

## President's Message

Dear Fellow Hygienists,

Greetings! I look forward to serving as your President for the 2013-2014 year and wish to express my sincere appreciation for your vote of confidence. I am humbled that you have placed your faith and trust in me to represent you in the Virginia Dental Hygienists' Association. This is a responsibility that I do not take lightly.

The future for Virginia dental hygienists is bright. Healthcare is changing nationwide and VDHA is working in collaboration with others to increase access to care for all people in the Commonwealth of Virginia. In doing so, this will improve the job outlook for hygienists' and create a healthier state for the citizens in our communities.

We have numerous members working towards these collaborative efforts with multiple organizations. We have much to accomplish and no one of us can do this on our own. It will take each and every one of us to move VDHA forward. If everyone will choose to do a little towards this effort then no one will be left doing the greater part and we can all bask in the celebration of accomplishments made – together.

During our HOD, the weekend of October 4<sup>th</sup> – 5<sup>th</sup>, the Government and Professional Affairs Council and Public Health and Education Council were combined as one. We now have a new Public Health, Education and Professional Affairs Council. Thanks to Cathy Berard & Susan Pharr for co-chairing this council.

We continue to send a representative to attend the Board of Dentistry meetings, and collaborate with the medical and dental health stakeholders of the Virginia Oral Health Coalition. VDHA members will be attending the VOHC Summit on November 8<sup>th</sup>. Remember to put Rally Day on your calendar for Friday, January 24, 2014.

We must also reach out to those who have been stagnant in their support of VDHA. We need all hygienists to show support of their professional association through membership. I hope to work towards improvement in this area of our association. We have an enthusiastic membership chair and a new contract with Ralston King to help assist in reaching out to potential members. Our component preservation committee continues its work towards determining best practices to keep our components strong.

This is a special time for all of us as hygienists, celebrating 100 years of our profession. I would like to congratulate you, our members, and extend wishes for a Happy Dental Hygiene month and a Happy 100th Birthday! I commend you for your membership in VDHA as it represents your commitment to your profession. I wish you the best as I begin my service as President and we continue our yearlong celebration of 100 years of dental hygiene. Congratulations and best wishes as we continue to grow and evolve these next 100 years!

Respectfully,

*Maureen M. Thompson BSDH, RDH*

Maureen M Thompson BSDH RDH  
VDHA President 2013-2014



**OUR MISSION**

**“THE MISSION OF THE VIRGINIA DENTAL HYGIENISTS’ ASSOCIATION IS TO IMPROVE THE PUBLIC’S TOTAL HEALTH AND ADVANCE THE SCIENCE AND PRACTICE OF DENTAL HYGIENE.”**



**OUR VISION**

*Oral health professionals promoting total health*

**Calendar**

**Executive Board Meetings:**

- January 24-26, 2014 Homewood Suites Richmond- In conjunction with Rally day
- March 23, 2014 Hilton Richmond Hotel & Spa/Short pump
- July 12-13, 2014 Charlottesville
- Spring Scientific Session**
- March 20-23, 2014 Hilton Richmond Hotel & Spa/Short pump

**Rally Day**

January 24, 2014 Richmond

February 7, 2014 **Snow Date**

**Quarterly Reports Deadline** January 10, 2014

**HOD and Professional Development Workshop**  
September 25-27, 2014 Sheraton Park South, Richmond

**Curet Deadline:**

February 10, 2014 e-mail submissions to:  
[ADprest@earthlink.net](mailto:ADprest@earthlink.net)

**VDHA Foundaion**

January 24, 2014 @ 6p.m. Homewood Suites Richmond  
July 11, 2014 @ 6 p.m. Holiday Inn, Charlottesville

**Please go to our website for a complete Calendar update**

[www.vdha.net](http://www.vdha.net)



**The Curet**

### 2013-14 VDHA Officer Councils and Committee Chairs

<p><b>President:</b> Moe Thompson president@vdha.net</p>	<p><b>Administrative Council:</b> Michelle McGregor (President Elect) Chair</p>
<p><b>President Elect:</b> Michelle McGregor presidentelect@vdha.net</p>	<p>Budget and Finance: Cathy Berard- Chair Vice President: Nicole Fischer</p>
<p><b>Immediate Past President:</b> Pam Kitner immediatepastpresident@vdha.net</p>	<p>Bylaws: Julie Simms Scopes Manual: Julie Simms</p>
<p><b>Vice President:</b> Nicole Fischer- vicepresident@vdha.net</p>	<p>Nominations and Policy Manual: Pam Kitner Corresponding Secretary: Meg LeMaster &amp; Jessica Elmore</p>
<p><b>Treasurer:</b> Patricia MacDougall treasurer@vdha.net</p>	<p>Recording Secretary: Amanda Haddix A.H. Williams Fund: Jackie Perry</p>
<p><b>Recording Secretary:</b> Amanda Haddix- recordingsecretary@vdha.net</p>	<p><b>Planning and Development Council:</b> Bonnie Perry- Chair</p>
<p><b>Corresponding Secretary:</b> Meg LeMaster - correspondingsecretary@vdha.net</p>	<p>Spring Scientific Session Planning: Melanie Bartlam Continuing Education: Sheila Sheats</p>
<p><b>Speaker of the House:</b> Julie Simms-speakerofthehouse@vdha.net</p>	<p>Ways and Means: Karen Avey House of Delegates: Rita Phillips</p>
<p><b>Alternate Speaker of the House:</b> Dana Hampel</p>	<p>Foundation Director: Pam Kitner- Chair Foundation Appointee: Jackie Perry Foundation Secretary: Cathy Berard</p>
<p><b>Trustees:</b></p>	
<p><b>01-Northern Virginia:</b> Julie Simms- trustee01@vdha.net</p>	<p><b>Public Health, Education &amp; Governmental Affairs Council:</b> Co-Chairs Cathy Berard &amp; Susan Pharr</p>
<p><b>02-Greater Richmond:</b> Jenn Stevens- trustee02@vdha.net</p>	<p>Regulation and Practice: Heather Herrera &amp; Jenn Stevens Board of Dentistry Consultants: Kelly Williams, Melanie Bartlam</p>
<p><b>03-Tidewater:</b> Jackie Perry- trustee03@vdha.net</p>	<p>Lobbyists: Cal Whitehead &amp; Ralston King Contract Review: Michelle McGregor- Chair VHy-PAC Directors: Maureen McCann- Chair</p>
<p><b>05-Piedmont:</b> Bonnie Perry- trustee05@vdha.net</p>	<p>Public Health Committee: Susan Pharr AHEC Coordinator: Marty Sullivan VIADC/VOHC: Tammy Ridout</p>
<p><b>06-Monitcello:</b> Evelyn Grant- trustee06@vdha.net</p>	<p>Free Clinic Liaison: Catherine Johnson Head Start Liaison: Linda Gill</p>
<p><b>07-Peninsula:</b> Marge Green- trustee07@vdha.net</p>	<p>Community and Professional Relations Committee: Virginia Rural Health Association Liaison: Rita Phillips Tobacco Intervention Initiative – Jackie Moran Virginia Board for People w/ Disabilities: Joyce Flores</p>
<p><b>09-Southwest Virginia:</b> Kara Davis- trustee09@vdha.net</p>	<p><b>Member Services Council:</b> Rita Phillips- Chair</p>
<p><b>10-Northwest:</b> Maureen McCann- trustee10@vdha.net</p>	<p>Membership Committee: Denise Claiborne Membership/Student Chapter of ADHA Liaison: Dawn Southerly</p>
<p><b>11-Blue Ridge:</b> Ashley Milstead- trustee11@vdha.net</p>	<p>Membership Directory: Betsey DiSilvio Newsletter Editor: April Prest (assisted by 2<sup>nd</sup> Yr ODU student Jacqueline Harrison)</p>
<p><b>13-Fredricksburg:</b> None active at this time- trustee13@vdha.net</p>	<p>Awards: Evelyn Grant Historian: Kara Davis Web Mistress: Susan Reid-Carr</p>

## President Elect's Message

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It has been my privilege to provide oral health care for the last 29 years. I began a career in the field of dentistry in 1984 as a dental assistant, then pursued and obtained a degree in dental hygiene a few years later. My work experience has included private practice, dental clinics within medical centers and sales.

In 2001, I moved into dental hygiene education at Monroe Community College (MCC) in Upstate New York and later joined Virginia Commonwealth University (VCU) School of Dentistry in 2005 as an adjunct faculty member. I currently serve as the Dental Hygiene Program Director at VCU and hold committee and leadership positions in the School of Dentistry and the University as well as local, state and national professional organizations.

As an active member of the Virginia Dental Hygienists' Association, I have served as a VDHA delegate, member of Regulation and Practice for Governmental and Professional Affairs Council and on ad-hoc committees in collaboration with others organizations in the pursuit of advancing dental hygiene practice in Virginia.

It is an honor to represent the Virginia Dental Hygienists' Association and the dental hygiene profession as it celebrates one hundred years! As a leader for VDHA, I will be an advocate in promoting the dental hygiene profession, advancing dental hygiene education and improving access and delivery of oral health care.

McGregor, RDH, BS, M.Ed

VDHA, President Elect

Dental Hygiene Program Director, Department of Oral Health Promotion and Community Outreach, Virginia Commonwealth University School of Dentistry



## Institute For Oral Health

### ADHA INSTITUTE FOR ORAL HEALTH UPDATE

Thank you to those who have already donated by purchasing raffle tickets! The purpose of the ADHA Institute is to raise funds in order to provide both scholarships and grants to dental hygiene students, educators and practitioners. These programs are funded primarily through the donations of ADHA members. Our goal this year is to have the constituent with the most number of members who show their support through their donations. This amount can be as little as \$5 or as generous as you are able. The names of the members who have donated will be posted in the next Curet. Make sure your name is on the list of those who support their profession through their contributions to IOH by contacting your component IOH Liaison by January 1, 2014!

Thank you to the following IOH Ambassadors for each component:

- 01 Northern Virginia – Cathy Berard
- 02 Greater Richmond – Heather Herrera
- 03 Tidewater – Jackie Perry
- 05 Piedmont – Bonnie Perry
- 07 Peninsula – Marge Green
- 09 Southwest – Kara Davis
- 10 Northwest – Kim May
- 11 Blue Ridge – Ashley Milstead

*Pamuela A. Kitner, RDH, BSDH*

Virginia Dental Hygienists' Association

Immediate Past President

ADHA IOH Liaison

## Component 01

NVDHA has had a very productive planning session. We have a full schedule of CE's to offer this Fall. Our September- Kick off meeting we offered a free 2 hour CE to members and potential members. Lisa Stillman, RDH, BS "The Five W's of Xylitol". Our annual OSHA update is October 21th Saturday, October 26th 6 CE's Speaker – Tricia Osuna will be presenting "Save me- Save you! Ergonomics PM: Oral Cancer- Facts and tools.

November 6th 2 CEU's– Speaker George J. Martinez, RPS "Caries Risk Assessment"

I want to thank our delegates for serving at the HOD meeting in Richmond and recognize Kelly McGinn as student delegate from NVCC.

I wish to congratulate Trish MacDougall on receiving the VDHA Outstanding Member Award. This award is given to one hygienist a year who is voted by Trustees around the state.

I also want to congratulate Dana Hampel for being elected Alternate Speaker of the House. Julie Simms was elected Speaker of the House. Cathy Berard was elected for VDHA Foundation Secretary. Trish MacDougall was elected as VDHA Treasurer. I would like to also express our best wishes to Edith Tynan who is retiring after 30 years at NOVA Dental Hygiene School the end of October. Respectfully submitted, Julie Simms Trustee 01

Respectfully Submitted,  
Julie F. Simms, RDH, BSDH  
Component 01 Trustee

## Component 06

MDHA attendees of the VDHA Annual HOD Session (from left to right):

Brittany Drake, Delegate

Evelyn Grant, Speaker of the House

Nicole Fischer, Delegate

Sheri Moore, Vice President

Mimi Magyar, Trustee

Shelby Philpott, SADHA member, Germanna Community College

~ Nicole Fischer is now the Vice President of the VDHA and Sheri Moore is now a Chair for the ADHA Council on Policy & Bylaws!

~ The MDHA sponsored a CE course on October 9th titled 'Oral Care for Patients With Head and Neck Cancer' in honor of National Dental Hygiene Month



## Component 10

Component 10 has been busy for the last few months. In September, besides our regular component meeting we had a CE on 9/20. Two public Health hygienists, Susan Pharr, RDH, MPH and Sharon Logue, RDH, MPH presented 3 hours of continuing education entitled, "Age One Dental Visit and Head Start Update 101" and "The Role of the Public Health Hygienist Going Forward". We prepared for HOD and our student delegate from Lord Fairfax Community College, Whitney March, attended and prepared with other delegates. Our component has a Scholarship Essay contest for second year students from Lord Fairfax Community College. The recipients, along with other class officers attended our October component meeting. Those in attendance were Rachel Rock and Alexia Hammond, each winning \$250, and classmates, Whitney March, Laura Farris, Kaitlyn Funkhouser and April Dennis. See our attached photo of the scholarship checks being presented to Alexia Hammond and Rachel Rock by our student chapter of the ADHA component liaison, Carrie Ross. We were happy to see these students at our meeting and look forward to all of them becoming active members upon graduation. happy Dental Hygiene Month one and all.

Respectfully submitted,

Maureen P. McCann, RDH, BSDH (Trustee #10)



If you would like to submit an article or an ad in a future edition of the Curet, please contact April Prest at [aporter8@gmail.com](mailto:aporter8@gmail.com) for further details.