Office of Drinking Water and Virginia Department of Health (VDH) visited them several times since last October to educate them and promote CWF. At the June BOD meeting they voted (4:1) to start it up again - and expand it, with the stipulation that VDH would help offset the costs to set it up.

Town of Richlands (pop 4,114) voted to stop fluoridating years ago, and the town council decisions on CWF went back and forth over the years. In February 2019, the Town held a referendum on whether to fluoridate again, and it passed.

Thanks to the below VDHA members who have committed to help address activity should it arise in their component regions. Please contact your representative should you hear of any opposition to water fluoridation in your area. We need ‘eyes’ and ‘ears’ at the ground level to activate the RRT.

We also still need a representative from Component ‘06’.



Component	Representative	Email
Northern Virginia 01	Cathy Berard	Cberard1@msn.com
Greater Richmond 02	Susan Pharr	shpharr@gmail.com
Tidewater 03	Sharon Stull	sstull@odu.edu
Piedmont 05	Colleen McGowan Megan Flora	cmcgowan@virginiawestern.edu mef24609@email.vccs.edu
Monticello 06		
Peninsula 07	Denise Claiborne Julie Martin	dclaibor@gmail.com Mommaj1333@gmail.com
Southwest 09	Kara Davis	Kscooby04@hotmail.com
Northwest 10	Sue Daugherty	Flossy3511@aol.com

REMOTE SUPERVISION UPDATES

WHAT IS 'REMOTE SUPERVISION'?

At the June Board of Dentistry (BOD) meeting, the Board of Health Professions reported that over 900 hygienists were currently practicing under 'remote supervision' based on the workforce survey question embedded in the BOD online 2019 license renewal. While this would have been very exciting news, the number was thought to have been way too high, given the limited locations that are allowed by law for remote supervision.

Here are some clarifying facts regarding remote supervision:

- Remote supervision is different from general supervision.
- Remote supervision practice is allowed by law **ONLY** in the following settings that reach populations at **high risk for oral disease and have low access to dental hygiene care**:
 - Federally qualified health center (FQHC); charitable safety net facility; free clinic; long-term care facility; elementary or secondary school; Head Start program; mobile dentistry program for adults with developmental disabilities operated by the Department of Behavioral Health and Developmental Services' Office of Integrated Health; or women, infants, and children (WIC) program.
https://www.dhp.virginia.gov/Dentistry/dentistry_laws_regs.htm
- A dental hygienist wishing to practice under remote supervision must have at least two years of clinical experience, consisting of at least 2,500 hours of clinical experience.
- The dental hygienist must possess liability insurance as well as comply with all other regulations stipulated for practicing under remote supervision.
- A dental hygienist desiring to practice under remote supervision must have completed a continuing education course designed to develop the competencies needed to provide care under remote supervision offered by an accredited dental education program or from a continuing education provider approved by the Board. The Virginia Dental Hygienists' Association (VDHA) is recognized by the Virginia Board of Dentistry as an approved CE as listed in Regulations. Please visit VDHA's website to complete our CE course: "Remote Supervision: Guidelines for Practice". <https://vdha.wildapricot.org/>
- Ten public health hygienists employed by the Virginia Department of Health are working under 'remote supervision'. Two are working for the Department of Behavioral Health and Developmental Services. https://www.dhp.virginia.gov/Dentistry/dentistry_laws_regs.htm
- It cannot be stressed too strongly how important it is to know and comply with Virginia's practice laws and regulations. It is your license at stake!!

PLEASE REFER TO THE VIRGINIA BOARD OF DENTISTRY WEBSITE FOR THE COMMONWEALTH OF VIRGINIA LAWS AND REGULATIONS IMPACTING YOUR SCOPE OF PRACTICE AND DENTAL HYGIENE LICENSE!

Public Health, Education & Professional Affairs Council News (continued)

REMOTE SUPERVISION TOOLKITS NOW AVAILABLE ONLINE!

As a supplement to VDHA's Continuing Education Course "Remote Supervision: Guidelines for Practice", we are now offering toolkits to help you move forward.

There are two options for purchasing:

1. **Exploratory toolkit** – This toolkit serves as a general introduction into how to explore the basics of practicing under remote supervision, including grant opportunities for funding. If you are curious about remote supervision, but need more basic information, this is a great place to start.
Cost: Members \$5
Potential members \$40
2. **Site-Specific toolkit** – This toolkit offers information specific to all of the settings allowed by law for remote supervision: federally qualified health centers, charitable safety net clinics, free clinics, long term care facilities, elementary and secondary schools, Head Start programs, and Women, Infants and Children (WIC) programs.
Cost: Members \$40
Potential members \$140

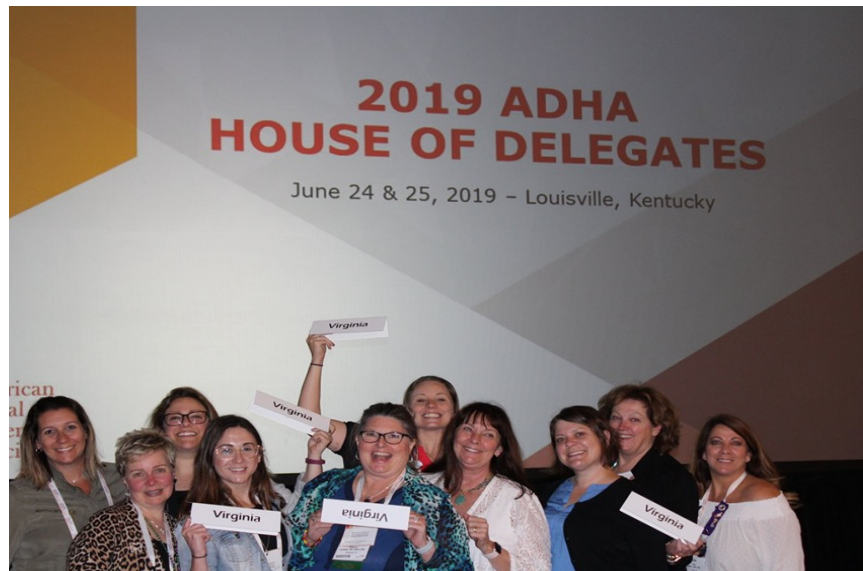
These resources will be continually updated. You may either download the material; or continually access it via the URL link that you will receive once you have purchased the toolkit.

Please use this link to access all Remote Supervision materials; and click on 'Supplemental Resources': <https://vdha.wildapricot.org/>

For questions, please contact Susan Pharr: shpharr@gmail.com



2019 ADHA Annual Meeting and House of Delegates Virginia Delegation Report by Mimi Magyar, VDHA IPP and Cathy Berard, Head Delegate



2019 Delegates: Kelly Fox, Mimi Magyar, Emilie Bonovitch, Emily Ludwig, Meg Lemaster, Mary Gray, Jessica Suedback, Erin Fox, Cathy Berard and Julie Martin

Our delegation was excited to attend 2019 ADHA HOD. We had 8 meetings to prepare between December and June before we arrived in Louisville.

Schedule of meetings and events attended by ADHA Delegation:

6/21/19-Philips Sonicare reception, Midwest Dental All Attendee reception and the IOH 5K Fundraiser and reception. **VDHA raised \$5231 for IOH!**

6/22/19-Crest Breakfast, President Bonovitch meeting w/ Jennifer Hill- ADHA Membership, Cathy Berard IOH Liaison Meeting, Johnson & Johnson Awards of Excellence and President's Dinner



6/23/19- Advocacy Update, Closing Session, ADHA Mega Issues Discussion, District Discussion

**2019 ADHA Annual Meeting and House of Delegates Virginia Delegation Report
(Continued)**



6/24/19- 1st HOD, Reference Committee Hearings, Candidates Forum, ADHA Membership Session, and District 3 Dinner coordinated by Emilie Bonovitch



6/25/19- District Discussions, Balloting, 2nd and 3rd House of Delegates, informal celebration with new ADHA President Matt Crespin.



VDHA Delegates Meg Lemaster and Mary Gray with **ADHA President** Matt Crespin

VDHA members who also attended the event: Marge Green (and Dr. Barry Green), Sheri Moore, Tracey Martin, Kelly Tanner, Susan Reid Carr, Amanda Hill, Moe Thompson, and Dr. Rita Phillips

VDHA Foundation



2019-2020 Alice Hinchcliffe Williams, RDH, MS Merit Scholarship



The VDHA Foundation (VDHAF) is delighted to announce and introduce recipient, Samantha Vest, RDH, BSDH.

Samantha graduated with a Bachelor of Science in Dental Hygiene from Old Dominion University in 2019. She will begin pursuing her Master of Science in Dental Hygiene from ODU this fall, with a concentration in education and an anticipated graduation date of May 2021.

*“During my undergraduate program, I learned everything there was to know about dental hygiene. Now as I make this step into my graduate program, I hope to learn everything and more about how to **teach** dental hygiene. I originally was going to continue my education in the Public Health field, but decided to switch to Dental Hygiene. With the guidance and encouragement of dental hygiene faculty from ODU, I feel I have made the best decision with my focus and track on education in dental hygiene. While in my undergraduate program, I had the opportunity to volunteer at several facilities and schools. Public health will always be a passion of mine and one that I hold dear to my heart. I plan to continue that passion through volunteering with the Norfolk Medical Reserve Corps and Virginia Health Department. My overall passion and goal now is teaching. The faculty at ODU helped me in ways that I never imagined teachers could and inspired me to one day help students the same way they helped me. As I begin my graduate research, I hope to start somewhere with an idea I had as a freshman in college. I hope to create a collaboration with the ODU School of Dental Hygiene Clinic and other health departments on campus such as counseling services, student health center, women’s health center, and other health sciences programs, to create one large College Health Day. This day would consist of providing various screenings and tests for ODU students for free. This collaboration would not only provide experience for health science students, but also provide education, awareness, and interprofessional collaboration between the other departments on campus and students. Similar to Ms. Alice Hinchcliffe Williams, I hope to continue a lifelong journey of learning. With the generous help through the Alice Hinchcliffe Williams, RDH, MS Merit Scholarship, I will one day be able to inspire future generations, the same way she has.”*

svest001@odu.edu; samantha.vest@outlook.com

Phone #: (302) 745-2844

VDHA Foundation (continued)

**VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION
HONOR ROLL REPORT OF GIFTS
January 1, 2019 through August 10, 2019**

JEFFERSON CLUB

Northern Virginia Hygienists' Component
In memory of Patricia A. Golliday, RDH

PATRIOT CLUB

Cathy and Mike Berard
In honor of Jackie Perry
Irene Mary Connolly, RDH, MS
In Honor of Karen Avey, RDH, MSDH
Marge Green
Marge Green's gratitude for Karen Avey and Sheila Sheats
Nancy Martin
Elaine Newland, Lucy McFaul, Sheila Sheats, Betsy DiSilvio, Kathy McGarey, Julie Simms, Kathy Weber, Linda Huntington and Catherine Johnson
In memory of Sara J. Klenk, mother of Kathy McGarey
In memory of William F. Klenk, father of Kathy McGarey
Greater Richmond Dental Hygienists' Component
Monticello Dental Hygienists' Component
Tidewater Dental Hygienists' Component

DONOR CLUB

Karen D. Avey
In honor of Sheila Sheats and Jackie Perry
Melanie Bartlam
Many thanks to Sheila Sheats for all your years of dedication as VDHA CE Chair
Emilie Bonovitch
In honor of VCU Dental Hygiene Students
Deborah Buckley
In honor of Pat Golliday
Evelyn D. Grant, RDH, MBA

DONOR CLUB

Desiree Harrington
Catherine Johnson
Antoinette Kahan
Deirdre Kane
Joyce Kwiatkowski-Spieler
Elaine Loftin
Patricia MacDougall
Mimi Magyar
In honor of Emilie Bonovitch,
VDHA President
Sheryl Manion
Julie A. Martin, BSDH, RDH
In honor of Jackie Perry
Kimberly May
Maureen McCann
In memory of my dad, Martin McCann, always on my side :)
John & Sheri Moore
Susan Pharr, BSDH, MPH
Susan Reid-Carr, BS, RDH
Pat Shand
In memory of Daniel Gallagher
Sheila Sheats
Julie Simms
Janis Slezak
Kathleen Stewart
Deanne Watson
Jennifer Zimmerman
Northwest Dental Hygienists' Component
Peninsula Dental Hygienists' Component
In honor of Julie Martin's 3- year term as PDHC's Chair

All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143

Student Chapter News

Northern Virginia Community College

Northern Virginia Community College Dental Hygiene Class of 2019 began with 34 future dental hygienists and, on May 17, celebrated the graduation and certification of 34 registered dental hygienists. It was a beautiful day to graduate with clear, warm weather and a large gathering of family and friends. Class of 2019 graduate, Carmen Corbett, RDH, says of her experience as a student and recent graduate, “As I started interviewing for hygiene opportunities, I began to discover just how well NOVA had prepared me for a career in hygiene. I realized that I have been equipped with a skill in high demand in the field and made me very marketable as an individual and a clinician.” Among their many accomplishments as a class, we are proud to share a 100% pass-rate for the national board exam. They are also reigning champions of the Hygienic Competition. They are, no doubt, a special class.



Class of 2019 pinning ceremony

The Class of 2020, faculty, and staff would like to wish them congratulations and best of luck in their future careers! We hope they always feel at home at the NOVA MEC.

Now entering their second year, a select Class of 2020 students volunteered to work with Ms. Sherry Basham, RDH, MSDH, and Ms. Betsy Di Silvio, RDH, MED at the community public health fair on June 1st (pictured below). The public health fair included countless organizations gathered to provide resources for the community. Northern Virginia Community College Dental Hygiene Program provided extra oral examinations, oral health education, and information for finding low-cost health care. Erick Gomez, Class of 2020, said of the event, “I actually had a great experience. So many organizations came together for a common goal of helping others.” Other students who volunteered valuable time away from their studies were; Paulina Jedrol, Hien Nguyen, Mercedes Velasquez, and Sana Manhoor.



L-R: Narges Safdari, Lupita Rodriguez, Yadira Perez



L-R: Paulina Jedrol, Sana Manhoor, Ms. Sherry Basham

Among other happenings, the dental hygiene program has welcomed the Class of 2021 cohort to the program. We look forward to getting to know all the new faces and continuing to contribute high achieving, knowledgeable, and fully capable registered dental hygienists to our career. Best of luck in your adventure in a highly competitive and rigorous program. We are all cheering for you!
Submitted by Beth Shaw.

Old Dominion University



Dear Colleagues,
Happy Summer and greetings from the Old Dominion University (ODU) School of Dental Hygiene (SODH)! The students have surely been enjoying their Summer after completing their six-week session of Summer clinic, which ended in July. The new class of 2021 will join the SODH in August and faculty along with the SADHA chapter have been preparing for the annual Big/Little breakfast to kick off the school year and meet faculty and senior mentors.

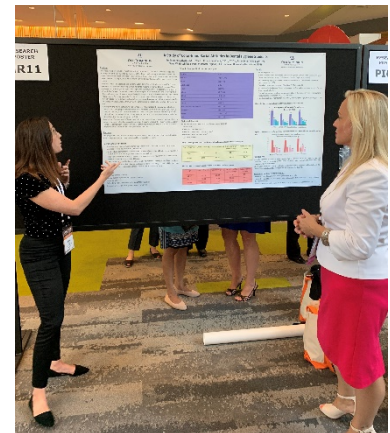
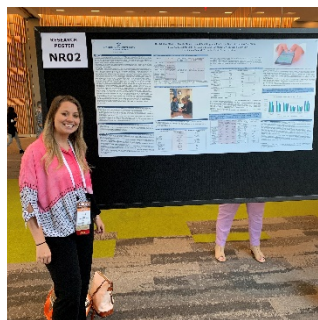
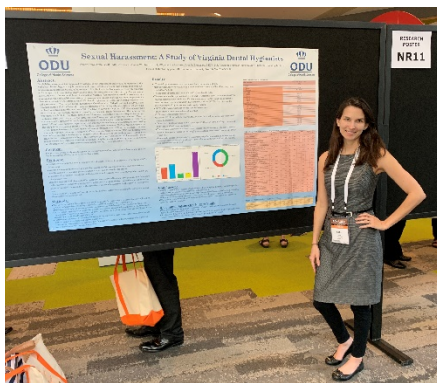
Many faculty have attended continuing education courses, professional development conferences, and workshops this Summer to include the ADEA Program Director's Conference in Tampa, FL, the ADHA Annual Session in Louisville, KY, and the UNC Dental Hygiene Educators' Symposium at the UNC School of Dentistry. In addition, Lecturers Amber Hunt and Emily Ludwig, and Assistant Professors Jessica Suedbeck and Brenda Bradshaw presented original research at the ADHA annual session. The faculty of the SODH have been working diligently this Summer preparing for the new academic year.

The ODU SODH is looking forward to the 2019-2020 academic school year and the entering Class of 2021!

Respectfully submitted,
Emily Ludwig, BSDH, MS, RDH
Visiting Lecturer and SADHA Advisor

Ann M. Bruhn, BSDH, MS, RDH
Associate Professor and Chair

Below: SODH faculty presenting original research
at the ADHA CLL 2019 96th Annual Session,
Louisville, KY



Virginia Commonwealth University

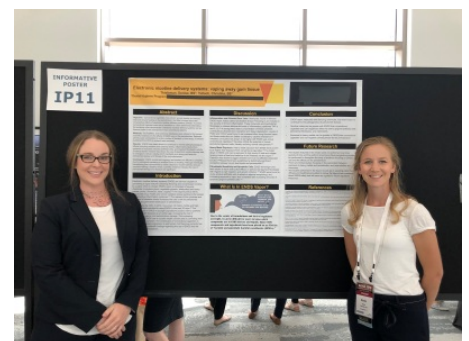
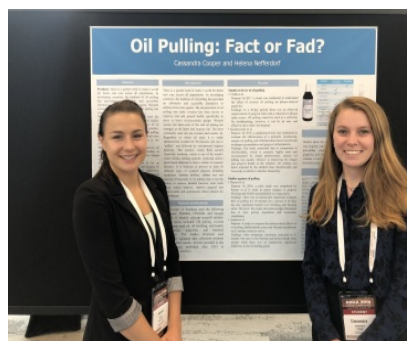
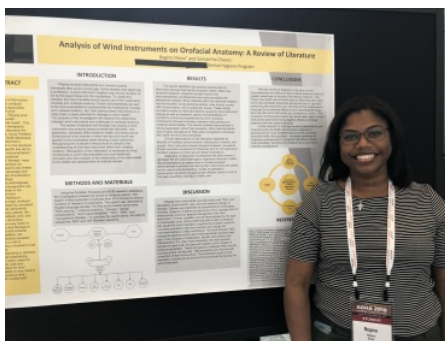
In June, five VCU dental hygiene students had the opportunity to attend the American Dental Hygienists' Association Annual Session in Louisville, Kentucky. The major purpose for attending was to present our student informative research posters on "Oil pulling" (Helena Nefferdorf and Cassandra Cooper), "Effects of wind instruments on the orofacial anatomy" (Regina Dixon) and "Electronic nicotine delivery systems and the effects on the periodontium" (Christina Tulloch and Denise Thieleman). Being able to attend the conference and present was truly exciting and contributed to our professional education and future endeavors. Christina and Denise won first place for their undergraduate student informative research poster. This was a huge accomplishment for them and VCU Dental Hygiene Program.

It was inspiring to see so many dental hygienists from around the country come together and share the same excitement about oral care and prevention. The variety of continuing education courses offered were engaging, informative, and will carry us into our careers. We can truly say we are counting down the days until next year's annual conference! It was enlightening to see so many of our faculty attend as well; it inspires new professionals just entering the profession to stay active and participate in ADHA.

We want to extend a huge "thank you" to the Sigma Phi Alpha Dental Hygiene Honor Society, VDHA foundation, VCU SCADHA, and VCU Student Government Association for providing funding and allowing us this opportunity to expand our education and professional careers.



Cassandra Cooper, Regina Dixon, Helena Nefferdorf, Denise Thieleman and Christina Tulloch
Faculty research advisor Dr. Joan Pellegrini



Virginia Western Community College/Danville Community College

Virginia Western Community College/Danville Community College Joint Venture Dental Hygiene Program will welcome 36 first year students in August

Second year VWCC Dental Hygiene Students organized the first year Orientation on July 22nd. Students worked various tables, mentored the incoming students and served as tour guides around campus.

Well done 2nd year class and welcome to the class of 2021!

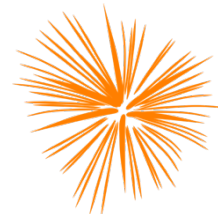
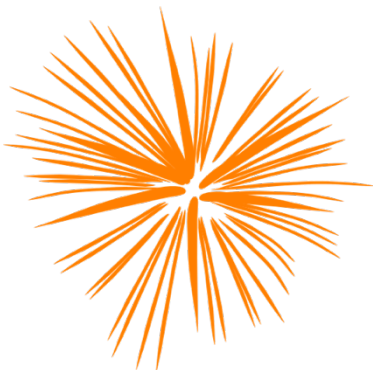


Germanna Community College no submission at this time

Lord Fairfax Community College no submission at this time

Thomas Nelson Community College no submission at this time

Wytheville Community College no submission at this time



Congratulations to the 2019 VDHA Student Award Recipients:

Danville CC – Taylor Minter

GCC – Tonya Mortensen

ODU – Courtney Travis

TNCC – Christina Nicole Loehr

VCU – Linda Blackburn

VWCC – Megan Flora

WCC – Shannon Downs



2018 – 2019 Officers, Councils & Committee Chairs

President: Emilie Bonovitch	Administrative Council:
President Elect:	(President Elect) Chair:
Immediate Past President: Mimi Magyar	Budget and Finance: Trish Macdougall
Vice President: Tracey Martin	Vice President: Tracey Martin
Treasurer: Sheri Moore	Policy, Bylaws and Resolution chair: Julie Simms
Recording Secretary: Kate Hoffman	Committee member: Irene Connolly
Corresponding Secretary: Uswa Arain	Procedure Manual: Tracey Martin
Speaker of the House: Nicole Fisher Wells	Corresponding Secretary: Uswa Arain
Alt. Speaker of the House: Susan Reid-Carr	Recording Secretary: Kate Hoffman
	A.H. Williams Fund: Pam Kitner
Trustees:	
01-Northern Virginia: Julie Simms	Planning and Development Council
02-Greater Richmond: Heather Tuthill	Chair: Melanie Bartlam
03-Tidewater: Meg Lemaster	Spring Scientific Session Planning: Org Mgmt Group
05-Piedmont: Kyla Kelleher	Continuing Education: Connie Simmons & Dana Myers
06-Monticello: Evelyn Grant	Ways and Means: Karen Avey
07-Peninsula: Marge Green	House of Delegates: Trish MacDougall
09-Southwest Virginia: Sharon Kennedy	Foundation Director: Chair- Mimi Magyar
10-Northwest: Linda Gill	HOD Secretary: Amanda Kimball
	Foundation liaison: Irene Connolly
	Foundation Secretary: Cathy Berard
2018 ADHA Delegates	
Mimi Magyar, IPP, 1 st delegate	Public Health, Education, and Professional Affairs Council:
Emilie Bonovitch, Pres, 2 nd delegate	Co-Chairs: Cathy Berard and Marge Green
Cathy Berard, 3 rd delegate	Regulation and Practice: Heather Tuthill
Meg Lemaster, 4 th delegate	Board of Dentistry Liaison: Lauren Schmitt
Kelly Fox, 5 th delegate	Lobbyists: Lauren Schmitt -
Erin Fox, PE, 1 st alternate delegate	lauren@commonwealthstrategy.net
Julie Martin, 2 nd alternate delegate	VHy-PAC Directors' chair: Maureen McCann
Jessica Suedbeck, 4 th alternate delegate	Vhy-Pac Director (appointed): Marlene Rhodes
Emily Ludwig, 5 th alternate delegate	Vhy-Pac Director: Tracey Martin
	Vhy-Pac Director: Rhea Rossi
	Vhy-Pac Director: Tammy Goswick
	Vhy-Pac Director: Jessica Elmore
	Public Health Committee: Susan Pharr
	VA Health Workforce Dev. Authority Liaison:
	Marty Sullivan
	VA Oral Health Coalition: Dr. Denise Claiborne
	Free Clinic Liaison: Catherine Johnson & Erin Fox
	Head Start Liaison: Deirdre Kane
	VA Rural Health Association Liaison: Dr. Rita Phillips
	Education committee chair: Meg Lemaster
	DH Educators' consortium liaison: Michelle McGregor
	VA Department of Health Liaison: Tiffany Wright
	Ad Hoc Committee Remote Supervision CE:
	Susan Pharr, Marge Green, Marty Sullivan, & Meg Lemaster
Member Services Council Chair – Julie Martin	
Membership Committee Co-Chairs:	
Emily Ludwig & Jessica Suedbeck	
VA SADHA Liaison Co-Chairs:	
Janis Siezak & Betsy Disilvio	
ADHA Educ. Network Liaison: Michelle McGregor	
Directory: Betsy DiSilvio	
Newsletter Editor: Moe Thompson	
Awards: Evelyn Grant	
Historian: Julie Martin	
Website Manager: Managed by OMG	
ADHA IOH Liaison: Cathy Berard	
Leadership Committee Chair: Kelly Tanner	
Members: Sheri Moore, Misty Mesimer	

VDHA 2018-2019 Calendar

Spring Scientific Session

2020 March 26-29 Richmond, VA

HOD and Professional Development Workshop

2019 October 24-27 DoubleTree by Hilton Richmond, VA

Executive Board Meetings

2019 July 27 9am-3pm Charlottesville, VA

2019 October 27 8am-12pm Richmond, VA

2020 January 25 9am-1pm ZOOM

2020 April 18 9am-1pm ZOOM

2020 July 25 9am-3pm Charlottesville, VA

Ignite VDHA Leadership Workshop

November 16, 2019 Charlottesville, VA

Quarterly Reports Deadline (two weeks prior to E.B. Meetings)

2019 July 13

2019 October 13 (if something to report, otherwise year end reports will take its place on Aug. 24, 2019)

2020 January 11

2020 April 4

2020 July 11

HOD Reports/Year End Reports

2020 August 22

Awards Nominations

2020 July 18

Curet Deadline (two weeks following Executive Board Meetings)

2019 April 27

2019 August 10

2019 November 10

2020 February 8

2020 May 2

Council Meetings: Council meetings should take place online and reports sent two weeks prior to the executive board meetings.

VDHA Foundation

2020 January 24 6-9pm Zoom

2020 April 17 6-9pm Zoom

2020 July 24 6-9pm Charlottesville, VA

ADHA Center for Lifelong Learning & Annual Session:

2020 June 12-16 New Orleans, LA

ADHA District III Meetings

ADHA D3 Trustee-Delegation Chairs only 7-9pm ZOOM online

ADHA D3 Trustee Delegation Chairs only 7-9pm ZOOM online

ADHA D3 Delegates Orientation 2-4pm ZOOM online

ADHA District III Meetings (continued)

ADHA D3 Reference Committee A 4-6pm ZOOM online

ADHA D3 Reference Committee B 7-9pm ZOOM online

ADHA D3 Reference Committee C 7:30-9:30pm ZOOM online

ADHA Executive Board Meetings:

ADHA Fall Board of Trustee Meeting In Person

ADHA Winter Board of Trustee Meeting ZOOM online

ADHA May Board of Trustee Meeting ZOOM online

ADHA Annual Conference BOT Meeting ZOOM online

VOHC Summit

2019 November 7 Richmond, VA

Unleashing Your Potential Weekend

2019 November Chicago, IL

Virginia Board of Dentistry-Regular Board Meetings:

2019 March 15 9am Richmond, VA

2019 June 21 9am Richmond, VA

2019 September 13 9am Richmond, VA

2019 December 13 9am Richmond, VA

2018-2019 MOM Project Weekends- VDAF.org for details

2019 Special Olympics MOM Project: June 8, 2019

2019 Wise MOM Project: July 12-13, 2019

2019 Martinsville MOM Project: November 2, 2019

Homeless Connect mini-MOM: November 2019 (Date TBD)

Northern Virginia MOM Project: No project planned for 2019

Grundy MOM Project: No project planned for 2019

VDA Annual Session

2019 September 15-17 Richmond Marriott, Richmond, VA

2020 September 23-26 The Main, Norfolk, VA

ADA & ADEA Annual Session

ADA 2019 September 4-9 San Francisco, CA

ADA 2020 October 15-19 Orlando, FL

ADEA 2019 March 16-19 Chicago, IL

ADEA 2020 March 14-17 Baltimore, MD

International Federation of Dental Hygienists

2019 August 13-17 Brisbane, Australia

RDH Under One Roof

2019 July 31-August 2 Grapevine, TX

2020 July 15-18 Aurora, CO

Our Mission

Lead the transformation of the dental hygiene profession to improve the public's oral and overall health and advance the science and practice of dental hygiene.

Our Vision

Dental hygienists are integrated into the healthcare delivery system as essential primary care providers to expand access to oral health care

Thank you to all who contributed information for this issue of the Curet.

Deadline for submission for the Fall Curet is November 9, 2019.

You may send submissions to moethompson@gmail.com Contributions are requested to be no more than 1 page in length, including photos and sent as an attachment in word doc, 12 pt Times New Roman font.

2019 House of Delegates and
Professional Development Workshop

October 25-27



DoubleTree by Hilton
Richmond Midlothian

1021 Koger Center Blvd, Richmond, VA 23235

Book your rooms prior to 10.3.19 to take advantage of the courtesy VDHA rate.



**Registration opens soon for the House of Delegates.
Watch for more details at VDHA.net.**