



# The Virginia Curet

The Virginia Dental  
Hygienists' Association  
www.vdha.net

Volume 31, Issue 2  
Spring 2007

## President's Final Message

How many times in your career have you been asked the questions; "What made you decide to become a dental hygienist?" or "Do you ever get bored doing the same thing all the time?"



In the 70's when I was trying to decide on a career path, I asked the "girls" at my orthodontist's office about their jobs because they always seemed to enjoy what they were doing. Each of the assistants encouraged me to work a little harder, get a formal education and become a hygienist. I loved the idea of working with people, was kind of a science nerd, was interested in health care, and the hours were better than nurses. I have been practicing for 30 years now and still do not get bored because I believe strongly in continuing education, community and professional involvement, and seeking out opportunities to make a difference.

The mission statement of the Virginia Dental Hygienists' Association is "Oral health professionals promoting total health." What an exciting concept. We as dental hygienists have the opportunity each day to assist our patients in making choices that improve their oral health, which could ultimately save their lives! We discuss tobacco cessation, nutrition, perform blood pressure and oral cancer exams, educate our clients about medications, oral and systemic diseases and methods of prevention.

The ADHA represents the professional interests of dental hygienists across the United States. According to the ADHA data base, there are over 120,000 licensed dental hygienists registered in the United States. The U.S. government statistics indicate that between 2000 and 2010, the number of licensed dental hygienists will increase 43%. There are more than 265 nationally accredited dental hygiene educational programs in the nation and that number is growing.

Dental Hygiene is not just a job; it is a career, a profession that is constantly changing in order to better serve the public's needs. Unity as a profession was evidenced this year when the Board of Dentistry pursued expanding the dental assistant scope of practice to include scaling teeth without formal education, training, licensing, or regulation by a health board. The legislative committee and executive board members met numerous times and spent countless hours with our legal counsel developing strategy to help prevent this from becoming a reality. Many of you responded with letters to the board and also to your legislators explaining the importance of a college education and legal accountability.

VDHA leaders worked diligently last year to promote legislation allowing hygienists to administer local anesthesia and nitrous oxide in Virginia. I had the opportunity to serve on a task force with other VDHA members and also members of the VDAA and VDA developing this advance in our scope of practice. Hundreds of hygienists attended the introductory course on local anesthesia VDHA provided at the 54<sup>th</sup> Annual Session. The next several months will serve as the final

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<b>Policy Manual</b>	Melanie Bartlam	804-744-6228
<b>Scopes Manual</b>	Jennifer Barger	540-392-7859
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<b>VDHA Access to Care Liaison</b>	Jackie Perry	757-483-0799
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<b>ADHA Institute for Oral Health Liaison</b>	Tammy Cahoon	804-744-8321
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	Jennifer Moorefield	434-832-0430
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<b>Historian</b>	Keri Watts	804-862-1797
<b>Web mistress</b>	Susan Reid-Carr	804-739-4747
<b>Newsletter Editor</b>	Kelly Williams	804-536-3022

Condolences to the family of Lori Suprise, VDHA member of component 01, who passed away in January



## President's Message continued...

countdown for this regulatory change to complete the legislative process and become a reality.

In order to be successful in our endeavors of advancing and protecting our profession, it is crucial to have the support of all our members. This was a historical year for VDHA as we included for the first time, eight students representing each of the Virginia dental hygiene programs in the House of Delegates at Annual Session. Dedicated members serve as liaisons to the dental hygiene schools, mentoring, encouraging, and assisting the students in understanding the importance of supporting their profession through membership. Our organization provides many opportunities to serve. When you mentor students, communicate and correspond with potential and existing members, serve as a resource for dental health information, or assist with VDHA publications, the rewards are countless.

VDHA encourages members to serve on various committees and coalitions, participate in free clinics and community service programs, health fairs, screenings, and other ways to assist with public education. An exciting initiative this year was forming a partnership with the Virginia Head Start. Susan Pharr, RDH, MS, our key note speaker in Roanoke, shared of the success of the Chesterfield County pilot program. The trustees of each component received a "tool kit" with names and numbers of Head Start staff throughout the state and valuable information to develop a program in their region.

VDHA offers various avenues to increase your professional development through continuing education courses, Foundation scholarships, Rally Day, and the annual leadership workshop, where nationally known speakers provide tools for success. Rick Warren stated, "When we weave strands of our lives together, a rope of great strength is created."

I truly believe the VDHA offers something for everyone. My heart is encouraged by all the many wonderfully talented hygienists and students I have had the pleasure of meeting and serving with this past year. Each member of the VDHA is essential, bringing unique strengths and skills to share. When we link those strengths together, we are invincible!

Thanks to all for a fantastic year!

Melanie Bartlam, RDH

Immediate Past President

### OUR MISSION

"The mission of the Virginia Dental Hygienists' Association is to advance the art and science of dental hygiene by ensuring access to quality oral health care, increasing awareness of the cost-effective benefits of prevention, promoting the highest standards of dental hygiene education licensure, practice and research, and representing and promoting the interests of dental hygiene."

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### OUR VISION

Oral health professionals promoting total health

## Northern Virginia

### Officers for 2007-2008

President: Jenifer Spencer  
 President elect: Michelle Goode  
 Immediate Past President: Catherine Johnson  
 Vice-President: Emily Smith  
 Secretary: Jennifer Zimmerman  
 Treasurer: Trish MacDougall  
 Member at Large: Sue Helwege  
 Trustee: Dawn Southerly  
 Delegates: Catherine Johnson, Jenifer Spencer, Michelle Goode, Cathy Berard, Jennifer Zimmerman, Tammy Goswick, Pam

Layton, Sheila Richards and Nancy Martin

Approximately 30 NVDHA members and 25 NVCC SADHA members participated in the Northern Virginia Mission of Mercy on March 16 and 17 at the Medical Education campus of NVCC. These incredibly giving hygienists provided dental hygiene treatment for 379 financially challenged Northern Virginia citizens. Our thanks go out to them for taking the time and caring enough to volunteer!

Congratulations to Nora Sayasith-

sena, winner of the NVDHA Future Leader Award and to Denise Elliott, winner of the VDHA Award. Both of these promising new hygienists will have their first year membership dues paid by NVDHA and VDHA.

Finally, congratulations to the graduating NVCC Dental Hygiene students. NVDHA welcomes you into the profession and looks forward to your membership and participation!

Respectfully Submitted,

*Dawn P. Southerly, RDH, Trustee 01*

## Greater Richmond

GRDHA wants to thank our delegates Charlotte Barnes, Shelly Caudill, Beth Robinson, and Susan Vollum for such a wonderful job at annual session. Thanks for stepping up and helping out.

We have a lot in store for this fall for CE offerings. Please keep posted as to dates, times, and topics. If you are not on the GRDHA email list please email

Susan Reid Carr at:  
[susanreidcarr@verizon.net](mailto:susanreidcarr@verizon.net)

### 2007-2008 Officers

Susan Pharr-President, Treasurer, and Membership chair

Carrie Simpson-Vice President

Shelly Caudill-Secretary

Beth Robinson-CE chair

Melanie Bartlam-Legislative Chair

Susan Reid Carr- Web mistress  
 Keri Watts-Trustee

Congratulations to Kelly Williams as VDHA's president elect! Kelly you will do a wonderful job!

Respectfully Submitted,

Keri Watts

## Northwest

The NWVHDA and the Lord Fairfax Community College students participated in three Wellness Festival/Dental Health Fairs in Winchester, Harrisonburg and Woodstock, VA during the month of February and March. Students performed 50 Oral Cancer Screenings at the Winchester site. Approximately 300 Tooth-prints (identification imprints) were fabricated for children and

over 1400 individuals were given dental goody bags at the three sites. Thanks to all that volunteered.

Lord Fairfax Dental Hygiene Student, Jill Cherry-England, was presented with the Alice B. Williams Scholarship at the Virginia Dental Hygienists' Association Annual Session on May 4, 2007 in Roanoke, VA. The selected

recipient of this award must have at least a 2.5 grade average for time enrolled in college, be a member of the Student American Dental Hygienists' Association and submit an essay on how they would benefit from the \$500 scholarship. Congratulations Jill!!!

Kimberly May, Trustee



## Blue Ridge

Blue Ridge Component will meet at Napoli's Restaurant in Alta Vista on June 12 at 6:30pm for the convenience of our "southside" members. For information or to say you'll come (potential members welcome also), call Cheryl Todd at 434-386-9497.

Continuing education chair Joanne Kane and her committee are planning our 4th annual CE day for Friday October 12 at Sweetbriar College. The year

we are bringing in Dr. David Clark from Toronto to speak on Psychiatry in Dentistry and Oral Pathology. Watch for a flier in August; if you don't get one, call Cheryl. It should be of interest to dentists as well as hygienists!

Respectfully Submitted,  
Cheryl Todd

## Southwest Virginia

### Officers for 2007-2008

President: Vickie Hash

Vice President: Elaine Smith

Secretary/Treasurer: Terri Atwell

SADHA/Membership Chair: Elaine Smith

Trustee: Sarah LeBlanc

## Shenandoah

Component 06 spent the winter organizing a course for February 9, 2007. The course was held at the Comfort Inn in Charlottesville. Our presenter was Kristi Menage Bernie who talked about non-surgical periodontal therapies and various calcium phosphate systems and technologies. Kristi was a wonderful speaker and the course was well attended. VDHA President Melanie Bartlam paid a visit and addressed the attendees. In February, we elected our new officers for the year 2007-2008. On April 19, we had a planning meeting and we discussed the proposed bylaws and resolutions for AS. Our delegates for AS are: Betsey Soulsby, Evelyn

Grant, and Sarah Hill. Congratulations to Betsey Soulsby who won VDHA 2007 Distinguished Member Award. She was recognized at AS in Roanoke. Kudos to M. Suzie Buss who received her BSBS degree from ODU on May 5, 2007. Way to go Suzie! I am very proud to say that 4 members of our component serve on the Executive Board of VDHA. Suzie Buss and Evelyn Grant are newly elected officers. Suzie serves as the Vice President and Evelyn serves as the Recording Secretary. Sheri continues being the treasurer and I a trustee.

Respectfully submitted,  
Mimi Magyar, RDH



### Want to Help Save Your Association's Resources?

If you would prefer to be notified when the Curet is accessible on the VDHA website rather than receive a paper copy in the mail, please send an email to [vacuret@yahoo.com](mailto:vacuret@yahoo.com) subject: opt-out.

## Calendar Update

**VDHA Annual Session:**

April 17-21, 2008	Northern Virginia
April, 2009	Norfolk
April, 2010	Richmond

**Executive Board Meetings:**

July 21-22, 2007	Charlottesville, Comfort Inn(6-9pm and 8am-1pm)
October 20-21, 2007	Charlottesville, Comfort Inn(6-9pm and 8am-1pm)
January 12-13, 2008	Charlottesville (6-9pm and 8am-1pm)
April 17, 2008	Northern Virginia (Pre-Annual Session 6-10)
April 20, 2008	Northern Virginia (Post-Session after 3rd HOD)

**Legislative Meeting:**

July 21, 2007	Charlottesville, Comfort Inn (10am-1pm)
October 20, 2007	Charlottesville, Comfort Inn
January 12, 2008	Charlottesville (10am-1pm)
January 18, 2008	Rally Day, State Capitol, Richmond
January 25, 2008	Rally Day, State Capitol, Richmond (snow date)

**Administrative Council Meeting:**

July 21, 2007	Charlottesville, Comfort Inn(2-5pm)
October 20, 2007	Charlottesville, Comfort Inn
January 12, 2008	Charlottesville

**VDHA Foundation:**

September 15, 2007	Charlottesville (2pm)
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**ADHA Annual Session:**

June 20-27, 2007	Sheraton New Orleans, New Orleans, LA
June 18-25, 2008	Hyatt Regency, Albuquerque, NM
June 2009	Washington, DC

**District III Meeting:**

June 1-3, 2007	Frederick, MD
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**Curet Deadlines:**

Due one week after Executive Board Meetings

**Virginia Board of Dentistry; Regular Board Meetings for 2007:**

June 8th, July 10th,	Richmond
Sept. 7th	

**VDHA Leadership Workshop:**

October 19, 2007	Charlottesville (9-1)
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**Institute for Oral Health:**

May 30, 2007	Deadline for donations
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**VDA Annual Session:**

June 14-16, 2007, Norfolk
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**VDAA Annual Session:**

June 14-16, 2007, Norfolk
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Updated 5/6/07

Next Deadline for  
submitting articles  
and/or letters to the  
editor:

**July 28, 2007**

The VDHA Membership Directory will be changing format this year. The information will include name, and e-mail addresses: Street addresses will be omitted. Please make sure ADHA has correct information as that is what will appear in the directory.



**Wytheville Community College**  
**Dental Hygiene/Dental Assisting Faculty Positions**  
**(2 positions available)**

Responsibilities will include teaching courses in Dental Hygiene/Dental Assisting to a diverse student population. In addition to classroom teaching, faculty will be required to advise students regarding academic success; evaluate student performance; evaluate and revise course outlines, course materials, and instructional methods; participate in curriculum design; build community relations; maintain competency and currency in the discipline taught as well as in teaching strategies and assessment methods; mentor adjunct faculty; serve as a member of the department and on College committees; and perform other professional duties. Applicants must possess a Bachelor's Degree in Dental Hygiene or related field and also be eligible for licensure as a dental hygienist in Virginia and have a minimum of three years of clinical dental hygiene experience. Visit [www.wcc.vccs.edu/jobs](http://www.wcc.vccs.edu/jobs) for more information.



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**Wintergreen or Crozet, VA:**

This office treats you how you deserve to be treated! Exceptional opportunity for the hygienist who is genuine, upbeat, and cares about patient care. Very competitive compensation, relocation stipend, CE, and more! 1 hour per patient, autonomy for patient care in a caring environment. This practice has 2 locations, one in Nellysford (Wintergreen) and one in Crozet: The candidate has the choice of location! New graduates welcome. Monday-Thursday 7:45-5:00 PT or FT. Immediate Availability.

**Charlottesville, VA:**

Short term: Periodontal office seeks experienced hygienist for month of September to care for patients. Responsibilities include pre-surgical scaling and root planing, oral hygiene instruction, and periodontal maintenance appointments. All appointments are one hour. Monday-Thursday 7:45-4:00.

**Manassas, VA:**

Are you a hygienist because you are in it for the patients? This family practice is looking for a hygienist who is passionate about patient care and is a team player. Very supportive team, and doctors value YOU in the practice! Appointment times are based on patient need with a start of 50 minute adult recare appointments. Excellent compensation and 401K. FT (3.5 days/week). Immediate Availability.

**The International Symposium on Dental Hygiene is sooner than you think.**

The Canadian Dental Hygienists Association (CDHA), under the auspices of the International Federation of Dental Hygienists (IFDH), is pleased to present the 17<sup>th</sup> International Symposium on Dental Hygiene (ISDH) in Toronto, Canada, from July 19<sup>th</sup> to 21<sup>st</sup>, 2007. The CDHA invites your state dental hygienist association to help promote the International Symposium on Dental Hygiene. Please help us spread awareness to your members by promoting this link on your website: <http://www.cdha.ca/ifdh.asp>. For any questions or additional information please contact us: [info@cdha.ca](mailto:info@cdha.ca)

### **VDHA Student Awards 2007**

VDHA sponsors an annual award for a graduating student at each of the five dental hygiene programs and the three joint venture distant learning sites. The award is presented at each program's graduation or award ceremony and is based on the student's scholastic ability, clinical proficiency, and professional contributions. Also, the awardee must be a student who will be practicing in the Commonwealth of Virginia for at least the first year of employment. Each award recipient receives a free one year ADHA membership.

Old Dominion University: Laura R. Rowe	Northern Virginia Community College: Denise Elliott
Virginia Commonwealth University: Carrie Simpson	Danville Community College: Chasity Wimbish
Virginia Western Community College: Monica Gibbs	Germanna Community College: Kristen Howlett
Wytheville Community College: Joni Watson	Lord Fairfax: No Graduating Class

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### **The VDHA 2006-2007 Awards**

#### **The Patricia A. Golliday**

#### **Award of Dedication**

**And**

#### **The Outstanding Member Award**

The following VDHA members were recognized and presented awards at the 2007 VDHA Annual Session for their service and contributions to our Association:

#### **Patricia A. Golliday Award of Dedication**

Misty Sissom:Fredericksburg

#### **Outstanding Member Award**

Catherine Berard: Northern Virginia

VDHA congratulates these two outstanding dental hygienists on their selection for these prestigious awards. Their contributions to the Association are appreciated.

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### **Winners of the 2007 VDHA Distinguished Member Award**

Donna Kirley  
Beth Robinson  
Sharon Stull  
Betsey Soulsby  
Margaret Martin  
Crystal Lawrence  
Melissa Polan





## Kudos

Congratulations to **Elaine Smith**, named Program Director of the DH/Assisting Programs at Wytheville CC

Congratulations to **Cathy Berard**, winner of the 2007 Discus Dental ADHA Distinguished Service Award. She will be recognized at the ADHA Annual Session in New Orleans.

Congratulations to **Betsy DiSilvio**, SADHA Advisor to Northern Virginia Community College, who received the SADHA Chapter Honorable Mention for the 2007 ADHA Graduate Conversion Award.

Thanks to **Susan Reid-Carr** for efforts in development of the new VDHA web site.

Thanks to **Susan Pharr**, VDHA Public Health Liaison for establishing the VDHA/Head Start Partnership. The Pilot program in Chesterfield County has had a successful year and is now available statewide.

Thank you to **Kelly Williams** for another great year of serving as VDHA Editor of the Curet.

Congratulations to **all new VDHA officers, council and committee chairs elected and appointed** at the 54th Annual VDHA Annual Session and a sincere thanks to all who have served this past year.

The Lord Fairfax Dental Hygiene Students and Faculty would like to thank the **VDHA Foundation** for honoring the educational grant request which afforded the students the opportunity to participate in the MOM project and VDHA Annual Session both of which were held May 2007 in Roanoke, VA.

Congratulations to **Kelly Williams** on the success of her company RDH Solution and thanks for the cool little highlighters at Annual Session!

**Second year/senior dental hygiene students** who took the National Board Exams March 29. VDHA wishes you luck on your upcoming regional exams.

**NVCC** for continually meeting the challenges of increasing class size and technologies.

**Linda Gill, Dawn Southerly, and Edith Tynan** were nominated for "Faculty of the Year". Nominations are made by current and alumni students to the Northern Virginia Community College Alumni Federation, Board of Governors.

**Linda Gill** is the 2007 recipient of the Faculty of the Year award for the Medical Education Campus. Congratulations, Linda.

Congratulations to **Keri Watts** on expecting her first child due 12/2007!

Congratulations to **Misty Sissom** for graduating with her Master's of Science in Community Health!

## Legislative Update

By Suzie Buss

### Local Anesthesia/nitrous oxide:

The following is the *proposed* regulation for adoption:

36 didactic and clinical hours and must successfully complete an examination with a minimum score of 75% at a School of Dental Hygiene or a Dental School.

A dental hygienist who holds a certificate or credential issued by the licensing board of another U.S. jurisdiction that authorizes the administration of nitrous oxide/inhalation analgesia or local anesthesia may be authorized in Virginia if their credential or certificate is *substantially equivalent* to Virginia's hours and course content. If the certificate or credential is not substantially equivalent then the hygienist can document experience in such administration for at least 24 of the past 48 months preceding application for licensure in Virginia.

It will be up to the dentist and the dental hygienist (not the Board of Dentistry) to ensure that the education and training meet the requirements and both licensees can be subject to sanctions.

Again the BOD proposes this for adoption and until then, the dental hygienists cannot administer anesthesia or nitrous oxide. This proposal will be available for public comments in the near future and we will let everyone know how to view and comment. The Board said it could take until 2008 before the adoption is complete.

### Dental Assistant I & II:

The Regulatory Legislative Committee has decided to table this matter for now and hopes to come up with a better proposal that all parties concerned can agree on.

### Informed Consent NOIRA.

The Board will issue a NOIRA to add informed consent to the record keeping requirements in regulation section 18VAC60-20-15.

### Question on use of Lasers by Dental Hygienists.

The Board advised that such duty *couldn't be delegated* to dental hygienists under regulation 18VAC60-20-200.



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## Donors for 2006-2007



### MADISON CLUB

Northern Virginia Dental Hygienists' Association, *in memory of*

*Patricia A. Golliday*

Shelly Caudill, RDH, *in honor of Melanie Bartlam for her year as VDHA President*

### PATRIOT CLUB

Blue Ridge Dental Hygienists' Association

Fredericksburg Dental Hygienists' Association

Cathy Berard, RDH, BSDH *in memory of Patricia A. Golliday and Patricia A. Buss*

Steve Durrant, RDH *in memory of*

*Patricia A. Golliday*

Linda Gill, *in honor of*

*Calvin and Ernestine Partlow*

Pam Kitner

Nancy A. Martin, RDH, BSDH

Elaine Newland, *in memory of*

*Armand Di Silvio, Betsy's father*

Karen Plumley, *in memory of Mary E. Davis*

Amy Rankin, RDH *in memory of her father, Maximo P. White and friend Sandra Lynn Gilkerson Cocheran, RDH*

Julie Simms, RDH *in memory of her mother, Cynthia Forsberg*

Dawn Southerly, *in honor of Calvin and Ernestine Partlow*

### DONOR CLUB

North West Virginia Dental Hygienists Association

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Suzanne Barbour

Melanie W. Bartlam, RDH

Patricia Colwell

Diana Corbin, *in memory of*

*Dr Lewis Armstrong*

Irene Connolly

Sue Daugherty, *in memory of Jenifer Spencer's mother, Mary Suzanne Reaves*

Marilyn R. Duling

Liesolotte W. Edwards, RDH

Karen Erb

Melissa G. Gainor

Maureen M. Glick, RDH, BS

Michelle Goode, *in memory of Jenifer Spencer's mother, Mary Suzanne Reaves*

Evelyn D. Grant

Margaret Green, *in memory of her brother Joseph T. Lappan, Jr.*

Susan Helwege

Sheri Henry

Linda Huntington

Catherine Q. Johnson, *in memory of*

*Tim E. Johnson*

Donna Kirley, *in memory of*

*Patricia A. Golliday and Patricia A. Buss*

Margaret Martin, *in honor of Dr and Mrs. Robert F. Jackson*

Bonnie Perry

Jackie D. Perry, RDH, MS *in memory of her father RH Davis*

Susan Pharr

Sheila B. Sheats

Misty Sissom

Kathleen Stewart, *in memory of*

*Dr. Francis Filipowicz*

Kimberly Thomas

Rebecca Tinsley

Kelly Tanner Williams, RDH, MSDH

Jennifer Zimmerman

The Virginia Dental Hygienists' Association Foundation has been established to receive tax exempt donations for the purpose of performing the charitable, educational, research and scientific activities of the association. The Alice Hinchcliffe Williams Continuing Education Fund delivers quality, life long learning experiences to health professionals and dental hygiene students throughout Virginia. Your donation is generous way to honor your family, friends, colleagues and employers on special occasions. Memorial contributions are a special way to remember loved ones. Thank you so much to each one of you for the gifts you have made this past year. Anyone who wishes to donate in the coming year may do so by sending your check made payable to: VDHA Foundation, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143

## A Big Thank You for Annual Session 2007

Can you believe this Annual Session!? There were so many people attending. We always love the wonderful accommodations at the Hotel Roanoke and we had such fun. What about that food?! I would like to thank everyone who attended and those that helped to make this meeting so great. Thank all of you for pitching in and helping where needed. I am very grateful for all the assistance given so freely. That's what we are all about.

Next year we will be meeting in Northern Virginia and it would be good to block out your schedule now. It will be April 17-21 2008.

In order for us to have so much continuous food in upcoming events there may have to increase in the charges for our event. A conference center charges differently than a hotel and that amount is substantial.

Anyway, thank you all for making this event a success and we will

keep our quality sustaining as we have in the past.

Thank you for wonderful jobs to Bonnie Perry, ASPC, Karen Avey and Jackie Perry.

I FOUND GLASSES IN THE "DESPERATE HYGIENISTS" COURSE. IF THEY ARE YOURS PLEASE LET ME KNOW.

703-569-1895.

Sheila B. Sheats, RDH

Continuing Education Chair



Student Delegates



Marge Green and Jackie Perry with Alice B. Williams  
Scholarship recipient Jill Cherry-England



Component 01 with ADHA President Marge Green and VDHA President Julie Simms



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## Student Column

Honoring Graduate Student Mary Cosaboom



### **Where do you call home?**

Sunny Arizona is my home, where my husband, home and kitty cats reside.

### **Where do you attend school?**

I attend the Master's Degree in Dental Hygiene program through the ODU Graduate Program under Michele Darby.

### **Why did you choose dental hygiene?**

Initially my dental/dental hygiene family members influenced me to choose dental hygiene. The first 15 years of practice in New Jersey, I served as editor of the NJDHA Journal and NJDHA President for three years, participated on every state association committee, and registered as a lobbyist for NJDHA. On the ADHA level, I chaired the Council on Legislation, served as a Regional Legislative Consultant, offered workshops on Legislative Activity and served on several other ADHA Councils such as annual session and ADA HOD liaison. Moving to AZ, I continued association activity, growing my Self. The skills I have obtained through these volunteer activities have enriched my life and advanced my skills beyond the world of professional therapies, such as in management, conducting learning-centered workshops, expanded networking and writing skills. Choosing dental hygiene has been rewarding and satisfying. Any goals I set I achieve through my chosen profession of dental hygiene.

### **Who do you consider your mentors?**

All of my mentors are in my profession. Virginia Regan, Annie Hodgkins, Deborah Kappes ,Paula "Bunny" Drew, and Michele Darby.

### **What have you enjoyed most about the dental hygiene program so far?**

The program has given me what I wanted to change my career. This ODU Master's Program was the only "fit" for me with my prior achievements in my professional clinical education in multiple specialties such as cosmetic restoration, periodontal instrumentation, TMD symptomology and local anesthesiology. I sought an institution that would enrich me to be a different type of public servant. Serving as a Graduate Teaching Assistant has broadened my experience and awareness of responsibilities of faculty. Working to assist all dental hygiene faculty and teaching in both junior and senior clinics has given me additions to my resume'. This Master's Program tailors each candidate to their stated future goal.

### **Your proudest accomplishment?**

My proudest accomplishments have been to receive the first ADHA Irene Newman Award, produce ASDHA Scientific Conferences and be accepted in this program.

### **The biggest change you have seen in yourself since you started the program?**

The biggest changes in my Self are many small pieces contributing to a different me. I am planning to enter the educational or public health arena. I am a person who better faces dissension and disappointment and who is learning techniques in advising and supporting students. I have observed many teaching techniques and made lots of notes! Faculty in this program has showered gifts of knowledge tidbits on me. It is the completeness and quality within this program that is changing me.

### **Three words that describe you best?**

Passionate, loving, nurturing.

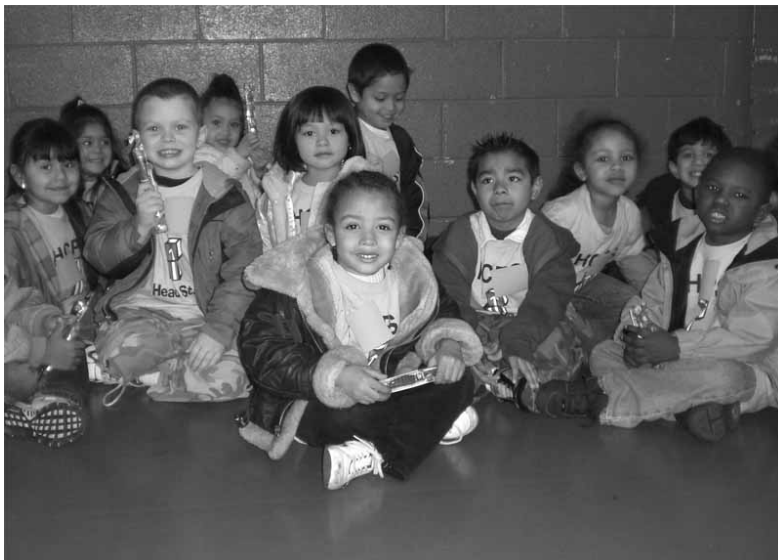
## Give Kids a (Big) Smile Day

On February 2, 2007, **954** Richmond area children were seen through the Give Kids A Smile® Day held at the Boys & Girls Clubs of Metro Richmond Central Unit. The children served ranged in age from 7 months to 18 years. All children received a dental exam and most a “toothbrush prophylaxis” and fluoride varnish. Through the dental exams provided, 337 children were found to need follow-up care (268 with one to four cavities and 69 with five or more cavities). We will work with the parents and school nurses to assist in access to follow-up care. We had a total of 145 volunteers which included eight dental hygienists. The hygienists included: Melanie Bartlam, Shellie Caudill, Jennifer Goins, Sherese Jones, Alida Lucas, Chris McMa-

hon, Terry Muessig, and Beth Robinson.

An event of this magnitude could not take place without the wonderful volunteers (142) and organizations who pulled together to make the day possible. A SPECIAL thank you goes to Ms. Hortence Copeland with Richmond Public Schools. Ms. Copeland braved the outside elements throughout the day to coordinate the buses/vans dropping off and picking up the children. Many, many thanks to each of you for your support.

Tina Bailey, Executive Director, Give Kids a Smile Day





## The Virginia Dental Hygienists' Association

Kelly Tanner Williams, RDH, MSDH  
Newsletter Editor  
16111 Rhodes Lane  
Chesterfield, VA 23838

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Please call before 9 pm

In the next Issue:

- ◆ Student column honoring a student from Lord Fairfax Community College
- ◆ Report on ADHA Annual Session in New Orleans

## Welcome New and Renewing Members

Charlotte Barnes	Karen Larson	Natalie Thomas	Leska Gibson
Martha Boardman	Erica Mann	Roya Torkamani	Vicki Goldbach
Diana Campbell	Ashley McCavanagh	Sara Via	Barbara Hughes
Amber Capps	Betty Melendez	Michelle Vo	Natasha Jefferson
Peggy Carwile	Jennifer Mitchell	Hanna Wardlaw	Inma Lacross
Jenny Cassidy	Lisa Moutawakil	Pamela Blankenship	Susan Maynard
Leslie Congdon	Hein Nguyen	Patricia Bonwell	Rane Peppard
Brooke Elizalde	Julie Phillips	Kayla Cochran	Barbara Portillo
Sigrid Fawcett	Tanya Phillips	Julia Compher	Cynthia Rogers
Michelle Gallo	Earle Pleasure	Ahlon Conner	Danielle Ryan
Wanda Garland	Pamela Price	Diana Corbin	Beatriz Sevillano
Susan Glissman	Carrie Rash	Colleen Cox	Dawn Smith
Amy Hall	Erica Rauss	Joyce Downs	Shelley Stevenson
Helen Hatfield	Rosemary Schmitz	Jill Erikson	Sophia Vinh
Sharon Hunsinger	Suzanne Shaw	Shelby Gastellum	Sakineh Yousefi