



Virginia
DENTAL HYGIENISTS'
ASSOCIATION

VDHA CURET



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President's Message

If you want it, you must will it.
If you will it, it will be yours

The members of VDHA and its leaders have been on the ground running to continue to embrace change and adaptability.

Thank you to our volunteer leaders who have made things possible within these last three months. To say the least, we have been dedicated to making our association even better for current and future members and continuing to advance the science and practice of dental hygiene.



In November, work began to prepare for 2024. At the beginning of the month, other members and I attended the Virginia Peninsula Community College to discuss the future of the dental hygiene program and how our Association would support them. I went and spoke to Junior and senior high school students at Chesterfield Technical Center about the profession of dental hygiene. We had another successful Ignite! leadership workshop held for our future leaders and put together by our Leadership Services Council, consisting of student members, educators, and our leaders! Leaders have stepped up to take on roles within the Association, and we are excited to see the great things they will bring to our Association. We cannot thank you enough!

In December, we met some close deadlines, and our leadership rose to the challenge of meeting them. We continue to work with OMG (our management company) and our lobbyists. Our Planning and Development Council worked on making registration live for our annual Scientific Session in March 2024. I encourage you all to sign up! We have great speakers with current topics this year, and it is in Richmond, VA. At Scientific Session, the VDHA's Foundation will celebrate 30 years with "Celebrate the Eras of the Foundation." VDHA continues to work with the Piedmont component to continue assisting in opening this component by offering CEs in the region. I attended the Health Science graduation ceremony for Germanna, celebrating the first graduating class of their accelerated dental hygiene program. Before the end of the year, I created a video to begin engaging with members on a more personal level on how membership is critical to protecting our profession.

In January, we ran to the Capitol to visit our legislators to discuss important issues and upcoming bills we need their support on. VDHA's partnership with VDA this Rally Day to collaborate and provide a united front relating to bills that affect both professions is a huge win! I am thankful for the partnerships and relationships that have blossomed within these last 3 months. Thank you to all the councils and the Foundation who continue to make this day possible. We were in-person this year donning our purple scarves.

I continue to ask myself, what would our profession be without our professional Association? Please ask yourself that. I pay my dues quarterly, which is a half to a full day's worth of work. In addition, I received discounts, such as 50% off on Home Chef weekly orders and two office chairs for the price of one! My membership saved me money in something other than dental hygiene. I also plan to utilize these discounts on my flight to New Orleans for ADHA Annual Conference! Did you know about these benefits outside the others you get as a member? We want to hear your ideas for bettering our Association, and by working together, we can make change. If we wish to change, we cannot do it alone. We must adapt and persevere to be better and include one another. All dental hygienists are welcome, regardless of if you choose to take on a leadership role. Just by being a member, you are helping your professional association. It is that simple! Where will the dental hygiene profession be if we do not secure our professional association?

I am looking forward to what VDHA will accomplish this year. So many exciting things will come from the Scientific Session and following the legislative bills that will impact the dental hygiene profession. I am delighted to see new faces within our Association. As an Association, we are always open to feedback to enhance your experience as a member. If you have any questions, please get in touch with me, state leaders, or local component leaders. If you want to get involved but need help with how to do so, contact our Leadership Services Council. From there, we can see where you will thrive in our Association utilizing your talents. Thank you all for your dedication to our association.

Happy New Year!

Best,
Kristen D. Robbins, MPH, BSDH, RDH
VDHA President



Introducing our President Elect, Ryan Maphis

Why did you want to run for President-Elect?

I was called to leadership by our current President Kristen Robbins and IPP Heather Tuthill. President Robbins is leading a charge to modernize VDHA and I'm very passionate about the sustainability of our organization. With the access we have through education programs to student members, mentorship of newer members into leadership roles, and the expertise of our professional members- I hope to lead VDHA into a business and advocacy growth mindset while embracing the ever-evolving, diverse social landscape we are a part of.



Tell us how you first got involved with VDHA.

I became involved with VDHA at the student level in 2018. I was a page at the House of Delegates in my first year of hygiene school and I stuck- like a piece of burnished calculus. I have served as my component's social media chair for 2 years, a delegate at VDHA, an Alternate Delegate at the national level, as well as the Alternate Speaker of the House for the last 2 years.

What are some of the best things (so far) to happen since you started volunteering with VDHA?

Any spark I felt when I began my journey with VDHA has only been fueled into a fire by the leaders I'm surrounded by attending events like Ignite, House of Delegates, and Scientific Session. My best personal growth has occurred by learning from our diverse and inclusive members, with tools provided to us such as the Clifton Strengths Finder and the mentorship program. The leaders within VDHA and ADHA are both empowered and part of an empowering community where I find myself at home.

How would someone describe you?

Isn't describing yourself challenging? Empathetic, passionate, loyal, creative, and inquisitive are words that immediately come to mind. In clinical and leadership settings alike, I believe that my passion serves me best- and I endeavor to convey empathy and availability to those around me. I love 'meeting people where they are', and I believe patients and colleagues would describe me as creative when trying to problem solve. My inquisitive spirit and creativity serve me in leadership.

What do you do when you aren't volunteering/working?

I am currently working clinically less than I ever have- and in this transition, I aim to spend more time dedicated to our organization. In my free time- I love to adventure with my two pups Lincoln and Fiona, explore cooking/local cuisine, read, and attend hot yoga.

What do you tell someone who is thinking about volunteering with VDHA?

I believe that within our profession, it is vital to have a diverse and inclusive support system, a family around you to promote you, your growth, and your passions. VDHA is that family- a place where members can belong and serve at whatever level they desire. By volunteering with VDHA, you are the link in the chain to ensuring the sustainability of our professional organization, thereby ensuring the sustainability of the practice of Dental Hygiene.

Component News

Northern Virginia (01)

Northern Virginia has been busy with providing CE's for our members and potential members this new year.

On January 17th, we hosted Jeremy Smith, RDH. He presented "The Hygienists role in treating patients under general anesthesia." The course was very interesting and reviewed different types of jobs available to dental hygienists. February brings yet another exciting CE on periodontal disease entitled "Traditional Scrapodontics vs. Anti-Infective Periodontal Therapy". The speaker is Bill Landers and he will deliver evidence-based information on what works and does not work with scaling/root planing-debridement and biofilm control. It is an exciting program. We hope you'll register and join us if you can!

Did you know that our own Sherry Basham presented a one-hour CE for the Northwest Component on January 23rd entitled "Grinding the Night Away". Great information on grinding and sleep apnea.

March brings Scientific Session in Richmond, and we encourage you all to attend and support the VDHA CE program.

We are having a social gathering at PJ Skidoos February 11th at 11:30. Please RSVP to Julie Simms by February 4th at kringlesimms@gmail.com so that we can make reservations. This is a relaxed get together.





We want to thank members who braved the elements and attended Rally Day in Richmond. A big shout out to Cathy Berard who was part of the team in organizing and preparing goodie bags for the legislators and their aides. Thank you to Sherry Basham, Arati Singh and April Prest for driving in a snowstorm to help support VDHA's Rally Day.

Every year, Sherry Basham does a community project with the help of students during Children's Dental Health Month. "Keep on Brushing!" They will be doing a Children's Story Hour at Chinn Library in Woodbridge Saturday, February 24th at 10:30. Sherry will be providing goodie bags for the children.

GIVING BACK...Northern Virginia Dental Clinic Hygienist Day! Friday, April 12th.

Public Health Liaison: Catherine Johnson is looking for volunteers. Patients have been screened. You will have an hour per patient and will be working under General supervision. The event will be at the Northern Virginia Dental Clinic, Sharon Bulova Center for Community Health, 8221 Willow Oaks Corporate Dr. Suite 450, Fairfax, VA 22031
703-820-7170

Respectfully submitted,
Julie Simms, Trustee 01

Greater Richmond (02)

Greater Richmond Component Contacts

Hagir Saleh, BSDH, RDH- Chair - hagirsaleh7@gmail.com

Marlene Rhodes, RDH, BSDH, CDA- Trustee, Financial Liaison - marlenerhodesrdh@gmail.com

LaTasha McLee, MSDH, BSDH, RDH- SCADHA Liaison, - lateshamclee@gmail.com

Emily Comia, BSDH, RDH – Secretary, Membership Chair ecomiardh@gmail.com

Events: There was a component holiday get together on December 18, 2023 at Plaza Azteca in Richmond. Attendees had a great time visiting with each other.

We had a very informative CE on December 19, 2023 with Haleon to discuss new innovative products offered under Sensodyne and its affiliated brands.

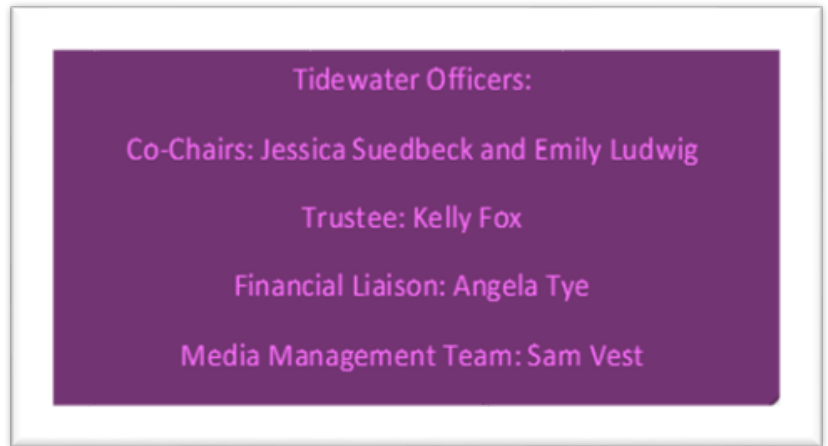
Rally Day took place in Richmond, Virginia, within our component's area, on January 19th, 2024. It is always a great time when we are able to collaborate with other components to advocate for our profession. Pictured are some of the photos taken that day.



Legislative: Newly energized from Rally Day at the capital our members are tasked with researching and contacting their correct current Delegate and Senator. They are going offer support and answers when opportunities arise where dental hygiene is concerned.

Next Meeting: 6:30 PM on January 29th, 2024 West End Library
6:30 PM on March 18th, 2024 Westover Hills Library

Tidewater (03)



Tidewater would like to wish everyone a Happy New Year! We can not believe we are in 2024. As we move forward into 2024, membership is a high priority for Tidewater. We would love to see our component grow by welcoming new graduates, as well as seasoned practicing RDH's to our component. No requirements are necessary, you just need to be a member of ADHA. We value the opinions of our members and RDH's, and want to grow our component. If anyone is interested in helping out the component and volunteering your time or ideas, please let one of our officers know.

VDHA's Rally Day was held this year on Jan 19, 2024 at the newly renovated capitol building in Richmond, Virginia. As always, it was a successful day of advocating for our profession and supporting important legislation that affects our future. If anyone is interested in next years Rally Day, please once again, refer to our officers and reach out. We would love to have more involvement from our local members and get our voices heard.

At the beginning of January, Tidewater held a component social at New Realm Brewing. It was a great evening enjoyed by those in attendance. Tidewater is planning a CE event in March as well as our collaborative event in April at Old Dominion University for the senior students called "Beyond the Classroom." This event is to included a panel of clinicians, researchers, advocates, and other various opportunities as a RDH. There will also be an exhibit hall for everyone to enjoy. For all upcoming events for local component and VDHA please visit <https://vdha.net>.



Monticello (06)

As the current Trustee for the Monticello Component, I have enjoyed being a part of the VDHA Executive Board and reuniting with those powerful individuals that I got to know when I moved to the area in 1997. They showed so much dedication and drive to make sure our profession stayed on top of the issues that move us forward. I thank you all for that! If it were not for your persistence with legislators, VDA, and the Board of Dentistry we would not be where we are today. Reflecting on the things that have changed over the course of my career is astonishing. Things like General Supervision, administration of local anesthesia, and Remote Supervision are things that come to mind. Thank you all for your perseverance. Now that I have come back to the table, I see a new set of powerful individuals seeking to make changes and move the profession forward. It is a great feeling to be a part of this. My hope is that we can convince those that may not be a part of our organization of the relevance that we can accomplish in numbers. With that said, maybe we can challenge ourselves to have that conversation with a coworker who may not be a member and convince them of the relevance of the Association and what we do to make things possible for us all. Cheers to VDHA and I can't wait to see what we accomplish next!

Nancy Dragovich, BSDH, RDH

Welcome to:

Spring 2023 graduates who have renewed their membership in Component 06

Harlie Allen

Hannah Mortvedt

Alexandria Williams

Winter 2023 graduate who transitioned to Component 06

Kristie Coleman

Jordan Green

Members transferring to Component 06

Jamie Arsenault

Tiffany Dillon

Wonderful to have you join the Monticello Component.

Peninsula (07)

The Peninsula Component hopes everyone has had a wonderful holiday season. We are so excited and eager for another great year to expand our education and advocacy for the dental hygiene profession.

We are always looking for members to take on leadership roles within our component. Available positions: Co-Chair, Secretary, CE Coordinator, and 2024 Delegates. If you are interested in one of these positions or have questions, please let us know by contacting the Component Trustee, Julie A. Martin.



We were so thankful to have Dr. Denise M. Claiborne, Ph.D., RDH for our in-person CE on November 8th, Pregnancy and Oral Health: The Shared Responsibility of Women's and Children's Oral Health: What is the Research Telling Us?



PDHC members, VPC students, dental hygiene students from other programs, and professionals from across the state met in Richmond for Rally Day on January 19th.



We had a wonderful holiday gathering with the VPC senior class and faculty members. We treated them to pizza, dessert, and drinks in reward for completing the fall semester. We are so proud of the students and so thankful for the faculty.

SAVE THE DATES:

2 Hour CE: Posture, Airway, TMD, Orthodontic, Sleep Apnea Connection: It all begins in early childhood.
Presented by J. Stuart Oglesby, DDS.

When: Saturday, February 10, 2024. Time: 8:30-11:30 AM. In person. Location: Angelo's Pancake and Steak House, 755 J Clyde Morris Blvd, Newport News, VA. 23601.

1 Hour CE: Dental Hygiene and Advocacy, how does it work? Presented by Emilie B. Ellis, BS Biology, BSDH, RDH.

When: Tuesday, April 9th, 2024. Time: 7-8 PM. Via Zoom.



Southwest (09)

Chair – Kara Davis

Co-Chair – Rita Phillips

Secretary – Margaret Martin

Immediate Past Chair – Sharon Kennedy

Chair Elect –

Trustee – Kara Davis

Financial Administrator – Margaret Martin

Committee Chairs

Continuing Education Events and Curet –

Head Start Liaison –

Public Health Outreach –

Membership – Amber Shuler

Website Coordinator – Maureen Thompson

Legislation –

Delegates – TBA

DH School Liaisons /Advisory Board – Amber Shuler and Rita Phillips

Winter is official here!

SWVDHA would like to give a big thanks of appreciation to our all of our members who to continue to meet and try to provide better Continuing Education Courses for all registered dental hygienist in the area. The component has a one-hour CE webinar for Friday, March 29, 2024 at 10:00am with the company Perio Protect to discuss the science behind the Perio Protect trays, effectiveness on treatment, and patient long-term results. been working very close with Advance Dental Hygiene to be able to bring diode laser training in our region. Registration for this course is available now! This course will provide 12-hour CEU. The hands-on training is scheduled on Friday, May 17, 2024 in Bristol, VA. Discount is available for any recent dental hygiene graduates. What an amazing opportunity to be able to implement lasers into your dental hygiene procedures and provide a higher next-level of care for your patients.

<https://advanceddentalhygiene.com/virginia/>

Our goal is to continue to thrive as a small component reaching out and accomplish big things: Increase membership, bringing new ideas, and providing more activities for the component and future members. If you like to share your passion and growth for dental hygiene, please join us today by visiting the website.

Respectfully Submitted,
Kara F. Davis, Trustee 09



Northwest (10)

We held a continuing education class on Tuesday, January 23 on Zoom. Titled “Grinding the Night Away” with Sherry Basham, MSDH, RDH. It focused on bruxism and clenching, recognizing the signs and symptoms, and how to treat it. A special thanks to our CE Chair, Sue Daugherty, for all her hard work!

The next component meeting will be held Thursday, February 15, at Sal’s Italian Bistro in Edinburg, VA at 7pm.

Membership

We would like to recognize and thank our members who have joined our Association for the year 2024!
Without you, there would be NO VOICE for the 6,000 dental hygienists we represent statewide.

| | | | | | | |
|-----------------------|-----------|-----------|------------|-----------|----------------------------|-----------|
| 01 Northern VA | Elizabeth | Jaelyn | Haruka | Sarah | 02 Greater Richmond | Elise |
| Mary | Sara | Lesa | Christie | Lien | Lauren | Rebecca |
| Talal | Kelly | Emily | Mihyun | Katie | Melanie | Susan |
| Farhanaz | Allison | Christine | Donna | Brianna | Patricia | Sam |
| Tulika | Susan | Keagan | Stephanie | Myrtle | Mariana | Marlene |
| Anallely | Christine | Kim | Joyce | Casey | Layda | Kristen |
| Julia | Eva | Celestina | Roxanne | Anna | Kaitlyn | Hagir |
| Sherry | Colleen | Nikoln | Bruce | Taisha | Leah | Sharon |
| Brooke | Margaret | Elizabeth | Jacqueline | Angela | Hannah | Kristin |
| Maren | Lynn | Sara | Nakita | Lea | Emily | Samantha |
| Catherine | Colleen | Kelly | Griselda | Jhonathan | Lee | Sydney |
| Laila | Mary Jane | Allison | Diane | Mary | Emilie | Jennifer |
| Ashley | Erick | Susan | Pamela | Rhonda | Leah | Derik |
| Karen | Tammy | Christine | Leslie Ann | Kathryn | Jennifer | Melanie |
| Barbara | Elaina | Eva | Julie | Rhea | Melissa | Melvena |
| Linda | Jordan | Colleen | Katherine | Vita | Victoria | Lisa |
| Mary | Fatomeh | Margaret | Marina | Patricia | Katie | Alyssa |
| Jessica | Sherri | Lynn | Beth | Sheila | Jennifer | Christina |
| Julie | Maria | Colleen | Emmanuel | Diane | Gillian | Heather |
| Silvina | Maria | Mary Jane | Misty | Julie | Emily | Kelly |
| Linda | Christine | Erick | Cheryl | Arati | Rose | Deanne |
| Trang | Sonya | Tammy | Shelley | Janis | Sarah | Christine |
| Maria | Tiina | Elaina | Tonya | Erica | Sarah | Rachel |
| Mary | Julie | Jordan | Mei | Jenifer | Kim | Penny |
| Elizabeth | Tatiana | Fatomeh | Srilakshmi | Sandi | Marion | Tammy |
| Michaela | Han Na | Sherri | Ethel | Lisa | Michelle | Fozya |
| Jaelyn | Catherine | Maria | Thuyvy | Nhu_Ngoc | LaTasha | |
| Lesla | Julie | Maria | Xuan- | Marya | Emily | |
| Emily | Silvina | Christine | Phuong | Nikia | Stephanie | |
| Christine | Linda | Sonya | Tasha | Nikia | Sarah | |
| Keagan | Trang | Tiina | Helena | Kathleen | Christy | |
| Kim | Maria | Julie | Beth | Wendy | Susan | |
| Celestina | Mary | Tatiana | Samantha | Ashling | Joy | |
| Nikoln | Elizabeth | Han Na | Lisa | Abigail | | |
| | Michaela | Catherine | Elizabeth | Jihyun | | |

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| 03 Tidewater Lynda Miranda Clarissa Brenda Ann Becky Rebecca Irene Wanda Tonesia Wanda Ameerah Dawn Monica Rebecca Lauren Kristy Kelly Stacy Gabrielle Erin Amanda Kendra Adaira Amber Martha Rebecca Angela | Joan Patricia Stacey Katrina Margaret Courtney Emily Tracey Jacqueline Kimberly Maria Alison Amanda Teresa April Merrilyn Kelly Shae-Lynn Deanne Emily Sharon Jessica Melissa Sharon Meagan Angela Maloy Sam Lora Amanda | 05 Piedmont Tina Amy Kitty Colleen Kristy Kendra Ellen Brooke Tammy Kristy Nicole Heather Angela Ashley Amelia Kerrie Melissa Tammy Malory | 07 Peninsula Karen Cynthia Jennifer Shalie Rebecca Julie Denise Rosemane Catherine Michelle Diana Kelly Ashley Stacia Elaine Cynthia Susan April Jessica Amy Desiree Margaret | 09 Southwest Kara Tabitha Margaret Abigail Vail Rita Kimberly Maureen | 10 Northwest Karen Pamela Lori Naomi Meghan Kathryn Pamuella Ryan Kimberly Florentina Maureen Dawn Laura Chasity Susan Madeline Cynthia Lori Amanda Patricia Kim Samantha Lisa Dabney Joslyn | |

Have you seen our Facebook page? <https://www.facebook.com/groups/vdha.net>

Do you have Instagram? @yourvdha

Have you seen our website? <https://vdha.wildapricot.org/>

Don't see your name on the list of active members? Please make sure to update any credit cards or addresses you have on file. Or go on www.adha.org and become an active member today!

Don't see your friends' names or coworkers' names? Please contact them so they do not miss out on this opportunity to be the VOICE of Virginian Dental Hygienists!

Rally Day 2024

On January 19th, 2024 about 100 enthusiastic professional hygienists and student hygienists from across Virginia converged in Richmond. We walked the halls of the Capitol and Legislative Building wearing purple scarves to show unity and be easily recognized. We met with representatives to discuss the need for support of the following proposed legislation:

Dentist and Dental Hygienist Compact (HB 225/Sickles and SB 22/Locke)

The Dentist and Dental Hygienist Compact is an interstate occupational licensure compact. This compact enables licensed dentists and dental hygienists to practice in all states participating in the compact, as opposed to them obtaining an individual license in every state they want to practice. This will ensure license portability for Virginia licensees and help meet critical staffing around the Commonwealth.

Remote Supervision (HB 605/Price)

This proposal would increase the number of days for which a dental hygienist practicing under remote supervision may treat a patient prior to a dentist conducting an examination from 90 days to 180 days. This would address the current requirement for a dentist to see the patient within 90 and concerns about liability coverage related to the 90-day language since it indicates a separate cadence from the standard 180-day model.

Dental Insurance Transparency (HB 1132/Hayes and SB 257/Surovell)

This legislation will increase transparency and accountability in dental insurance by requiring dental insurance carriers to simply disclose their Actual Loss Ratio (ALR) annually in the large group, small group and individual markets. It will enable employers and patients to make informed decisions with regards to their healthcare dollars. Transparency and accountability will protect patients and provide incentives for insurers to operate efficiently.

Safe Haven (HB 42/Hope and SB 629/Pillion)

The Medical Society of Virginia originally launched the Safe Haven program, which is a fatigue and wellness program, in 2020. Health providers are given counseling, assistance, and advice. Health providers are secure with confidentiality and protection from the work of the program being discoverable in a lawsuit absent showing of good cause and by court order. The program has been proven successful for physicians, nurses and pharmacists.

New VCU School of Dentistry (Introduced Budget)

Virginia Commonwealth University (VCU) is again seeking authorization from the state to plan for the construction of a new School of Dentistry (SOD). VCU SOD is the only dental school in Virginia, it educates both dentists and dental hygienists, and the majority of students are Virginia residents. VCU continues to increasingly serve as the safety net for Virginians' oral healthcare as the largest provider in the state for dental care to patients with Medicaid and underserved areas and populations. The facilities are almost 70 years old and include ~\$30M in deferred maintenance costs that severely limit capabilities. A new SOD will allow VCU to leverage or enhance cutting-edge technology and emerging dental education trends.



Currently practicing, retired, and future members of the hygiene profession were able to share stories and enjoy one another's company while discussing the bills listed above. While we were rallying that day, we received updates on bills that passed subcommittee! The feeling of this progress was exhilarating and energizing. Our sincerest thank you to all who were involved in the success of Rally Day 2024.

For a current update on these bills please view the [video link](#).

For more information, please feel free to contact our lobbyist team:

Tyler Craddock TCraddock@LSGteam.com

Troy Garrett TGarrett@LSGteam.com

Free Clinic Liaison Update

Virginia Association of Free and Charitable Clinics

The VAFCC was founded in 1993 as the first free clinic association in the nation. VAFCC has been providing support and resources to ensure underserved Virginians have access to quality health care. Several new dental clinics were added to The VAFCC family throughout the state, in 2023. Healing Hands Clinic, The Heart of Virginia Free Clinic, Augusta Regional Clinic and Healing Hands Health were awarded grants to assist their dental clinics.

The VAFCC held their annual conference November 15-16th. VDHA was represented again this year with a table exhibit. Susan Pharr was able to assist on the first day helping to answer questions-Thank you Susan! The exhibit consisted of information on oral systemic health and what a hygienist does. Many of our visitors were directors of free clinics throughout the state. Questions consisted of what a dental hygienist could do and how to hire one. Dr. Teresa Tyson of Health Wagon was our raffle winner of a Fusion Water Pik.

I was able to attend two breakout sessions on the importance of dental /medical integration. It was great to see how the dental and medical clinics were working together.

I also attended the VAFCC 30th anniversary luncheon at the close of the conference. That was very exciting to see the history of the association and see the Clinic's Champion of Healthcare Awards. The Dental award this year for the first time went to a dental hygienist, Sharon Gorman from The Free Clinic of Powhatan! Sharon is a true example of a public health hygienists. Sharon is a retired dental hygienist who still donates much of her time improving oral health for vulnerable populations. I got the chance to meet her and was very inspired.

The dental clinics are looking for volunteers. If you can find time in your schedule to work with this much needed population, please refer to the Free and Charitable Clinic Volunteer Opportunity Board-<https://volunteer.vafreeclinics.org/> .

Sherry Basham, MSDH, RDH
VDHA Liaison to VAFCC



ADHA Institute for Oral Health Update

ADHA INSTITUTE FOR ORAL HEALTH FOUNDATION

LIAISON, Catherine A. Berard, BSDH, RDH

I hope your new year is off to a great start! As a total, we have raised over \$37,000 across the country for the IOH Foundation! That is a huge success and we couldn't be happier! For Q3-Q4 we have just a little over \$32,000 to raise to meet the total liaison goal of \$70,000. Virginia's portion of this goal is to raise another \$4,473.83 to contribute to this nation wide effort. I know we can do it.

Please be on the lookout for our upcoming fundraising activities:

Introducing the new IOH Foundation Virtual Happy Hour Series!

We're thrilled to unveil the IOH's inaugural Virtual I-O-Happy Hour series! These delightful events open to all dental hygienists nationwide are devoted to forming and fostering personal and professional connections while supporting the ADHA's IOH Foundation. Throughout the year, look forward to four engaging hosted events, each inspired by upcoming holidays like St. Patrick's Day and Cinco de Mayo. Registered participants enjoy lively online guided gatherings and the contributed fee is a donation directly to the Institute for Oral Health (IOH) Foundation. The funds raised will support ADHA members through scholarships and grants to meet their educational needs, continue expanding the dental hygiene field, and provide essential oral health care and education to underserved communities. These events will support IOH Foundation's important work of enhancing public health by raising awareness of and improving access to quality oral healthcare for everyone.

Event Details

Registration: For \$35, gain access to attend the event. Bring your own snacks or beverages and immerse yourself in the fun activities and chat. I am hosting making Irish Soda Bread in March and hope that you all will join me!

One event per month: March, April, May, June

Duration: 60 minutes

**Registration will open in February 2024. Be on the lookout for an email!

Again, thank you so much for everything you do and your support of the IOH Foundation.

Please remember that there are multiple scholarships available on the IOH website, the deadline to apply for them is Feb 1st of each year. These scholarships include the one funded by the VDHA Foundation: the 2024 Alice Hinchcliffe Williams, RDH, MS Merit Scholarship and is specific to Virginia resident applicants!

IOH Update, Continued

* indicates a required field

Welcome to The ADHA Institute for Oral Health (IOH) Scholarships and Grants Submission Site!

You will be using this form to provide your contact information and your required submission details for review. Click 'Join Now' below to begin.

Timeline

| Awards Type | Application Available | Application Deadline |
|--|-----------------------|----------------------|
| Mars Wrigley Community Service Grant | October 1, 2023 | November 15, 2023 |
| Scholarship (Assoc. BA, Graduate) | October 1, 2023 | February 2, 2024 |
| Rosie Wall & Texas Teeth Community Service Grant | October 1, 2023 | January 5, 2024 |
| Research Grant | October 1, 2023 | March 29, 2024 |

Log In to the Abstract ScoreCard

New Users

Click 'Create New Account' to begin your first submission.

Already a User?

Email Address *

Access Key *

Here is the website to apply for scholarships and grants from the IOH; you can see the deadlines for each award type in the screen shot:

<https://www.abstractscorecard.com/cfp/submit/login.asp?EventKey=PJZCUUZL>

PLEASE VISIT <https://www.adha.org/ioh-scholarships-main>

And visit this page for Research and Community Service Grants:
<https://www.adha.org/education-resources/scholarships-grants/>

You can visit our Virginia donor page:

https://mymembership.adha.org/Members/Fundraising/State_Giving_Pages/Virginia_State_Giving.aspx



ADHA District 3 News

The holidays are behind us, and we are in full swing into 2024. I hope you did not just make it through the holidays, but that you were able to enjoy them with your family and friends and create wonderful memories, as I did.

ADHA Staff and Board of Directors have been very busy as we head into 2024.

We are currently seeking volunteers for the Leadership Development Committee, Committee on Policy and Bylaws, and Awards Committee. Descriptions for these positions can be found on the ADHA website, or please feel free to contact me directly. The deadline to submit your bio-date to ADHA is February 2. It is important that you let me know when you apply so I can advocate on your behalf.

The 2024 ADHA Dental Hygiene Leadership Summit will be held on March 23. This is an all-day virtual event to assist you with your leadership potential.

Register: March 23, 2024

9:00 am – 4:45 pm CST

Up to 6.5 Live CE Credits

ADHA Members \$175

Nonmembers \$225

Licensure portability is moving closer to reality. I just heard that Senate Bill 22 and House Bill 1132 passed unanimously in Committee and the Senate. The Dentist and Dental Hygienist Compact (DDH Compact) is a policy that supports license mobility across state lines for dentists and dental hygienists through license reciprocity among member states and is a priority for the ADHA. The compact requires 7 states' approval before it can move forward. Virginia would be the 7th state!

Are you utilizing CE Smart on the ADHA website? Several new CE courses are available to you as members as well as non-members. Upcoming... Abuse, Neglect and Trafficking: Our Responsibility on Wednesday, February 21 | 7:00 – 8:00 PM EST.

February is National Children's Dental Health Month. Join ADHA, the Institute for Oral Health Foundation and Colgate's Bright Smiles, Bright Futures® (BSBF) program. Sign up to volunteer at a local BSBF near you during the month of February.

The 2024 ADHA Awards deadline to apply or nominate a peer is February 23.

- Irene Newman Outstanding Clinician Award
- Ann Battrell Visionary Legacy Award
- Award for Excellence in Dental Hygiene
- Hygienist Proud – Student Award
- ADHA Standout Seven Awards

IOH Foundation Updates:

2023 – 2024 Scholarships & Grants are now open.

- Accepting applications for Scholarships through February 2, 2024. Students that may require assistance, please contact institute@adha.net.
- Accepting applications for Research Grants through March 29, 2024.
- NEW - Dr. Sharlee Burch Scholarship for Equity-Centered Leadership
- NEW - Alice M. & Herschel S. Horowitz Scholarship
- NEW - Diann Bomkamp Leadership Scholarship

IOH Foundation Virtual Happy Hour Series!

These events are open to all dental hygienists and are devoted to forming and fostering personal and professional connections while supporting the ADHA's IOH Foundation. We will host one event per month in March, April, May, and June.

Registration: \$35 and bring your own snacks or beverages

Duration: 60 minutes

**Registration will open in February 2024. Be on the lookout for an email!

IOH Sustaining Donation Program

We are relaunching the IOH Sustaining Donation program, providing you with an effortless way to support the IOH Foundation monthly. Simply choose a monthly dollar amount, and your contribution automatically goes toward our important ongoing initiatives.

GivingTuesday Update

In the spirit of giving back, the IOH Foundation actively participated in #GivingTuesday, a global campaign dedicated to philanthropy. Our challenge was to raise \$2,000 by November 28th, with the commitment to donate meals to families in need. We surpassed our goal and received a total of \$2,355 in donations! This incredible support allows us to extend our impact by providing meals to those who need it most.

Upcoming hands-on certification workshop for the Advancements in Oral Cancer Detection, Diagnosis, and Treatment Strategies.


Saturday, April 27, 2024 - Hyatt Regency Jersey City, NJ

8:00 am – 5:00 pm (Includes Breakfast & Lunch)

Up to 6.5 Live CE Credits

ADHA Members \$275 and Nonmembers \$325

District III has started preparations for the 2024 ADHA House of Delegates that we be held virtually June 28-30. The Delegation Chairs met with me last week for their orientation. Student Delegate application deadline is February 9. If you are an educator, please look at the qualifications and guidelines for submission and encourage your students to apply. District III has wonderful mentors among our Delegates and Alternate Delegates.



ADHA24 Registration & Housing for New Orleans are opening a week early on February 15. Abstracts for posters are being accepted for consideration for the July 25 evening Poster Session. Deadline for abstract submission is Friday, March 1, 2024.

Have you purchased your NOLA gear yet? Check out all the new stuff on the ADHA website.

Reminder that ADHA offers Special Interest Groups (SIG) in NOLA. This allows you to meet for two hours in a space as a group. If Virginia or District III would like to gather in one place, we can do that. Two or three volunteers would be needed to set this up if you wanted to bring in food and beverages to gather. Deadline Friday April 26, 2024.

The information I have provided can be found in your ADHA updates through email. If you have not received this information by email, please reach out to me directly. I will assist you in getting on the email list.

It is my privilege, and I thank you, for allowing me to represent District III as your Director.

Respectfully,
Sheri A. Moore, RDH, BSHS, FADHA
District III Director
sherim@adha.net

Scientific Session Continuing Education

It's time to register for our Scientific Session! Each year it just gets better and better. Our meeting will be in Richmond at the Hilton Hotel and Spa at Short Pump. This is hotel is an excellent accommodation and there are many restaurants nearby. Don't forget to register for the hotel if you are staying there, the deadline is February 28th.

Wednesday night, March 20th, is a ZOOM course from 7-9 PM with Professor Pamela Zarkowski presenting "Beware and Be Aware: Primer for Hygienists". This will be two hours. All other courses are 3 hours and those attending the vendor tables are eligible for an extra CE.

Friday's courses start at 10 AM. This year BREAKFAST WILL BE ON YOUR OWN. March 22nd Kyle Isaacs RDHEP will present "Trauma—Informed Care In the Dental Office"

2:00 PM-5:00 Christopher Richardson, DDS, MS, a Richmond periodontist will present two courses: "Tooth Autotransplantation" and "Soft Tissue Grafting".

Come to the fantastic, exciting VDHA Foundation sponsored reception from 5:30-7:30. "The Eras of the VDHA Foundation". This will be a spin on Taylor Swift.! The vendors will be there as well so please check out their tables!

Saturday March 23rd at 9 AM-Noon Sarah Glass, DDS will present "Collecting the Pathology Pieces".

Saturday afternoon will be 2-5 PM with Cheryl Hancock, DPT will help us figure out why we hurt and what to do about it. Her course is titled "The Working "Athlete". Be sure to check the website for course descriptions.

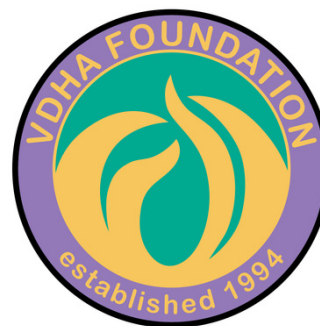
There are various ways to register so check those out www.vdha.net/events. **Deadlines for early bird registration is February 23rd, final deadline for registration is March 8th, 2024.**

Reminder to CE Chairs: Please send the SIGN IN sheets after your courses to Sheila at zingerss@starpower.net. Thank you. See you there!

Sheila B. Sheats, RDH
ADHA
VDHA CE Chair
VDHA Foundation Director
AADH



VDHA Foundation



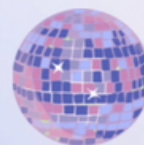
JOIN US FOR THE VDHA
FOUNDATION RECEPTION

THE ERAS OF THE VDHA FOUNDATION

Celebrate our 30th anniversary with us at the Virginia Dental Hygienists' Association's Scientific Session at the Hilton Richmond Hotel and Spa/Short Pump.

The VDHA Foundation reception will take place Friday, March 22nd at 5:30-7:30 PM.

This event will include light refreshments, drinks, time with vendors, and much more! We are doing a spin on Taylor Swift and having our very own Eras themed reception--dress to impress!



All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists' Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143

VDHA Foundation Gifts 2023



JEFFERSON CLUB- \$1,000 or more

Northern Virginia Hygienists' Component
In memory of Patricia Ann Golliday, RDH

PATRIOT CLUB- \$100 to \$249

Marge Green
Birthday Blessings for Dr. Barry Green
April Prest
Sheila Sheats
In honor of Marge Green and Irene Connolly
Lien Phan
DeAnne Watson

Greater Richmond Dental Hygienists'
Component
Monticello Dental Hygienists' Component
Southwest Dental Hygienists' Component
Tidewater Dental Hygienists' Component

DONOR CLUB- \$1.00 to \$99

Sherry Allard, BSDH
Karen Avey
Sherry Basham
In honor of Nancy Martin
Cathy Berard
Dai Cao, RDH
Kim Davidson
Emilie Ellis
In honor of VDHA Foundation chair, Tracey Martin
Heather Fonda
Kelly Fox
Desiree Harrington
Catherine Johnson
In memory of Dr. Paul C. Quinn
Jason Kim
Joyce Kwiatkowski-Spieler
In honor of the VDHA volunteers
Elaine Loges
Mimi Magyar
Tracey Martin
Julie Martin, BSDH, RDH
On behalf of the Peninsula Dental Hygienists'
Component
Kimberly M. May
In memory of Jack Mohler
Merrilyn Prucha
Kristen Robbins
Maureen Sawin
In honor of Martin P McCann, my best patient ever
Julie Simms
Jessica Suedbeck
Northwest Dental Hygienists' Component
Peninsula Dental Hygienists' Component

Student Chapter News

Northern Virginia Community College

The dental hygiene program class of 2025 has officially completed the first semester and we are so proud of ourselves! The first semester was interesting; it felt like an introduction to the program. It is as if we were all dipping our toes into a pool. In just this first semester we have learned so many new things and the time went by fast! The first week turned into the second week, which turned into the fifth week. And soon enough, we were down to the 15th week. By then we had turned from completely nervous wrecks into more confident ones! Jokes aside, as our winter break comes to a close, we are ready to go from dipping our toes to making a big jump and immersing ourselves in the program. We will begin seeing patients very soon and learning about new topics. We are ready to conquer semester two and go further into our journey of becoming dental hygienists!

Submitted by: Jaylin Keene, class of 2025



The second years here at NOVA are gearing up for their final semester! We wrapped up last semester with nutrition and local anesthesia, both of these classes were very interesting and applicable to “real life”. We then had about a month off to rest, relax and to get mentally ready for this upcoming semester. Our next few months will be very busy, prepping for our board exams but we are looking forward to a few assignments and changes. Second years all have a community health outreach project this semester which we will be planning for and then executing; we are all looking forward to the opportunity to provide oral hygiene education to those in need in our community. We also are looking forward to now being able to provide local anesthesia to our own patients; I think we are both excited and anxious about this. It feels like a huge accomplishment to have made it to this point, that we are able to feel confident in giving local. We are looking to the next few months with a mixture of anxiety and expectation; we have the last few hurdles to jump but then we will all be at our goal. These future dental hygienists are ready and eager to get to work!

Hoping everyone has a great semester!

Submitted by: Adelaide Cope, class of 2024

Virginia Western Community College (VWCC), Laurel Ridge Community College (LRCC), Danville Community College (DCC)

2024 Greetings from Virginia Western CC, and the distance sites of Danville and Laurel Ridge. Students from all three sites are ready for the Spring semester! Board review courses and the first semester of clinic are underway! Since the last issue of the Curet, there have been a few activities to report!

Second year students from Virginia Western and Laurel Ridge participated in an Interprofessional Education Event in Roanoke. This event was designed to help prepare health professions students from different specialties to work in a collaborative, team environment to provide highly effective patient- and population-centered care. Students were required to review a patient case prior to the event. On the day of the event, approximately 145 students were split into groups with other health profession students from the nursing, surgical technology, medical lab technology, physical therapy assistant, and radiography program and were required to discuss the role of their profession in the treatment of the patient and reflect on the overall importance of working collaboratively with the other specialties. The group then reconvened and shared their findings and reflections.

Students from each of three sites participated in the Virginia Dental Hygienists' Association IGNITE Leadership Development Workshop, November 18, 2024 in Richmond, VA. Carol Jahn, RDH, MS spoke on "Finding the Leader in You: Five Strategies for Growth": credibility, commitment, healthy communication skills, belonging and celebrating large and small wins!



Group Photo of all three sites (all students with Tina Gauldin, Karen Avey and Lori Ellington)



Laurel Ridge students



Virginia Western students



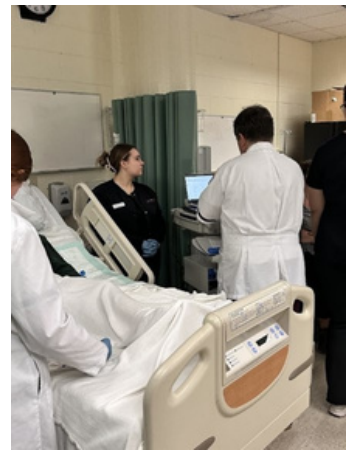
Danville students

Germanna Community College

As the fall semester wrapped up, there were a lot of exciting activities at Germanna. In November, dental hygiene and dental assisting students completed a Mass Casualty Simulation with nursing and emergency medical services students. The students worked in multidisciplinary teams through a simulated natural disaster. This experience facilitated communication between the healthcare students and allowed them a greater understanding of each professions scope of practice.



Like other dental hygiene students, Germanna was represented at the Ignite! Leadership Conference. This conference inspired our graduates to re-establish the Fredericksburg Component. We look forward to supporting them in that effort once they have completed national boards and started working. Congratulations to the DH Class of 2023 for a 100% pass rate on the CDCA-WREB-CITA examinations! We are so proud of you 😊



December 2023 Graduates Kristie Coleman, Jordan Green, Dakota Breedon, Aubrie Clements, and Tiina Hobbs – 1st accelerated dental hygiene program cohort

Germanna Community College faculty (Misty Mesimer and Delaney Nowotarski) and students (Victoria Dempsey) presented at the Virginia Community College System Hire Ed Conference in December at the Hotel Roanoke. It was a panel discussion talking about innovative ways to grow allied dental programs. Dr. Emily Kate Bowen joined the panel representing the distant Dental Assisting II Program site with GCC. The panel was moderated by Paul Logan from the Virginia Dental Association.



AHEC Scholars! Just a huge congratulatory shout out to Junior DH students, Carmen Baiza Castro and Julia Turner for being selected as AHEC Scholars. We are so excited for them to join Senior DH student Victoria Dempsey in this community of rising healthcare providers.

Virginia Peninsula Community College



Ignite! 2023

Leaders and future leaders from around Virginia attended the 7th annual Ignite! Leadership event in Richmond, Virginia. Thank you to the Virginia Dental Hygienists' Association and the VDHA Foundation, along with our sponsors Waterpik, Philips, Kettenbach, Gotu, and Haleon.

2024 Rally Day

The Virginia Peninsula Community College students attended VDHA Rally Day and enjoyed spending time with legislators and connecting with colleagues and fellow students.



Virginia Commonwealth University

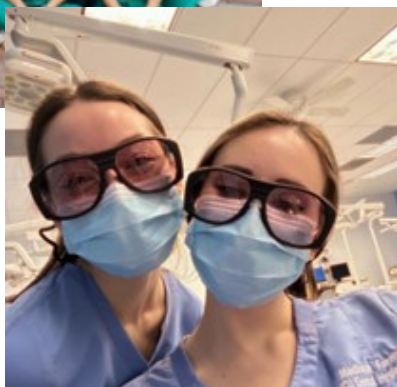
VCU dental hygiene class of 2023 began our final semester strong by jumping right into fine-tuning our skills to be the best clinicians that we can be for our patients. As early as orientation week, we completed a lecture and lab on the use of our new dental hygiene lasers. We have even begun implementing this adjunctive therapy during patient care so that we are well prepared to provide quality care to our patients upon graduation.

The senior class also thanks our school for allowing us to attend the AndyRDH Dental Hygiene Academy national board review in Raleigh, NC! January 19th through the 21st, we received and reviewed resources that are irreplaceable. Our class is beginning to feel much more confident in knowing how to prepare for the NBDHE, and we wish the best of luck to all our fellow hygiene students from schools across the nation who are taking this rigorous exam soon as well!

The junior class is so excited to have started patient care this semester! They are always endlessly grateful to their faculty members for their patience and guidance throughout this crazy, wonderful journey and could not be more thrilled to have the opportunity to continue to grow as future prevention specialists.

While their senior mentors attended their board review, the dental hygiene class of 2024 proudly served as representatives for our school and profession alongside our faculty members at the VDHA's Rally Day at the Capitol! The class learned about advocating for dental hygiene by promoting the legislative motions that the organization supports to our individual legislators.

-Genevieve Benzinger, VCU SCADHA President





Virginia
DENTAL HYGIENISTS'
ASSOCIATION

2023-2024

VDHA Officers, Councils, Committees, ADHA Delegates and Foundation Directors

| | |
|--|---|
| <p>President: Kristen Robbins</p> | <p>Administrative Council: Chair (PE): Ryan Maphis</p> |
| <p>President-Elect (PE): Ryan Maphis</p> | <p>Budget and Finance: Emilie Ellis Treasurer: Trish MacDougall Vice President: Heather Fonda Policy, Bylaws and Resolution Chair: Julie Simms Procedure Manual: Heather Fonda Recording Secretary: Samantha Smith A.H. Williams Fund: Abby Geiser Speaker of the House: Sam Vest Alternate Speaker of the House: Jessica Suedbeck</p> |
| <p>Immediate Past President (IPP): Heather Tuthill</p> | |
| <p>Vice President: Heather Fonda</p> | |
| <p>Treasurer: Trish MacDougall</p> | |
| <p>Recording Secretary: Samantha Smith</p> | |
| <p>Speaker of the House: Sam Vest</p> | <p>Planning and Development Council: Chair: Mimi Magyar</p> |
| <p>Alternate Speaker of the House: Jessica Suedbeck</p> | <p>Continuing Education Chair: Sheila Sheats Ways and Means: Co-Chairs Jessica Suedbeck <i>vacant</i> House of Delegates Chair: Mimi Magyar Foundation Director: Chair Heather Tuthill HOD Secretary: Amanda Woodland VDHA Foundation Liaison: Irene Connolly</p> |
| <p>Trustees:</p> | <p>Public Health, Education, and Professional Affairs: Chair: Cathy Berard</p> |
| <p>01-Northern Virginia: Julie Simms 02-Greater Richmond: Marlene Rhodes 03-Tidewater: Kelly Fox 06-Monticello: Nancy Dragovich 07-Peninsula: Julie Martin 09-Southwest Virginia: Kara Davis 10-Northwest: Meghan Glago</p> | <p>Advocacy and Legislative Co-Chairs: Marlene Rhodes and Tracey Martin Board of Dentistry Liaison: Tyler Craddock and Troy Garrett, LSG Firm Lobbyists: Tyler Craddock and Troy Garrett, LSG Firm Public Health Committee: Brooke Crouch Virginia Health Workforce Development Authority Liaison: <i>Vacant</i> VA Health Catalyst Liaisons: Dr. Denise McKinney Susan Pharr Free Clinic Liaisons: Sherry Basham Head Start Liaisons: Regina Dixon LaTasha McLee VA Rural Health Association Liaison: Dr. Rita Phillips VA Department of Health Liaison: Brooke Crouch</p> |

| | |
|--|--|
| <p align="center">2023 ADHA Delegates</p> <p>*Emilie Ellis, Head Delegate Heather Tuthill, 1st delegate Kristen Robbins, Pres, 2nd delegate Emilie Ellis, 3rd delegate Janis Slezak, 4th delegate Ryan Maphis, PE, 1st alternate delegate Melvena Talley, 2nd alternate delegate Tracey Martin, 3rd alternate delegate Cathy Berard, 4th alternate delegate</p> | <p align="center">Member Services Council Julie Martin</p> <hr/> <p>Membership Committee Chair: Heather Tuthill Directory: OMG Newsletter Editor: Emilie Ellis Awards: Meghan Glago Historian: Julie Martin Website Manager: OMG ADHA IOH Liaison: Cathy Berard Website Committee: Ryan Maphis</p> |
| <p align="center">VDHA Foundation Directors: Chair: Heather Tuthill</p> | <p align="center">Leadership Services Council: Chair: Derik Sven</p> |
| <p>Chair Elect: Kristen Robbins, President Secretary: Cathy Berard Treasurer: Marge Green VDHA Liaison: Irene Connolly Ways and Means: Jessica Suedbeck Continuing Education: Sheila Sheats VDHA Treasurer: Trish MacDougall</p> | <p>Mentorship Committee Chair: Emilie Ellis SCADHA Liaisons: Mary Claryns Truz Samantha Smith SCADHA Consultant/VDHA Foundation Liaison: Irene Connolly Student Member: <i>Vacant</i> Educational Committee: Misty Mesimer (Chair) Nominations Committee: Heather Tuthill (Chair) Susan Reid-Carr Mimi Magyar Leadership Development Chair: Kelly Tanner (Chair) Misty Mesimer</p> |

VDHA 2024 Calendar

Spring Scientific Session

2024 March 20 (online CE) 21-23 Hilton Richmond Hotel & Spa/Short Pump, Richmond
2025 TBD

House of Delegates and Professional Development Workshop

2024 October 25-27 Hilton Richmond Hotel & Spa/Short Pump, Richmond
2025 TBD

Executive Board Meetings

| | | |
|-----------------|----------|--------------------|
| 2024 March 27 | 9am-1pm | Scientific Session |
| 2024 July 13 | 9am-3pm | ZOOM |
| 2024 October 27 | 8am-12pm | TBD - In Person |

Ignite VDHA Leadership Workshop

2024 October 27 (With HOD) Hilton Richmond Hotel & Spa/Short Pump, Richmond

Quarterly Reports Submission Deadline: (two weeks prior to Executive Board Meetings)

2024 March 30
2024 June 29
2024 October 12

HOD Reports Year-End Reports Submission Deadline:

2024 July 31

Awards Nominations Deadline

2024 August 24

Curet Article Submission Deadline: (two weeks following Executive Board Meetings)

2024 April 13
2024 July 27
2024 November 16

Council Meetings: Council meetings should take place online, and reports should be submitted two weeks prior to Executive Board meetings.

VDHA Foundation

2024 April TBD
2024 July TBD


ADHA Annual Conference/Business Meeting:

2024 July 26-28 (Conference) New Orleans, LA

2025 July 26-27 (Conference) Long Beach, CA

ADHA District III Meetings

ADHA D3 Delegates Orientation February 18, 2024 2-4 pm ZOOM online

ADHA D3 Reference Committee A June 2, 2024 9:00-11:00 am ZOOM online

ADHA D3 Reference Committee B June 2, 2024 9:00-11:00 am ZOOM online

ADHA D3 Reference Committee C June 2, 2024 9:00-11:00 am ZOOM online

VA Delegation Meeting June 2, 2024 11:00-12:00 pm ZOOM online

ADHA D3 HOD Delegation Workshop June 2, 2024 12:30-2:30 pm ZOOM online

ADHA House of Delegates:

2024 June 28-30 ZOOM

ADHA Executive Board Meetings:

ADHA Spring Board of Trustee Meeting TBD

ADHA Annual Conference BOT Meeting TBD

Virginia Health Catalyst Summit

2024 TBD

International Federation of Dental Hygienists / International Symposium on Dental Hygiene (biannual)

2024 July 11-14 Seoul, Korea

2026 July 9-11 Milan, Italy

2028 June 2028 Dubai, United Arab Emirates

RDH Under One Roof

2024 July 18-20 Denver, CO

2025 July 17-19 Dallas, TX


ADHA Dental Hygiene Leadership Summit

2024 March 23 Virtual

Virginia Board of Dentistry-Regular Board Meetings:

2024 March 8 9:00 am Richmond, VA

2024 June 21 9:00 am Richmond, VA

2024 Sept 13 9:00 am Richmond, VA

2024 MOM Projects: (see VDAF.org for details)

2024 MOM Suffolk July 22-23 Kings Fork Middle School Suffolk, VA

2024 Special Olympics June 8 U of R Richmond, VA

2024 MOM Wise Project July 19-20 UVA Wise Wise, VA

VDA Annual Session

2024 Sept 13-14 The Greenbrier White Sulphur Springs, WV

ADA Annual Session

2024 Oct 23-27 Seattle, WA

2025 Oct 23-25 Washington DC, VA

ADEA Annual Session

2024 March 9-12 New Orleans, LA

2025 March 8-11 National Harbor, MD

2026 March 21-24 Montreal, Canada



Our Mission

The Mission of this Association is to improve the public's total health, and to advance the art and science of dental hygiene.

Our Vision

The Vision of this Association is oral health professionals promoting total health.

Diversity, Equity, and Inclusion

The Virginia Dental Hygienists' Association is an inclusive organization that continues to encourage diversity within the profession of dental hygiene. We will not discriminate against race, gender, sexual orientation, or religion. We will be courteous, respectful and encourage positive dialogue. We will work towards more equitable access to quality oral health care and increase public awareness of the benefits of prevention, education, and research. We will continue to embrace diversity and an inclusive environment that encourages curiosity, innovation, and accountability.

Thank you to all who contributed information for this issue of the Curet. I appreciate you!

Respectfully, Emilie Ellis, BSDH, RDH

Deadline for submission for the Winter Curet is Saturday, NOON, April 27, 2024.