



Virginia

Dental Hygienists' Association

The Curet
Summer 2022

President's Message

Closing the Circle

As I sit down to write what I realized earlier will be my last Curet article as President, I am thinking back to all the “firsts” I have experienced over the last 30 months, and what it means to me personally and professionally to have served in this position.

Although I am not much of a “theme” person, my term has been influenced by what I called the “Circle of Belonging,” inspiring members to move beyond simply joining VDHA, toward action and stepping into their own journey to inspire and influence others. My list of “firsts” is deep and wide, and includes participating and presiding over a Zoom meeting, planning, and presiding over an in-person Board meeting, and speaking in front of an audience of hundreds. My most memorable “first” was having a younger professional member tell me that I was an inspiration for her to take the next step in her career to become a writer and speaker. With this simple interaction, my Circle of Belong was now closed, the circle is complete and perfectly round.

I am looking forward to seeing what lies ahead as I look over the top of my circle. Once again, acting in other aspects of our Association, our profession, my career, and passions. My circle has become a bit larger, because this time I take with me the wisdom, knowledge, compassion and love that VHDA and all of you have so graciously granted.

With gratitude,

Tracey



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Upcoming Events

Executive Board Meetings

October 30, 2022	8 am-12 pm	Richmond, VA
January 21, 2023	9 am-1 pm	Zoom
April 23, 2023	9 am-3 pm	Zoom

SAVE THE DATES! October 28-30, 2022
House Of Delegates/Professional Development Workshop
Ignite! October 30, 2022 1-5 pm

Hilton Richmond Hotel & Spa Short Pump, 12042 West Broad Street, Richmond, VA 23233



Component News & Reports

Greater Richmond

Greater Richmond Component Contacts

Marlene Rhodes, CDA, BSDH, RDH- Trustee - marlenerhodesrdh@gmail.com
Kristen Robbins, BSDH, RDH- Chair - fourkristen1992@gmail.com
LaTasha McLee, MSDH, BSDH, RDH- Financial Liaison - lateshamclee@gmail.com
Emily Comia, BSDH, RDH - Secretary comiaen@vcu.edu

Events: June 17 – 19th Multiple members of the component were involved in the ADHA House of Delegates meeting. We are truly lucky to be so involved in our professional association. (See picture - right)

On August 5th, Greater Richmond hosted a luncheon for the incoming juniors and raising seniors at VCU to disseminate information about the association and the importance of membership.



Leadership/Mentorship Opportunities: A passion of our state’s President Elect and Past Worthy President. If you are interested, contact Emilie Ellis. Mentors would love to help you grow and develop professionally.

Volunteer Opportunities:

02 Chair Kristen Robbins is a great contact for volunteering within our communities which can be very rewarding. From MOM projects to free clinics in your area there is a need for the services and education we provide. Please consider volunteering this year. There are multiple clinics in need of help.

Membership: Our most recent meeting for our component was hybrid so members could also join in via Zoom to attend. There were many attendees to include some of our VCU students and our component leaders. Spending time together is one of the aspects of membership that we value most. There are resources and advice that are valuable within our ranks so please come join in the conversation, we would love to hear about your experiences.

Next Meeting: 6:30 PM on October 3rd Location TBD

Component 06 Monticello Officers

Chair/Financial Administrator – Christina Morris

Recorder – Paula Knight

Membership – Betsey Soulsby

Website Coordinator – Nicole Fischer Wells

Trustee – Evelyn Grant



**SAVE THE DATE: Thursday, September 15, 2022
2-hour CE Zoom Webinar, 7:00 PM
Premedication Guidelines for Dental Professionals
presented by Sue Scherer, RDH, BS**

Northern Virginia

During the month of May, NVDHA hosted a luncheon to appoint officers and delegates for the upcoming year. Thank you to our returning delegates and some new to the board. We did have a summer meeting to discuss summer plans, vacations and new babies and of course, upcoming CE's. Congratulations to Tonya and Kevin on the birth of their son, Charlie.

NVDHA will have a "Kick off" FREE 2-hour CE to all members and potential members. This course will be "in person" at the Medical Education Campus, Springfield, VA September 14th at 7:00PM. The topic will be "Stop the Bleed" with returning speaker and comedian Lt. John Weinstein. October 12th, we will host again our wonderful OSHA speaker Dr. Louis DePaola. This will be a ZOOM CE so that anyone and everyone around the state can attend. Details soon on the VDHA website. November 16th will be at PJ Skidoos. Betsy DiSilvio is working around the clock to organize. Watch the VDHA website.

NVDHA would like to extend our appreciation to Sheila Sheats for her many years of organizing and planning the VDHA continuing education courses. Through all these years, she has provided our state incredible speakers and topics and has remained sane throughout the process. We want to also thank Betsy DiSilvio for keeping our address and emails straight and accurate with VDHA directory. Betsy will remain NVDHA's continuing education chair, thankfully. NVDHA would also like to recognize Karen Avey for all her years of dedication to the Ways and Means committee of the association. For those who don't know what that is, she contacts and organizes companies to purchase tables at our scientific sessions to distribute and educate us on new products. It provided additional revenue for the association. These valuable members will be missed on the State level. Looking forward to seeing everyone at the House of Delegates in October.

Respectfully Submitted,
Julie F. Simms, Trustee 01



Northwest Virginia



The Northwest Component hosted an axe throwing social on May 21 in Front Royal, VA. Every one in attendance was able to get a bullseye, after a quick lesson and several attempts. Sue Daugherty really took to the game and beat us all. We all had a great time! The next social will be sometime this Fall, we hope to see you there!

Our upcoming CE will be held Saturday, September 10th from 9am to 11am at Laurel Ridge Community College. "Ergonomics & Reducing Musculoskeletal Disorders in the Workplace" will be presented by Jeanette Harris, MSPT, Certified MDT, Health Coach. We are excited to have her presenting this in person CE and look forward to implementing new techniques in our hygiene practice. The cost is \$25 for members, \$50 for nonmembers, and \$5 for dental hygiene students. You can sign up online through September 5 at vdha.net.

Component meetings are held the 3rd Thursday of every month at 7pm. Meetings are held online via Zoom. Please check our component Facebook page for updates.

Peninsula

Peninsula is excited for the 69th House of Delegates Session. We are delighted to announce the Delegates are Elizabeth Heath and Julie A. Martin and the Alternate Delegates are Tonesia Croft and Desiree Turner.

Peninsula has spectacular continuing education courses in the upcoming months. Mark your calendars!

Sept. 22 CE 2 hours:

Part 1: *"Severe Mental Illness (SMI) and Oral Health: Xylitol Can Help!/Unmasking Psychosocial Effects From the Pandemic."*

Part 2: *"Xylitol and Oral Health: Learn the Basic Principles of Xylitol and How it Contributes to Oral Health."*

Speaker: Lisa E. Stillman, RDH, BS North East Regional Education Manager, Xlear.

Oct. 11 CE 1 hour Via Zoom

"Legal and Ethical Risks in the Dental Practice."

Speaker: Kelly Tanner, Ph.D., RDH.

Nov. 5 CE CPR Recertification Hands on Course 3 hours

As always, we are looking for more people to join our component! Please reach out to your friends and colleagues in the Peninsula area and tell them all the magnificent reasons to join the VDHA. Stay up to date with our component and join our Facebook

<https://www.facebook.com/groups/pdhava/>



Cynthia Saxton Flowers, Chair and Desiree Turner, Membership Chair

Southwest Virginia— No Submission at this time

Tidewater

Tidewater Officers:

Co-Chairs: Jessica Suedbeck and Emily Ludwig

Trustee: Kelly Fox

Financial Liaison: Angela Tye

Media Management and Membership: Sam Vest

Feeling HOT, HOT, HOT!!! Welcome Summer!

Summer time in Tidewater means, ADHA Annual Conference, as well as time to make our schedules for the upcoming year. This year for the ADHA Annual Conference Tidewater had two representatives from our component. Jessica Suedbeck and Sam Vest traveled to Richmond and met up with the other Delegates representing Virginia, for a packed weekend full of resolutions and bylaws that shape the future of our profession. Please do not let the business fool you, they were of course able to bring in a little fun, food, and friendships to the amazing weekend.



Stay tuned, the Tidewater team has been taking some time off and regrouping our thoughts and ideas moving into the fall season. We are planning to offer more CE's for our members and hopefully get some new members this year. Our component will be meeting in August to revise our calendar of events and hopefully provide some hands-on and informative CE's this upcoming year, we may even have some exciting raffles and giveaways.

WANT TO GET INVOLVED! Come join your local component!!! Nervous about how to start, we've got you covered. At Tidewater we are always looking for other hygienists that share the same passion as we all do. The passion for our profession and moving it forward as well as continuous protection to our profession. If we have no members, then we have no Association. Email me @flosswithmerdh2015@gmail.com, We would LOVE to have you!!!!!!

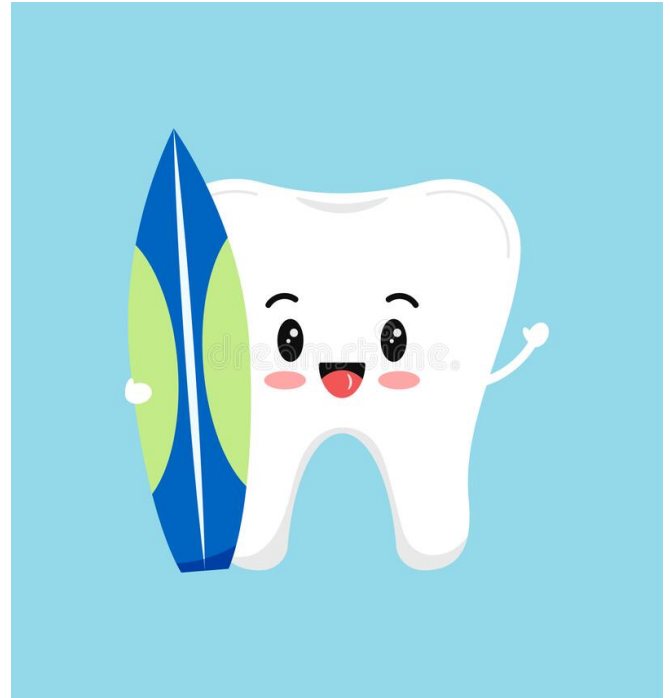
Kelly Fox, BSDH, RDH
@flosswithmerdh2015@gmail.com
Trustee 03

Membership News

Happy Summer and greetings from the VDHA Membership team! We hope everyone is relaxing and staying cool during this HOT summer season!

VDHA has been working hard preparing for our upcoming House of Delegates in October which will be held in-person and we are all very excited and looking forward to coming together and further the development of our constituent and even further into our components! We are hoping to see some new, fresh faces as students transfer their memberships into professional status! Feel free to contact myself or anyone else on the membership team for any questions, inquiries, or concerns!

From a National standpoint - ADHA held their National Annual Conference in Louisville, Kentucky back in June! It was amazing to see so many members engaged in professional development, as well as networking and spending time with each other, whether watching horse races at Churchill Downs or dancing the night away at Fourth Street Live! The VDHA membership team including myself and President Tracey Martin attended a membership meeting at the annual conference to further improve our membership outreach. We have so many plans and ideas in store! Get ready for next year as we celebrate our 100th anniversary of ADHA at the National Annual Conference in Chicago, Illinois!



Be on the lookout during the upcoming summer and fall months as components get back into the swing of things after a restful summer for CE opportunities and social events!

From our membership team, we hope that all components and its members continue to reach out to potential members at their workplaces, institutions, or even through social media! Continue using social media platforms as much as possible to stay connected with each other, share news and pictures, as well as future events! Enjoy the rest of your summer and stay safe!

If you have any questions regarding membership, do not hesitate to contact Samantha Vest at svest001@odu.edu

Best,
Samantha Vest MS, RDH
VDHA Membership Chair

Leadership News

VIRGINIA DENTAL HYGIENISTS' ASSOCIATION'S STUDENT SOCIAL HOUR EXCLUSIVELY FOR

VIRGINIA DENTAL HYGIENE STUDENTS



Socialize | Laugh | Destress

SEPTEMBER 13, 2022 | 6:00 PM

REGISTER TO JOIN US

Virginia Dental Hygiene Students!!! Save the date for September 13 at 6:00pm to "hang out" with all students across the Commonwealth. Register early for this event to make sure it's on your calendar. A registration reminder will be sent to you the week of the meeting :) THIS EVENT ONLY HAPPENS TWICE A YEAR! Register in advance for this meeting: <https://us02web.zoom.us/meeting/register/tZYpdOirrTijH9SudTQ90qy6-trnUMKYzD9X> After registering, you will receive a confirmation email about joining the meeting.

Leadership News (continued)



VDHA 5th Annual Leadership Development Workshop

The Virginia Dental Hygienists' Association is hosting its 5th Annual Leadership Development Workshop

Sunday, October 30, 2022

1 pm -5 pm

Hilton Richmond Hotel & Spa Short Pump

12042 West Broad Street, Richmond, VA

This event is limited to 50 participants.

Registration (link below) closes October 1 at 5:00pm

Once registered, you will receive confirmation and additional information regarding the event by September 15

<https://bit.ly/VDHAIgnite2022>

Questions?

Contact VDHA Leadership Development Chair, Dr. Kelly Tanner
kellygtanner@gmail.com

Would you like to know more about your Association leadership positions?

Not sure where to start?

Find out more information by attending this workshop.

Registration link:

<https://bit.ly/VDHAIgnite2022>

Planning & Development Council News

Continuing Education

Hello to all my dear friends. This is my “last hurrah” for our Continuing Education. It has been many, many years and I have worked very hard for the Virginia Dental Hygienists’ Association and the VDHA Foundation. It has been fun, tiring, and hair pulling at times but I wouldn’t have done it if it wasn’t important to me and to be able to give back. These events have brought me professional satisfaction, as well as personal satisfaction. I have made so many friends throughout the VDHA and have always felt love and support from all and that is important to me. And I have made dear friends with the many speakers we have had and shared many good times. They will be lifelong friends as well. Please continue to support our association and our activities because we need you. VDHA has been a very important part of my life and I did my best.

There is new blood coming! It will be exciting to see what the future holds. Amanda Cole Hill is a superstar with a lot of energy.

Pacem in terra.

Adios my friends.
Sheila B. Sheats, RDH



**Thank You Sheila for your many years
volunteering with the VDHA Planning & Development Council.**

Public Health, Education & Professional Affairs Council News

Greetings VDHA members!

The VDHA Delegation had a wonderful time in June taking part in the American Dental Hygienists' Association's annual House of Delegates virtual business meeting June 17-19th. The delegation team opted to get together in person to make conducting business more streamlined, so we congregated in Richmond, Virginia area for the weekend.

Some of the major items up for discussion this year included some major bylaw changes, updating the Senior Status membership for Retired members, cultural competence to humility, and oral health equity updates. Each of the delegation members provided valuable feedback and input when it came to discussion on these topics based on their knowledge base and experience levels.

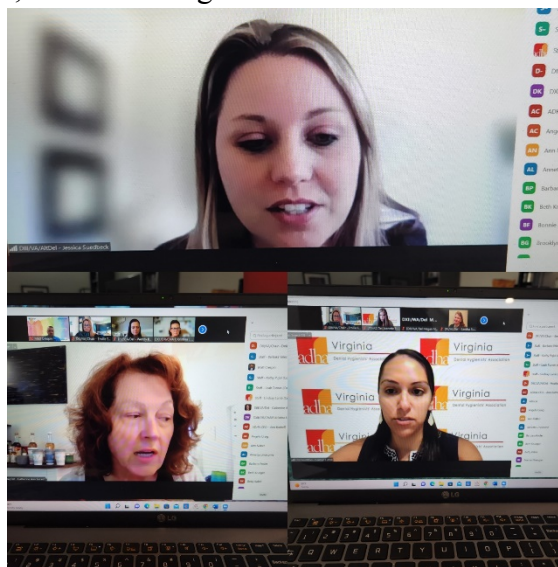
This year ADHA District 3, which includes Virginia, West Virginia, Delaware and Maryland, selected their student delegate from the applicants. Virginia Commonwealth University dental hygiene student Rachel Throckmorton was selected for this honor and did an amazing job. In addition to serving our district and state well, she was also voted by her fellow student delegates to serve as the voting Student Delegate to represent them. At the end of the House of Delegates business meeting she provided an excellent, moving and inspiring speech to all of the attendees participating in the meeting. At the end of the 3rd House of Delegates meeting, Dawn Ann Dean (an ADHA member from District 3, West Virginia) was officially installed as President. We could not be more proud!

If you are interested in serving as a future delegate, please reach out to one of us for more information!

Respectfully,

Emilie B. Ellis, VDHA Head Delegate

Delegation Members: Ryan Maphis, Cathy Berard, Sam Vest, Jessica Suedbeck, Tracey Martin, Marlene Rhodes, Heather Tuthill, Emilie Ellis; Student Delegate: Rachel Throckmorton



Legislative & Advocacy Committee

No submission at this time

VDHA Foundation



**VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION REPORT OF GIFTS
January 1, 2021 through December 31, 2021**

JEFFERSON CLUB- \$1,000 or more
Northern Virginia Hygienists' Component
In memory of Patricia Ann Golliday, RDH
MONROE CLUB- \$250 to \$499
Sheila Sheats
In memory of Delaney Rose Mortensen
In memory of Anne Newland, daughter of Ted and Elaine Newland
PATRIOT CLUB- \$100 to \$249
Irene Connolly
In honor of Trish MacDougall, VDHA Treasurer
James H. Forsberg
In honor of my daughter, Julie Simms for her birthday
Marge and Barry Green
In memory of Jackie Davis Perry, RDH, MS
Marge Green
In appreciation of all DH volunteers advancing our profession
Tracey Martin, RDH, BSDH
In memory of my Father, Robert "Buzz" Curtis
In honor of my Mother, Sara R. Curtis
In honor of the 2020-21 Executive Board
Nancy Martin
Julie Simms
In honor of my dad, James Forsberg
Heather Tuthill
Greater Richmond Dental Hygienists' Component
Monticello Dental Hygienists' Component
Southwest Dental Hygienists' Component
Tidewater Dental Hygienists' Component
DONOR CLUB- \$1.00 to \$99
Melanie Bartlam
Cathy Berard
Roya Bidarian
Laila Bonner
Elizabeth DiSilvio
In memory of Judy Walsh
Susan Dunmire
Kelly Fox

Andrea Fuller, RDH
Michelle Gillis
Evelyn Grant, RDH, MBA
Gudrun Harvard
Dane Hooser
Catherine Johnson
In honor of Tim E. Johnson
Deirdre Kane
Joyce Kwiatkowski-Spieler
In honor of VDHA leaders
Taylor Loper
Mimi Magyar
In honor of Tracey Martin, VDHA President
Sheryl Manion
Julie A. Martin, BSDH, RDH
Kimberly May
Maureen McCann Sawin
In honor of Martin McCann
Misty Mesimer
In honor of past and present VDHA formal and informal leaders
Susan Miller
In honor of Suzie Miller and Pat Golliday
Sheri Moore
In honor of Jackie Perry, RDH
Ethel Nativi
Lien Phan
Susan Pharr, BSDH, MPH
In honor of my VDHA colleagues
Danielle Pyer
Susan Reid-Carr, BS, RDH
Angela Richwine
Kathryn Rohr
Janis Slezak
Roseanne Stupar
Jessica Suedbeck
Valerie Shiyi Yang
Northwest Dental Hygienists' Component
Peninsula Dental Hygienists' Component
In honor of Amy Sue Rankin

VDHA Foundation (continued)



VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION REPORT OF GIFTS January 1, 2022 through July 30, 2022

JEFFERSON CLUB- \$1,000 or more

Northern Virginia Hygienists' Component
In memory of Patricia Ann Golliday, RDH

MONROE CLUB- \$250 to \$499

PATRIOT CLUB- \$100 to \$249

Catherine Berard
In honor of Mike Berard
Irene Connolly
In honor of Emilie Ellis, VDHA Chair
Marge Green
In gratitude for VDHA servant leaders and members
Susan Pharr
April Prest
Elaine Newland
On behalf of the Outcasts
Greater Richmond Dental Hygienists' Component
Monticello Dental Hygienists' Component
Southwest Dental Hygienists' Component
Tidewater Dental Hygienists' Component

DONOR CLUB- \$1.00 to \$99

Y. Amos
Sherry Basham
In honor of Nancy Martin
Emilie Ellis
In honor of Cathy Berard's husband, Mike
Evelyn Grant, RDH, MBA

Desiree Harrington
Pam Hill
Catherine Johnson
In memory of Tim E. Johnson
Joyce Kwiatkowski-Spieler
In honor of VDHA volunteers
Mimi Magyar
In honor of Tracey Martin, VDHA President
Julie A. Martin, BSDH, RDH
Tracey Martin
Kimberly M. May
Darian Moore
Tonya Mortensen
In honor of Nancy Martin
Merrilyn Prucha
In memory of Michelle Darby
Susan Reid-Carr
In memory of Jackie Perry, RDH, MS
Princess Rhoads
Marlene Rhodes
In memory of Cristy Cassella
Kristen Robbins
Rhea Rossi
Maureen Sawin
Janis Slezak
Sydney Smith
Heather Tuthill
Deanne Watson
Maloy Van Faussien
In memory of Jackie Perry, RDH, MS
Northwest Dental Hygienists' Component
Peninsula Dental Hygienists' Component

All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143



ADHA INSTITUTE FOR ORAL HEALTH

Liaison, Catherine A Berard, BSDH, RDH

Many thanks to all of you who have donated so generously to IOH over the past years, the IOH fiscal year runs from July 1st through June 30th every year.

Our goal this year for the ADHA Institute for Oral Health was to raise \$7,508 and we raised \$6,249.50 this year! Many of you donated during registration for the VDHA House of Delegates or for the VDHA Scientific Session as well as on the IOH Fundraising page Mighty Cause and even directly through the ADHA website. Quite a few donations were made at the ADHA meeting in Louisville where Crest Oral B matched our donations!

Thank you all so much!

The list of donor names is located in this edition of the Curet.

You can visit our Virginia donor page:

[You can also visit the Virginia specific donation page on the ADHA website to make your donations if you wish to do so:](#)

https://mymembership.adha.org/Members/Fundraising/State_Giving_Pages/Virginia_State_Giving.aspx

Please remember that there are multiple scholarships available on the IOH website, the deadline to apply for them is Feb 1st of each year. These scholarships include the one funded by the VDHA Foundation and are specific to Virginia resident applicants!

PLEASE VISIT <https://www.adha.org/ioh-scholarships-main>



Institute for Oral Health (continued)

ADHA Institute for Oral Health Donors July 1 2021 through June 30, 2022

Anonymous

Roxzanne J. Amos, DMD, PC

Angela Beegle, RDH

Clarissa J. Beneze, RDH

Catherine Berard

In memory of Jacqueline Davis Perry

In honor of National Dental Hygiene Month

Irene Connolly

Sara Curtis

Elizabeth DiSilvio

Emilie Bonovitch Ellis

Heather Rachelle Fonda

Sarah French

Kelly Fox

Beth Gray

Margaret L. Green, RDH, MS

*In honor of Dawn Ann Dean, ADHA President
Elect*

Eric A. Hosek, DDS, PC

Patricia MacDougall

Mimi Magyar

Julie Martin

*On behalf of the Peninsula Dental Hygienists'
Association*

Tracey Curtis Martin, RDH, BSDH

Heather and Howard Martin

Sheri Ann Moore, RDH, BSHS

In memory of Jackie Perry

Shivar Peluso

Susan Pharr

In memory of Jacqueline Davis Perry

Amy Rankin

In memory of Maximo P. White

In memory of Jackie Perry

Evelyn A. Reyes-Torres

Kristen Dianne Robbins, RDH

James Rutledge

*On behalf of the great dental hygienists of
Virginia*

Maureen McCann Sawin

Sheila B. Sheats

Deanne Shuman

In memory of Jackie Perry

Julie Simms

Jessica Suedbeck

Heather Tuthill

Samantha Clara Vest

Valerie Shiyi Yang

Northern Virginia Dental Hygienists'
Component

Greater Richmond Dental Hygienists'
Component

Tidewater Dental Hygienists' Component

Monticello Dental Hygienists' Component

Peninsula Dental Hygienists' Component

Southwest Dental Hygienists' Component

Northwest Dental Hygienists' Component

Student Chapter News

Germanna Community College - No submission at this time

Lord Fairfax Community College

Congratulations VWCC Joint Venture/Lord Fairfax Dental Hygiene Class of 2022



left to right: Savannah Hensley, Callie Reed, Therese Townsend, Sherri Baldwin (SCADHA Pres), Kathy Luong (SCADHA Sec), Kaitlin Hensley, Jacklyn Humphries, Kristen Henry, Jennifer Fuquay, Hayley Hand (SCADHA Treas), Samantha Pampinella, Amanda Hayes, Avery Walls.
Missing from photo: Jordan Carpenter



Savannah Hensley
LFCC Hu-Friedy
Golden Scaler Award



Amanda Hayes
LFCC VDHA
Student Award



Jennifer Fuquay
LFCC Alice B Williams
Patient Education Award



Hayley Hand
LFCC Colgate STAR Award



Jordan Carpenter
LFCC Sigma Phi Alpha Award
National Dental Hygiene Honor Society

Congratulations to the Class of 2024 Dental Hygiene Program Students!

The Fall DNH student body includes 33 students from an array of professional backgrounds and various age groups who share the same interest of becoming Registered Dental Hygienists. On June 10th, the selected candidates were able to meet for the first time at the NOVA Medical Campus for the Dental Hygiene Program Orientation. During the orientation, we were able to meet our Provost, our Dental Hygiene Program Director, and several other faculty and staff.

The Orientation provided us with the necessary information we were all seeking in order to be prepared for the fall semester.

The Class of 2024 would like to express our appreciation to the NOVA Admissions Committee.

We're all looking forward to Aug 22nd, which is the date we begin our journey to RDH.

-Submitted by Nekeecia|Cox, 1st year student



The end of summer semester marks the completion of the first year for our class of 2023. We look forward to our final year of dental hygiene instruction and moving forward with our careers. We are busy preparing for our new classes, and welcoming the new class of 2024 as they adjust to our program at NOVA. Our student mentorship program promotes matching up “bigs” and ‘littles,” so we can pass along study suggestions, and answer any questions they may have about the program. This fall will be the first time all classes will be on campus since Covid, and hopefully provide an opportunity for all students to participate in the programs and extracurricular activities at NOVA.

-Submitted by Roxanne Lam, 2nd year student

Dear Colleagues,

We hope everyone has been enjoying a wonderful summer! Fall is around the corner which means the ODU SODH is excited to welcome the incoming Class of 2024! We are looking forward to a productive new school year and faculty and staff have been working all summer to get ready!

The rising seniors in the Class of 2023 worked hard to complete their summer requirements in clinic and have just completed their Anxiety and Pain Control (local anesthesia and nitrous oxide | certification) course! In the Fall when they begin their clinical services, they will all be able to provide local anesthesia for dental hygiene therapies! Way to go Class of 2023!



Class of 2023 Seniors during their Anxiety and Pain Control course with Course Director and Senior Lecturer, Dr. Lee Melvin (right).

Additionally, the faculty in the SODH have been busy at work with research and scholarship this summer as several faculty members will be attending and presenting at the International Dental Hygiene Educator's Forum (IDHEF) and the International Symposium on Dental Hygiene (ISDH) in Dublin, Ireland from August 10th-13th. Chair and Associate Professor, Ann Bruhn, and Senior Clinic Coordinator and Assistant Professor, Jessica Suedbeck, will be presenting Effective Clinical Grading Through Virtual Faculty Calibration Methods at the IDHEF. Chief Departmental Advisor and Associate Professor, Tara Newcomb, and Junior Clinic Coordinator and Clinical Assistant Professor, Amber Hunt, will present Utilization of Simulated Patient Experience (SPE) for Dental Hygiene Students, at the IDHEF. Additionally, Ann Bruhn, Jessica Suedbeck, Assistant Professor, Emily Ludwig, and Adjunct Clinical Faculty, Samantha Vest, will all be presenting accepted scientific posters at the ISDH!

The SODH wishes everyone a safe rest of the summer!

Respectfully submitted,
Emily Ludwig, BSDH, MS, RDH
Assistant Professor and SADHA Advisor

Ann M. Bruhn, BSDH, MS, RDH
Associate Professor and Interim Chair

Virginia Commonwealth University



Students from the dental hygiene program at Virginia Commonwealth University attended the **99th annual ADHA conference in Louisville, Kentucky** this past June. Students stated this event was an amazing experience and very rewarding to be in an environment dedicated to our profession. The students enjoyed learning about the new upcoming trends and changes that are to come for the dental hygiene field.



Our students in attendance included: David Wein, Delorias Perkins, Kat Jones, Claryns Truz, and Rachel Throckmorton, ADHA Student Delegate for District 3



The Student Chapter of the American Dental Hygienists Association at VCU was **awarded the 2nd place outstanding student chapter alongside a \$1,000 grant!** The VCU SCADHA members want to say thank you to our advisors Ms. McLee and Mrs. Tuthill for their guidance on all our endeavors! We hope to continue the great honor of an outstanding student chapter at VCU as we welcome the incoming students! You can view the announcement of awarded student chapters here: <https://www.adha.org/student-chapter-awards>.



After a 2-year hiatus, our **Wise County MoM Project** is back! The free dental clinic was hosted in Wise, VA on June 22-23. Our class MoM Coordinators, Marshall Dixon, and Kelly Vaughan could not be more ecstatic about the outcome of this project. Dixon states, "It is so rewarding to see these patients because they are the ones who need it most! The difference you can make on a patient's life at the MoM projects has made me want to go into public health." Check out this news article and video about the MoM project here: <https://www.wymt.com/2022/07/23/virginia-dental-association-foundation-hosted-dental-clinic-uva-wise/>.



Our students in attendance included: Marshall Dixon, Kat Jones, Delorias Perkins, and John Choi



Congratulations to SCADHA's new officers to serve the 2022-2023 school year! Our Instagram account @scadha_vcu is conducting officer introductions to get to know us! Samantha Richardson, President and Marissa Balducci, Vice President pictured below.



President	Samantha Richardson
Vice President	Marissa Balducci
Secretary	Bryanna Seay
Treasurer	Kat Jones
Historian	Hannah Coley
Fundraising Committee	Marshall Dixon
Community Health Chairs	Logan Rainey and Kelly Vaughan
Advocacy Committee	Carrie McKinney and Claryns Truz

Virginia Peninsula Community College (formerly TNCC) - No submission at this time
Wytheville Community College - No submission at this time

ADHA Annual Conference Dates



ADHA 2023 CHICAGO — 100TH ANNIVERSARY CELEBRATION!

Chicago, Illinois
Friday, July 7 – Sunday, July 9, 2023

adha23
ANNUAL CONFERENCE

ADHA 2024 NEW ORLEANS

New Orleans, Louisiana
Friday, July 26 – Sunday, July 28, 2024

2021 – 2022 Officers, Councils & Committee Chairs

Officers	Administrative Council: Chair (President Elect): Heather Tuthill
President: Tracey Martin	Budget and Finance: Emilie Ellis Vice President: Heather Fonda Policy, Bylaws and Resolution chair: Julie Simms Committee member: Irene Connolly Procedure Manual: Heather Fonda Recording Secretary: Janis Slezak A.H. Williams Fund: Amy Geiser Leadership Committee Chair: Kelly Tanner Nomination Committee Chair: Emilie Ellis
President Elect: Heather Tuthill	
Immediate Past President: Emilie Ellis	
Vice President: Heather Fonda	
Treasurer: Trish MacDougall	
Recording Secretary: Janis Slezak	
Speaker of the House: Kate Hoffman	
Alternate Speaker of the House: Ryan Maphis	
Trustees: 01-Northern Virginia: Julie Simms 02-Greater Richmond: Marlene Rhodes 03-Tidewater: Kelly Fox 06-Monticello: Evelyn Grant 07-Peninsula: Marge Green 09-Southwest Virginia: Sharon Kennedy 10-Northwest: Meghan Glago	Planning and Development Council: Chair: Tonya Mortensen Continuing Education Chair: Sheila Sheats & Amanda Cole Hill Ways and Means: Karen Avey House of Delegates Chair: Mimi Magyar Foundation Director: Chair Emilie Ellis HOD Secretary: Amanda Kimball Foundation liaison: Irene Connolly
2021 ADHA Delegates Emilie Ellis, IPP, 1 st delegate Tracey Martin, Pres, 2 nd delegate Cathy Berard, 3 rd delegate Marlene Rhodes, 4 th delegate Heather Tuthill (PE), 1 st alternate delegate Jessica Suedbeck, 2 nd alternate delegate Sam Vest, 3 rd alternate delegate Ryan Maphis, 4 th alternate delegate	Public Health, Education, and Professional Affairs: Co-Chairs: Cathy Berard and Marge Green Legislative & Advocacy: Maureen Sawin Board of Dentistry Liaison: Vacant Lobbyists: Vacant Public Health Committee: Susan Pharr Public Health Committee Liaison – Brooke Crouch Virginia Health Workforce Development Authority Liaison: Vacant VA Health Catalyst: Dr. Denise Claiborne Free Clinic Liaisons: Sherry Basham Head Start Liaison: Nikia Washington VA Rural Health Association Liaison: Dr. Rita Phillips Education committee chair: vacant DH Educators’ consortium liaison: Misty Mesimer VA Department of Health Liaison: Brooke Crouch
Leadership Committee: Chair: Kelly Tanner Members: Heather Tuthill General Member - Misty Mesimer Trustee Member – Kelly Fox Student Member: Miranda Menk (VCU) Liaison: Emily Ellis, IPP	VDHA Foundation Directors: Chair: Emilie Ellis, IPP Chair Elect: Tracey Martin, VDHA President Secretary: Cathy Berard Treasurer: Marge Green VDHA Liaison: Irene Connolly Ways and Means: Karen Avey Continuing Education: Sheila Sheats VDHA Treasurer: Trish McDougall
Nomination Committee: Chair: Emilie Ellis, IPP Members: Vacant, VDHA Past President Vacant, general member	Member Services Council Chair- Julie Martin Membership Committee chair: Sam Vest VA SADHA Liaison: Janis Slezak ADHA Education Network Liaison: vacant Directory: Betsy Disilvio Newsletter Editor: Moe Thompson Awards: Meghan Glago Historian: Julie Martin Website Manager: vacant ADHA IOH Liaison: Cathy Berard

VDHA 2021-2022 Calendar (page1)

<u>Executive Board Meetings</u>
2022 January 22 9am-1pm ZOOM
2022 April 23 9am-1pm ZOOM
2022 July 23 9am-3pm Charlottesville, VA
2022 October 30 8am-12pm Richmond, VA
2023 January 21 9am-1pm ZOOM
2023 April 22 9am-1pm ZOOM
2023 July 22 9am-3pm Charlottesville, VA
2023 October 29 8am - 12 pm Richmond, VA
<u>Council Meetings:</u> Council meetings should take place online and reports submitted <u>two weeks prior</u> to Executive Board meetings.
<u>Quarterly Reports Submission Deadline: (two weeks prior to Executive Board Meetings)</u>
2022 January 8
2022 April 9
2022 July 9
2022 October 16
2023 January 7
2023 April 8
2023 July 8
2023 October 16
<u>Curet Article Submission Deadline: (two weeks following Executive Board Meetings)</u>
2022 February 5
2022 May 7
2022 August 6
2022 November 12
2023 February 4
2023 May 6
2023 August 5
2023 November 11
<u>Spring Scientific Session</u>
2022 April 28 – May 1 Hilton Richmond Hotel and Spa (Short Pump), Richmond, VA
2023 March 24-March 26 Falls Church Marriott Fairview Park, Falls Church, VA
<u>Awards Nominations Deadline</u>
2022 July 16
2023 July 15

VDHA 2021-2022 Calendar (continued page 2)

<u>HOD Reports/Year End Reports Submission Deadline:</u>
2022 August 20
2023 August 19
<u>House of Delegates and Professional Development Workshop</u>
2022 October 28-29 Richmond, VA
2023 TBD
<u>Ignite VDHA Leadership Workshop</u>
2022 October 30 1-5 pm Hilton Short Pump, Richmond, VA
<u>VDHA Foundation</u>
2022 April 2 6-9pm ZOOM—If Needed
2022 July 22 6-9pm Charlottesville, VA
<u>ADHA Annual Conference/Business Meeting:</u>
2022 June 24-26 (Conference) June 17-19 (Business Meeting) Louisville, KY
2023 July 7-9 (Conference) Chicago, IL (100th Anniversary)
<u>ADHA District III Meetings</u>
ADHA D3 Trustee Delegation Chairs only 25-Jan-22 7:30-8:30pm ZOOM online
ADHA D3 Delegates Orientation 20-Feb-22 2-4pm ZOOM online
ADHA D3 Delegation HOD Training* 22-Apr-22 7:30-9pm ZOOM online
ADHA D3 Reference Committee A 16-May-22 7:30-9:30pm ZOOM online
ADHA D3 Reference Committee B 17-May-22 7:30-9:30pm ZOOM online
ADHA D3 Reference Committee C 18-May-22 7:30-9:30pm ZOOM online
VA Delegation Meeting May 22, 2022 2-4 pm ZOOM online
ADHA D3 Delegation Workshop 26-May-22 7:30-9:30pm ZOOM online
*(1st time attendees & Reference Comm. Chairs only)
<u>ADHA Executive Board Meetings:</u>
ADHA Winter Board of Trustee Meeting March 11-12, 2022 ZOOM online
ADHA Spring Board of Trustee Meeting April 29, 2022 ZOOM online
ADHA Annual Conference BOT Meeting June 3, 2022 ZOOM online
<u>ADHA Dental Hygiene Leadership Summit (formerly Unleashing Your Potential)</u>
2022 March 4-5 Virtual
2022 June 22-23 Louisville KY

VDHA 2021-2022 Calendar (continued page 3)

<u>Virginia Board of Dentistry-Regular Board Meetings:</u>
2022 March 11 9:00am Richmond, VA
2022 June 10 9:00am Richmond, VA
2022 September 9 9:00am Richmond, VA
2022 December 9 9:00am Richmond, VA
<u>Virginia Health Catalyst Summit (formerly VOHC)</u>
2022 October 7 Westin Richmond, VA
<u>2022 MOM Projects: (see VDAF.org for details)</u>
2022 Special Olympics MOM Project June 11 Richmond VA
2022 Wise MOM Project July 22-23 Wise, VA
2022 Piedmont Smiles/Fauquier County MOM Project October TBD
2022 Homeless Connect Mini MOM Project November TBD Richmond, VA
<u>VDA Annual Session</u>
2022 September 14-19 Williamsburg Lodge
<u>ADA Annual Session</u>
2022 October 13-17 Houston TX
2023 October 5-9 San Francisco CA
2024 October 23-27 Seattle WA
<u>ADEA Annual Session</u>
2022 March 19-22 Philadelphia, PA
2023 March 11-14 Portland OR
2024 March 9-12 New Orleans LA
2025 March 8-11 National Harbor MD
2026 March 21-24 Montreal Canada
<u>Intl Federation of Dent. Hyg / Intl Symposium on Dent. Hyg</u>
2022 August 10-13 Dublin, Ireland
2024 Date TBD Seoul, Korea
2026 July 9-11 Milan, Italy
<u>RDH Under One Roof</u>
2022 July 21-23 Orlando, FL
2023 July 20-22 Nashville, TN
2024 July 18-20 Denver CO

Our Mission

The Mission of this Association is to improve the public's total health, and to advance the art and science of dental hygiene.

Our Vision

The vision of this Association is oral health professionals promoting total health.

Diversity, Equity, and Inclusion

The Virginia Dental Hygienists' Association is an inclusive organization that continues to encourage diversity within the profession of dental hygiene. We will not discriminate against race, gender, sexual orientation, or religion. We will be courteous, respectful and encourage positive dialogue. We will work towards more equitable access to quality oral health care and increase public awareness of the benefits of prevention, education, and research. We will continue to embrace diversity and an inclusive environment that encourages curiosity, innovation, and accountability.

Thank you to all who contributed information for this issue of the Curet.

Deadline for submission for the Summer Curet is Saturday, NOON, November 12, 2022.

You may send submissions to moethompson@gmail.com.

Contributions are requested to be no more than 1 page in length, including photos and sent as an attachment in word docx, 12 pt Times New Roman font.