



# The Virginia Curet

The Virginia Dental  
Hygienists' Association  
www.vdha.net

Volume 32, Issue 1

Winter 2008

## President's Message



The long winter months gives us time for reflection. I sit at my kitchen table watching the snowfall and recalling the many accomplishments that VDHA has made through the years that I have been an active member.

In 1983, we were still practicing under direct supervision and continuing education was not required to renew our license. In 1995, was the birth of the VDHA Foundation, which was made possible by the generous gifts from Alice Hinchcliffe Williams. The Foundation gives

components around the state the opportunity to provide continuing education courses with renowned speakers, funds for dental hygiene students to travel to Richmond to participate at Rally Day and funds the CE speakers and expenses at every VDHA Annual Session. Additionally, through Ms. Williams' contribution, VDHA created the Alice Hinchcliffe Williams Memorial Fund after her passing. This Memorial Fund provides scholarships for dental hygiene students and funds education tools. Additionally, in 1995, annual continuing education requirements became a statute.

Over the twenty-five years I have been a member, Virginia has established dental hygiene distance learning sites. We currently have eight dental hygiene schools and are so proud to learn about the 9<sup>th</sup> distance leaning site in Lynchburg which will be available for enrollment as early as Fall 2008. I recently had the privilege to meet the dental hygiene students located in Southwest Virginia at Danville, Wytheville and Virginia Western Community College.

As I have said before, the students of today struggle with more challenges. But we all have the same dedication and desire to become a dental hygiene professional. In 2002, just six years ago, Virginia dental hygienists began practicing under general supervision. This opened many career opportunities. It has given hygienists the opportunity to broaden their scope of practice to serve in nursing homes to schools. In 2006, marked a great advancement for the dental hygiene profession. We successfully passed the local anesthesia/ nitrous bill which will allow dental hygienists to provide more efficient care to our patients.

We have become partners with the Head Start program in the past several years. A Virginia dental hygienist can place fluoride varnish on Head Start children's teeth under general supervision. Another incredible advancement to reaching out to the community and the underserved. Currently, the state of Virginia is offering a loan repayment program for students who have graduated in the last five years. A new funded program created to help ensure that dental health services are available in underserved areas. More details in this issue.

### Inside this issue:

<i>Service Directory</i>	2
<i>President's message continued</i>	3
<i>Calendar Update</i>	4
<i>Blue Ridge News</i>	5
<i>Tidewater News</i>	5
<i>Awards Solicitation</i>	6
<i>Classifieds</i>	7
<i>Student Column</i>	8
<i>President-elect report</i>	9
<i>VDHA foundation report</i>	9
<i>Classifieds</i>	11

**Officers**

<b>President</b>	Julie Simms	888-RDH-VDHA
<b>President-Elect</b>	Kelly Williams	804-536-3022
<b>Immediate Past President</b>	Melanie Bartlam	804-744-6228
<b>Vice President</b>	Susie Buss	434-589-5894
<b>Treasurer</b>	Sheri Henry	434-985-6998
<b>Correspondence Secretary</b>	Melanie Swain	804-291-3740
<b>Recording Secretary</b>	Evelyn Grant	434-924-1774
<b>Speaker of the House</b>	Pam Kitner	540-933-6529
<b>Alt. Speaker of the House</b>	Sheri Henry	434-985-6998
<b>Trustees</b>		
<b>01 Northern Virginia</b>	Dawn Southerly	703-591-8108
<b>02 Greater Richmond</b>	Keri Watts	804-862-1797
<b>03 Tidewater</b>	Jackie Perry	757-483-0799
<b>05 Piedmont</b>	Bonnie Perry	540-334-3824
<b>06 Shenandoah</b>	Mimi Magyar	804-973-8863
<b>07 Peninsula</b>	Carrie Merritt	
<b>09 Southwest</b>	Margaret Martin	276-728-3203
<b>10 Northwest</b>	Kim May	540-442-1898
<b>11 Blue Ridge</b>	Cheryl Todd	434-386-9497
<b>13 Fredericksburg</b>	Crystal Tayman	540-371-8774

**Councils and Committees**

<b>Administrative Council Chairperson</b>	Kelly Williams	804-536-3022
<b>Bylaws</b>	Jennifer Barger	540-392-7859
<b>Policy Manual</b>	Melanie Bartlam	804-744-6228
<b>Scopes Manual</b>	Jennifer Barger	540-392-7859
<b>Nominations</b>	Melanie Bartlam	804-744-6228
<b>Budget &amp; Finance Chairperson</b>	Jackie Perry	757-483-079
<b>Governmental &amp; Professional Affairs</b>		
<b>Governmental &amp; Professional Affairs Chairperson</b>	Cathy Berard	703-759-6983
<b>Legislative Chair</b>	Lesa Crane	
<b>Board of Dentistry Consultants</b>	Cal Whitehead and Hilton Graham	804-644-4424
<b>Contract Review</b>	Kelly Williams	804-536-3022
<b>Educational Affairs</b>	Vickie Hash	276-686-2090
<b>AHEC Coordinator</b>	Marty Roberson	540-334-1346
<b>State Education Network Liaison</b>	Irene Connolly	757-853-7223
<b>VDHA Access to Care Liaison</b>	Jackie Perry	757-483-0799
<b>Free Clinic Liaison</b>	Vickie Hash	276-686-2090
<b>ADHA Institute for Oral Health Liaison</b>	Tammy Cahoon	804-744-8321
<b>VHY-PAC Directors</b>		
	Ellen Austin-Prillaman	540-427-1366
	Crystal Lawrence	540-869-1778
	Jennifer Moorefield	434-832-0430
	Kim May	540-442-1898
	Maureen Glick	804-744-6228
	Shelly Caudill	804-241-1490
	Lisa Sheire	

**Foundation Directors**

<b>Foundation Director Chairperson</b>	Melanie Bartlam	804-744-6228
<b>Directors</b>	Julie Simms	888-RDH-VDHA
	Karen Avey	540-662-9223
	Marge Green	757-898-7739
	Sheri Henry	434-985-6998
	Jackie Perry	757-483-0799
	Sheila Sheats	703-569-1895
	Cathy Berard	703-759-6983
<b>Planning and Development</b>		
<b>Planning and Development Chairperson</b>	Karen Avey	540-662-9223
<b>Annual Session Planning Chair</b>	Diane Reece	
<b>Continuing Education</b>	Sheila Sheats	703-569-1895
<b>Ways &amp; Means</b>	Karen Avey	540-662-9223
<b>House of Delegates</b>	Misty Sissom	540-423-9823
<b>Smoking Cessation</b>	Maureen Glick	540-828-2925
<b>Member Services Council</b>		
<b>Member Services Council Chairperson</b>	Misty Sissom	540-423-9823
<b>Membership and SADHA</b>	Jenifer Spencer	
<b>Directory</b>	Betsy DiSilvio	703-352-0921
<b>Financial Aid</b>	Jackie Perry	757-483-0799
<b>Awards</b>	Patricia MacDougall	703-378-0728
<b>Community and Professional Relations</b>	Rita Sheaves	276-686-8911
<b>Employment/Recruitment</b>	Betsy DiSilvio	703-352-0921
<b>Historian</b>	Keri Watts	804-862-1797
<b>Web mistress</b>	Susan Reid-Carr	804-739-4747
<b>Newsletter Editor</b>	Michelle Goode	703-858-5880



## Want to Help Save Your Association's Resources?

If you would prefer to be notified when the Curet is accessible on the VDHA website rather than receive a paper copy in the mail, please send an email to [onegooderhd@aol.com](mailto:onegooderhd@aol.com) subject: opt-out.

This year, we are currently in the process of redefining dental hygiene and dental hygienists. We have come a long way as a profession and we want to project that in a new and more descriptive definition. I am truly very proud of the individuals who have shown years of dedication and have brought about these changes. We have so much to be proud of our achievements. I would like to acknowledge VDHA members who have been recipients of National Awards.

Sharon Stull recipient of the Colgate/ADHA Community Outreach Award

2005- Irene Connolly received the Discus/ADHA Distinguished Service Award

2005 VDHA received the ADHA membership award

2006- Jackie Perry received the Discus/ADHA Distinguished Service Award

2007- Cathy Berard received the Discus/ADHA Distinguished Service Award

2007- Marge Lappen Green served as President of the American Dental Hygienists' Association

This month, VDHA traveled to Richmond to attend the General Assembly. Students from Northern Virginia Community College, Germanna, Virginia Commonwealth University and Old Dominion University attended. The students learned the legislative process and the necessity of voicing their opinion. They learned the value of becoming active, in making a difference and being a part of VDHA. These students have demonstrated their dedication to their future career and how to bring about change for the good of the people of Virginia. We appreciate the dental hygiene school directors supporting the VDHA Rally Day. They have encouraged and mentored their students to become leaders and develop into outstanding dental hygiene professionals. Thank you to all the dental hygiene school instructors that serve as liaisons for VDHA.

I would like to close on this quote:

*"Your profession is not what brings home your paycheck. Your profession is what you were put on earth to do with such passion and such intensity that it becomes spiritual in calling.*

*-Vincent Van Gogh*

Respectfully submitted,

Julie F. Simms

VDHA President

#### **OUR MISSION**

"The mission of the Virginia Dental Hygienists' Association is to advance the art and science of dental hygiene by ensuring access to quality oral health care, increasing awareness of the cost-effective benefits of prevention, promoting the highest standards of dental hygiene education licensure, practice and research, and representing and promoting the interests of dental hygiene."

#### **OUR VISION**

Oral health professionals promoting total health

## Virginia Dental Hygienists' Association



### Calendar Update

#### VDHA Annual Session:

April 17-21, 2008  
April 2-5, 2009  
April 2010

Northern Virginia, Fairview Park Marriott, Falls Church  
Williamsburg  
Richmond

#### VDA Annual Meeting:

June 19-22, 2008

Williamsburg, Williamsburg Lodge

#### Executive Board Meetings:

April 17, 2008  
April 20, 2008  
July 19-20, 2008  
October 18-19, 2008  
January 10-11, 2009  
April 2, 2009  
April 5, 2009  
July 18-19, 2009

Northern Virginia (Pre-Annual Session 6-10pm)  
Northern Virginia (Post Session-after 3<sup>rd</sup> HOD)  
Charlottesville, Holiday Inn University (6-9pm & 8am-1pm)  
Charlottesville, Holiday Inn University (6-9pm & 8am-1pm)  
Charlottesville, Holiday Inn University (6-9pm & 8am-1pm)  
Williamsburg (Pre-Annual Session 6-10pm)  
Williamsburg (Post Session-after 3<sup>rd</sup> HOD)  
Charlottesville, Holiday Inn University (6-9pm & 8am-1pm)

#### VDHA Leadership Workshop:

October 17, 2008

Charlottesville, Holiday Inn University

#### Legislative Meeting:

January 18, 2008  
January 25, 2008  
January 23, 2009  
January 30, 2009  
July 19, 2008  
October 19, 2008  
January 11, 2009  
July 18, 2009

Richmond **Rally Day I**  
Richmond **Rally Day II**  
Richmond **Rally Day** (proposed)  
Richmond **Rally Day** (snow date)  
Charlottesville (10am-1pm)  
Charlottesville (10am-1pm)  
Charlottesville (10am-1pm)  
Charlottesville (10am-1pm)

#### Administrative Council Meeting:

July 19, 2008  
October 18, 2008  
January 10, 2009  
July 18, 2009

Charlottesville (2-5pm)  
Charlottesville (2-5pm)  
Charlottesville (2-5pm)  
Charlottesville (2-5pm)

#### VDHA Foundation:

July 18, 2008

Charlottesville, 4:00

#### ADHA Annual Session:

June 22-25, 2008  
June 16-24, 2009  
June, 2010

Hyatt Regency, Albuquerque, New Mexico  
Washington, DC, Omni Shoreham Hotel  
Miami, FL

#### Unleashing Your Potential Weekend

November 14-16, 2008

Chicago, IL

#### District III Meeting:

March 15, 2008 9:00-4:00,  
June 18, 2008

Frederick, MD  
Albuquerque, NM

#### ADHA Center for Lifelong Learning:

June 18-21, 2008

Hyatt Regency, Albuquerque, New Mexico  
One week following Executive Board Meetings

#### Curet Deadline:

July 27, 2008, October 26, 2008, January 18, 2009

#### Virginia Board of Dentistry-Regular Board Meetings:

March 7, June 6, September 12, December 12

#### Institute for Oral Health:

May 30, 2008 Deadline for donations

#### ADA and ADAA Annual Session

October 16-19, 2008 San Antonio, TX

Next Deadline for  
submitting articles  
and/or letters to the  
editor:

July 27, 2008  
onegooderhdh@aol.com



## Tidewater

Tidewater news: Tidewater Members will be attending Rally Day to meet their legislators in Richmond , January 25th accompanying the ODU Dental Hygiene students (on a bus provided by funding from the VDHA Foundation). Tidewater Component DH Members will cosponsor with Peninsula DH Members (with funding provided by the VDHA Foundation) the annual pinning of ODU DH students on April 7th at ODU's Webb Center at 6:30. CE Meetings for February, March, and April will be posted on the VDHA web site on 03's page. Submitted by, Jackie Perry, RDH, MSDH Tidewater Trustee/Pres.

## Blue Ridge

### VDHA ANNUAL SESSION MARKETPLACE TABLE RESERVATION

ORGANIZATION OR COMPONENT \_\_\_\_\_

CONTACT PERSON \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_

ITEMS TO BE SOLD \_\_\_\_\_

BOOTH TO BE ATTENDED BY \_\_\_\_\_

SIGNATURE \_\_\_\_\_

Enclose check for \$25.00 with reservation, payable to VDHA Marketplace. Return to:  
Cheryl Todd, RDH  
1024 Rivermont Terr.  
Lynchburg, VA 24503

### Annual Session 17 –20 April 2008

Northern Virginia will be hosting this year's Annual Session at the Fairview Park Marriott. This will be an exciting time to obtain your continuing education requirements, renew friendships, interact with colleagues and welcome students.

We will be having nationally known speakers which you can read all about in the registration brochure being mailed soon. We will cover: Focus on Your Future: Magnification and LED Light Sources in Dental Practice, New Drugs in Dentistry, Bisphosphonate-associated Osteonecrosis of the Jaw, Infection Control which will help with our OSHA requirement, Oral Health and Whole Body Wellness, New Concepts in Periodontal Instrumentation, "Please Don't Make me Change!" Products for at home use, Achieving Excellence in Treating and Counseling the Oncology Patient"

We have wonderful speakers, some are returnees and some new, but all are exciting and we hope the courses meet your needs.

Students will be interested in most all of these topics as well.

Students will be participating with the House of Delegates and we are trying to be inclusive for them.

Hope you all come and enjoy an exciting time for us in Falls Church!

Sheila Sheats, RDH  
Continuing Education Chair

**AWARDS COMMITTEE SOLICITS NOMINATIONS FOR THE VDHA  
OUTSTANDING MEMBER AWARD AND THE PATRICIA A. GOLLIDAY  
AWARD OF DEDICATION**

The VDHA Awards Committee is seeking nominations from the membership for individuals to be considered for the VDHA Outstanding Member Award and the Patricia A. Golliday Award of Dedication for 2006 - 2007. The Awards are engraved plaques and both are presented at Annual Session. Nominees for the Outstanding Member Award must be, or have been, active on the component and constituent and/or District levels for at least one year, and an active participant in VDHA committee assignments. The Patricia A. Golliday Award of Dedication nominee must be, or have been, active on the component and constituent and/or District levels for at least five years, and have served within the past five years as a VDHA committee or council chair and/or a constituent officer. The serving VDHA President cannot be nominated for either award, or can someone who has won the particular award during the past five years.

**Award winners during the past five years are:**

**OUTSTANDING MEMBER AWARD**

2002-03 Marina McGraw  
2003-04 Rita Sheaves  
2004-05 Maureen Glick  
2005-06 Melanie Bartlam  
2006-07 Catherine Berard

**PATRICIA A. GOLLIDAY  
AWARD OF DEDICATION**

Marge Green, Jackie Moran and Rita Sheaves  
Sheri Henry  
Steve Durrant  
Catherine Berard  
Misty Sissom

**Individual members of VDHA may nominate themselves or other members.**

Many times deserving members are unintentionally overlooked by individual components. Any VDHA member meeting the designated criteria listed in the first paragraph above may nominate themselves or another qualified VDHA member.

Forms to be used for the nominations are maintained by the Awards Committee Chairman, Trish MacDougall, 13219 Pennypacker Lane, Fairfax, VA 22033, email:patrdh13219@aol.com. Copies of the forms are also provided on the VDHA website [www.vdha.net](http://www.vdha.net) Additionally, the forms can be found in the Scopes Manual, pages 52 and 53, and copied as needed.

**Nominations must be submitted on these forms in order to be considered.**

Each component or VDHA Executive Board member nominating individuals for these awards, or VDHA members nominating themselves or other members for these awards are responsible for ensuring that the completed nomination form is submitted to the Awards Committee Chairman,  
Trish MacDougall, RDH  
13219 Pennypacker Lane  
Fairfax, VA 22033  
e-mail patrdh13219@aol.com.

**Forms must be received no later than February 29, 2008.  
Forms received after this date cannot be considered.**



## Children's Dental Health Month Public Library Opportunity

The Division of Dental Health (Virginia Department of Health) is collaborating with Virginia Public Libraries to highlight Children's Dental Health during February. The Division of Dental Health has produced and supplied all public libraries in Virginia with children's bookmarks with the slogan: **Reading Makes Me Smile.**

Public libraries have been encouraged to display a table of dental health books, and devote one of their pre-school 'story time' sessions to dental health. They are welcoming volunteer dental health professionals to read a dental health book and talk about dental health to young children.

Please call your local library to volunteer!! It is a quick and easy way to promote dental health and the importance of dental health professionals in the community.

**For more information, go to:  
<http://virginialibraries.pbwiki.com/>  
and click on: **Reading Makes Me Smile****



**The next time your practice needs a temporary or a permanent solution for your staffing needs. Or, if you are looking for temporary or full time employment and want to work with a great company call us.**

---

***Dental Assistants ► Dental Hygienists ► Dentists***

---

***Weekly Pay, Direct Deposit, & Taxes Withheld***

**Our 5<sup>th</sup> year serving Greater Richmond, Charlottesville  
and Northern Virginia.**

**Call: (804) 378-3330 for details today!**



## STUDENT COLUMN

Featuring Armen Grigoryan



### **Where do you call home?**

I have two homes, current one is in Roanoke, VA, I have lived here for about eight years and made a lot of friends and Yerevan, Armenia is where I was born and

raised, it will always have a special place in my heart.

### **Where are you attending school?**

I am a second year Dental Hygiene student at Virginia Western Community College in Roanoke, VA.

### **Your current SADHA position?**

I am a member since 2006.

### **Why did you choose dental hygiene?**

It is an amazing profession that allows treating and educating at the same time, the best part is that the end result is prevention, which means better health and improved quality of life for our clients. Plus Dental Hygiene is so diverse, there are so many fields that dental hygienists are making remarkable progress in promoting general and oral health.

### **Who do you consider your mentors?**

I am lucky I have a lot of them, first of all my parents, they are the reason I am how I am right now. I had a teacher that will always say, "Try to be a shiny star in the darkness, and do not let darkness engulf you". It is not easy, but every day I try to keep darkness away and dental hygiene is a perfect profession to do it.

### **What have you enjoyed most about the dental hygiene program so far?**

Lots of things, but one I enjoy the most is to see how my classmates and I improve our skills and become more confident in all aspects of dental hygiene care.

### **Your proudest accomplishment?**

I would say is becoming an American and I mean starting from the very beginning in a new country and working to the point where you can call it your home. I worked very hard to be where I am right now and I am proud of it.

### **The book that's had the most significant impact on your life?**

This can sound funny, but I still remember emotional storm I experienced when I read Russian interpretation of "Old Man and the Sea".

### **The biggest change you've seen in yourself since you started the program?**

I am definitely more patient and I have learned to listen. I am more confident and very happy than before.

### **If you were President for a day?**

I would do my best for every one to have affordable healthcare. I would stop the war and try to lead economy to environmentally safe production.

### **If you weren't a dental hygiene student, what would you be doing?**

I would be studying psychology.

### **Three words that describe you best?**

Optimist, generous and funny.



### Unleashing Your Potential Weekend 2007

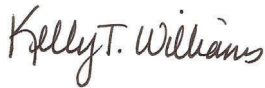
The Unleashing Your Potential workshop in Chicago (formerly known as the Constituent Officers Workshop) is an annual event hosted by the ADHA and is sponsored by an educational grant from GlaxoSmithKline. At this event each state is represented, typically by the President-Elect, and all hygienists are treated to a weekend full of education, fellowship, great food and entertainment, networking opportunities, motivational speakers, and a guided tour of the ADHA headquarters.

The weekend began with Ben Bernstein, a specialist in stress reduction, speaking about optimizing performance potential, how to stay calm, confident, and focused, and how to connect within yourself. His presentation was life-changing and reminded us all that showing appreciation and practicing gratitude changes your life and others around you.

ADHA President-Elect, Jean Connor, guided us through national issues and shared strategies of how the ADHA achieves operational excellence. The presentation helped me understand how ADHA functions, how much ADHA cares about our profession, and also how resources may be utilized within ADHA. There is much opportunity for us to learn from each other and learning what others have done that has been successful.

Additional highlights of the weekend included attending Chicago's annual Christmas parade, visiting the John Hancock observatory and shopping at the Water Tower on Millennium Mile. It was a weekend of a life time and it was one of my greatest pleasures to represent the Virginia Dental Hygienists' Association.

Respectfully submitted,



Kelly T. Williams  
President-Elect, VDHA

Serving as Chair of the VDHA Foundation has been fulfilling in so many ways. This year we awarded a grant to Lord Fairfax Community College to assist in providing access to care for those who are medically underserved when the students attended the Roanoke MOM project. One student shared that the most memorable experience during the event was, "Comforting and holding the hand of a patient while she had her tooth extracted. She was in pain and crying but was very appreciative." Many others shared that they enjoyed helping the less fortunate and seeing the patients' appreciation.

Other grants given this year provided transportation for students and members to attend Rally Day, speakers for continuing education courses for components, and for a colleague who is pursuing her PHD. The VDHA Foundation was established in 1995 by the Executive Board as an innovative way to address continuing education needs of dental hygienists. It is an endowment of Alice Hinchcliffe Williams.

If you are interested in investing in a student or colleague's future and would like to make a donation, please contact Melanie Bartlam at [RDHmel@aol.com](mailto:RDHmel@aol.com) or H- 804-744-6228 or visit the VDHA web site for more information @ [VDHA.net](http://VDHA.net).

Thank you,  
Melanie Bartlam  
VDHA Foundation Chair 2007-2008

# **Dental Professionals**

**Looking for the right office?  
Looking for a flexible schedule?  
Looking to work on your day off?**



## **Medical Dental Staffing, Inc.**

*Specializing in Temporary &  
Permanent Placements*

**Office: (540) 372-7542**

**Fax: (866) 363-5621**

**[www.MedicalDentalStaffing.com](http://www.MedicalDentalStaffing.com)  
[mdstaffing@gmail.com](mailto:mdstaffing@gmail.com)**

**We have Temporary, Part Time, and Full Time  
positions available in your area.**

**Call today, work tomorrow!**

**Formerly Doherty's Dental Temps  
Still locally operated since 2002**



We have opportunities for you with EXCELLENT employers in Virginia, Washington DC, Maryland and North Carolina.

Visit our website to learn how we are different and to find your new career!

[www.rdhsolution.com](http://www.rdhsolution.com)

### **McLean, VA**

This office is a premier, solo practice in that prides themselves in designing care for the patient based on their need. Beautiful new office, latest technology, caring doctor, and excellent compensation. Tuesdays and Thursdays with potential for Wednesdays 8:00-4:30.

### **Woodbridge, VA**

Rare opportunity! Office is seeking a hygienist to implement a hygiene program in their brand new, beautiful practice. The staff and doctor are exceptionally nice and willing to make accommodations for the hygienist to begin this program. Permanent, 2 day/ week position, days are flexible 8-5 1 hour lunch.  
804.748.2505 [clientservices@rdhsolution.com](mailto:clientservices@rdhsolution.com)

Have you made your New Year's Resolutions for 2008? Perhaps you want to be a dental hygienist who makes a difference. Why not consider getting more involved with the one professional organization where your voice counts? Elections will be held at the VDHA Annual Session in April. Nominations are open. If you have any questions about the responsibilities of the trustees or officers of the Executive Board, please feel free to contact your trustee, another VDHA officer, the Scopes Manual on the VDHA web site, or myself. As Immediate Past President, I am filling the slate for the 2008-2009 year. I encourage you to take the plunge, get involved, make a difference! The rewards are endless!

You can contact me at [RDHmel@aol.com](mailto:RDHmel@aol.com) (subject - VDHA) or H- 804-744-6228. I would be happy to answer any questions you may have. I look forward to hearing from you!  
Melanie Bartlam  
VDHA Nominations Chair

The Virginia Department of Health is pleased to announce the establishment of a dental hygienist loan repayment program. The first set of awards will be made in 2008. For the first year of the program, applications will be accepted on a rolling basis from January to May 2008.

If you graduated from a dental hygiene program less than five years ago, including 2008 graduates, you may be eligible to apply. Please go to the VDHA website for complete eligibility information related to the repayment program.

Interested persons may contact:

Elizabeth Barrett, DMD, MSPH  
Oral Health Promotion Unit Manager  
Division of Dental Health  
Virginia Department of Health  
109 Governor Street, 9th floor  
Richmond, VA 23219  
Tel: (804) 864-7824

**The Virginia Dental  
Hygienists' Association**

Michelle Goode, RDH  
Newsletter Editor  
20300 Sprucegrove Square  
Ashburn, VA 20147

VDHA TOLL FREE  
NUMBER  
1-888-RDH-VDHA  
Please call before 9 pm

**WELCOME NEW MEMBERS**

**Jackie Harnois  
Amelia Harris  
Chris Harris  
Erin Mayes  
Emelia McLennan  
Rebecca Morris  
Ellen Radick  
Erica Waterman**