



Virginia

Dental Hygienists' Association

# The Curet

## Spring 2021

### President's Message

#### Coming Full Circle

The Spring season is upon us, and with its arrival brings a sense of renewal and light. The pandemic is slowly winding down, and life is beginning to look a bit more like what we remember. This year's theme, the Circle of Belonging, is on an upward and final approach to becoming complete. Last quarter's message encouraged action, hopefully inspiring you to find a greater value in your experience with belonging to VDHA and encouraging others to do the same.

VDHA has risen to the challenges of the last year to great successes. Our second virtual Spring Scientific Session was well attended by both members and potential members. Our Continuing Education Committee, led by Sheila Sheats provided a diverse, relevant, and inspiring line-up of speakers and topics, and was meticulously planned by the Planning and Development Council, led by Tonya Mortensen, assisted by Emilie Bonovitch-Ellis, Dr. Kelly Tanner, and our support team at Organization Management Group.

Our world looks different now, and so does VDHA. Diversity, Equity, and Inclusion is a much-discussed topic of late, and I am proud to be working toward development of VDHA's official D, E & I Statement to be posted publicly on all platforms. Julie Simms, (Policy and Bylaws Chairperson) is leading an Ad Hoc committee of members to mindfully develop this statement and welcomes all that are interested in participating.

Finally, we are looking forward to our upcoming **IN-PERSON EVENTS!** Please consider attending ADHA's Annual Conference as we #RISE in Phoenix in June! VDHA is planning for the rest of our 2021 events to be held in person, beginning with our Executive Board Meeting in July in Charlottesville, and our House of Delegates in October in Richmond. We cannot wait to be able to see each other and reconnect.

In the meantime, we remain steadfast in our commitment to you, our members, to bring connection, value, and support to the Dental Hygiene professionals of the Commonwealth.

Sincerely,  
Tracey Martin, BSDH, RDH  
VDHA President  
#WeBelong



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## Upcoming Events

### Executive Board Meetings

July 24, 2021	9am-3pm	Charlottesville, VA
October 24, 2021	8am-12pm	Glen Allen, VA

### Save the Date!

October 22-24, 2021	HOD	Glen Allen, VA
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2021 House of Delegates  
and Professional Development Workshop

**October 22-24**



Save the date!

Virginia Crossings Hotel & Conference Center  
Tapestry Collection by Hilton  
1000 Virginia Center Parkway, Glen Allen, VA 23059

Registration opens soon!  
Watch for more details at  
VDHA.net.



## Component News & Reports

### Greater Richmond

#### Greater Richmond Component Contacts

Heather Tuthill, MPH, BSDH, RDH- Trustee -- [herrerahm29@gmail.com](mailto:herrerahm29@gmail.com)  
Marlene Rhodes, BSDH, RDH- Chair – [marlenerhodesrdh@gmail.com](mailto:marlenerhodesrdh@gmail.com)  
Amber Mosby, BSDH, RDH- Financial Liaison -- [amber9ski@comcast.net](mailto:amber9ski@comcast.net)  
Missy Stowe, BSDH, RDH—Secretary [Missystowe99@gmail.com](mailto:Missystowe99@gmail.com)

**Membership:** We are hopeful for an in-person event as it gets warmer, and we can socially distance outside. Please send any ideal locations to Chair Marlene. Thank you for your continued support of our professional

**Events:** This past quarter VCU Senior DH students shared with us their current review of literatures for a spring series in April. We appreciate everyone who donated to their class and attended the series.

This quarter we will be celebrating the current senior class at VCU with a professional networking event and a special token of appreciation and welcome to our profession. We are so excited they will celebrate with an in person pinning ceremony.

**Facebook Page and Email List:** Please be sure to check out the Facebook Group “VDHA - Greater Richmond Dental Hygiene Component.” We list any announcements, job listings for part-time, full-time or temporary work and upcoming events. If you don’t have Facebook, then please be sure you are on the e-mail list to stay up to date with the component. Contact Trustee Heather for your email list status. We are currently working on a newsletter for the latest information for those not on Facebook.

**Leadership Opportunities:** Greater Richmond Component has several leadership opportunities available. If you are interested, please contact Marlene Rhodes. We have opportunities for all and would love to help you grow and develop professionally.

**ADHA Delegates and Alternate Delegates:** This June, 3 of the 8 delegates attending the ADHA Virtual House of Delegates are from our component! Thank you to Emilie (Bonovitch) Ellis, Marlene Rhodes and Heather Tuthill for volunteering to represent the Virginian RDHs this year on June 28<sup>th</sup>-30<sup>th</sup>, 2021. We appreciate your hard work preparing for this important annual meeting to move our profession forward!

**Next ZOOM Meeting:** 6:30 PM on May 3<sup>rd</sup>, 2021 and then our August meeting to kick off the year!

**CEs:** Due to COVID, we have not been able to have in-person CEs. We would like to thank Dr. Marcel Lambrechts JR, DDS, President of the Richmond Dental Study Club for presenting to our state on “The Value of the RDH in the Dental Practice on April 10<sup>th</sup> at 9 AM. Please contact [herrerahm29@gmail.com](mailto:herrerahm29@gmail.com) if you have a contact speaker to share. Thank you.

## Monticello

Betsey Soulsby (Membership Chair) and Mimi Magyar (HOD Chair) serve as volunteers with the Virginia Medical Reserve Corps

Congratulations to Nicole Wells (Website Manager) who is expecting the arrival of her first child, daughter Hannah on September 26, 2021. Nicole is registered with Babylist.com

MDHC distributed 288 toothbrushes, toothpaste and floss to 7 area food banks and organizations in March and April.

Buck Mountain Food Bank  
Madison Emergency Services Association  
Loaves and Fishes  
Albemarle County Emergency Food Bank  
Charlottesville Feeding Greene  
Food Bank Greene County  
Scottsville Food Bank  
Boys and Girls Club, Southwood, Albemarle County

Funds from recycling oral health and personal hygiene items with Terracycle.com were used to purchase the items. The toothbrushes were imprinted in gold letters with “**Compliments of Monticello Dental Hygienists’ Component**”

Submitted by Evelyn Grant RDH, MBA  
Monticello Component Trustee



Recycling funds from Terracycle.com assisted Monticello Component to purchase donated items.

## Northern Virginia

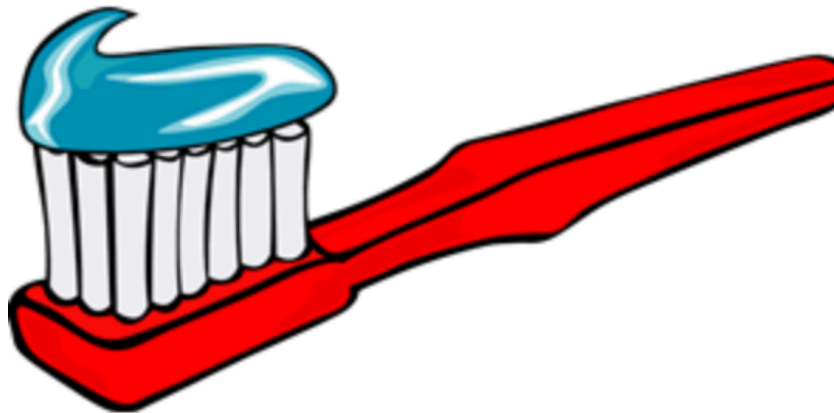
NVDHA hosted another successful virtual two-hour CE with Bill Landers, Monday, February 22<sup>nd</sup> from 7-9. The topic: “You can remove calculus, but can you cure the infection? Anti-Infective Periodontal Therapy.”

NVDHC donated and delivered 319 toothbrush kits to local Head Start school-based and center-based programs, as they have resumed some in person learning. Head Start will distribute the kits as part of a broad rollout of the Brush, Book, Bed program.

We plan to have a virtual board meeting mid-May to finish up for the summer. We will have appointments of new officers at this time.

We would like to thank Sheila Sheats for a very successful Scientific Session and all the others members who made it run so smoothly.

Respectfully submitted,  
Julie F Simms, RDH, BSDH Trustee 01



NVDHC donates to Head Start

## Northwest Virginia

Component 10 held a very successful online continuing education course regarding the latest periodontal classification. The class was well attended with 104 registrants and received good reviews from those in attendance. Another CE is planned for the Fall, topic and date TBD.

The Northwest Component will be hosting a Hygienist Happy Hour on June 12<sup>th</sup>. The exact location is to be determined at our next component meeting, which will be held on May 20<sup>th</sup> at 7pm via Zoom.

## Peninsula

Collectively, the PDHC expresses gratitude to the VDHA for its sponsorship of the 1.5-hour CE Webinar made available to all VDHA components on April 15<sup>th</sup>. The excellent speakers, Susan Pharr and Brooke Crouch imparted an enhanced appreciation and knowledge of “*Remote Supervision and Teledentistry: The Perfect Combination for the New Normal*”.

Peninsula is grateful for the gift of the ten, RDH cloisonné pins affording the TNCC graduates a memorable Pinning and Awards Ceremony on May 11<sup>th</sup> while simultaneously extending VDHA's congratulations and collegial welcome to the profession and transition to ADHA professional membership status.

### *TNCC Class of 2021*



Top Right to Top Left: April Lentz, Taylor Loper, Allison Davis  
Next step down: Lauren Shultz, Elise Allred, Ceara Welch  
Next step down: Erin Davis, Anita Bibilari, Selena Perrin  
Point: Lauren Payne

May 13<sup>th</sup> will be an Executive Committee Zoom meeting that shall be immediately followed by a General Membership Zoom session focused on surveying the interests, needs and suggestions from PDHC's stakeholders for planning leadership succession and component schedule of activities.

May 18<sup>th</sup> 1 hour, virtual CE offered by VAFCC on *Volunteerism* has been marketed via Face Book.

Kelly Tanner, PhD, RDH - Chair – [kellytannerwilliams@gmail.com](mailto:kellytannerwilliams@gmail.com)  
Rachel Royal, BSDH, RDH – Financial Liaison – [Royalrdh@gmail.com](mailto:Royalrdh@gmail.com)  
Marge Green, RDH, MS – Trustee – [mgreenrdh@gmail.com](mailto:mgreenrdh@gmail.com)  
Erika Girard, AAS, RDH – Secretary – [Erikalauren9@yahoo.com](mailto:Erikalauren9@yahoo.com)

Visit <https://www.facebook.com/groups/pdhava> to connect with PDHC. Stay safe and well.

**Southwest Virginia** – No Submission at this time

**Tidewater Officers:**

Co-Chairs: Jessica Suedbeck and Emily Ludwig

Trustee: Kelly Fox

Financial Liaison: Angela Tye

Media Management Team: Sam Vest



Spring has officially sprung! Please keep a look out on our Facebook page for upcoming events as Tidewater is eager to get back to some face to face CE course, as well as some fun socials.



Tidewater proudly presents personalized name tags to the graduating senior ODU class, and a huge thank you for the VDHA grant that provides the graduates with their RDH cloisonné pin.

Sam Vest is presenting: Creating an Inclusive Dental Practice for the LGBTQ+ Patient, a 1 hour Zoom CE May 20<sup>th</sup> from 6:30-7:30 pm. You can register at <https://vdha.wildapricot.org/events->



**WANT TO GET INVOLVED! Come join your local component!!! Nervous about how to start, we've got you covered. At Tidewater we are always looking for other hygienists that share the same passion as we all do. The passion for our profession and moving it forward as well as continuous protection to our profession. If we have no members, then we have no Association. Email me [@flosswithmerdh2015!@gmail.com](mailto:@flosswithmerdh2015!@gmail.com). We would LOVE to have you!!!!!!**

Kelly Fox, Trustee 03  
[Flosswithmerdh2015@gmail.com](mailto:Flosswithmerdh2015@gmail.com)

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## Membership News

Spring is here! Greetings from the VDHA Membership team! We hope everyone is remaining safe and enjoying the recent warm weather!

VDHA had their 68<sup>th</sup> Spring Scientific Session at the end of March and the VDHA membership team provided virtual membership information and offered a raffle for two Amazon gift cards! We were able to gain new members from Scientific Session and they loved the events and information that the VDHA has to offer!



Be on the lookout during these spring and upcoming summer months for several CE events being offered across the state! Remember – being a member provides FREE registration to most CEs provided by the constituent and component levels! Invite co-workers and other dental hygiene friends to come to our CE and social events and encourage membership!

If you haven't already registered, remember to register for either the in-person or virtual ADHA National Annual Conference that is being hosted in Phoenix, AZ! In-person dates include Friday June 18<sup>th</sup> - Sunday June 20<sup>th</sup> and if attending virtually, Monday June 28<sup>th</sup> - Wednesday June 30<sup>th</sup>! For those who are not yet members, if you join and become a member, you will save \$200 on your ADHA 2021 registration! Check out [adha2021.org](http://adha2021.org) for more information!

From our membership team, we hope that all components and its members continue to reach out to potential members at their workplaces, institutions, or even through social media! Continue using social media platforms as much as possible to stay connected with each other share news and pictures, as well as future events!

Stay safe, mask-up, and get involved!

If you have any questions regarding membership, do not hesitate to contact Samantha Vest at [svest001@odu.edu](mailto:svest001@odu.edu)

Best,  
Samantha Vest BSDH, RDH  
VDHA Membership Chair

**NOT YET A MEMBER?**

JOIN AND SAVE \$200 ON YOUR ADHA 2021 REGISTRATION.

[JOIN NOW](#)

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## Planning & Development Council News

### Continuing Education Report

I have to say we had another successful Scientific Session. This was a winner with all the attendees and the top-notch speakers. We had new and different courses which gave us all new perspective on the subject matter. There were so many on-line courses and, even free ones, that made this a positive experience. There was excellent feedback and that keeps us going to keep quality for attendees.

There were 213 overall attendees in all the different courses. The interesting thing was that there were 94 potential members and 41 students who attended. Wishfully, our potential members will transition into full-fledged ADHA members! We need them. Emilie Bonovitch, BSDH, BS and IPP presented a course pertaining to students transitioning into professional life.

Thank you to the “tech staff”, Dr. Kelly Tanner and Emilie Bonovitch. We are so lucky to have this sort of help and direction with the Zoom technicalities. Thank you so much.

As it seems now, Amanda Cole Hill will be our next Continuing Education Chair. She is a super star and I am sure most of you have seen her on line, etc. She gives excellent courses and is a great speaker herself. This will be an easy transition. Thank you, Amanda.

Next year we are planning to have an in-person Scientific Session and we can see our friends, colleagues, and maybe even some “old” friends again. We need to have contact again!!! See you then.

Sheila B. Sheats, RDH  
Continuing Education Chair

### **2021 VDHA Scientific Session Patrons**

- |                           |                         |
|---------------------------|-------------------------|
| Mary Adleberg             | Kimberly May            |
| Sherry Basham             | Maureen McCann Sawin    |
| Cathy Berard              | Misty Mesimer           |
| Roya Bidarian             | Susan Miller            |
| Stacia Brooks             | Rebecca Mullins         |
| Esther Brown              | Ethel Nativi            |
| Elizabeth DiSilvio        | Susan Pharr             |
| Susan Dunmire             | Susan Reid-Carr         |
| Evelyn Grant              | Angela Richwine         |
| Dane Hooser               | Kristen Robbins         |
| Catherine Johnson         | Kathryn Rohr            |
| Joyce Kwiatkowski-Spieler | Nancy Siewers           |
| Pamela Lynch              | Julie Simms             |
| Mimi Magyar               | Janis Slezak            |
| Sheryl Manion             | Kathleen Farrar Stewart |
| Nancy Martin              | Maloy Van Faussien      |
| Rebekah Mason Patin       |                         |

**Mark your calendar!! October 22-24, 2021  
HOD Meeting Glen Allen, VA**

## 2021 House of Delegates and Professional Development Workshop

# October 22-24



### Virginia Crossings Hotel & Conference Center Tapestry Collection by Hilton

1000 Virginia Center Parkway, Glen Allen, VA 23059

**Registration opens soon!  
Watch for more details at  
VDHA.net.**



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**Public Health, Education & Professional Affairs Council News**

**VDHA's Hygienists Supporting Head Start**

Senior dental hygiene students from NVCC, ODU, TNCC, and VCU were the first to participate in the launch of VDHA's Hygienists Supporting Head Start virtual oral health education video contest. Students created short, topic specific and patient centered oral health education videos to address a growing need for alternative forms of oral health education resources focused on early childhood. The winning videos will be posted to the VDHA YouTube channel, and available on the VDHA website for members to access in support of their community outreach efforts to Head Start and other early child programs. We are so proud of these students for being pioneers in this effort to make oral health education accessible to young children and their parents. Congratulations to these future dental hygienists for their creativity, community outreach, and commitment to the profession of dental hygiene.

Anita Bilibari	TNCC
Peyton Butler	ODU
Ariyana Canty	ODU
Allison Davis	TNCC
Kelsey Dore	VCU
Karla Florez	VCU
Maribeth Hebenstreit	ODU
Kavneet Ludher	NVCC
Libby McCray	ODU
Jailia McEachern	ODU
Hannah Nguyen	VCU
Gabriela Paul	NVCC
Lauren Payne	TNCC
Selena Perrin	TNCC
Claudette Sullano	VCU
Sari Sweet	VCU
Allisondra Trotman	ODU
Taylor Truitt	ODU

**\*\*\*\*\* SAVE THE DATE! \*\*\*\*\***

**VDHA WEBINAR: ADULT DENTAL MEDICAID BENEFITS**

**One Hour Continuing Education Credit**

**TUESDAY JUNE 8**

**7:00 – 8:00pm**

**Speakers: Susan Pharr, VDHA Public Health Committee Chair  
Dr. Zach Hairston, DMAS Dental Consultant**

## VDHA Foundation



### VIRGINIA DENTAL HYGIENISTS' ASSOCIATION FOUNDATION HONOR ROLL REPORT OF GIFTS

January 1, 2021 through March 31, 2021

#### **JEFFERSON CLUB- \$1,000 or more**

Northern Virginia Hygienists' Component  
*In memory of Patricia A. Golliday, RDH*

#### **PATRIOT CLUB- \$100 to \$249**

Irene Connolly  
*In honor of Trish MacDougall, VDHA Treasurer*  
Tracey Martin, RDH, BSDH  
*In memory of my Father, Robert "Buzz" Curtis and in honor of my Mother, Sara R. Curtis*  
Tracey Martin, RDH, BSDH  
*In honor of the 2020-21 Executive Board*  
Nancy Martin  
Sheila Sheats  
*In memory of Delaney Rose Mortensen*  
Greater Richmond Dental Hygienists' Component  
Monticello Dental Hygienists' Component  
Southwest Dental Hygienists' Component  
Tidewater Dental Hygienists' Component

#### **DONOR CLUB- \$1.00 to \$99**

Melanie Bartlam  
Cathy Berard  
Roya Bidarian  
Laila Bonner  
Elizabeth DiSilvio  
*In memory of Judy Walsh*  
Susan Dunmire  
Andrea Fuller, RDH  
Michelle Gillis  
Evelyn Grant, RDH, MBA  
Marge Green  
*In appreciation of all DH volunteers advancing our profession*  
Gudrun Harvard  
Dane Hooser

Catherine Johnson  
*In honor of Tim E. Johnson*  
Deirdre Kane  
Joyce Kwiatkowski-Spieler  
*In honor of VDHA leaders*  
Taylor Loper  
Mimi Magyar  
*In honor of Tracey Martin, VDHA President*  
Sheryl Manion  
Julie A. Martin, BSDH, RDH  
Kimberly May  
Maureen McCann Sawin  
*In honor of Martin McCann*  
Misty Mesimer  
*In honor of past and present VDHA formal and informal leaders*  
Susan Miller  
*In honor of Suzie Miller and Pat Golliday*  
Sheri Moore  
*In honor of Jackie Perry, RDH*  
Ethel Nativi  
Lien Phan  
Susan Pharr, BSDH, MPH  
*In honor of my VDHA colleagues*  
Danielle Pyer  
Susan Reid-Carr, BS, RDH  
Angela Richwine  
Kathryn Rohr  
Julie Simms  
*In honor of my dad, James Forsberg*  
Janis Slezak  
Roseanne Stupar  
Shiyi Yang  
Northwest Dental Hygienists' Component  
Peninsula Dental Hygienists' Component  
*In honor of Amy Sue Rankin*

*All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143*

## VDHA Foundation (continued)

### Alice Hinchcliffe Williams Scholarship Winner!

The AHW Scholarship is to be awarded each year in the amount of \$500 to a student in the first year (Junior year if in a 4-year program) of the fall semester in a Virginia Dental Hygiene Program. Those Virginia dental hygiene students with at least a 2.5 GPA (4.00 Scale) are eligible for this scholarship. Each applicant must be a member of an ADHA Student Chapter and must have demonstrated qualities for success in the dental hygiene program. The students were asked to submit an essay and answer the question: dental hygiene *What role or support are you prepared to contribute to ADHA (National, State, or Local) and the dental hygiene profession after graduation from the program?* The winner this year is Jacklyn Humphries, a dental hygiene student at Lord Fairfax Community College. Jacklyn submitted the following essay:

**I am prepared to continue my education throughout my career as a dental hygienist, not only to provide better and safer care for my patients and the community, but also to enrich the groups and organizations I will be a part of and represent. My role will consist of giving the dental hygiene community a louder voice through continued support. My role will consist of teaching my patients, friends, and family what the true meaning of a hygienist is and how our work is transformative in various ways. Advocacy for dental hygienists does not stop after clinical work, the voice and support of a hygienist can be carried into administrative work, work as an instructor to the next generation, relevant social media posts, and participation in group organizations. Being a part of ADHA is to be a factor when prosperous change comes to the dental field. My role will consist of advocating for safer conditions, having higher quality care, and being presented with fair opportunities within the healthcare field. The ADHA is an organization that defines the dental hygiene field and being a part of the organization is the duty of the dental hygienist. My role will consist of putting forth my best efforts to enhance the dental hygiene profession.**

Respectfully submitted,

Pamuela A Kitner, RDH, BSDH  
VDHA AH Williams Scholarship Chair

*Do you know the inspiring story of Alice Hinchcliffe Williams, RDH, MS, and her legacy?*

Alice was a dental hygiene educator in Roanoke and a practitioner in Lynchburg, Virginia. Following graduation from Eastman School of Dental Hygiene in Rochester, NY, Alice worked as a school dental hygienist serving 20 schools in Liverpool, NY. Her leadership skills as President of the Dental Hygienists' Association of the State of New York became an asset of the Virginia Dental Hygienists' Association in her service as Trustee. With her Masters degree in Science Education from UVA, she then moved on to become the founder and director of the Dental Hygiene Program at Virginia Western Community College in 1975. Her passion for scholarship and lifelong learning for dental hygienists is exemplified with her long-standing, generous and visionary support of the VDHA's continuing education speaker's fund.





ADHA INSTITUTE FOR ORAL HEALTH

## HONOR ROLL REPORT OF GIFTS

July 1, 2020 through March 31, 2021

Catherine Berard, BSDH, RDH  
Roya Bidarian  
Laila Bonner  
Emilie Bonovitch,  
Stacia Brooks  
Irene M. Connolly, RDH, MS  
Elizabeth DiSilvio  
Susan Dunmire  
Michelle Gillis  
Evelyn Grant, RDH, MBA  
Margaret L. Green, RDH, MS  
Dane Hooser  
Catherine Johnson  
Joyce Kwiatkowski-Spieler  
Taylor Loper  
Diane K. Lum, RDH, BS  
Mimi Magyar  
Julie Martin  
Nancy Martin

Kimberly May  
Maureen McCann Sawin  
Susan Miller  
Ashley Dianne Milstead, RDH  
Sheri Ann Moore, RDH, BSHS  
Tonya Mortensen  
Rebecca Mullins  
Ethel Nativi  
Lien Phan  
Susan H. Pharr, RDH, BSDH, MPH  
Susan Reid-Carr  
Angela Richwine  
Kathryn Rohr  
Sheila Sheats, RDH  
Deanne Shuman, BSDH, MS, Ph.D.  
Julie Simms  
Janis Slezak  
Sam Vest

In collaboration with the American Dental Hygienists' Association, the ADHA Institute for Oral Health provides thousands of dollars each year, to advance the profession of Dental Hygiene through scholarship, research and service. These monies have been awarded to dental hygiene students for educational needs (Scholarships), to those expanding the field of dental hygiene (Research Grants) and to dental hygienists' to provide oral health care and education to those in their communities (Community Service Grants).

For more information: [https://mymembership.adha.org/Members/FundraisingADHA/Fund\\_Options.aspx](https://mymembership.adha.org/Members/FundraisingADHA/Fund_Options.aspx)

# Hello from the GCC Dental Hygiene Cohort of NVCC!

- In February:
  - Working within Covid restrictions the GCC Dental Hygiene Local Coordinator arranged for a GKAS event at the Moss Free Clinic where screenings, x-rays, sealants, and prophies were provided to community children.
- In March:
  - After months of data compilation and project creation, VDHA LDC Student Member, Heather Fonda, and fellow LDC Members, Dr. Kelly Tanner and Emilie Bonovich, along with Dental Post Representative Amanda Hill, debuted a free course at the annual Scientific Session offering guidance on the transition from student to professional. The course was extremely informative, well received and attended.
  - GCC Chapter SADHA & Class President, Heather Fonda, was elected to attend GCC's Annual Leadership Development Day and was nominated GCC's Student Graduation Speaker.
- In April:
  - GCC Dental Hygiene Awards were awarded to four deserving dental hygiene students.
    - Class President, Heather Fonda, received the 2021 VDHA Student Award – For Recognition of Scholastic Achievement, Clinical Proficiency, and Professional Contributions – This includes a certificate, one year paid ADHA dues, and an honorary plaque which will hang inside GCC forever.
    - Student, Jessica Morris, received the 2021 Colgate S.T.A.R. Award – For Compassion in Patient Care as well as Dedication and Enthusiasm for the Dental Hygiene Profession – This includes an engraved glass award and an honorary plaque which will hang inside GCC for a term period.
    - Class Treasurer, Jennifer Settle, received the 2021 Hu-Friedy Golden Scaler Award – For Clinical Achievement – This includes an engraved glass award and recognition in an upcoming publication.
    - Student, Kaylei Nabors, received the 2021 GCC DH Program GPA Award – For Recognition of the Highest Program GPA – This includes an engraved wood award.

In closing, this final Curet submission is written with bitter sweet intent as we finish our last semester and prepare for graduation. Although we will miss aspects of college, seeing our classmates, instructors, and caring for our patients, we are ready to fly the coup and experience dental hygiene in the real world!



Congratulations 2021 Dental Hygiene Graduates!! We did it!!



The students in the Lord Fairfax Community College dental hygiene program are busy raising monies to offset graduation costs. To jumpstart the fundraising, they are raffling off a basket worth over \$500.00. Their fundraising efforts have totaled over \$800.00 so far. Shown in this photo are Haley Carver and Cathy Luong holding the basket.

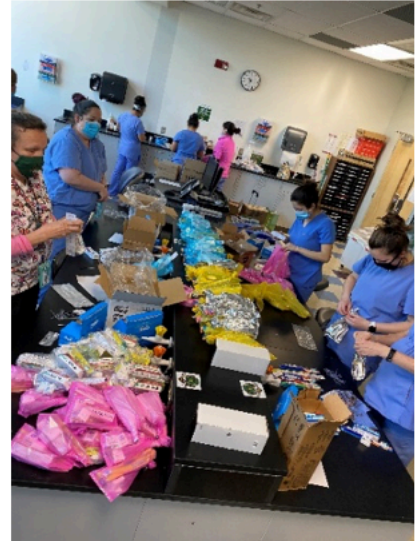




**Northern Virginia Class of 2021** participated in ‘Smiles for the Homeless’ where they collected and donated 568 kits to various shelters in Northern Virginia.

Organized by Sherry Basham, the kits were donated on January 29<sup>th</sup> and 30<sup>th</sup> 2021, to the Acts Homeless Shelter in Dumfries, the Alexandria Community Shelter, the Carpenter Shelter in Alexandria and the NVFS Hilda M Barg Shelter in Woodbridge.

568 smiles were made brighter by our contribution!



The class has spent their last semester wrapping up program requirements in preparation for their May 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> graduation. Some students have been mentoring the first-year students in the clinic, others have been studying and taking both the National and VA written board exams, and our class had a 100% pass rate for the VA clinical board exam. Both the



graduation and the traditional pinning ceremony will be virtual; however, we have planned an outside class celebration in June. As we close out our time as students, we are gearing up for the lengthy process of obtaining our licenses and starting our careers as Registered Dental Hygienists. We are entering the work force fresh with not only education in oral health disease prevention, but also with knowledge and experience in Covid-19 protocols and prevention. Together as a class, we persevered through the many challenges and obstacles that were

presented during the global pandemic. We are thankful for not only each other, but also for a wonderful group of professors and instructors that navigated this new world with us. We are hopeful and excited for the future and wish the class of 2022 all the best.

-Sheila Garrovillo, Northern Virginia Class of 2021

## Old Dominion University

Dear Colleagues,

Greetings from the Old Dominion University School of Dental Hygiene (ODU SODH)! The ODU Dental Hygiene Care Facility has been operating six days a week, nights, and weekends to get the Senior class of 2021 ready for this day that has finally arrived! The ODU SODH is proud to announce the Senior class of 2021 will be walking in a distanced outdoor graduation ceremony on May 8<sup>th</sup>! The faculty, staff, and students in the SODH worked tirelessly and safely this past semester to make-up missed clinical time to become competent, skilled dental hygienists and graduate! We are so proud of the accomplishments of the Class of 2021 and look forward to celebrating your accomplishments!



Senior students providing dental hygiene care at Chesapeake Care Clinic during Community.

This past year has been a whirlwind as I am sure many colleagues and students at other dental hygiene programs have experienced. The SODH was able to implement use of their aerosol generating procedures (AGP) room this Spring which included distanced operatories, plexiglass between each operatory, source capture air purification units for each operatory, and curtains which could be disinfected. Students were able to safely use this room for patients that require ultrasonic debridement and gain valuable skills for their upcoming manikin-simulated clinical board examination!

Senior students will return after graduation for a brief three-week session to finish clinical requirements and skills as they await their clinical boards in June! Many students have already taken their National Board examination and the computer portion of the clinical boards. We are extremely proud of the Senior Class of 2021.

The Junior Class has finished their first semester of clinic and will transition to their Senior year as they start their six-week summer session in May! Way to go, Class of 2022!

We wish you all well and stay safe and healthy!

Respectfully submitted,  
Emily Ludwig, BSDH, MS, RDH  
Assistant Professor and SADHA Advisor

Ann M. Bruhn, BSDH, MS, RDH  
Associate Professor and Chair



Senior students and faculty during clinic at the ODU Dental Hygiene Care Facility



**Congratulations to the Class of 2021** for accomplishing a great feat: the first dental hygiene class to finish with 100% graduation rate! This picture was taken the very first meeting together prior to the start of Fall semester in 2019.

Back row from left: Ceara Welch, Allison Davis, Taylor Loper, Lauren Payne, Elise Allred, and April Lentz.

Front row from left: Selena Perrin, Lauren Schultz, Anita Bibilari, and Erin Davis



The first year dental students ready to take their new position as the senior class. From left: Randa Molyneux, Stephanie Chacon, Aubree Shreve, Maricruz Valenzuela, Natalie Costantino, Autumn Smith, and Bethany Seidnitzer

Virginia Commonwealth University – No Submission at this time  
Virginia Western Community College– No Submission at this time  
Wytheville Community College no submission at this time

VDHA wishes all new graduates the best as you transition from student to licensed dental hygienist.



## ADHA Annual Conference Dates



### ADHA 2021 ANNUAL CONFERENCE

PHOENIX, AZ: FRIDAY, JUNE 18–SUNDAY, JUNE 20

VIRTUAL: MONDAY, JUNE 28–WEDNESDAY, JUNE 30

## ADHA 2022 Annual Conference

Location: Louisville, Kentucky

Kentucky International Convention Center

Dates:

- Friday, June 24 – Sunday, June 26
- Sunday, June 26 – Tuesday, June 28 (Business Meeting)

## ADHA 2023 Annual Conference- 100th Anniversary.

Location: Chicago, Illinois

McCormick Place

Dates:

- Friday, July 7 – Sunday, July 9
- Sunday, July 9 – Tuesday, July 11 (Business Meeting)

## 2020 – 2021 Officers, Councils & Committee Chairs

<b>Officers</b>	<b>Administrative Council:</b> Chair (President Elect): vacant Emilie Bonivitch (standing in temporarily)
<b>President:</b> Tracey Martin	<b>Budget and Finance:</b> Trish MacDougall <b>Vice President:</b> Tonya Mortensen <b>Policy, Bylaws and Resolution chair:</b> Julie Simms Committee member: Irene Connolly <b>Procedure Manual:</b> Tonya Mortensen <b>Corresponding Secretary:</b> Uswa Arain <b>Recording Secretary:</b> Janis Slezak <b>A.H. Williams Fund:</b> Pam Kitner <b>Leadership Committee Chair:</b> Kelly Tanner <b>Nomination Committee Chair:</b> Mimi Magyar
<b>President Elect:</b> vacant	
<b>Immediate Past President:</b> Emilie Bonovitch	
<b>Vice President:</b> Tonya Mortensen	
<b>Treasurer:</b> Trish MacDougall	
<b>Recording Secretary:</b> Janis Slezak	
<b>Corresponding Secretary:</b> Uswa Arain	
<b>Speaker of the House:</b> Kate Hoffman	
<b>Alternate Speaker of the House:</b> Sam Vest	
<b>Trustees:</b> <b>01-Northern Virginia:</b> Julie Simms <b>02-Greater Richmond:</b> Heather Tuthill <b>03-Tidewater:</b> Kelly Fox <b>06-Monticello:</b> Evelyn Grant <b>07-Peninsula:</b> Marge Green <b>09-Southwest Virginia:</b> Sharon Kennedy <b>10-Northwest:</b> Meghan Glago	
<b>2021 ADHA Delegates</b> Emilie Bonovitch, IPP, 1 <sup>st</sup> delegate Tracey Martin, Pres, 2 <sup>nd</sup> delegate Cathy Berard, 3 <sup>rd</sup> delegate Heather Tuthill, 4 <sup>th</sup> delegate PE-vacant 1 <sup>st</sup> alternate delegate Tonya Mortensen, 2 <sup>nd</sup> alternate delegate Kelly Fox, 3 <sup>rd</sup> alternate delegate Marlene Rhodes, 4 <sup>th</sup> alternate delegate	<b>Public Health, Education, and Professional Affairs:</b> Co-Chairs: Cathy Berard and Marge Green  <b>Regulation and Practice:</b> Heather Tuthill <b>Board of Dentistry Liaison:</b> Mark Hickman- <a href="mailto:mark@commonwealthstrategy.net">mark@commonwealthstrategy.net</a> <b>Lobbyists:</b> Mark Hickman and Cal Whitehead, Commonwealth Strategy Group <b>Public Health Committee:</b> Susan Pharr <b>Public Health Committee Liaison –</b> Brooke Crouch <b>Virginia Health Workforce Development Authority Liaison:</b> Marty Sullivan <b>VA Oral Health Coalition:</b> Dr. Denise Claiborne <b>Free Clinic Liaisons:</b> Sherry Basham <b>Head Start Liaison:</b> Deirdre Kane <b>VA Rural Health Association Liaison:</b> Dr. Rita Phillips <b>Education committee chair:</b> vacant <b>DH Educators’ consortium liaison:</b> Misty Mesimer <b>VA Department of Health Liaison:</b> Tiffany Boyd <b>Ad Hoc Committee Remote Supervision CE:</b> Susan Pharr, Marge Green, and Marty Sullivan
<b>Leadership Committee:</b> Chair: Kelly Tanner Williams  Members: VP - Tonya Mortensen General Member - Misty Mesimer Trustee Member – Kelly Fox Student Member: Heather Fonda <b>Liaison:</b> Emily Bonovitch, IPP	<b>VDHA Foundation Directors:</b> Chair: Emilie Bonovitch, IPP  <b>Chair Elect:</b> Tracey Martin, VDHA President <b>Secretary:</b> Cathy Berard <b>Treasurer:</b> Marge Green <b>VDHA Liaison:</b> Irene Connolly <b>Ways and Means:</b> Karen Avey <b>Continuing Education:</b> Sheila Sheats <b>VDHA Treasurer:</b> Trish McDougall
<b>Nomination Committee:</b> <b>Chair:</b> Mimi Magyar Members: Julie Simms, VDHA Past President Kristen Greene, general member	<b>Member Services Council</b> Chair- vacant  <b>Membership Committee chair:</b> Sam Vest <b>VA SADHA Liaison:</b> Janis Slezak <b>ADHA Education Network Liaison:</b> vacant <b>Directory:</b> Betsy Disilvio <b>Newsletter Editor:</b> Moe Thompson <b>Awards:</b> Evelyn Grant <b>Historian:</b> Julie Martin <b>Website Manager:</b> Trish MacDougall <b>ADHA IOH Liaison:</b> Cathy Berard

# VDHA 2020-2021 Calendar

## Spring Scientific Session

2021 March 26-28

2022 April 28 - May 1

## HOD and Professional Development Workshop

2021 October 22-24 Glen Allen

## Executive Board Meetings

2021 July 24 9am-3pm Charlottesville VA

2021 October 24 8am-12pm Richmond VA

2022 January 22 9am-1pm ZOOM

2022 April 23 9am-1pm ZOOM

2022 July 23 9am-3pm Charlottesville VA

2022 October 23 8am-12pm Richmond VA

## Ignite VDHA Leadership Workshop

2021 November TBD

## Quarterly Reports Deadline (two weeks prior to E.B. Meetings)

2021 January 9

2021 April 3

2021 July 10

2021 October 10

2022 January 8

2022 April 9

2022 July 9

## HOD Reports/Year End Reports

2021 August 21

## Awards Nominations

2021 July 17

## Curet Deadline (two weeks following Executive Board Meetings)

2021 August 7

2021 Nov 6

2022 Feb 5

2022 May 7

2022 Aug 6

## ADHA District III Meetings

ADHA D3 Del HOD Training April 26, 2021 7:30-9pm ZOOM

ADHA D3 Ref Com A May 17, 2021 7:30-9:30pm ZOOM

ADHA D3 Ref Com B May 18, 2021 7:30-9:30pm ZOOM

ADHA D3 Ref Com C May 19, 2021 7:30-9:30pm ZOOM

## ADHA Executive Board Meetings:

ADHA Fall Board of Trustee Meeting On Site

ADHA Winter Board of Trustee Meeting ZOOM online

ADHA May Board of Trustee Meeting ZOOM online

ADHA Annual Conference BOT Meeting ZOOM online

## VA Health Catalyst Summit (formerly VOHC)

2020 Date TBD Richmond VA

## Unleashing Your Potential Weekend

Converted to a virtual Leadership Summit that took place in January 2021.

## Virginia Board of Dentistry-Regular Board Meetings:

2021 March 19 9:30 Richmond VA

2021 June 11 9:00 Richmond VA

2021 September 10 9:00 Richmond VA

2021 December 10 9:00 Richmond VA

## 2018-2019 MOM Project Weekends- VDAF.org for details

2021 Special Olympics June TBD Richmond, VA

2021 Wise July 9-10 Wise, VA

2021 Fauquier October 2 Fauquier, VA

2021 Homeless Connect November TBD Richmond, VA

## ADA Annual Session

2021 October 11-15 Las Vegas, NV

2022 October 13-17 Houston, TX

## ADEA Annual Session

ADEA 2021 March 13-16 Virtual

## International Federation of Dental Hygienists

2022 August 10-13 Dublin, Ireland

2024 Date TBD Seoul, Korea

## Our Mission

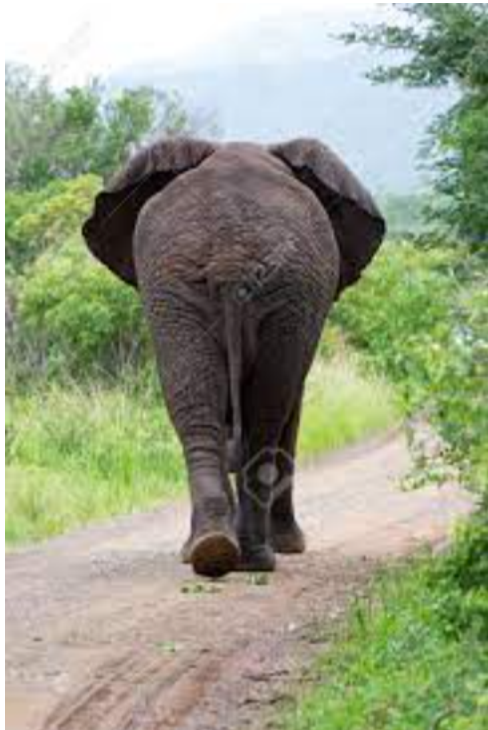
The Mission of this Association is to improve the public's total health, and to advance the art and science of dental hygiene.

## Our Vision

The vision of this Association is oral health professionals promoting total health.

Thank you to all who contributed information for this issue of the Curet.  
**Deadline for submission for the Summer Curet is NOON, August 7, 2021.**

You may send submissions to [moethompson@gmail.com](mailto:moethompson@gmail.com).  
Contributions are requested to be no more than 1 page in length, including photos and sent as an attachment in word docx, 12 pt Times New Roman font.



Sometimes the end is really just the beginning.

