

President's Message



In May, I was honored to be installed as your VDHA President. I have had the privilege to work closely with the Immediate Past President, Melanie Bartlam along with so many other members who have mentored me this past year through encouraging words, years of knowledge and experience which will help me direct VDHA in a progressive movement.

The end of April, I attended NOVA's graduation pinning ceremony. I was impressed with the professionalism and enthusiasm of the newly graduated dental hygiene students. They will represent our profession with dignity and respect. I hope to increase

this excitement by visiting all the dental hygiene schools in Virginia and successfully communicate VDHA's dedication to their future. My goal as President is to encourage students and newly graduated student to get involved and make a difference in their profession and in someone's life. ADHA recently passed a resolution to help students convert their student membership to full membership by providing full membership status for a full year after graduation!

ADHA held their Annual Session June 22-27 in New Orleans and launched their new Branding campaign. ADHA wants to EMPOWER you. They want to assist you with leadership opportunities, profession advancement and provide resources for research. ADHA wants to SUPPORT you in assisting with employment, state licensure; networking with state and local components and provide discounts for liability, disability and major medical insurances and so much more. ADHA wants to help you DEVELOP yourself into the Health professional you want to be. ADHA can help with your resume and portfolio. ADHA's goal is to advance through partnership; the dental hygienist, dentist and other health professionals.

Legislatively, I would like to welcome Lesa Crane as the Legislative Chair. Lesa brings years of legislative experience and has actively been involved with senatorial campaigns and candidates receptions. She has jumped in with both enthusiastic feet and I truly appreciate her getting involved in making a difference of the future and prosperity of dental hygiene.

Misty Sissom returns as the Member Services Chair. She has dedicated several years to increasing our membership through broadcasting the benefits of membership. Misty, along with her committee members, has provided new member information packets, the directory, the Curet, the new VDHA Web page and financial aid. Her committee works diligently throughout the year.

The Virginia Dental Hygienists' Association www.vdha.net

Volume 31, Issue 3

Summer 2007

nside this issue:	
Service Directory	2
Calendar Update	4
Greater Richmond News	5
Blue Ridge News	5
Piedmont News	6
Northern Virginia News	6
Continuing Educa- tion	7
Classifieds	8
Classifieds	9
Headstart Pictures	11
ADHA Annual Session Report	12
	13
Student Column	14
Classifieds	15



Officers			
President			
Julie Simms	888-RDH-VDHA		
President-Elect			
Kelly Williams	804-536-3022		
Immediate Past President			
Melanie Bartlam	804-744-6228		
Vice President			
Susie Buss	434-589-5894		
Treasurer			
Sheri Henry	434-985-6998		
Correspondence Secretary			
Melanie Swain	804-291-3740		
Recording Secretary			
Evelyn Grant	434-924-1774		
Speaker of the House			
Pam Kitner	540-933-6529		
Alt. Speaker of the House			
Maureen Glick	804-744-6228		
Trustees			
01 Northern Virginia			
Dawn Southerly	703-591-8108		
02 Greater Richmond			
Keri Watts	804-862-1797		
03 Tidewater			
Jackie Perry	757-483-0799		
05 Piedmont			
Bonnie Perry	540-334-3824		
06 Shenandoah			
Mimi Magyar	804-973-8863		
07 Peninsula			
Carrie Merritt			
09 Southwest			
Sarah LeBlanc			
10 Northwest			
Kim May	540-442-1898		
11 Blue Ridge			
Cheryl Todd	434-386-9497		
13 Fredericksburg			
Crystal Tayman	540-371-8774		
Giyəldi i dyillari	540-571-0774		

Councils and Comn	nittees
Administrative Council Chairpo	erson
Kelly Williams	804-536-3022
Bylaws	
Jennifer Barger	540-392-7859
Policy Manual	
Melanie Bartlam	804-744-6228
Scopes Manual	
Jennifer Barger	540-392-7859
Nominations	
Melanie Bartlam	804-744-6228
Budget & Finance Chairperson	1
Jackie Perry	757-483-079
Governmental & Profess	ional Affairs
Governmental & Professional A Chairperson	Affairs
Melanie Bartlam	804-744-6228
Legislative Chair	
Lesa Crane	
Board of Dentistry Consultants	5
Cal Whitehead and	
Hilton Graham	804-644-4424
Contract Review	
Kelly Williams	804-536-3022
Educational Affairs	
Vickie Hash	276-686-2090
AHEC Coordinator	
Marty Roberson	540-334-1346
State Education Network Liais	on
Irene Connolly	757-853-7223
VDHA Access to Care Liaison	
Jackie Perry	757-483-0799
Free Clinic Liaison	
Vickie Hash	276-686-2090
ADHA Institute for Oral Health	Liaison
Tammy Cahoon	804-744-8321
VHY-PAC Directors	
Ellen Austin-Prillaman	540-427-1366
Crystal Lawrence	540-869-1778
Jennifer Moorefield	434-832-0430
Kim May	540-442-1898
Maureen Glick	804-744-6228
Shelly Caudill	804-241-1490
Lisa Sheire	

	Foundation Director	s			
Foundatio	Foundation Director Chairperson				
Directors	Melanie Bartlam	804-744-6228			
	Julie Simms	888-RDH-VDHA			
	Karen Avey	540-662-9223			
	Marge Green	757-898-7739			
	Sheri Henry	434-985-6998			
	Jackie Perry	757-483-0799			
	Sheila Sheats	703-569-1895			
	Cathy Berard	703-759-6983			
	Planning and Develo	pment			
Planning	and Development Cha	irperson			
	Karen Avey	540-662-9223			
Annual Se	ession Planning Chair				
	Diane Reece				
Continuin	g Education				
	Sheila Sheats	703-569-1895			
Ways & Means					
	Karen Avey	540-662-9223			
House of	Delegates				
	Misty Sissom	540-423-9823			
Smoking	Cessation				
	Maureen Glick	540-828-2925			
	Member Services Co	ouncil			
Member S	ervices Council Chair	•			
	Misty Sissom	540-423-9823			
wembers	nip and SADHA Jenifer Spencer				
Directory	Jennier Spencer				
Directory	Betsy DiSilvio	703-352-0921			
Financial					
	Marty Robertson	540-651-4431			
Awards					
	Patricia MacDougall	703-378-0728			
Communi	ty and Professional R				
F	Rita Sheaves	276-686-8911			
Employm	ent/Recruitment Betsy DiSilvio	703-352-0921			
Historian	Betsy DISIIVIO	703-352-0921			
matorian	Keri Watts	804-862-1797			
Web mist					
	Susan Reid-Carr	804-739-4747			
Newsletter Editor					
	Michelle Goode	703-858-5880			

November 23 is National Flossing Day

President's Message continued...

Cathy Berard is the Government and Professional Affairs Chair. Cathy has also spent endless hours organizing a very successfully Rally Day, legislative visits and mailed out surveys. She has been instrumental in developing language for the Board of Dentistry's new proposal of the Dental Assistant II.

Last, but surely not least, Karen Avey, has agreed to continue to be Planning and Development Chair. Through her organizational skills and knowledge, she and her committee has provided quality CE courses, had successful House of Delegates sessions and excellent exhibits at Annual Session. She has spent countless time in making sure that VDHA has a strategic plan in developing and increasing our knowledgebase and professional growth.

My platform this year is to make a difference and challenge you to get involved It's time:

To achieve and strive for greater results and goals.

To encourage positive reinforcement

To make a difference in our communities and remote communities to increase the access to care.

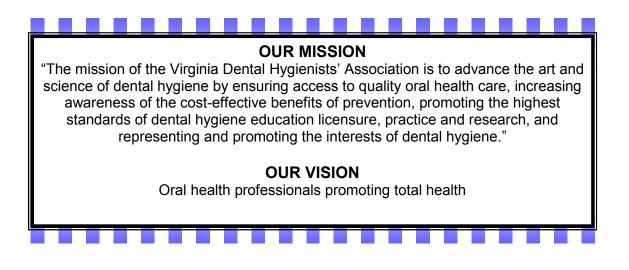
To help educate one another and consumers

To express to our fellow professionals the advantage and the need for them to join their professional organization

It's time for us to make a difference Thorough collaborative teamwork anything is possible.

"Your profession is not what brings home your paycheck. Your profession is what you were put on earth to do with such passion and such intensity that it becomes spiritual in calling. -Vincent Van Gogh

I hope to hear from you! Julie F. Simms, RDH, BSDH VDHA President





Calendar Update VDHA Annual Session: April 2008 Northern Virginia April 2009 Norfolk **VDA Annual Meeting:** September 2007 Northern Virginia June 19-22, 2008 Williamsburg **Executive Board Meetings:** October 20-21, 2007 Charlottesville (6-9 pm and 8-1 PM) January 12-13, 2008 Charlottesville (6-9 pm and 8-1 PM) April 17, 2008 Northern Virginia (6-10pm) April 20, 2008 Northern Virginia (after 3rd HOD) **VDHA Leadership Workshop:** October 19, 2007 Charlottesville (9-3:30) Legislative Meetings: October 20, 2007 Charlottesville (10 am - 1 pm) January 12, 2008 Charlottesville (10 am - 1 pm) January 18, 2008 Richmond Rally Day (proposed) January 25, 2008 Richmond Rally Day (snow date) Next Deadline for **Administrative Council Meeting:** submitting articles October 20, 2007 Charlottesville (2-5pm) January 12, 2008 Charlottesville (2-5 pm) and/or letters to the **VDHA Foundation:** Sheri Henry's (10-4pm) editor: **ADHA Annual Session:** October 28, 2007 June 18-25, 2008 Hyatt Regency, Albuquerque, NM onegooderdh@aol.com June 16-24, 2009 Washington, DC Omni Shoreham Hotel Miami, FL June 2010 **ADHA Center for Lifelong** Learning: Hyatt Regency, Albuquerque, New Mexico **District III Meeting:** February 23, 2008 Maryland June 7-8. 2008 Maryland Curet Deadline: One week following EB meetings October 28, 2007 January 20, 2008 Virginia Board of Dentistry - Regular Board Meetings for 2007: September 7, 2007 Richmond December 7, 2007 Richmond ADA and ADAA Annual Session San Francisco, CA September 27-30, 2007 October 16-19, 2008 San Antonio, TX



Want to Help Save Your Association's Resources?

If you would prefer to be notified when the Curet is accessible on the VDHA website rather than receive an paper copy in the mail, please send an email to onegooderdh@aol.com subject: opt-out.

Page 5

Greater Richmond

Greater Richmond has some awesome CE course's to offer this year! The dates as of right now are as follows:

October 16^{th} @6:30 in the Benco meeting room- What's New in Dental Hygiene-There will be venders set up to give out samples and discuss new products, as well as a presentation to introduce these products to us.

December 5th @6:30 at Johnston Willis Hospital-Vivian Biggers will be presenting on the topic of "Write the Right Stuff." She will discuss the appropriate chart writing for our profession.

The cost for the CE has yet to be determined but email Keri Watts if you have any questions keri.watts@gmail.com.

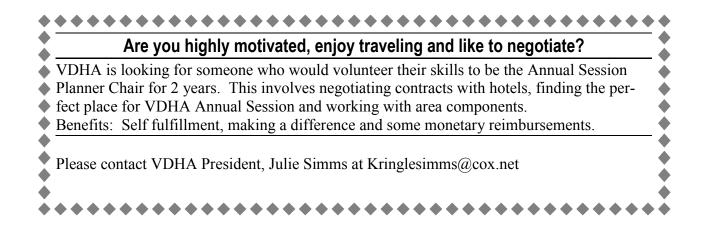
Keep an Eye out on our website www.vdha.net for an update on the CE courses, dates, and times.

Respectfully Submitted Keri Watts

Blue Ridge

Mark your calendars for October 12, 2007 for this years BRDHA Continuing Education, 7 CEU's

We are proud to announce <u>A Review of Oral Pathology Lesions/Psychiatric Illness and</u> <u>Dental Management</u> with Dr David Clark from Toronto, Ontario. Dr Clark is a professor at George Brown University and University of Toronto in the Dental Program. He brings a great wealth of information to us and will be an asset to our learning Watch for a flyer in August. For questions contact Joanne Kane at wildwind@comcast.net or call 434-384-6605.





Piedmont

Still reeling from having VDHA Annual Session in our 'own backyard', we are trying to settle in to our agenda for the year 2007 - 2008. We had our component meeting on Thursday, August 2, 2007 to discuss several upcoming items. Marty Roberson passed around a copy of Proposed Regulations to Qualify Dental Hygienists to Administer Nitrous Oxide or Local Anesthesia. Some discussion followed. Also brought to our attention were the highlights from the Legislative Committee, dealing with Dental Assistant I and II language, General Supervision, Rally Day, etc. Marty gave us copies of her report so we could all spend time going over the invaluable information.

The MOM Project was also discussed at our meeting. It is still too soon to have all the statistics from that wonderful endeavor, but hope to be able to pass those on as soon as we get them.

Component 05 will hold the end of the summer "RDH After 5" on Thursday, September 13, 2007. This will be held at 419 West in Roanoke at 6:30. It is a fun way for hygienists in our area to get together after work and enjoy each others company, as well as a couple of margaritas!

On Friday, October 5, 2007, PDHA will host a 4 hour C.E. course at the Roanoke Higher Education Center. Registration begins at 8:00 a.m. and the first part of the course starts at 8:30 a.m. Our speakers will be: Dr. Charles Conklin discussing "Bisphosphonates and Osteonecrosis of the Jaws" and Linda Blackiston, RDH,BS presenting "Women's Wellness". We are very excited about the topics as they are quite timely. We hope to have another great turn out in that fabulous facility. Our component holds their business meetings at the Daily Grind Coffeehouse in Salem. Our next scheduled meetings are: Thursday, November 1, 2007 and Tuesday, January 22, 2008.

For further information about our component and the activities happening with hygienists in the Piedmont area, please visit our website at www.rdh-pdha.org

Bonnie A. Perry, RDH Trustee - 05 418 Summer Breeze Dr. Boones Mill, VA. 24065 540-580-0177

Northern Virginia

Northern Virginia News

Component 01 is looking forward to an exciting fall with many continuing education courses.

The Fall kick-off meeting will be on September 26th at 7:00pm. President Julie Simms will be with us for her Presidential visit and will provide an update on state activities.

We will have two courses in October. Linda Blackiston, RDH, will speak on October 6, from 9am-1pm. Her topics are "Oral Health Interventions for Infants, Children and Teens" and "Oral and Systemic Health Through the Golden Years".

Monday, Oct. 29th, at 7:00pm we will have the opportunity to view the NVCC Class of 2008 student table clinics and also listen to a speaker to be announced soon.

Susan Pharr, RDH, the Maternal and Early Child Oral Health Coordinator from the division of Dental Health-VA Department of Health will be our speaker on November 27th at 7:00pm.

Further details on the CE courses can be found in the Probe newsletter or by contacting Emily Smith, emily23232@aol.com or Betsy DiSilvio, ejdrdh@juno.com.

NVDHA congratulates the 43 returning second year dental hygiene students at NVCC and GCC on the successful completion of their first year in the Dental Hygiene program and welcomes the 75 incoming first year students!

Respectfully submitted,

Dawn Southerly, RDH, Trustee 01



Friday, September 14, 2007

VDHA SPONSORED CONTINUING EDUCATION COURSE

Come and enjoy our wonderful speakers for a late summer experience. We are very fortunate to have a nationally known speaker and a local physician to enrich our experience. Start out this fall with this easy, productive day in a cool setting.

Course Title: "Periodontal Medicine: Medical Manifestations of Periodontal Disease" (AM)

The objective of this course is to illustrate the impact dental professionals have on our patients' health beyond the oral cavity. A detailed discussion of the adverse medical conditions that may occur in patients with periodontal disease is provided. We'll discuss the science of periodontal disease, inflammation, immune system response and their impact, C-reactive Protein and cardiovascular events, coronary artery disease, LDL, perio/systemic link update, medical manifestations of periodontal disease, MVP, coronary artery disease, neuropathy etc, the future of dentistry, salivary biomarkers, antimicrobials, diagnostic and treatment options.

Course Presenter: Richard Nagelberg, DDS a nationally known speaker. Course is provided by an educational grant from Orapharma.

Course Title: "Neurosurgical Options for Trigeminal Neuralgia & Facial Pain" (PM)

This course will cover the problem, causes, diagnoses, features, treatment options, and myths of this painful disease.

Course Presenter: Jason Sheehan, MD, PhD Clinician at the University of Virginia Hospital

CEU: 4.5 Hours:

8:30 - 9:00 Registration (No breakfast included) 9:00 – 12:30 Dr. Nagelberg 12:30 – 1:30 Lunch included Door prizes!!!! 1:30 - 2:30 Dr. Sheehan

Location: Hilton Garden Inn Charlottesville, 1793 Richmond Road, C'ville 22911 1-800-782-9444 VDHA Block - Room Rate: \$109 Rt. 250 East Bypass Course fee: Members **\$90** Potential members **\$110 Deadline September 2,2007** Course limited to 100 persons.

Registration Form			
Name:	Address:	Phone:	-
ADHA Number:	Make checks payable to VDHA		
Credit card number:	Exp. Date		
Mail to Sheri Henry, RDH 82 Birch Way Barboursville, VA 22923			
Questions: Shella Sheats zinger	rss@starpower.net or Sheri Henry uflossin@e	arthlink.net	



> Academy of Integrative Health presents an opportunity for all RDHs who wish

> to learn how to work with a group of Integrative Health Practitioners and

> become one too. As RDHs we are on the front line of our patient's whole

> health reviews daily through the mouth. Learn about Tongue Diagnosing and

> assessment. Learn how to screen your patient's health for deficiencies and

> imbalances. You will be taught how to offer more screening services in
> addition to perio charting. Be able to work in different environments such

> as Chiropractor and Medical offices and learn to create your own personal

> space in the Health Care Industry!

>

> Come and listen to local RDHs from your area such as Alyse Shockey, RDH,> CMT, ND. Learn about the bodies nutrition, structure and energetics.

>

> Location: Baltimore, Maryland

> Renaissance Hotel

September 20-22, 2007

www.webaih.com

Visit us on the web to learn more about how you can become and RDH, IHP!!



VDHA Invites you to the 5th Annual Leadership Conference Charlottesville, VA Comfort Inn

October 19, 2007 9:00-2:30

Steve Sivage will speak on leadership and management with next generation and culture

4 Continuing Education Credits Lunch Included Tickets are 50.00

Please Email Melanie Swain for more information at melanie17@cavtel.net RSVP by October 1



We have rare opportunities with EXCELLENT employers in Virginia, Washington DC and now in North Carolina. Visit our website for additional listings: www.rdhsolution.com

<u>Chesterfield, VA</u>: Established practice is in search of a hygienist who loves patient care! Doctor is open to give hygienist time needed for care without the pressure of selling dentistry. 1-2 days/week, 8:00-5:00.

<u>Midlothian, VA</u>: Do you like being a hygienist and have thought of picking up an extra day in an office? Why temp when you can rely on this permanent position in an environment that is low stress and the staff and doctor are flexible, and upbeat! Position is for 1 day every other week with potential for increase in the future if the hygienist desires to increase hours. Day of week flexible 8:00-5:00

<u>Hertford, NC:</u> This office is located on the waterfront of a beautiful community in Coastal NC. The office is established and well respected in the area. The doctor is LVI trained and does top-notch dentistry. You will have 1 hour appointments with patients, competitive salary, and pension and profit sharing. Medical/ Uniform/Childcare Reimbursement, sick and personal leave, vacation, DH license paid, ADHA dues paid, and you will have a dedicated hygiene assistant. Monday-Thursday 7:45-4:00

<u>Elizabeth City, NC:</u> Periodontal practice is seeking a caring hygienist for their practice. Doctor is very laidback, the office has caring employees and has an excellent working environment. Hygienist will alternate between Elizabeth City and Nags Head and will be paid for travel time. FT or PT Monday-Thursday 8:00-5:00 and alternating Fridays. (FT) Excellent benefits of health (BC/BS), personal leave, vacation, profit sharing, 401K, disability insurance, and CE paid for!

pental Professionals

Looking for the right office? Looking for a flexible schedule? Looking to work on your day off?

Medical Dental Staffing, Inc.

Specializing in Temporary & Permanent Placements

Office: (540) 372-7542 Fax: (866) 363-5621

www.MedicalDentalStaffing.com mdstaffing@gmail.com

We have Temporary, Part Time, and Full Time positions available in your area.

Call today, work tomorrow!

Formerly Doherty's Dental Temps Still locally operated since 2002







Thanks to all who participated and organized the May 2007 Head Start Screening. We saw 71 children and placed fluoride varnish on 70 children. A special thanks to Dr. Schroeder for his major contributions. The kids thought he was the greatest dentist ever!

Melanie Bartlam, RDH VDHA IPP



Peninsula 07 members in attendance at VDHA Annual Session in Roanoke: Jennifer Podish, PDHA President Amy Rankin, ADHA President Marge Green, Rachel Royal, Carrie Merritt, and Karen Plumley.



ADHA ANNUAL SESSION REPORT June 21-26, 2007 New Orleans Submitted by Melanie Bartlam, Delegate Chair

Seven members of VDHA attended the ADHA Annual Session in New Orleans June 21-26. Delegates Melanie Bartlam, Julie Simms, Cathy Berard, Maureen Glick, Irene Connolly, Tammy Cahoon, and Amy Rankin began preparing in February when they attended the first District III Workshop in Maryland with the delegates from D.C., West Virginia, Maryland, and Delaware. Our District was responsible for the entertainment for the Johnson & Johnson/Pfizer Awards Luncheon. Traditionally, tribute is paid to the President by her District. Delegate Berard drafted a skit. Pres. Simms planned and coordinated decorations and props for the set. IPP Bartlam assisted with the making of a video of Marge Green's Life. Each of the delegates played a key role in the presentation with Amy making her acting debut as Marge. The District met again in June prior to AS to fine tune the presentation and also to review the Proposed Resolutions and Bylaws. Dist. III Reference Committees provided testimony in New Orleans based on our review.

Virginia showed a strong representation as the following VDHA members served as ADHA Officers & committee members: Marge P Green- ADHA resident; Tammy Cahoon- Ethics Committee; Jackie Perry- Finance Committee; Delegate Glick- Reference Committee & Smoke Cessation Panel; Cathy Berard- Recipient of the 2007 Discus Dental ADHA Distinguished Service Award. The Delegates participated in many ADHA Networking Sessions including SADHA, Public Health, Legislation, Communication, Membership, Corporate, Smoke Cessation, Professional Issues Forum, Strategic Planning throughout the week including the House of Delegates, product presentations, and exhibits. Marcia Brand, RDH, PhD, Associate Administrator for Rural Health Policy in the U.S. Department of Health and Human Services Administration addressed the attendees.

There was a spectacular unveiling of the new ADHA Brand. The new logo will be seen on all ADHA correspondence and was released to the public in the July issue of ADHA Access magazine. ADHA plans to help develop, support, and empower all hygienists, with a focus to assist members in unleashing their potential. ADHA will focus on the many tangible benefits of being a member, including access to a national data base of information which will serve as a resource in numerous areas of practice. Nick Olsen, ADHA Manager of Public Relations, outlined strategies on improving the dental hygiene image and recommended state wide student outreach programs to promote tangible benefits such as speaking with members on the phone and communicating through local and state newsletters, building stronger relationships with students, and redefining the dental hygiene relationship with dentists.

Virginia is one of 43 states where hygienists work under general supervision. 40 states now have regulations providing for hygienists to administer local anesthesia. Unfortunately, Virginia received an F on the US report card for Medicaid adults receiving care. The Advanced Dental Hygiene Practitioner will become a great solution to the access to care crisis in Virginia and other states. This practitioner would basically be compared to the nurse practitioner in the medical field as she will have a masters degree and will have additional training and education in the various areas needed to prepare for this position. ADHA leaders have conducted presentations on the ADHP to nearly 40 organizations within oral health & beyond with the effort to be transparent and collaborative. In an effort to address the crisis, a \$434,000 grant from the ADA Foundation has been earmarked for the Community Dental Health Coordinator (CDHC) pilot program which is targeted for fall 2007 in select areas. This work force model proposed by the ADA will basically be a non licensed Social Worker with a bit of oral health training.

Attending ADHA Annual Session affords participants the opportunity to learn about dental hygiene practice in other states, network with colleagues and ADHA staff, attend continuing education courses, learn about the latest oral health products, be a part of developing policy that guide hygienists in their practice, gain knowledge of ways to access information, build character and provide tools necessary for successful leadership. It was a pleasure and an honor for all who attended representing Virginia.

Legislative News

- <u>Local anesthesia</u>: Public Hearing 9/7. Should be effective to offer classes Spring '08. Please look in the local component newsletters for approved local anesthesia classes.
- <u>Dental Assistant I and II</u>: BOD plans to submit proposed legislation for DA I and DA II in 2008 General Assembly Session. The BOD included the language education, certification, and regulation for DAII. Public comment period ended 8/8/07

The VDHA Executive Board supports the proposed legislation "Practice of Dental Assistants." *A* "Dental assistant I" is a person who is employed to assist a licensed dentist or dental hygienist by performing duties not otherwise restricted to the practice of a dentist, dental hygienist, or dental assistant II, as prescribed by regulations of the Board;

A "Dental Assistant II" is a person who has met such additional educational and training requirements as may be prescribed by the regulations of the Board, holds a certification from a credentialing organization recognized by the American Dental Association, and is registered with the Board. A dental assistant II may perform duties not otherwise restricted to the practice of a dentist or dental hygienist under the direction of a licensed dentist that are reversible, intraoral procedures specified in regulations of the Board;

- <u>General supervision</u>: The change in time frame from 7 to 10 months will be open for Public Comment 8/3/07. If no objections, the regulation will be effective 8/25/07. VDHA attended the BOD meeting to support this change in the statues.
- <u>HB 2994</u> This bill passed in the General Assembly Session allowing dental hygienists the authority to administer fluoride varnish to children 6 months to 3 years under standing or written orders of a Dr. or DDS.

Respectfully submitted by Julie F. Simms, RDH, BSDH VDHA President

> VDHA's Directory: A New Look

All members will be receiving their directories soon. The Member services council has changed the format. The directory will provide members names, phone numbers and email addresses only. Any member can request the home address version by emailing Betsy DiSilvio at ejdrdh@juno.com



Student Column

Honoring Student Jill Cherry England



Where do you call home?

I grew up in Fairfax, Virginia, beautiful countryside of Marshall, Virginia. Where are you attending

school?

I am attending Lord Fairfax Community College which has a joint venture program with Virginia Western Community

College.

Your current SADHA position?

I am currently the SADHA secretary of our class.

Why did you choose dental hygiene?

I always loved going to the dentist as a child to have my teeth cleaned. The office I went to always provided me with such a positive experience. I really looked up to the hygienists and knew that I wanted to be just like them when I grew up. I love helping people and teaching, dental hygiene gives me a great avenue to combine these two skills.

Who do you consider your mentors?

Michelle Lomicka, she is a wonderful friend and a very skilled hygienist who has helped inspire me and always thought as unimaginable. Even though I am not has uplifting words for me when the going gets tough. I consider all of my teachers in clinic at Lord Fairfax to be my mentors as well; Karen Avey, Cathy Bower, Lori Ellington, Helen Hatfield, Claudia Mazurkiewicz, and Mary Sailo. I have a lot of respect for them and feel that they have had a positive influence on my experiences at school, and have provided me with many words of wisdom.

What have you enjoyed most about the dental hygiene program so far?

I enjoy being involved in as much as I can. Sometimes it seems like school will never end, but I know the reality is that it will be over before I know it so I am trying to enjoy every moment of it.

Attending the Mission of Mercy project in Roanoke this spring was a very fulfilling experience. It felt great to reach out and help so many people that were in need.

Your proudest accomplishment?

Getting accepted into dental hygiene school. The but I now enjoying living in the first time I applied to the program I did not get in. I was extremely discouraged, and I knew in my heart that I truly wanted to be a hygienist. It was difficult to wait but I applied again and was finally offered a position. Having to wait two years to apply again has taught me to never give up on my dreams, and that with a little perseverance I can accomplish anything that I put my mind to.

The book that's had the most significant impact on your life?

Shoot for the Moon, written and compiled by Evelyn Loeb. My husband gave it to me when I started hygiene school. It is a book filled with quotes that offer me many words of encouragement when I am feeling down. My favorite is a quote by Charles C. Noble, "You must have longrange goals to keep you from being frustrated by short-range failures."

The biggest change you've seen in yourself since you started the program?

I have learned to multi-task in ways I once around at home as much, my daughter looks up to me more than ever before and wants to follow in my footsteps and pursue a career in the dental field.

If you were President for a day?

I would implement more programs to ensure that all children in our country have access to medical and dental care.

If you weren't a dental hygiene student, what would you be doing?

I would still be working as a dental assistant and would be putting together many applications for dental hygiene school.

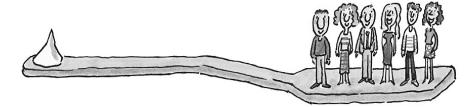
Three words that describe you best?

Trustworthy, Passionate, and Animated.





Celebrating 30 Years of Dental Staffing!



- Has numerous great temp assignments available each day
- Can confidentially help you find a new position when you wish to make a change
- Has valuable relationships with top VA, DC & MD practices you can benefit from!
- Is very knowledgeable on local dental employment & friendly to work with

(703) 978-5115 (888) 620-2880 ellen@dentalpower.com www.DentalPower.com Your Staffing Consultants: Bea Mostow Ellen Mazur Suzy Engle, RDH Joanne E. Mantoni, RDH Laura Rufo

What is an ADA Allied Member?

Several ADA constituents are offering Allied Memberships for all the dental team. Please review their membership information before considering joining. Joining ADHA will entitle you to a "Voice" and you have an opportunity to effect your profession.

The following is ADHA's statement on Allied Membership:

In order to help states address questions and concerns from their members, ADHA has developed an informational piece for use by constituents and components. Should you have questions please contact your District III Trustee or ADHA Central Office member services Division at 1-800-243-2342, press 1



The Virginia Dental Hygienists' Association

Michelle Goode, RDH Newsletter Editor 20300 Sprucegrove Square Ashburn, VA 21047

VDHA TOLL FREE NUMBER 1-888-RDH-VDHA Please call before 9 pm

Welcome New and Renewing Members

Lynne Bradshaw

Jamie Campbell

Deedra Gill