



Virginia

Dental Hygienists' Association

The Curet

Spring 2020

President's Message

Dear Members,

The gavel has been passed! I am excited and humbled to follow so many amazing dental hygiene leaders as your 2020-2021 VDHA President. I am a graduate of Old Dominion University School of Dental Hygiene and have enjoyed a rewarding 32-year career as a clinical dental hygienist in Virginia Beach. I became involved with ADHA/VDHA/TDHA later in my career, as a way to give back to my profession, but what I have received from my experience has reignited my passion, and shifted my perspective in a way I never imagined.

I would like to begin my term as VDHA President by offering my sincere gratitude for the hard work and dedication of our Immediate Past President, Emilie Bonovitch. Through leadership changes, a gracious and unselfish extension of her term as VDHA President, and most recently a global pandemic, she remains focused, level-headed, forward thinking and above all, a true servant leader. I admire and respect her example, and I am proud to call her my friend, colleague, and mentor. Thank you, Emilie.

COVID-19 has forever changed our perspectives, our lives, our families, and most definitely our profession. We have been inundated daily with statistics, news stories, opinions, and recommendations that constantly require us to shift our attitudes and actions. VDHA has remained on the forefront of these shifts, working side by side with our Governor, VDA, VDH and the Board of Dentistry to provide the most up to date information, recommendations to protect and guide our members, and assurance that your voices are being heard. VDHA leaders moved swiftly to recommend extension of licensure continuing education requirements and shifting to a non-live patient clinical board examination for newly graduated dentists and dental hygienists. Our Annual Scientific Session Continuing Education Weekend was successfully shifted to a digital/Zoom platform, providing 12 hours of the highest quality, live CE credits to both members and potential members with less than 2 weeks preparation. Through these changes, VDHA has stretched, adapted, and grown stronger for **you**.

As we move through returning to work, in whatever setting you practice, I encourage you to stay informed, and embrace this time as an opportunity for growth and positivity. Together, I am confident we will **#MastertheShift**.

Most sincerely,
Tracey Martin, RDH, BSDH
VDHA President 2020-2021



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Upcoming Events

Executive Board Meetings

July 25, 2020	9 a.m.-3 p.m.	Charlottesville, VA
October 25, 2020	8 a.m. – 12 p.m.	Midlothian, VA

House of Delegates & Professional Development Workshop

October 26 – 25, 2020	Double Tree by Hilton, Midlothian, VA
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2020 House of Delegates and
Professional Development Workshop
October 23-25



DoubleTree by Hilton
Richmond Midlothian
1021 Koger Center Blvd, Richmond, VA 23235

adha Virginia
Dental Hygienists' Association

Registration opens soon for the House of Delegates.
Watch for more details at VDHA.net.

SAVE THE DATE!

Ignite

November 14, 2020 Holiday Inn Monticello, Charlottesville, VA

Rally Day

January 29, 2021 Richmond VA

Spring Scientific Session

March 26-28, 2021 Hyatt Regency, Fairfax, VA

**Nominations request for the
Patricia Golliday and Outstanding Member Award
DEADLINE JULY18
SUBMIT NOMINATIONS TO EVELYN GRANT**



Component News & Reports

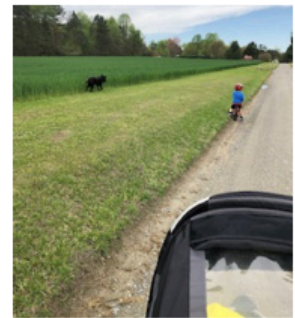
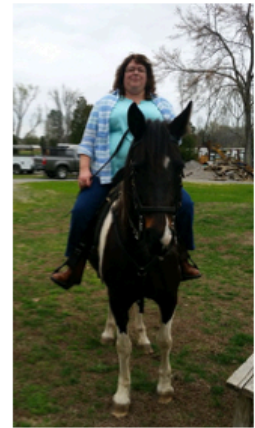
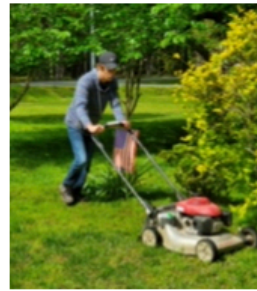
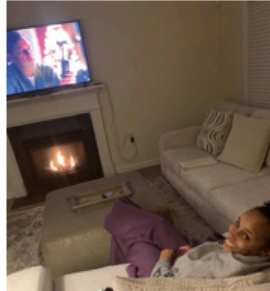
Greater Richmond

Greater Richmond Component 02

Greater Richmond Component Contacts

Heather Tuthill, MPH, BSDH, RDH- Trustee -- herrerahm29@gmail.com
Marlene Rhodes, BSDH, RDH- Chair – marlenerhodesrdh@gmail.com
Amber Mosby, BSDH, RDH- Financial Liaison -- amber9ski@comcast.net
Missy Stowe, BSDH, RDH—Secretary Missystowe99@gmail.com

Volunteer Leaders: Our team of volunteer leaders have been staying home and soaking up self-care whether it be volunteering, horse riding, walking with kids, CE training, cooking, baking, Bible study via ZOOM or even binge watching T.V. We can't wait to be with all of you soon!



Facebook: With times changing, we want all hygienists in the area to be able to use our page as a resource and stay connected in the Greater Richmond area. Be on the lookout for our Friday Feature introducing our volunteer leaders and upcoming Monday Member Spotlight! – Amber, Facebook Liaison

Fall CEs: We will plan on hosting three CEs in the fall with our planned guest speakers from the spring. Keep on the lookout for the updates once restrictions are lifted. Looking forward to seeing everyone. – Heather, C.E. Chair

Monticello

Component 06 Monticello would like to give a standing ovation to Emilie Bonovitch and Mimi Magyar for extending their officer terms as VDHA President and Immediate Past President, respectively by 6 months. They are the epitome of dedicated dental hygiene professionals and leaders. Their unselfish sacrifice for our professional organization reminds us of why we're happy and honored to be members of the ADHA. THANK YOU, THANK YOU, THANK YOU Emilie and Mimi!!!

Northern Virginia

NVDHA hosted their last CE class on February 12, 2020, "Microbial Risk assessment and antimicrobial therapy. It was an interesting course. NVDHA hopes to host Part II in the fall. Deidra Kane was able to organize numerous site visits to local Head Start programs during Children's Dental Health Month before the schools closed. The pictures are dental hygiene students preparing for their presentations and a visit to a local program.

I failed to welcome Lisa Moutawakil, who stepped in for NVDHA Recording Secretary. Thank you so much. Kelly DiVito has relocated to Maryland. We will miss her. I also want to welcome our new Membership chair with incredible ideas and visions, Stephany Gardner. And Gretchen Tighe just joined our board, ready and willing to help. We are planning a virtual last board meeting in May and will take a summer break until August to begin planning for the upcoming year.

Respectfully Submitted, Julie Simms, NVDHA Trustee



Northwest Virginia

President – Kate Hoffman
Vice President – Megan Hill
Secretary – Lori Ellington
Treasurer – Karen Avey
Trustee – Linda Gill

Continuing Education Events

Unfortunately, we had to cancel the CE Event originally scheduled for May 30th and are waiting to see what date the speakers are available in the Fall. Please be on the lookout for an announcement from the VDHA website <https://vdha.wildapricot.org>

Here are the topics and speakers info:

Part 1 Title: Does Your Patient Have a “Sweet” Tooth?

Presenters: Arlene Figgins RN, CDE

Diabetes Nurse Educator

~and~

Jordan Dolewski, MS, RD, CDE

Registered Dietitian

Part 2 Title: Empowering Communities to Combat Human Trafficking

Presenter: Erin Fisher, JD, BS

Proposed component leader selections for next year are:

Chair: Kate Hoffman

Co-Chair: Meghan Glago

Financial Liaison: Karen Avey

Secretary: Kirsten Estep (will assume this position contingent upon her graduation by October)

Pam Kitner will temporarily assume secretary position for months of August, September, and October.

Trustee: Meghan Glago

CE Chair: Sue Daugherty

Social Media Chair: Meghan Glago

Membership Chair: Laura Steinmetz

Student Chair: Kate Hoffman temporarily in months of August, September, October.

Pam Boyer (will assume position contingent upon graduation by October)

Rapid Response Fluoride Rep: Sue Daugherty

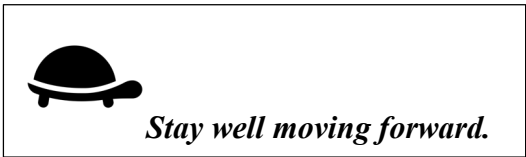
We meet the third Thursday of every month. Following the component summer hiatus, the meeting format will be to alternate ZOOM with in-person meetings. August – in person, September – ZOOM, and October – in person. Meetings start at 7:00pm. See you then!

Linda Gill

Trustee#10

Peninsula

PENINSULA 07



Kelly Tanner, Chair
Financial Liaison: Rachel Royal
Trustee: Marge Green
Secretary: Erika Girard
Continuing Education Events: Angela Kohn
Fundraising and Facebook: Julie Martin
Rapid Response Team (RRT): Denise Claiborne, Julie Martin
SC-ADHA Liaisons: TNCC – Julie Martin, ODU -SODH Advisory Board: Angela Kohn

Membership: Ashley Williams
Continuing Education Sponsorship: Amy Rankin
Legislation: Marge Green

Collectively, we have been fine tuning our skills as virtual communicators. PDHC’s Executive Committee meeting on April 16th engaged planning of component events such as its first Zoom Happy Hour, schedule of bimonthly Executive Committee meetings and upcoming CE events.

May 7th, 2-hour CE: *“How to Talk to Everyone: From the Job Search to Case Acceptance”*

Our first Happy Hour of April 23 was uplifting fun with NO committee work and now, its popularity is spreading across Virginia.



Ex. Com. Zoom Meetings @ 7:30 pm:
June 4, Aug. 6,
Oct. 1, Dec. 3
Happy Hours: TBA



Peninsula (continued)

Marketplace numbered and priced items can be ordered and purchased via check mailed to:
Rachel Royal at 908 Prestige Court Newport News, VA 23602
Royalrdh@gmail.com for special delivery at HOD Oct 23rd or special shipping arranged upon request.



Southwest Virginia

Component Officers:

Co-chairs – Kara Davis, Megan Wallace
Financial Liaison – Margaret Martin
Student Liaison to WCC – Dr. Rita Phillips
Web Page Liaison – Moe Thompson

Facebook Manager – Kara Davis
Membership Chair – Margaret Martin
CE Chair – Kara Davis
Trustee – Sharon Kennedy

Last meeting – February 03, 2020 via Anytime Meetings.
CE planned for August 12, 2020 at Wytheville Community College for 6 hours CE credits.
Kara is working on CE programs for 2021.

Respectfully submitted.
Sharon Kennedy, RDH
Trustee 09

2020-2021 TDHC Leaders

Co-Chairs: Jessica Suedbeck and Emily Ludwig

Trustee: Kelly Fox

Financial Liaison: Angela Tye

Media Management: Jessica Suedbeck, Meg Lemaster, and Sam Vest

VDHA Foundation Liaison: Irene Connolly

April Showers Bring May Flowers

Hopefully, we can come out of quarantine and smell the roses again. Who knew that 2020 would be so monumental in our profession? Never in any of our lives will we ever see something like (or ever want to) see something like this COVID-19 again. This has changed the future of dentistry in so many ways it has been inconceivable. Many hygienists have voiced concerns and come together like never before to advocate for the safety of our patients, as well as the well-being of our own professionals. Tidewater would like to give a huge shout out to our VDHA board and thank them for all the hard work and long, tireless hours they have dedicated fighting for our profession and our safety.

As we have all been home for these last few weeks, some of our component board members have been busy working with VDHA on legislation, working on their college classwork, or helping the ODU students get through this tough time adjusting to the end of their semester. When they are not hard at work, they are doing their best through these difficult times and making the best of it. Here are a few pictures from some of our members making the best of quarantine time.



As always, Tidewater continues to maintain some sort of communication with our members and will continue to come up with some interesting and exciting CE's either via in person when we can, or online; so keep a look out through the VDHA website <https://vdha.wildapricot.org> and as always our very busy Facebook page <https://www.facebook.com/groups/tdha03/>.

There is also no better time than **now** to get involved and if you would like to become more involved with our component please let me know. You can email me at flosswithmerdh2015@gmail.com

Kelly Fox, Trustee

Membership News

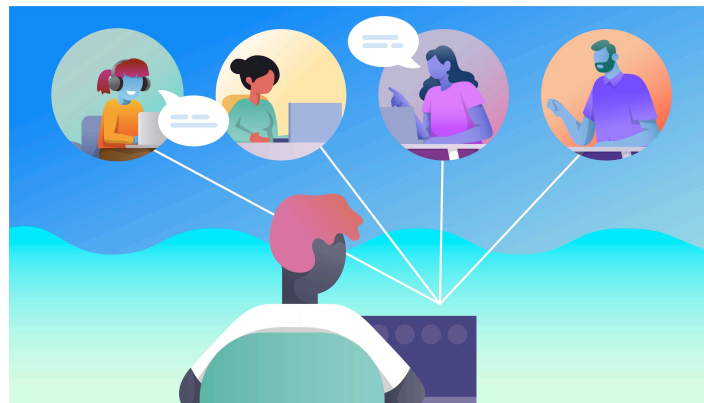
VDHA Membership Team says “Hello” to everyone!

We want to thank every member for your perseverance and dedication to our profession and association during this difficult time. Membership has never been more important than it is right now! With so many changes to our profession happening so quickly, we need advocates more than ever.

Take this time to invite hygienists in your office or inner circle to visit our website (VDHA.net), join our Facebook page (<https://www.facebook.com/groups/vdha.net/?ref=bookmarks>), and follow us on Instagram (@YourVDHA). In all of these outlets, dental hygienists can see all of the efforts of our component, state, and national association as we advocate for the safety of clinicians and patients during the COVID-19 global pandemic. Encourage potential members to look into this and join our efforts. Quarterly payments are easy to sign up for and make this much more manageable for all of us, especially during this time. To learn more about quarterly payments, visit: <https://www.adha.org/payment-options>. New members can also save by joining now and helping our advocacy efforts!

**Save \$50 on membership!
Use code ADVOCATE during checkout.**

Finally, our gatherings have gone virtual! As you can see on many of our social media pages, local components, and our state association have created virtual social gatherings for our members to still get together and enjoy each other’s company. We encourage you to keep up the virtual gatherings during this time for our members and to encourage potential members to also join! It is through these experiences that dental hygienists find connections with each other and become lifelong members of our important association.



Stay safe and well everyone.

Best,
Jessica Suedbeck, RDH, MSDH and Emily Ludwig, RDH, MSDH
VDHA Membership Co-Chair

VHyPAC News

Spring edition: The following was written by Marlene Rhodes, one of the directors of the VHyPAC
Our directors are: Maureen McCann, RDH, BSDH, Jessica Elmore McManus, RDH,MS, Marlene Rhodes, RDH, Rhea Rossi, RDH, Kristen Greene, RDH, appointed member Tracey Martin, RDH, BSDH (our recently installed President) and advisor Mark Hickman of Commonwealth Strategy Group.

A friendly reminder from your VHyPAC team

While we are all in a place of holding pattern when it comes to getting back to practicing our beloved profession, I wanted to ask each of you to sincerely consider our Political Action Committee (VHyPAC). Your leadership within the Association (VDHA) is working diligently with our lobbyist to assist all of us during this trying time.

This is exactly why VHyPAC is so very important. There are many happenings that occur behind the scenes that move our profession forward for each and every hygienist in the state. Laws don't change without our commitment to changing them. Rally days and conversations with representatives are so very important and integral for any changes to move forward.

We are powerful and our voices are heard. Donations to the PAC fund help that occur. We normally have a chance to interact with hygienists within the state at meetings like Scientific Session and CE courses but right now we are unable to reach the multitudes.

Please consider donating to the committee whenever you can, the importance of these contributions cannot be stressed enough.

To send a physical check: VHyPAC C/O Commonwealth Strategy Group 118 N. 8th St. Richmond, VA 23219

To donate via online <https://vdha.wildapricot.org/Donate>

Thank you in advance for your consideration and future donations,
Marlene Rhodes, Kristen Greene and all of the other directors: Maureen McCann, Jessica Elmore McManus, Rhea Rossi and Tracey Martin

VHyPAC chairs for the Virginia Dental Hygienist Association

**** A contribution form can be found on the following page, if you prefer to send a check. ****
Please mail to:

**Virginia Hygienists PAC
c/o Commonwealth Strategy Group
118 North 8th Street
Richmond, VA 23219**

VHyPAC News (continued)

Virginia Hygienists PAC

The Political Voice for Virginia's Dental Hygienists

Virginia Hygienists PAC uses contributions to fund Virginia General Assembly and statewide office candidates who share our goal to foster a better, safer environment for oral health and dental hygiene. Richmond has a much greater impact on your practice and patients than D.C. Political contributions allow us to target our message and connect you to important decision- and policy-makers in Richmond. With your support of the PAC, we can achieve our mission by educating legislators and the Administration about our professional concerns.

Yes, I want to help dental hygienists and patients! Please accept my contribution of (check one):

____ \$ 250 (Leadership Circle) ____ \$ 100 (Champion) ____ \$ 50 (Advocate)
____ \$ 35 (Supporter) ____ \$ 20 (Student) ____ \$ _____ (Other)

Please complete all information legibly:

Name _____

Address _____

Phone _____ Email _____

Occupation _____ Employer _____

Principal Place of Business (City, State) _____

____ Cash ____ Check ____ Credit Card: ____ POS or complete card information below:

Card Type _____ Credit Card # _____

Security Code _____ Expiration _____

Signature _____

MAKE CHECKS PAYABLE TO VIRGINIA HYGIENISTS PAC.

Please return completed form and contribution to staff or mail to (do not mail cash):

Contributions to Virginia Hygienists PAC are not tax deductible as charitable contributions. Virginia law requires all political action committees to maintain a record of the name, mailing address, occupation information (includes type of work, employer and principal place of business) for each individual who contributes to our committee. All cumulative donations over \$100 are reported. Federal law prohibits any political organization to accept contributions from a foreign national or foreign corporation. An exception to the law is granted for individuals who have a valid green card.

Planning & Development Council News

Hey everyone! We did it! Scientific Session wasn't what we expected was it? To me, being in person and seeing everyone is half of the joy of the meeting. The other part is the educational experience. This has been a whirlwind. Our courses were exceptional and our speakers were so accommodating. For those that did not attend you really missed a great meeting. Thank you to those that did sign up and those we lost, you really missed a good one! We have never had an experience such as this. Our lives have really changed, haven't they?

We owe a gigantic thank you to the wonderful people that helped us transition our in-person meeting to an on-line course. Thank you to Emilie Bonovitch, Dr. Kelly Tanner, Misty Mesimer and Tracey Martin for their skill in the technical expertise and moderating the courses. It was a very stressful time for all of us and, as always, we are there to make this work for the association and to help each other.

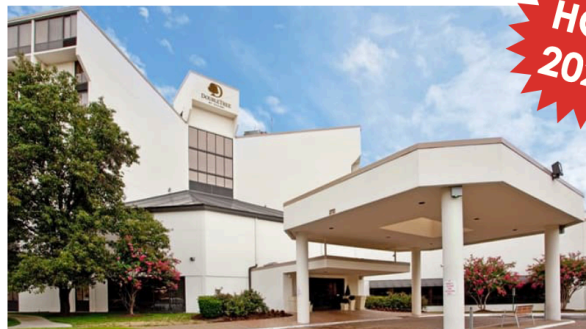
In addition to the above, thank you to the speakers, Anne O Rice, Kathryn Gilliam, Dr. Anastasia Panos, Shavonne Healy, and Dr. Joy Void-Holmes for their graciousness in presenting on line. Our exhibitors will come back next year. I hope we get as many sponsors as we did this year too.

Again, thank you to all for pulling this together under very trying circumstances and all the wonderful participants that hung in there with us for the courses!

Sheila B. Sheats, RDH
Continuing Education Chair

2020 House of Delegates and
Professional Development Workshop

October 23-25



**DoubleTree by Hilton
Richmond Midlothian**

1021 Koger Center Blvd, Richmond, VA 23235



**Registration opens soon for the House of Delegates.
Watch for more details at VDHA.net.**

Thank You for Your Contributions

2020 VDHA Scientific Session Patrons

Karen D. Avey, RDH, MSDH
Emilie Bonovitch
Stacia Brooks
Paige Chicklo
Irene Mary Connolly, RDH, MS
Jessica Deavers
Andrea Fuller
Evelyn Grant
Erica Guest
Desiree Harrington
Susan Helwege
Catherine Q. Johnson
Pamela Layton
Mimi Magyar, RDH
Sheryl Manion
Nancy Martin
Julie A. Martin, BSDH, RDH
Kimberly May
Maureen P. McCann
Sheri Moore
Mary Orosz
Susan Pharr, BSDH, MPH
Susan Reid-Carr
Crystal Safyankov
Nancy Siewers
Julie Simms
Regina Stevens-Smith
Moe Thompson
Lisa Thompson
Christina Tulloch
DeAnne Watson

2020 VDHA Scientific Session Legislative Fund Donors

Kelli Bates
Cathy Berard, BSDH, RDH
Emilie Bonovitch
Stacia Brooks
Paige Chicklo
Irene Mary Connolly, RDH, MS
Desiree Harrington
Catherine Q. Johnson
Joyce Kwiatkowski-Spieler
Mimi Magyar, RDH
Nancy Martin
Kimberly May
Maureen P. McCann
Susan Pharr, BSDH, MPH
Susan Reid-Carr
Moe Thompson
Christina Tulloch
Christian Waterman
DeAnne Watson



Public Health, Education & Professional Affairs Council News

Adult Dental Benefit Update

The great news is that comprehensive dental benefits for all Medicaid enrollees was included as a budget amendment in the final budget from the 2020 General Assembly legislative session. However, because of the unfortunate and extraordinary economic impact on the state due to COVID19, Governor Northam has suspended all new spending until the legislators convene again this summer. The PHEPA Council extends a huge thank you to all who advocated for this benefit, as part of our partnership with the Virginia Health Catalyst. Our message was heard and had an impact! We will keep you informed as events unfold over the next few months.



Board of Dentistry License Renewal Update

The PROPOSED CHANGE TO LICENSE RENEWAL IN BIRTH MONTHS is in the final stage of the promulgation process. The proposal also includes tracking annual continuing education requirements by birth month. The Board anticipates changing the renewal schedule in 2021. To implement the transition, renewal fees will be prorated based on the number of months it will take from March 31, 2021 to each licensee’s birth month in 2022. For example, a licensee born in January will renew in March of 2021 and his license will come up for renewal in January of 2022 while a licensee born in October will also renew in March 2021 and his license will come up for renewal in October 2022. (Board of Dentistry Briefs January 2020)

VDHA Foundation



VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION HONOR ROLL REPORT OF GIFTS January 1, 2020 through March 11, 2020

JEFFERSON CLUB

Northern Virginia Hygienists' Association
In memory of Patricia A. Golliday, RDH

PATRIOT CLUB

Irene Mary Connolly, RDH, MS
*In Honor of VDHA Treasurer,
Marge Green, RDH, MS*
James H. Forsberg
In honor of the birthday of my daughter, Julie Simms
Nancy Martin
In honor of Brian Martin
Susan Pharr, BSDH, MPH
In honor of my VDHA colleagues
Julie Simms
In memory of my mom, Cynthia Forsberg
Greater Richmond Dental Hygienists' Component
Monticello Dental Hygienists' Component
Southwest Dental Hygienists' Component
Tidewater Dental Hygienists' Component
In honor of all Tidewater members

DONOR CLUB

Karen D. Avey, RDH, MSDH
Melanie Bartlam
*Thank you President Bonovitch for your continued
leadership!*
Cathy Berard, BSDH, RDH
In honor of Jackie Perry
Laila Bonner
For Charitable Activities
Emilie Bonovitch
In honor of all the great VDHA leaders

Stacia Brooks
In memory of Kathryn Smith Ward
Paige Chicklo
Evelyn Grant
Marge Green, RDH, MS
*In honor of Emilie Bonovitch,
VDHA President*
Desiree Harrington
Catherine Q. Johnson, RDH
Joyce Kwiatkowski-Spieler
In honor of the event volunteers
Mimi Magyar, RDH
*In honor of Emilie Bonovitch,
VDHA President*
Sheryl Manion
Julie A. Martin, BSDH, RDH
Kimberly May
Maureen P. McCann
Keoviengkhone Phouminh
Susan Reid-Carr
Rhea Rossi
Kimberly Dawn Stone
In honor of Max
Moe Thompson
In honor of Woodrow Grayson Schmidt
Christina Tulloch
Christian Waterman
Deanne Watson
Northwest Dental Hygienists' Component
Peninsula Dental Hygienists' Component
*In honor of Kelly Tanner, PhD, RDH,
PDHC Chair*

All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143



ADHA INSTITUTE FOR ORAL HEALTH

HONOR ROLL REPORT OF GIFTS January 1, 2020 through March 11, 2020

Karen D. Avey, RDH, MSDH
Cathy Berard, BSDH, RDH
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Paige Chicklo
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Catherine Q. Johnson, RDH
Joyce Kwiatkowski-Spieler
Sheryl Manion
Nancy Martin
Maureen P. McCann
Ashley Dianne Milstead, RDH
Susan Pharr, BSDH, MPH
Cynthia Saxton Flowers
Kimberly Dawn Stone
Moe Thompson
Christina Tulloch
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Northern Virginia
Dental Hygienists' Component
Great Richmond
Dental Hygienists' Component
Tidewater Dental Hygienists'
Component
Monticello Dental Hygienists'
Component
Peninsula Dental Hygienists'
Component
Southwest Dental Hygienists'
Component
Northwest Dental Hygienists'
Component



ADHA Institute for Oral Health (continued)

Liaison, Catherine Berard, BSDH, RDH

This year ADHA IOH has once again divided up the year into Autumn Giving Campaign from July 1st through December 31st and the 2020 ADHA IOH National Fundraising Campaign, which was launched January 15, 2020 in tandem with the ADHA 97th Annual Conference & Business Meeting Registration, launch date. Unfortunately, we won't be "LIVE" at the ADHA Annual Conference in New Orleans but we still hope to meet our IOH goal!

Our VDHA assigned goal for 2019-20 is \$8,752 and we have now raised \$3,927 to date. The money raised through the Lynch Creek Fundraising site has still not come into the VDHA treasury but will be sent to ADHA as soon as it does so. It was only \$65 this year but will gain traction as a nice adjunct to our fundraising efforts due their beautiful product line. Many thanks to all of you who have already donated to IOH! You can view the national results of the Autumn Giving Campaign (\$32,457 was raised nationally!) at this website: <https://charity.gofundme.com/o/en/campaign/fall-giving>

[Please help us to raise the \\$4,824.10 remaining to reach our goal!](#)

Please visit the IOH website to see the awards, grants and scholarships that are available to you which include the Alice Hinchcliffe Williams, RDH, MS Merit Scholarship that is funded by the Virginia Dental Hygienists' Association Foundation.

VISIT www.adha.org/institute-for-oral-health to learn more!



Student Chapter News

Germanna Community College

Hello from the GCC Dental Hygiene Cohort of NVCC!

We've been busy since we last checked in!

- In December:
 - We supported the GCC Dental Assisting program by participating with set up and break down at their graduation ceremony.
- In February:
 - We attended GKAS, where we provided screenings, x-rays, sealants, and prophies to 35 children.
 - GCC Class President and SADHA President, Heather Fonda, was appointed the Leadership Committee Student Member by VDHA President, Emilie Bonovich.
- In March:
 - GCC Class Treasurer, Jennifer Settle, was selected to attend GCC's 1st Annual Leadership Development Day along with student representatives from the Dental Assisting I and II programs.
 - Three students were registered to attend ADEA and all students planned to attend Scientific Session
 - Both events were canceled due to COVID 19, but we very much look forward to attending next time. *We would like to extend a huge thank you to the VDHA Monticello Component for their generous support of our table at Scientific Session!*
- In April:
 - Due to quarantine, our GCC local coordinator established a bi-weekly zoom happy hour where we have the opportunity to see each other's faces, catch up on current events, scholastic news, and personal stories.



Wishing all of you the very best.

Stay safe and healthy!

Lord Fairfax Community College

The Lord Fairfax Community College dental hygiene students participated in the Valley Health Community Wellness Festival at the Apple Blossom Mall on February 29th in Winchester Virginia. The students dressed up as the tooth fairy, gave out adult and children's toothbrushes along with oral hygiene instructions to the patrons of the festival. The students shown in the picture are Morgan Propst (tooth fairy) and Heidi Gutberlet.



Northern Virginia Community College Dental Hygiene Class of 2020 is preparing to graduate on May 15, on time, despite the remote learning which was initiated after Spring Break.

Select members of the Class of 2020 attended the AndyRDH Board Review in Philadelphia, Pennsylvania. It was a beneficial review with helpful material. The students who attended had an opportunity to bond even more over home cooked meals and shared exhaustion.



Class of 2020 final hallway picture before clinic

During the time of COVID-19, it was determined by NOVA's leadership that the 2020 class was competent to graduate due to the class's 100% pass rate for both the OSCE and NBDHE. In the face of this adversity, the class has kept strong together. The unknown for licensure continues to be the CDCA live clinical patient exam. Together, the faculty has petitioned to have the exam removed for the Class of 2020. While the class is sad to miss out on the milestone celebrations of graduation and pinning ceremonies, they are anxious to get licensed and get to work. They hope to leave behind a legacy of strength in the face of hardship. The Class of 2020 wishes the same strength – with a little less difficulty – to the Class of 2021.

The Class of 2021 attended their first Head Start event with Ms. Deirdre Kane. The experience is always thrilling for students. It is often their first opportunity to apply their skills in a public health environment. The instant love and support from the students and teachers is palpable. The rewards of the career can be felt immediately.

This class will be remote through the summer with many things left in the air regarding clinical requirements. The faculty and staff at NOVA are working tirelessly to find answers and solutions to the mounting problems resultant from the current pandemic.



NOVA Dental Hygiene Class of 2021



Class of 2020 at AndyRDH

In the end, with so much uncertainty, the dental hygiene classes will remain vigilant in maintaining the quality of education NOVA has been reputed to uphold. They are stewards of their institution creating a pathway for success despite the many setbacks along the way. The Class of 2020 would like to thank the faculty for being tremendous allies and a constant support throughout their education and beyond. – *Beth S.*

Old Dominion University

Dear Colleagues,

Greetings from the Old Dominion University School of Dental Hygiene (ODU SODH)! The SODH faculty have worked very hard to ensure a smooth transition to distance learning as the ODU campus made the change to online learning after Spring Break in March due to COVID-19. Students have adapted well to the immediate transfer of didactic and clinical work to an online format. The ODU SODH is immensely proud of our faculty, students, and staff in the ODU SODH for their perseverance and resiliency during these times! But as we all know, dental professionals are adaptive! We are now experts in “Zoom” and other online learning platforms as we work towards the end of the semester and prepare for final exams.



Pictured above: The Senior Class of 2020 at the National Board Review in Raleigh, NC

The Senior Class of 2020 attended their National Board Review in Raleigh, NC in February to prepare for their upcoming exam! They also presented their research poster presentations from their Community course Six Week Project virtually to faculty and community partners. They are preparing to graduate and hopefully start work soon in dental hygiene practice. Our annual awards ceremony to honor the Senior class will be rescheduled to December 2020 preceding their rescheduled graduation ceremony. We commend their hard work and I wish them luck in their future endeavors!

The Junior Class was able to see some of their very first patients in the ODU SODH Clinic before the online shift! They are currently gearing up for Summer courses, which will start online in May. Our now rising Seniors are eager to resume clinical care as are the faculty and staff at the ODU SODH!

We wish you all well and stay safe and healthy!

Respectfully submitted,
Emily Ludwig, BSDH, MS, RDH
Lecturer and SADHA Advisor

Ann M. Bruhn, BSDH, MS, RDH
Associate Professor and Chair

Virginia Commonwealth University

In the past two months, so much has changed for senior dental hygiene students. We went from getting ready to complete clinical boards and graduate to a screeching halt due to the Covid-19 pandemic. During this time; however, we have witnessed an amazing amount of support from the dental hygiene community across the state. From letters written by dental hygiene program directors to the unwavering support of the VDHA leadership and the local leaders too, they have aided us and given us hope we will see the end of this turbulent time as licensed hygienists. VCU's SCADHA would like to offer a sincere thank you to our state leaders, especially Immediate Past President Emilie Bonovitch, who has worked tirelessly on the behalf of all RDH's in the state to put a hold on delivery of non-essential care.

During our April SCADHA meeting held virtually, Mrs. Marge Green presented on the VDHA Foundation and ADHA Institute for Oral Health (IOH). The IOH "provides thousands of dollars each year, to advance the profession of Dental Hygiene through scholarship, research, and service." Some of this money goes towards student scholarships, research grants focused on improving the hygiene field, along with community service grants. Furthermore, Mrs. Green explained how the funds also support ADHA annual conference registrations for students to present research, the annual VDHA Rally day, leadership training, and other forms of dental hygiene advocacy. It was such a pleasure to be able to have Mrs. Green speak to us about this important foundation.

Also, in April the Greater Richmond Dental Hygiene Association so graciously provided our senior dental hygiene students with a job prep session via Zoom. It included hygienists play-acting a job interview where the interviewee answered one question professionally and honestly and the other poorly. Students then had the opportunity to identify which response was "correct" and the other hygienists chimed in with their professional opinions on how to answer the questions as well.

Lastly, our SCADHA chapter was able to have our officer transitioning meeting held over Zoom. The club officers were able to meet and discuss the events and fundraisers held throughout the year and offer suggestions for improvement. It was so heartwarming to see even while we are unable to meet in person, the new officers are still enthusiastic about dental hygiene and to become new leaders.



Virginia Western Community College

The Virginia Western Community College Class of 2020 has been busy and creative during the on-line learning period. They met the challenge of finding innovative ways to complete their required community service hours and lesson plans

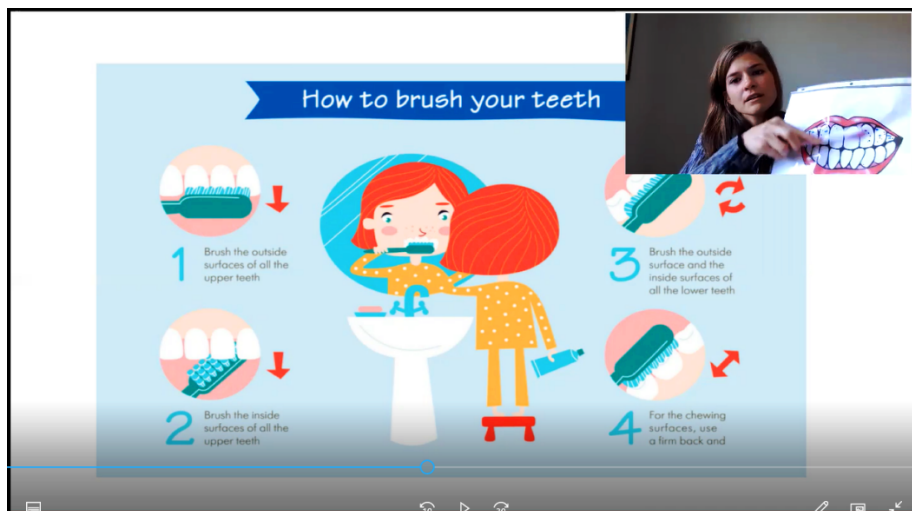
Making Masks for Essential Community Workers



Creating encouraging cards for residents of a local nursing home to be distributed Easter week.



Providing lesson plans via Zoom for elementary school children



Wytheville Community College

Wytheville Community College Dental Hygiene Class of 2020

The Class of 2020 has certainly had their fair share of challenges during their educational journey at WCC. This group of students underwent a significant change in the Learning Management System, or LMS, during their last year. They also suffered a blow when the Clinical Coordinator and the Program Director left the institution in December of 2019 to pursue other options.

In January 2020, they came back to the spring semester to find a new program director. Then along comes “Rona”. These ladies have been diligent about completing their required coursework through eLearning. They have remained positive, thoughtful, and they continually surprise us with their innovation and ideas. Without their unending support, this bump in the road would have been significantly worse.

Because of their unending dedication, we would like to take this opportunity to say thank you and God Bless!

BELIEVE and we shall SUCCEED! 

Best,
Dr. Rita Phillips
Mrs. Staci Thomas



Wytheville Community College Class of 2020: Back row: Melanie Miller, Paige Akers, Mikayla Webb, & Taylor Willis. Second row: Megan Bosserman, Kelsey Dunnivant, Alesya Shulgan, & Danielle Lockwood. Front row: Savannah Wiles, Lindsey Heckford, Kyla Ashby, & Keri Fowler.

ADHA Conference Dates



Future Years

ADHA 2021 Annual Conference

Location: Phoenix, Arizona

Phoenix Convention Center

Dates: Friday, June 18- Sunday, June 20

(Conference Dates)

Sunday, June 20 – Tuesday, June 22

(Business Meeting)

ADHA 2022 Annual Conference

Location: Louisville, Kentucky

Kentucky International Convention Center

Dates: Friday, June 24 – Sunday, June 26

(Conference Dates)

Sunday, June 26 – Tuesday, June 28

(Business Meeting)

ADHA 2023 Annual Conference- 100th Anniversary

Location: Chicago, Illinois

McCormick Place

Dates: Friday, July 7th – Sunday, July 9th

(Conference Dates)

Sunday, July 9th – Tuesday, July 11th

(Business Meeting)

Registration – (Now Open)

<https://www.mcisemi.com/adha2020/>



2019 – 2020 Officers, Councils & Committee Chairs

President: Tracey Martin	Administrative Council:
President Elect: Christian Waterman	(President Elect) Chair: Christian Waterman
Immediate Past President: Emilie Bonovitch	Budget and Finance: Trish Macdougall
Vice President: Tonya Mortenson	Vice President: Tonya Mortenson
Treasurer: Trish MacDougall	Policy, Bylaws and Resolution chair: Julie Simms
Recording Secretary: Lori Ellington	Committee member: Irene Connolly
Corresponding Secretary: Uswa Arain	Procedure Manual: Tonya Mortenson
Speaker of the House: Kate Hoffman	Corresponding Secretary: Uswa Arain
Alt. Speaker of the House: Meghan Glago	Recording Secretary: Lori Ellington
	A.H. Williams Fund: Pam Kitner
	Leadership: Kelly Tanner
Trustees:	Planning and Development Council
01-Northern Virginia: Julie Simms	Chair: Melanie Bartlam
02-Greater Richmond: Heather Tuthill	Continuing Education: Chair: Sheila Sheats
03-Tidewater: Kelly Fox	Ways and Means: Karen Avey
05-Piedmont: Kyla Kelleher	House of Delegates Chair: Sheri Moore
06-Monticello: Evelyn Grant	Foundation Director: Chair-Emilie Bonovitch
07-Peninsula: Marge Green	HOD Secretary: Amanda Kimball
09-Southwest Virginia: Sharon Kennedy	Foundation liaison: Irene Connolly
10-Northwest: Linda Gill	Foundation Secretary: Cathy Berard
2020 ADHA Delegates	
Emilie Bonovitch, IPP, 1 st delegate	Public Health, Education, and Professional Affairs Council:
Tracey Martin, Pres, 2 nd delegate	Co-Chairs: Cathy Berard and Marge Green
Christian Waterman, , 3 rd delegate	Regulation and Practice: Heather Tuthill
Rhea Rossi, 4 th delegate	Board of Dentistry Liaison: Mark Hickman
Cathy Berard, 5 th delegate	mark@commonwealthstrategy.net
TBD---, , PE, 1 st alternate delegate	Lobbyists: Mark Hickman and Cal Whitehead
Julie Simms, 2 nd alternate delegate	VHy-PAC Directors' chair: Maureen McCann
Heather Tuthill 3rd alternate delegate	Vhy-Pac Director (appointed): Marlene Rhodes
Julie Martin 4 th alternate delegate	Vhy-Pac Director: Tracey Martin
Cynthia Saxton-Flowers, 5th alt. delegate	Vhy-Pac Director: Rhea Rossi
	Vhy-Pac Director: Kristen Greene
Member Services Council Chair- Julie Martin	Vhy-Pac Director: Jessica Elmore
Membership Committee Co-Chairs:	Public Health Committee: Susan Pharr
position open	VA Health Workforce Dev. Authority Liaison:
VA SADHA Liaison Co-Chairs:	Marty Sullivan
Janis Siezak & Betsy Disilvio	VA Health Catalyst: Susan Pharr
Janis Siezak & Betsy Disilvio	Free Clinic Liaison: Sherry Basham
ADHA Educ. Network Liaison: Betsy DiSilvio	Head Start Liaison: Deirdre Kane
Directory: Betsy DiSilvio	VA Rural Health Association Liaison: Dr. Rita Phillips
Newsletter Editor: Moe Thompson	Education committee chair: Meg Lemaster
Awards: Evelyn Grant	DH Educators' consortium liaison: Michelle McGregor
Historian: Julie Martin	VA Department of Health Liaison: Tiffany Wright
Website Manager: Managed by OMG - Meg Lemaster	Ad Hoc Committee Remote Supervision CE: Susan Pharr, Marge Green, Marty Sullivan, & Meg Lemaster
ADHA IOH Liaison: Cathy Berard	
Leadership Committee Chair: Kelly Tanner	
Members: Christian Waterman Misty Mesimer	
Student Member: TBD	

VDHA 2020-2021 Calendar

Spring Scientific Session

2021 March 26-28

2022 April 28 - May 1

HOD and Professional Development Workshop

2020 October 23-25 Double Tree by Hilton, Midlothian VA

2021 October TBD

Executive Board Meetings

2020 July 25 9am-3pm Charlottesville, VA

2020 October 25 8am-12pm Midlothian VA

2020 April 17 9am-1pm ZOOM

2020 July 24 9am-3pm Charlottesville VA

2021 October 24 8am-12pm Richmond VA

Ignite VDHA Leadership Workshop

2020 November 14 Holiday Inn Monticello, Charlottesville, VA

2021 November TBD

Quarterly Reports Deadline (two weeks prior to E.B. Meetings)

2020 July 11

2020 October 11

2021 January 9

2021 April 3

2021 July 10

HOD Reports/Year End Reports

2020 August 22

2021 August 21

Awards Nominations

2020 July 18

2021 July 17

Curet Deadline (two weeks following Executive Board Meetings)

2020 August 8

2021 February 6

2021 May 8

2021 August 7

Council Meetings: Council meetings should take place online and reports sent **two weeks prior** to the executive board meetings.

VDHA Foundation

2020 July 24 6-9pm Charlottesville, VA

2020 October 24 6-9pm Midlothian, VA

2021 January 22 6-9 pm ZOOM

2021 April 16 6-9 pm ZOOM

ADHA Center for Lifelong Learning & Annual Session:

2020 June 26 -28 Virtual Conference/ June 14-16 Virtual Bus Mtg

2021 June 18-20 Conference June 20-22 Bus Mtg Phoenix AZ

2022 June 24-26 Conference June 26-28 Bus Mtg Louisville KY

2023 July 7-9 Conference July 9-11 Bus Mtg Chicago 100th Anniversary

ADHA District III Meetings

ADHAD3 Reference Committee A 05/11/2020 7:30-9pm ZOOM

ADHAD3 Reference Committee B 05/12/2020 7:30-9pm ZOOM

ADHAD3 Reference Committee C 05/14/2020 7:30-9:30pm ZOOM

ADHA Executive Board Meetings:

ADHA Fall Board of Trustee Meeting [In Person](#)

ADHA Winter Board of Trustee Meeting ZOOM online

ADHA May Board of Trustee Meeting ZOOM online

ADHA Annual Conference BOT Meeting ZOOM online

VA Health Catalyst Summit (formerly VOHC)

2020 October 8 Richmond, VA

Unleashing Your Potential Weekend

2020 November Chicago, IL

Virginia Board of Dentistry-Regular Board Meetings:

2020 June 12 9am Richmond, VA

2020 September 11 9am Richmond, VA

2020 December 11 9am Richmond, VA

2018-2019 MOM Project Weekends- VDAF.org for details

2020 Special Olympics MOM Project June 13 Richmond

2020 Wise MOM Project: July 10-11

2020 Martinsville MOM Project: October TBD

Homeless Connect mini-MOM November 2020 (Date TBD)

2020 Southampton MOM Project Date TBD

VDA Annual Session

2020 September 23-26 The Main, Norfolk, VA

2021 September 21-25 Williamsburg VA

ADA & ADEA Annual Session

ADA 2020 October 15-18 Orlando, FL

ADA 2021 October 11-15 Las Vegas NV

ADA 2022 October 13-17 Houston, TX

ADEA 2020 March 14-17 Natl Harbor MD CANCELLED

International Federation of Dental Hygienists

2022 August 10-13 Dublin Ireland

2024 Date TBD Soel Korea

2026 July 9-11 Milan Italy

RDH Under One Roof

2020 July 15-18 Aurora, CO

2021 July 22-24 Indianapolis IN

Our Mission

Lead the transformation of the dental hygiene profession to improve the public's oral and overall health and advance the science and practice of dental hygiene.

Our Vision

Dental hygienists are integrated into the healthcare delivery system as essential primary care providers to expand access to oral health care

Thank you to all who contributed information for this issue of the Curet.

Deadline for submission for the Spring Curet is NOON, August 8, 2020.

You may send submissions to moethompson@gmail.com Contributions are requested to be no more than 1 page in length, including photos and sent as an attachment in word doc, 12 pt Times New Roman font.



Stay safe & well my friends!

