



American  
Dental  
Hygienists'  
Association

Virginia

The Virginia Dental Hygienists' Association

# The Curet

Summer 2010

VOLUME 35, ISSUE 1

## President's Message

Greetings fellow members of the Virginia Dental Hygienists' Association,

I hope that everyone is having a relaxing summer and surviving the heat and humidity. As your President, I have had a busy summer attending the District III meeting and the ADHA Annual Session in Las Vegas. While attending the ADHA meeting, I had the privilege to serve on a Reference Committee to the House of Delegates. This was a wonderful learning experience and gave me the chance to network with other colleagues from across the nation. I am extremely grateful to the members of VDHA for allowing me to represent Virginia at this wonderful meeting.

As the fall approaches, the profession of dental hygiene in Virginia faces new challenges and opportunities. Soon, we will have the addition of the DA II, which is the expanded function dental assistant. Besides the DA II, the Virginia Board of Dentistry has scheduled a review of the rules and regulations that affect the practice of dentistry and dental hygiene. A Notice of Intended Regulatory Action, or NOIRA, has been issued. The comment period for the NOIRA will end on September 30, 2010. You can be sure that VDHA will voice our opinions to ensure that the public as well as our profession are protected. However, ***we cannot do this alone!*** Please contact the Governmental and Professional Affairs Council Chair, Pam Kitner, or the Regulation and Practice Committee Chair, Carrie Simpson, on how ***YOU*** can make a difference.

In addition to the aforementioned, VDHA is investigating Medicaid reimbursement for dental hygienists, pursuing answers to the access to care issue, and examining the various workforce models that are currently in existence. Although the upcoming overhaul of the rules and regulations can be viewed as a challenge, it can be a wonderful opportunity to achieve more for the profession of dental hygiene.

Remember, if we *Dream* it, *Believe* it, then we can *Achieve* it.

Rita Sheaves, BSDH, RDH, PhD  
President  
The Virginia Dental Hygienists' Association  
president@vdha.net



**OUR MISSION**

***“THE MISSION OF THE VIRGINIA DENTAL HYGIENISTS’ ASSOCIATION IS TO IMPROVE THE PUBLIC’S TOTAL HEALTH AND ADVANCE THE ART AND SCIENCE OF DENTAL HYGIENE.”***



**OUR VISION**

*Oral health professionals promoting total health*

**Calendar**

**VDHA Professional Development Workshop:**

October 22, 2010                      Richmond Marriott West (9am-4pm)

**Executive Board Meetings:**

October 23-24, 2010                      Richmond, Marriott West  
January 8-9, 2011                          Charlottesville, Holiday Inn University

**Curet Deadline:**

October 30, 2010                          e-mail submissions to:  
[smile\\_cleaner05@hotmail.com](mailto:smile_cleaner05@hotmail.com)

**Please go to our website for a complete  
Calendar update**

**[www.vdha.net](http://www.vdha.net)**



## 2010-11 VDHA Officer Councils and Committee Chairs

<p><b>President:</b> Rita Sheaves- president@vdha.net</p>	<p style="text-align: center;"><b>Administrative Council:</b> Melanie Swain-Chair</p>
<p><b>President Elect:</b> Melanie Swain- presidentelect@vdha.net</p>	<p>Budget and Finance: Cathy Berard- Chair Vice President: Sarah Hill Bylaws: Sarah Hill Scopes Manual: Sarah Hill &amp; Denise Claiborne Nominations and Policy Manual: Ellen Austin-Prillaman Corresponding Secretary: Julie Simms Recording Secretary: Beth Sadler House of Delegates Secretary: Jackie Perry</p>
<p><b>Immediate Past President:</b> Ellen Austin-Prillaman- immediatepastpresident@vdha.net</p>	
<p><b>Vice President:</b> Sarah Hill- vicepresident@vdha.net</p>	
<p><b>Treasurer:</b> Patricia MacDougall treasurer@vdha.net</p>	
<p><b>Recording Secretary:</b> Beth Sadler- recordingsecretary@vdha.net</p>	
<p><b>Corresponding Secretary:</b> Julie Simms-correspondingsecretary@vdha.net</p>	
<p><b>Speaker of the House:</b> Julie Simms-speakerofthehouse@vdha.net</p>	<p style="text-align: center;"><b>Professional Development Council:</b> Jackie Perry-Co-Chair, Maureen McCann-Co-Chair</p>
<p style="text-align: center;"><b>Alternate Speaker of the House:</b> Michelle Goode-onegooderhd@aol.com</p>	<p>Annual Session Planning: Bonnie Perry, Ellen Austin-Prillaman Continuing Education: Sheila Sheats Ways and Means: Karen Avey House of Delegates: Sheri Moore Foundation Director: Ellen Austin-Prillaman- Chair Foundation Appointee: Jackie Perry Foundation Secretary: Cathy Berard</p>
<p style="text-align: center;"><b>Trustees:</b></p>	
<p><b>01-Northern Virginia:</b> Jennifer Spencer- trustee01@vdha.net</p>	
<p><b>02-Greater Richmond:</b> Carrie Simpson- trustee02@vdha.net</p>	
<p><b>03-Tidewater:</b> Jackie Perry- trustee03@vdha.net</p>	
<p><b>05-Piedmont:</b> Bonnie Perry- trustee05@vdha.net</p>	
<p><b>06-Shenandoah Valley:</b> Evelyn Grant- trustee06@vdha.net</p>	
<p><b>07-Peninsula:</b> Jennifer Podish- trustee07@vdha.net</p>	
<p><b>09-Southwest Virginia:</b> Margaret Martin- trustee09@vdha.net</p>	
<p><b>10-Northwest:</b> Pam Kittner- trustee10@vdha.net</p>	
<p><b>11-Blue Ridge:</b> Cheryl Todd- trustee11@vdha.net</p>	
<p><b>13-Fredricksburg:</b> Lesia Crane- trustee13@vdha.net</p>	<p style="text-align: center;"><b>Government and Professional Affairs Council:</b> Pam Kitner-Chair</p>
	<p>Regulation and Practice: Carrie Simpson-Chair Board of Dentistry Consultants: Kelly Williams, Carrie Simpson Lobbyists: Hilton Graham, Cal Whitehead Contract Review: Melanie Swain- Chair VHy-PAC Directors: Maureen McCann- Chair</p>
	<p style="text-align: center;"><b>Public Health and Education Council:</b> Tiffany Boyd- Co-Chair, Sharon Logue- Co-Chair</p>
	<p>Public Health Committee: Susan Pharr AHEC Coordinator: Marty Roberson Education Committee: Marty Roberson &amp; Elaine Smith VIADC: Tammy Cahoon OHIC: Sharon Stull Free Clinic Liaison: Misty Mesimer</p>
	<p style="text-align: center;"><b>Member Services Council:</b> Margaret Martin- Chair</p>
	<p>Membership/Student Chapter of ADHA Liaison: Maureen Thompson Membership Directory: Betsy DiSilvio Newsletter Editor: Shelly Caudill Awards: Evelyn Grant Historian: Kara Davis Webmistress: Susan Reid-Carr</p>

## President Elect's Message

### Top 5 Moments as VDHA's President Elect First Quarter, April – July 2010

1. Installed as VDHA's President Elect at our Annual Session in Richmond on my birthday weekend.
2. Delivered greeting and presented award at Virginia Commonwealth University's Dental and Dental Hygiene graduation ceremony. My second time to wear my cap and gown with my dental hygiene colors.
3. Orchestrated a successful 3<sup>rd</sup> birthday party for my son the same weekend I attended my first District III meeting in Winchester. The birthday theme "Cars" was a hit and our District was an impressive group.
4. Attended ADHA's Annual Session as VDHA's Alternate Delegate in Las Vegas and managed to have a potty-trained toddler soon after returning home. What a success all around!
5. Attended VDHA's Executive Board and council meetings. I'm looking forward to the upcoming Professional and Development Workshop on October 22, 2010. Mark your calendars and save the date.

Please stay tuned for more "top moments" of the upcoming next quarter. I anticipate more "firsts" as I journey through my President Elect experience.

Submitted by,  
Melanie C. Swain BSDH, RDH



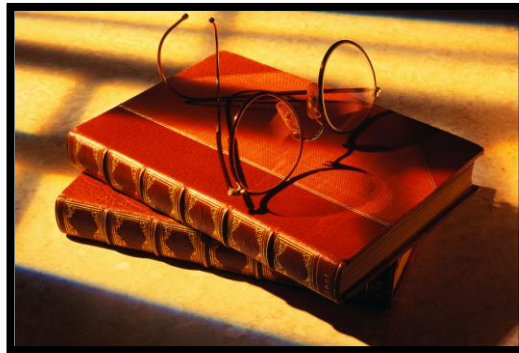
## NOTICE OF INTENDED REGULATORY ACTION (NOIRA)

Notice is hereby given that the Virginia Board of Dentistry (BOD) intends to consider amending regulations created for the practice of dentists, dental hygienists and dental assistants. As a result of a lengthy periodic review, the BOD has determined that Chapter 20 of the Virginia Board of Dentistry Regulations be reorganized with new chapters that will detail the duties allowed for these positions. This process could take more than two full years to complete but will be one of the best opportunities for Virginia dental hygienists to work towards and achieve many of our goals that protect our profession and the citizens of the Commonwealth. The Regulation and Legislation Committee of the BOD did a preliminary review and they intend to have approximately four new chapters added that will include updates on dentistry, dental hygiene, dental assistants and another for other items of concern.

The new regulations for Dental Assistant II (DAII) are in the office of the secretary for Governor MacDonnell for review of final publication. The language the BOD adopted for the final regulations reads that a dentist may utilize up to a total of four dental hygienists OR four dental assistants II in any combination practicing under direction or general supervision at one and the same time, with the exception that a dentist may issue written orders for services to be provided by dental hygienists under general supervision in a free clinic, a public health program, or on a voluntary basis. ***AT THIS TIME***, supragingival scaling is NOT allowed by DA II's, but VDHA is concerned that the BOD still finds it necessary to limit the number of dental hygienists that may practice in one office.

There will be a series of public comment periods in which the Virginia Dental Hygienists' Association (VDHA) will be able to voice the questions and concerns of the dental hygiene profession. ***We need your voice!*** This is a concern for ***ALL*** registered dental hygienists of Virginia and a time when we need to join together and be active in promoting our professional skills to increase access to care for all populations and to be protective of the kind of care they receive. Please direct your comments and concerns to the Governmental and Professional Affairs Council Chair of VDHA at [ftvlykit@shentel.net](mailto:ftvlykit@shentel.net) to help combine our efforts in protecting our profession.

Respectfully submitted,  
Pam Kitner, RDH  
Governmental and Professional  
Affairs Council Chair







*The Virginia Dental Hygienists' Association would like to present the 7<sup>th</sup> Annual Professional Development Conference and Fall CE*

**Jacqueline Moran, RDH, BS, CTTS**

9 am-12 noon- 3 CE's

**Tobacco Cessation**

**Not to be Cheeky...**

**Kiss Your Butt Goodbye**

Lunch and Marketplace 12-1 pm

**Brenda White Wright, PhD**

1 pm- 4pm 3 CE's

**Dealing with Challenges to Change: From Excuses to Excellence**

**Friday, October 22, 2010**

**9:00 am- 4:00 pm**

**Marriott Richmond West**

**Marriott Richmond West**

**4240 Dominion Boulevard**

**Glen Allen, VA 23059**

**804-965-9500 (P) 804-968-7134 (F)**

[www.marriott.com/RICMW](http://www.marriott.com/RICMW)

This 6 CE Professional Development Conference is offered to all ADHA members and Faculty for \$75.00 for all day.

For the 9-12 noon Tobacco Cessation 3 CE only: ADHA member fee is \$25.00

Potential member fee is \$50.00

Lunch is \$25.00.

Students are welcome all day for \$25.00.

Marketplace tables will be available for \$25.00.

**Please contact Julie Simms.**

**RSVP:** to Julie Simms

**Make check payable to VDHA and mail to**

**4811 Walney Knoll Ct. Chantilly, VA 20151 by October 1<sup>st</sup> for the Conference and Marketplace tables.**

(If attending the AM CE course ONLY, registration may be completed online at [www.vdha.net](http://www.vdha.net))

**If you plan to make hotel reservations for any night, the deadline for reservations is September 23rd. Please specify VDHA when making your reservations.**The hotel rate is \$99.00 per night.

*About the Speakers*

**Jacqueline B. Moran, RDH,BS, CTTS**

Jackie has been the supervisory hygienist for the eight Naval Dental Clinics in the Hampton Roads area for the past 9 years. She has provided instruction to Naval dental personnel in Tobacco Cessation, Preventive Dentistry and Local Anesthesia. Jackie has conducted Health Promotion programs for the employees of Naval Dental Clinic, Norfolk and support fleet health promotion activities for both ships and land based commands in the Navy Mid-Atlantic Region.

**Brenda White Wright, PhD**

A motivational speaker, trainer and consultant with more than 30 years of experience in business management, organizational development, humanresources, education and multicultural issues, race relations, youth initiatives, community relations, resource development, radio and television. She is an honors graduate of East Tennessee State University. For over twenty years she worked as President and CEO of Girls Incorporated of Kingsport, a United Way agency. Dr. Wright is now President and CEO of the "The Wright Approach". She was recently named by the Business Journal of Tri-Cities TN/VA as one of the region's "Twenty-Five Powerful Female Executives."

## Alice Hinchcliffe Williams IOH Scholarship

Alice Hinchcliffe Williams, RDH, MS Graduate Scholarship is the VDHA Foundation sponsored scholarship that is awarded through the ADHA Institute for Oral Health

This \$1,000 scholarship is funded by the Virginia Dental Hygienists' Association Foundation, and was created to honor our deceased colleague and benefactor, Alice Hinchcliffe Williams, RDH, MS who enabled VDHA to establish the VDHA Foundation to serve as the primary provider of lifelong learning for Virginia dental hygienists. An applicant must be a Virginia resident seeking a graduate degree in Dental Hygiene or accredited, degree studies related to the professional roles of the dental hygienist.

The IOH applications are available October 1 of each year; the deadline for Institute Scholarship applications is February 1. All students who meet the requirements listed under the "Eligibility" section of the website are encouraged to apply. Award recipients will be notified no later than June 30. Please visit the ADHA IOH website for further information and application process.

<http://www.adha.org/ioh/programs/scholarships.htm>

Submitted by:  
Cathy Berard, BSDH, RDH  
VDHA Foundation Secretary



**Virginia Dental Hygienists' Association Foundation  
Honor Roll Report of Gifts**

May 1, 2009—May 21, 2010

**JEFFERSON CLUB**

Northern Virginia Dental Hygienists' Association  
*In memory of Patricia A. Golliday, RDH*

**PATRIOT CLUB**

Catherine Berard, BSDH, RDH  
Shelly Caudill, BSDH, RDH  
Marge Green, RDH, MS  
*In memory of her brother, Joseph T. Lappan  
In honor of Dr Barry Lee Green*  
Mary Littleton, RDH  
Nancy Martin, RDH, BSDH  
Elaine Newland, RDH  
Marty Roberson  
Julie Simms, RDH  
*In memory of Cynthia Forsberg*

Monticello Virginia Dental Hygienists' Association  
*In honor of Evelyn D. Grant,  
Monticello DHA President*  
Peninsula Dental Hygienists' Association  
*In honor of Janis Doye, RDH*

Lord Fairfax Community College Faculty  
*In honor of Claudia Mazurkiewicz, RDH*

**DONOR CLUB**

Julie Y. Allen  
Karen D Avey, RDH, MSDH  
Melanie Bartlam  
Linda Boyd  
Irene Mary Connolly, RDH, MS  
Diana Corbin  
*In memory of Dr Lewis Armstrong*  
Janet Gilliam  
Michelle Goode  
Evelyn D. Grant, RDH

**DONOR CLUB (continued)**

Dolores Hedgepeth  
Susan Helwege  
*In memory of Mary Semancik's father*  
Sarah Hill  
Catherine Q Johnson  
Pam Kitner, RDH  
Patricia MacDougall  
Mimi Magyar  
Margaret Martin  
*In memory of my Dad, Dr Robert F Jackson, Sr.*  
Kimberly May  
Maureen McCann  
Sheri A Moore  
Bonnie Perry  
Jackie D Perry, RDH, MSDH  
Susan Pharr, RDH, MPH  
Jennifer Podish  
Amy Rankin, RDH, BSDH  
*In memory of her father, Maximo P. White*  
Susan Reid- Carr, BS, RDH  
Angela Richwine  
Beth Sadler, BSDH, RDH  
Susan Ashley Selfe  
Sheila B. Sheats  
*In honor of Karen Avey and Melanie Bartlam*  
Rita Sheaves, BSDH, RDH, PhD  
Deanne Shuman  
Dawn Southerly  
*In memory of Thomas Wilson Smith*  
Jenifer L. Spencer  
Melanie Swain  
Maureen Thompson, BS, RDH  
Cheryl Todd  
Jennifer Zimmerman  
North West Virginia Dental Hygienists' Association

Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to Marge Green, VDHA Foundation Treasurer,  
1919 Old York Hampton Highway, Yorktown, VA 23692-4143.



## CELEBRATE OUR COLLECTIVE SUCCESS

### ***VDHA wins national award at ADHA Annual Session in Las Vegas: “Institute for Oral Health Category I ADHA Constituent with the Largest Organizational Donation to IOH”***

Kudos for the continued generosity of all individual supporters and the outstanding fund raising conducted by our volunteers in the “VDHA Liaison to IOH Network” and VDHA’s Component s. Supporting ADHA Institute for Oral Health (IOH), our only national foundation specifically created for dental hygienists, enables grants and scholarships to be awarded to students, faculty, communities and research advancing the Dental Hygiene profession. Special gratitude goes to the members of the VDHA Liaison to IOH Network:

<u>Component</u>	<u>Liaison to IOH Network</u>
Northern Virginia	Cathy Berard
Greater Richmond	Shelly Caudill
Tidewater	Irene Connolly
Piedmont	Bonnie Perry
Shenandoah	Evelyn Grant
Peninsula	Marge Green
Southwest Virginia	Margaret Martin
Northwest	Julie Allen
Blue Ridge	Cheryl Todd
Fredericksburg	Lesia Crane

*We invite you to join in the fun and rewarding philanthropic work of this Network, which can be easily done by contacting Marge Green, RDH, MS who chairs the network in her position as VDHA’s Liaison to IOH. Contact Marge at [mgreenrdh@gmail.com](mailto:mgreenrdh@gmail.com) or 757-898-7739.*

Gift your tax deductible donation to IOH is an easy and fast process, as one can transact a “monthly pledge” or a one time, lump sum using either the US mail or electronic transmission via <https://www.adha.org/ioh/secure/donate.htm> What a nice surprise gift for your friends, family, employer, etc. to see their name published in “*IOH’s Annual Honor Roll Report*” among the many being honored! In addition to designating individuals to be honored, you can also select the “Fund” to receive your money.

## Gratitude to our Donors Supporting ADHA Institute for Oral Health

**July 1, 2009 – April 30, 2010**

Julie Allen, RDH  
 Christine H. Ballard, RDH  
 Jennifer Barger, RDH  
 Amanda Childs Beheler, RDH  
 Ann M. Cooper  
 Susan Craig Crockett, RDH  
 Melissa J. Deats, RDH  
 Brenda S. Dillion, RDH  
 Amy H. Doss, RDH  
 Jeanne Ann Driver, RDH  
 Marilyn R. Duling, RDH  
 Arlene Duncanson-Taylor  
 Liselotte Edwards, RDH  
 Elizabeth W. Goodman, RDH  
 Jill B. Grassmick, RDH  
 Marge L. Green, RDH, MS  
 Kristy A. Harman, RDH  
 Trisha Thompson Heidt, RDH  
 Tammy S. Hevener  
 Martha P. Hof  
 Catherine Q. Johnson, RDH  
 Amanda B. Jordan, RDH  
 Joanne G. Kane, RDH  
 Donna D. Kirley, RDH  
 Pamuela Ann Kitner, RDH  
 Joyce A. Kwiatkowski-Spieler, CDA, RDH  
 Michelle L. Law, RDH  
 Jerri S. Lineberry, RDH  
 Leslie A. Mallory, RDH  
 Nancy A. Martin, RDH, BS  
 Ashley Dianne Milstead  
 Vali Mohler, RDH  
 Monticello Dental Hygienist's Association  
 Carolyn B. Moore, BSDH, RDH  
 Christina Morris, RDH  
 Kathleen M. Noonan, RDH

Northern Virginia Dental Hygienists' Association  
 Northwest Dental Hygienists' Association  
 Mimi Nguyen, RDH, BSDH  
 Old Dominion University Student Chapter  
 Bonnie A. Perry, RDH  
 Susan Pharr, RDH, MPH  
 Piedmont Dental Hygienists' Association  
 Jennifer Podish, RDH  
 Justin M. Prillaman  
 Amy S. Rankin, RDH, BSDH  
 Diane Rae Reece, RDH  
 Rebecca Reeves, RDH  
 Taisha K. Reynolds, RDH  
 Martha H. Roberson, RDH, MSHA  
 Elizabeth R. Sadler, RDH  
 Kari A. Schuller, RDH  
 Patricia Kotz Shand, Bsc, RDH  
 Debbie Shifflett  
 Deanne Shuman, BSDH, PhD  
 Julie F. Simms, RDH, BS  
 Betsey E. Soulsby, RDH  
 Southwest Dental Hygienists' Association  
 Sharon C. Stull, RDH, MS  
 Cheryl A. Todd, RDH  
 Sharlene P. Toone, RDH  
 Chester Torkomoo, RDH, BS  
 Marilyn Hope Via, RDH  
 Hanna L. Wardlaw, RDH  
 Karen Kosmahly Wiles, RDH  
 Jamie Worley, RDH  
 Virginia Dental Hygienists' Association  
 Virginia Dental Hygienists' Association Foundation

**GRACIAS!**

**THANK YOU!**

**MERCI!**

**DANK!**

### Component 02

**Officers:**

President- Beth Sadler	Treasurer- Melanie Bartlem
Immediate Past President-Shelly Caudill	Membership Chair- Susan Reid-Carr
Vice President- Susan Pharr	CE Chair- Tiffany Boyd
Secretary- Ruth McNamara	
Trustee/SCADHA Liaison/Legislative Chair- Carrie Simpson	

The summer is flying by, and GRDHA is gearing up for an exciting fall! A Student Luncheon was held at the VCU School of Dentistry for all hygiene students and faculty on August 6<sup>th</sup>. We want to convey a big THANK YOU to VDHA President Rita Sheaves and President-Elect Melanie Swain for their time and dedication in attending this event and helping to make it a success.

We are looking forward to more interaction with the VCU students when we take part in the 2<sup>nd</sup> Annual Oral Cancer Walk on August 28<sup>th</sup>. If you would like more information on this event, check out our Facebook page!

The Executive Board is in the final stages of planning the fall/winter CE schedule, and you will see more information in your inbox soon regarding these courses. If you are not currently receiving emails regarding upcoming events sponsored by GRDHA and would like to, please email your information to [susanreidcarr@verizon.net](mailto:susanreidcarr@verizon.net) and we will be happy to add you to our list.

Respectfully Submitted,  
 Beth Sadler, BSDH, RDH  
 President of Greater Richmond Component

### Component 06

**Officers:**

President/ Trustee – Evelyn D. Grant	Legislative Chair – Christina Morris
Vice President/Newsletter – Sarah Hill	Membership Chair – Betsey Soulsby
Secretary– Sheri Moore	SADHA Chair – Kim Syndor
Treasurer – Mimi Magyar	

**Meetings:**

July 21, 2010	Board Meeting
August 25, 2010	One Hour CE (Pain Free Performance)
October 13, 2010	One hour CE course with Dermatologist
November 3, 2010	Board Meeting
January 19, 2011	Board Meeting
March 18, 2011	Six Hour CE Course

**Activities:**

Members attended the Executive Board Meeting July 17-18, 2010  
 August 6, 2010 , September 10, 2010 Community Service (Friday’s After 5)  
 September 24, 2010 Lunch Social at Millmot Grille

Respectfully Submitted,  
 Evelyn D. Grant, RDH, MBA  
 Trustee for Monticello Component

### Component 09

**2010-11 Officers:**

President –Maureen “Moe” Thompson  
Vice-President – Kara Davis

Secretary/Treasurer – Terri Atwell  
Trustee – Margaret Martin

Plans are underway for Fall and Spring CE's so stay tuned.

We want to congratulate our own, **Dr. Rita Sheaves**, VDHA President! We're so proud of you!!

Submitted by,  
Margaret Martin  
Trustee for Southwest Virginia Component

### Component 10

Members attended a Recognition ceremony for dental hygiene graduates at Lord Fairfax Community College on May 10, 2010. The component provided cookies for the reception and gave the students nametags as gifts. Pam Kitner brought greetings from NWVDHA and welcomed the graduates into the profession and encouraged their membership in the association.

At our business meeting in May we met at the Springhouse Tavern in Woodstock and nominated new officers who will be voted on in August. We also plan to attend a “meet and greet” with the new dental hygiene students at Lord Fairfax on August 13 and provide dinner by everyone bringing a dish to share. Members have been asked to mentor one or more students and will meet their mentees on this day.

A continuing education class was held at Lord Fairfax Community College on July 9, 2010 lead by Catherine Bower, RDH,BSDH. This was very interesting class learning about the use of Essential Oils in Dentistry.

Our next business meeting will be held in Edinburg, VA at Sal’s Italian Restaurant at 7:00pm in their downstairs dining area on September 16, 2010. Join us for some great food and to meet our Virginia Dental Hygienist Association President, Dr. Rita Sheaves.

Respectfully submitted,  
Pam Kitner, RDH

### Component 11

I want to offer Kudos (in Kelly's tradition) to Ashley Milstead, RDH (CVCC '10) for attending her first state-level meetings on July 17 & 18 and for helping me amend our component by-laws. She contributed, and she felt the love we all bring to our professional sessions. She will carry that forward as she embarks on her career.

We have CE coming up on Nov. 5 with Linda Blackiston; watch your e-mail for topics, location & registration info.

Submitted by,  
Cheryl Todd  
Trustee for Blue Ridge Component

# Giving Back

## Nicaragua

### Old Dominion Professor and Student Join Dental Mission to Nicaragua

Gayle McCombs, professor at Old Dominion University (ODU) and MSDH graduate student Kendra Kleppe accompanied a dental team to Nicaragua as part of a dental mission conducted by Physicians for Peace. As part of their assignment McCombs and Kleppe worked to provide oral health assessments, dental treatment, and education to multiple age groups from the community.

Old Dominion University is partnering with Physicians for Peace and University of Nicaragua-León Dental School (UNLD) to help establish the first dental hygiene program in Central America. On behalf of ODU McCombs and Kleppe conducted a needs assessment, explored the dental school campus, and met with the dean and faculty of the dental school to discuss how to bring dental hygiene education to Nicaragua. Discussion included outlining a plan for ODU to assist in developing a program that would train future dental hygiene faculty at UNLD as a way to sustain long-term education and skill training. The plan aims to create access to care and expand opportunity for the people of Nicaragua.

If you are interested in seeing how you can be involved with Physicians for Peace, feel free to contact Gayle at [gmcombs@odu.edu](mailto:gmcombs@odu.edu) or visit the Physicians for Peace website at <http://www.physiciansforpeace.org>.





# Giving Back

## Hygienists without Borders- Ghana Team 2010

*NVCC Dental Hygiene Students visit Ghana, Africa on a Global Community Outreach Project*

GHANA

Director of NVCC Dental Clinic & Dental Hygiene Team Leader- **Howard L. Kelley DDS, MPH**; NVCC faculty **Mrs. Suzanne Shaw, RDH** and **Voncile English Kelley RN, MED**; **Daria U. Amato, MSN, RN, CNE** Associate Professor of NVCC Nursing program piloted an International Studies class this summer that culminated in a 2 week trip, providing required dental treatment and oral health education to the impoverished indigenous population of Ghana, Africa.

The dental hygiene students that participated in this project are: class of 2010 graduates **Punita Mangat Fielding RDH** and **Jennifer Miller RDH**; along with **Dana Hampel, Constance Rice and Abby White**- second year dental hygiene students from the Class of 2011. The team provided oral health education, dental screenings, perio-debridements, prophylaxis and simple dental surgeries. They worked in an existing government hospital dental clinic in the town of *Half Assini*, and turned an empty room at the Solam Gospel Clinic in *Bonyere* into a temporary dental clinic. The pioneer dental team and allied health professionals of nine were able to deliver care to over 300 patients of all ages during the time spent in the two clinics. In addition, the Ghana Team from NVCC had a rewarding opportunity to visit the *Word Alive Orphanage and Children's Home in the village of Esiam*; where dental education and dental screenings were performed on 32 wonderful children ranging from 5 -17 years of age. NVCC Ghana team feels extremely fortunate to have had this opportunity to make a difference in the world. The experience led to treating the needed as well as developing cultural awareness and learning which has forever altered their lives. The need for global dental care is so great that programs such as this cannot be underestimated. The NVCC Ghana team of 2010 fervently hopes that the International Studies class can continue in order to make future dental projects to Ghana and other countries possible again.



## Welcome to our newest members!

Please visit our website for constituent and component contact information. We will be happy to speak with you, and encourage you to find an area where you will enjoy active participation.

**Remember new graduates need to transfer from student to active member.** Once you have your license, you are eligible to transfer over. Graduates can convert to Active membership by visiting [www.adha.org](http://www.adha.org). Graduates simply click on the “Convert Now” link and complete the required information – which includes their new dental hygiene license number. Students may also convert by calling ADHA directly at 312/440-8900, press 1 or by emailing their name, ADHA ID, license number and state of licensure to [member.services@adha.net](mailto:member.services@adha.net).

AGUILAR, MARIA	VA01	AHMADZAI, NADJMA	VA01
BASHAM, SHERRY	VA01	ENLERS, EVA	VA01
EROME, MEAZA	VA01	HAAG, CYNTHIA	VA01
HABTOM, AARON	VA01	HANCOCK-DOOLY, HOLLY	VA01
HARDY, LAVONN	VA01	JARVIS, MAUREEN	VA01
KLAUSMEYER, KAREN	VA01	KNOWLES, HOLLY	VA01
KOLB, MARY	VA01	MCDONELL, LORI	VA01
MOUKDARATH, SOMCHAY	VA01	NGUYEN, THU	VA01
RIORDAN, CHARLOTTE	VA01	SOEMANTORO, AJENG	VA01
SWAVELY, BARBARA	VA01	WELCH, LINDA	VA01
ZIA, MARANA	VA01	ATKINS, SUSAN	VA02
CLARK, SARAH	VA02	DAVIS, SHANNON	VA02
GREEN, CHRISTINA	VA02	HAMPTON, AJANET	VA02
LLOYD, TABITHA	VA02	MCNAMARA, RUTH	VA02
WATSON, DEANNE	VA02	BLAND, CAROLYN	VA03
BOCCIA, SARAH	VA03	DOYLE, LISA	VA03
HOLLINGSWORTH, MELISSA	VA03	IGNACIO, JOAN	VA03
JONES, JENNIE	VA03	LU, HAI-UYEN	VA03
PETERS, KRISTY	VA05	SPRADLIN, TAMMY	VA05
PATTERSON, KIMBERLY	VA06	WOOTEN, CYNTHIA	VA06
CARRITHERS, DEBRA	VA07	SARGEANT, RHONDA	VA07
SPARKS, LEAH	VA07	TRAN, HOANMY	VA07
BUTTERWORTH, LINLEE	VA11	ZICCARDY, KRISTA	VA11
HARTE, PAMELA	VA13	KELLY, DIANE	VA13
MATA, COURTNEY	VA13	SIMPSON, BARBARA	VA13

**Congratulations to DeAnne Watson, winner of the Sonicare toothbrush during our Annual Session member recruitment.**

# **SAVE THE DATE**

## **April 7 – 10, 2011**

### **VDHA Annual Session**



**Again, we will be looking forward to Annual Session in our favorite place-- Hotel Roanoke and Conference Center**



We are going to have a great time! Don't forget to mark the date in your 2011 office calendars. We always have wonderful speakers and enjoy the wonderful facilities the Hotel Roanoke provides! It is a non-stop food frenzy. So save the date and save your \$\$ to come to this exciting weekend.